

ADB – NHIS WORKSHOP · SEOUL / WONJU · JULY 2026

Technology Solutions to NCDs and Mental Health

Day 1 Session · 14:30 – 16:30 · 6 July 2026

Facilitators: ADB and PATH

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Comparative Overview of Digital Solutions to NCDs and Mental Health in Asia and the Pacific

Why Are We Here?



Map the Region

Establish a shared baseline of what countries are implementing on digital health for NCDs and mental health — at scale and at pilot stage.



Find Common Ground

Identify shared enablers, barriers, and priorities for digital transformation across Southeast Asia, South Asia, and East Asia, Central Asia & Pacific.

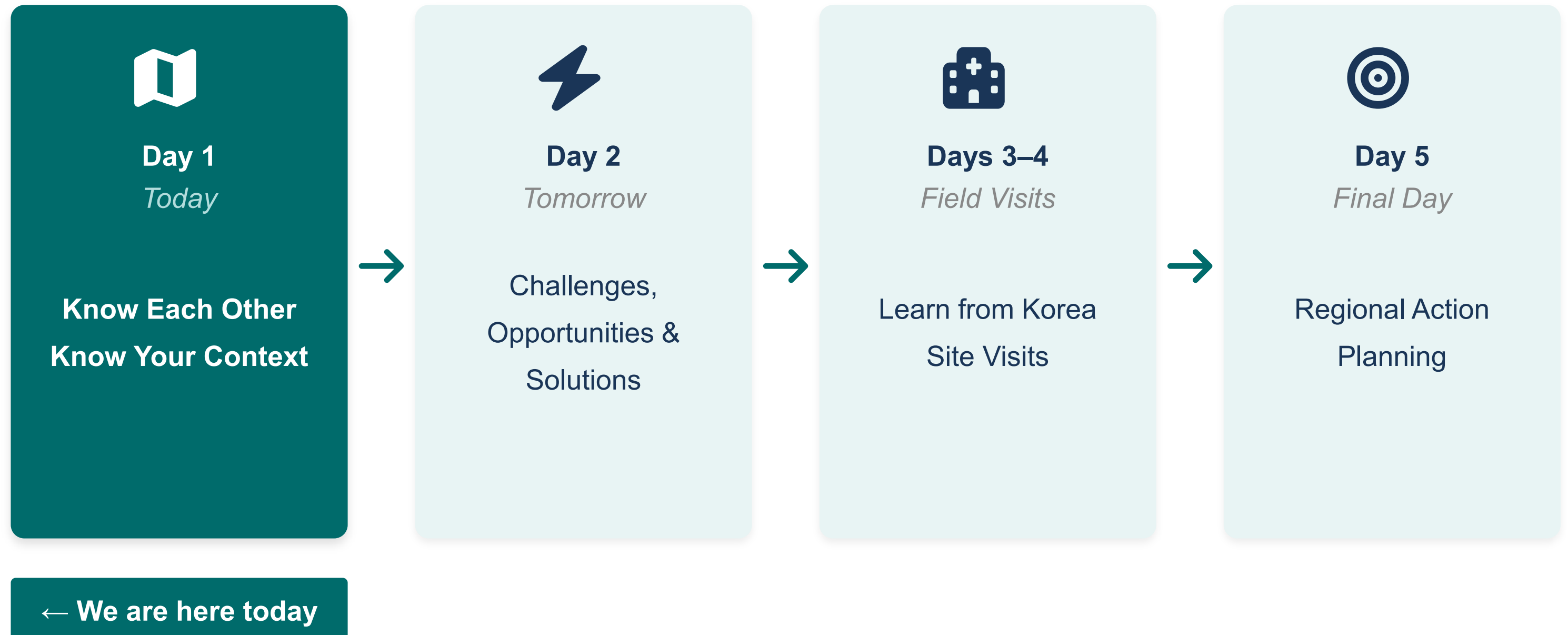


Set Your Korea Lens

Articulate the specific learning questions you want Korea's systems, site visits, and experts to answer over the next three days.

This session is peer exchange, not a presentation. You are the experts.

Our Journey This Week



Today's outputs feed directly into Day 2 discussions and Day 5 action planning.

Today's Session Flow



14:30

10 min

**Welcome &
Setting the
Stage**

Division of groups



14:40

40 min

**Activity 1
Country
Health
Passport**



15:20

15 min

**Tea &
Networking**



15:35

40 min

**Activity 2
Regional
Compass**



16:15

15 min

**Group
Sharing
& Closing
Reflections**

Activity 1: Country Health Passport

Activity 2: Regional Compass – Finding Our Common Story

Outputs from both phases feed directly into Day 2 and Day 5.

Group Formation & Roles

Group 1	Group 2	Group 3
Southeast Asia 8 participants Indonesia · Viet Nam Thailand · Lao PDR	South Asia 5–7 participants Bangladesh · Sri Lanka Maldives · Philippines	East Asia, Central Asia & Pacific 7–8 participants Kazakhstan · China Vanuatu · Timor-Leste · Fiji

Each group selects:

 **Note-taker**
Records key points on the Canvas

 **Spokesperson**
Presents 4-min summary at plenary

 **Timekeeper**
Keeps the group on schedule

Our Two Activities Today

Activity 1 · 14:40 – 15:20

Country Health Passport

Step 1 — Choose a Team Name

Groups agree on a name that represents your region. (5 min)

Step 2 — Complete Your Passport

Scan QR → Choose avatar → Answer 3 questions: one innovation, one challenge, one Korea learning goal. (10 min)

Step 3 — Country Spotlight

Each country: 120 seconds. One innovation, one challenge, one Korea learning priority. (25 min)

Activity 2 · 15:35 – 16:15

Regional Compass

Finding Our Common Story

Step 1 — Review Passports

What patterns are emerging across our countries? (5 min)

Step 2 — Find Our Common Story

Identify 3–5 shared regional priorities across NCDs, Mental Health, Digital Health, and PHC. (20 min)

Step 3 — Three Questions for Korea

Each participant writes one question. Cluster and agree on three priority learning questions to carry into Days 2–4. (15 min)

Participants are the experts. Both activities build on each other: Individual → Country → Region → Korea

Ground Rules & What We'll Build Today

Ground Rules

-  No PowerPoint presentations
-  Everyone participates — all voices matter
-  Focus on shared regional patterns
-  Keep contributions concise
-  Always point toward opportunities
-  Learn from peers, not just facilitators

What We Build Today

-  Regional digital solutions map
-  Enablers & barriers overview
-  Priority opportunities identified
-  Top 3 learning questions for Korea
-  Inputs for Day 5 action planning

Let's get started — please move to your group table now.