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11th ADB International Education and Skills Forum

Applying a Fresh Lens to Unlock the Power of Human Capital

3-5 December 2025 | Metro Manila, Philippines

Special Olympics: A Global Movement for Inclusive Human Capital

Championing health, education, and belonging for 200 million people with intellectual disabilities.

**Special
Olympics**
Pilipinas



What is Special Olympics?

A Global Movement serving children and adults with intellectual disabilities.

01

**200 Million
People with
Intellectual
Disabilities**

The largest
disability
population in the
world

02

**5.4 Million
Athletes
Served Globally**

Special Olympics
delivers year-round
sports, health, and
education programs

03

**190 Countries in
One Global
Movement**

Governments,
schools, and
communities work
together to create
systemic change

The Reality for People with IDD

↓ 16-20
years

shorter **life expectancy**

A preventable gap caused by low access to health, fitness, and early intervention.

49%
more

never attend **school**

A systemic barrier that limits learning, opportunity, and long-term participation.

3x
more

likely to be **bullied**

A daily reality that harms confidence, safety, and emotional well-being.

5x
more

likely to develop **diabetes**

A health risk driven by inactivity, exclusion, and limited tailored programs.

One of the **Largest Disability Populations** in the World

54
million

Yet they remain an
invisible population,
relatively unheard of
and ignored



From Athlete, to Coach,
to Leader — The Power
of Inclusion

Kamille Tingzon

Athlete Leader
Coach
Bronze Medalist
World Games





Sports



Health



**Early
Childhood
Development**



Leadership



Advocacy

From Permission to Policy: Institutionalizing Inclusion in Public Schools









UNIFIED SPORTS EDUCATION AGENDA 2026-2030

The Unified Sports Education Agenda is a plan that helps schools include learners with and without disabilities by letting them learn, lead, and play sports together.

It guides DepEd, teachers, coaches, and students on how to make inclusion real through:

- Unified Sports (playing together)
- Inclusive Youth Leadership (leading together)
- Teacher and coach training
- Monitoring and evaluation to track progress









Made Possible by:



Lions Clubs International FOUNDATION

Unified Sports: A Proven Driver of Mental, Physical, and Overall Well-Being

Mental Well-Being

- Unified Sports reduces anxiety, **builds confidence**, and helps learners feel emotionally **safe** and **supported**.

Physical Well-Being

- Through regular inclusive play, learners with disabilities **improve fitness, motor skills**, and long-term **health outcomes**.

Belonging

- By teaming up with peers, students experience genuine **acceptance, friendship**, and a **sense of being valued** in school.

