

This is not an ADB material. The views expressed in this document are the views of the author/s and/or their organizations and do not necessarily reflect the views or policies of the Asian Development Bank, or its Board of Governors, or the governments they represent. ADB does not guarantee the accuracy and/or completeness of the material's contents, and accepts no responsibility for any direct or indirect consequence of their use or reliance, whether wholly or partially. Please feel free to contact the authors directly should you have queries.

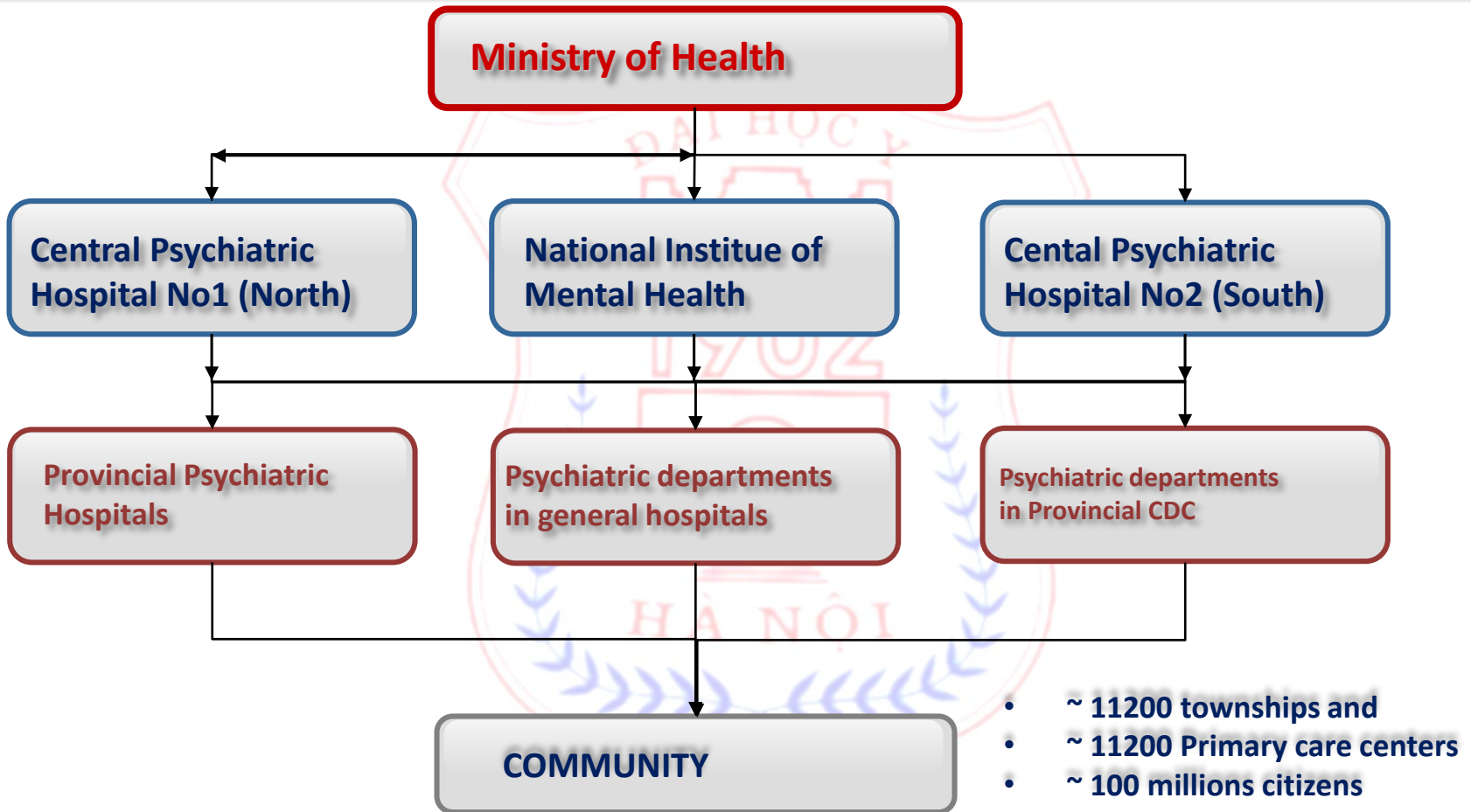


# **MENTAL HEALTH SERVICE DELIVERY AND WORKFORCE IN VIETNAM**

**Dr Le Cong Thien  
Hanoi Medical University  
National Institute of Mental Health**



# MENTAL HEALTH CARE SYSTEM IN VIETNAM





# METAL HEALTH CARE SYSTEM IN VIETNAM



Level	Quantity	Location or region	Total
Central-level	3	National Institute of Mental Health	3
	central psychiatric hospital	Central psychiatric hospital no 1	
		Central psychiatric hospital no 2	
	Center for forensic Psychiatry		5
Provincial -level	Pronvincial Psychiatric Hospital	Northern midlands and mountainous areas , Red river. river delta , North Central and South Central Coast , Central Highlands , The Southwest , The Southeast	44
Psychiatric departments in general hospitals			17
CDC & CDC		Lang Son, Bac Kan, Cao Bang, Hoa Binh, Lai Chau, Phu Yen, Quang Binh, Quang Tri, Lam Dong, Dak Nong, Kon Tum, Binh Duong, Dong Nai, Ca Mau	14
<b>Total</b>			

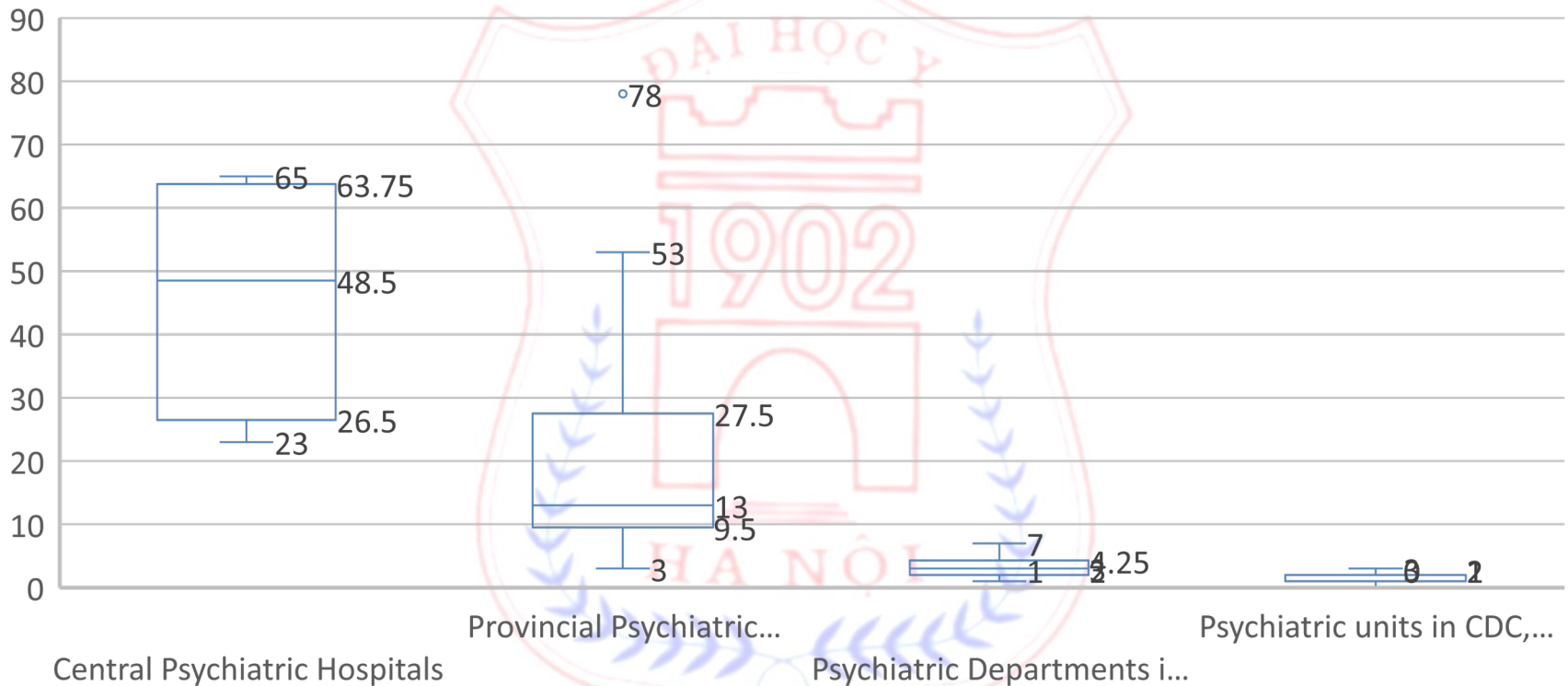


# CURRENT STATUS OF HUMAN RESOURCES

## Mental health care



NUMBER OF PSYCHIATRISTS BY TYPES OF SETTINGS





# CURRENT SITUATION OF HUMAN RESOURCES



**Psychiatrist: 0,62/100.000**

**Nurse: 3/100000**

## **Psychological workers**

- ❖ 3% of clinicians in public hospitals (8 mental health doctors and 20 mental health nurses with 1 psychological worker)
- ❖ 37/63 provinces do not have any psychological worker
- ❖ 6.5% of caregivers in social well-fair centers have a psychological education background
- ❖ 2/3 of school counselors are unprofessional

## **Social workers**

- ❖ 0,04 social workers per 100,000 population
- ❖ In Rehabilitation centers for people with mental illnesses: 10% of caregivers have education in social work; 50% have not experience in mental health



# CURRENT SITUATION OF HUMAN RESOURCES



- Lack of quantity and quality of high-quality human resources
- Mostly concentrated in the Red River Delta (Hanoi) and Ho Chi Minh City; There are very few in Northern mountainous areas, the Central Highlands and the Western region
- Lack of structure: nursing; special education teacher; social worker
- There is no human resource data in: facilities under the Ministry of Labor, Invalids and Social Affairs; school health; facility under the Ministry of Public Security and National Defense..



# CURRENT STATUS OF TRAINING HUMAN RESOURCES - TRAINING FACILITIES



- Total number of universities offering medical training: 30 (HN University of Medicine-1902; Tra Vinh University-2021)
- Total number of full-time lecturers: 89
- Total number lecture tablets invite lecture : 200
- Associate Professor/Professor: 15
- PhD/Specialists 2: 40



# CURRENT STATUS OF TRAINING HUMAN RESOURCES IN HEALTHCARE



- Training facilities: unevenly distributed
- Lecturers: quantity and quality
- Training program: full kind of curriculum but focuses on under-graduate; now more post-graduate
- Continuous Medical Education on mental health: not given adequate attention





# Mental health service delivery network in Viet Nam



	School health offices	Education facilities for children with disabilities		
Families	Commune health stations and clinics	District hospitals and private hospitals	Mental forensic centers at the central and regional level	
Individuals			Mental care, treatment, and rehabilitation clinics	Psychiatric hospitals and departments at the provincial level
	District health centers	Provincial center for disease control		
Communities	Social work centers	Mental care, rehabilitation centers		
	Counseling centers	Social protection centers		
	Counseling hotlines	Drug de-addiction centers		



# Primary Mental Health care in Vietnam

## • Health sector

- More than 11,000 CHSs but only 49% are able to perform 80% of assigned techniques
- CHSs provides free-of-charge drugs for schizophrenia, epilepsy, and depression; are not able to offer other services such as screening, treatment, relapse prevention, rehabilitation
- CHSs must rely on DHC's support to maintain mental health services
- More than 30,000 private clinics but need more mental health clinics

## Social sector

- Community-based social assistance and recovery program from 2011
- Faced challenges in multi-sectoral coordination
- Social work centers in 36 cities, provinces; rural people with mental disorders have difficulty in access to services

## Education sector

- 50% of schools have a health office, 40% of school health workers meet requirements
- 100% of students are insured but do not have access to appropriate mental care



# RECOMENDATION

- **Service delivery**
  - ❖ Expand coverage
  - ❖ Transform the service delivery model
    - Integrated, coordinated care
    - Day care, community-based care
    - Bio-psychological care
    - Inter-disciplinary care
- **Workforce development and coordination**
  - ❖ Joint, comprehensive planning
  - ❖ Increase quantities
  - ❖ Assure quality
  - ❖ Coordinate disciplines, regions, levels



**Q&A**