



ADB Health, Safety and Security (HSS)

Awareness Training Course ADB

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Welcome and IntroductionsSee Workshop Agenda



Occupational Health and Safety

SPEAKER Felix Oku

Principal Safeguards Specialist OSFG



Introduction HSS at ADB

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Safety Culture and Risk Management

Workplace Health and Safety

Community Health and Safety



5

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Site Security

Programme Overview Health and Safety Incident Reporting and Investigation

Emergency Preparedness and Response

ADB

Key Objectives



understanding health and safety responsibilities



Key Objectives



recognize how to identify, control and monitor workplace hazards and risks



Key Objectives



evaluate HSS risks and responsibilities associated with ADB-funded projects, and the contractors that work on them

GROUP DISCUSSION:

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What is your knowledge and experience with safety programs and/or serious incidents... ?

ADB

Module 1 Introduction UNDERSTAND THE PURPOSE, INTENT, AND SCOPE OF THE ADB: Safeguard Policy Statement (SPS)



OBJECTIVES

Understand the SPS occupational health and safety (H&S) requirements

Appreciate potentially significant occupational health and safety risks /impacts associated with ADB projects

Occupational H&S quiz to reinforce understanding

10

OCCUPATIONAL H&S

According to the ILO, globally almost <u>two</u> <u>million workers</u> still die <u>every year</u> due to exposure to 19 occupational risk factors alone. It is estimated in Asia and the Pacific, workrelated diseases and injuries are responsible for <u>at least 1.2 million deaths</u>, and the loss of 55 million healthy years. Occupational accidents and diseases <u>are all preventable</u>.

https://www.ilo.org/asia/areas/safety-and-health-at-work/lang-en/index.htm#:~:text=It%20is%20estimated%20in%20Asia,and%20diseases%20are%20all%20preventable



https://www.youtube.com/watch?v=FI1XrdBJIUI

Leading cause of Fatal incidents in the Construction Industry

OSHA's "Fatal Four" - The leading causes of death in the construction industry

The <u>Bureau of Labor Statistics</u> reported 5,190 fatal work injuries in the U.S. in 2021. Of those deaths, nearly 20% occurred in construction, second only to transportation and materials handling. Fortunately, the <u>"Fatal Four"</u> leading causes of construction deaths – falls, stuck-by, electrocutions, and caught-in or -between -- are preventable by using these tips.

OSHA Fatal Four

Struck-By

Electrocution

Caught-In

or -Between

Falls

Use fall protection.

Falls caused 37% of construction deaths in 2021. OSHA standards require fall protection any time a construction worker is 6 feet or more above the ground.

2. Ground or double-insulate all electrical equipment.

Electrocution accounted for about 8% of construction worker deaths in 2021. Among the <u>electrocution risks</u> on construction sites are exposed wiring and wet conditions near outlets; contact with overhead power lines; energized conductors or circuit parts; poorly maintained power tools and cords; and lightning strikes. Strictly following <u>OSHA electrical standards</u> can prevent these accidents.

3. Know the greatest risk of being struck by an object on a job site.

Another 8% of construction deaths in 2021 were due to workers who were struck-by objects that were swinging, falling, or misplaced. These included falling objects due to rigging failure; loose or shifting materials; equipment malfunctions; and vehicle or equipment strikes. Be aware of all possible struck-by hazards including dropped tools and flying objects, and review these tips and resources.

4. Use strict safety precautions when surrounded by moving vehicles, unguarded heavy equipment, or cave-in hazards.

About 5% of construction worker deaths in 2021 were from employees getting caught in or between machines, devices, tools, or trenches including workers caught between moving or rotating equipment or collapsing structures or materials. Ensure <u>control measures are in place</u> and workers are trained to prevent the most common caught-in and caught-between hazards including getting pulled into <u>unguarded machinery</u>; caught between equipment and a fixed object; or trapped in a masonry wall, trench, or excavation <u>collapse</u>.

Occupational Health and Safety Policy Provisions Requirements

- The **borrower/client** will provide **workers** with a safe and healthy working environment, taking into account risks inherent to the particular sector and specific classes of hazards in the borrower's/client's work areas, including physical, chemical, biological, and radiological hazards.
- Prevent accidents, injuries, and disease arising from associated with or occurring during the course of work.

- Emergency preparedness and response arrangements at the workplace.
- Recognizes the Hierarchy of Risk
 Control avoid, minimize, manage
- Refers to internationally recognized standards such as WBG EHS.
- Document and report OHS accidents, diseases and incidents

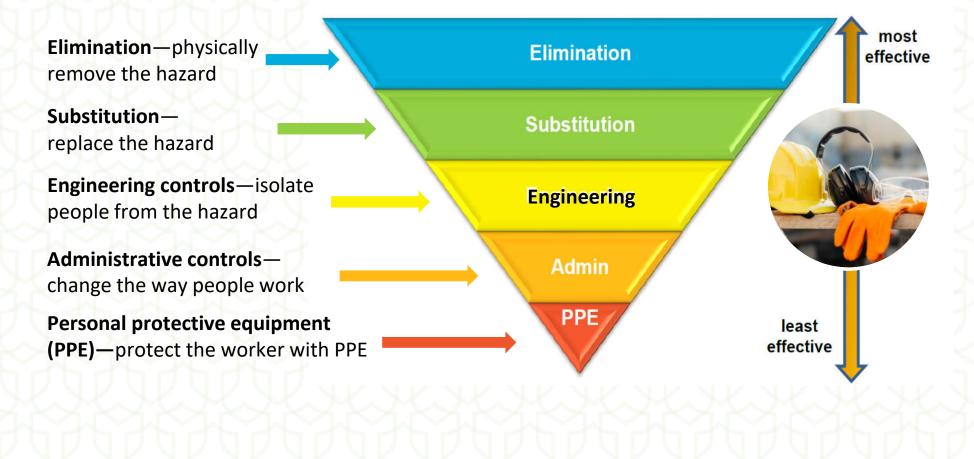
H&S Risk Assessment

		Consequence		e
		Slightly Harmful	Harmful	Extremely Harmful
q	Likely	Medium Risk	High Risk	Extreme Risk
Likelihood	Unlikely	Low Risk	Medium Risk	High Risk
1	Highly Unlikely	Negligible Risk	Low Risk	Medium Risk

A risk matrix is used during a risk assessment.

A risk matrix takes the likelihood of the risk and the consequence severity to assign a level to the risk.

H&S Management Planning Mitigation Hierarchy



H&S Management Planning – Mitigation Hierarchy

Environment Impact Assessment [EIA] Initial Environmental Assessment [IEE] Environment Management Plan [EMP] **ADB Borrower/Client** Legal agreement with ADB **Construction EMP** Borrower/ **Health and Safety Management Plans** Contractor (including Emergency Response Plan) **Requirements & Supervision** Work Site Specific Consultant/ Specific H&S Plan and Decommissioning H&S Plan engineer H&S Plan

H&S Monitoring

- Regular H&S inspections to ensure measures employed and effective
- Regular testing of H&S equipment
- Surveillance work area and workers health
- Document all training and emergency drills
- Set up a worker's GRM (not just for local community)
- Report and record all occupational accidents and diseases (fatal, non fatal, days lost)
- Report, record, and investigate all incidents or dangerous occurrences (near miss)

Lagging and Leading Health and Safety Indicators

Lagging Indicators	Leading Indicators
 Total lost work days Restricted work days Number of fatalities Injuries/illness rate Asset/property damage Vehicle mishaps Near-miss incidents Chemical releases WC trends and amount Experience modification 	 Safety/health meetings Supervisor training Employee training Number of inspections No. of audits/surveys No. of self-inspections Reward/recognition Employee turnover rate Observations/accidents Risk/hazard assessment

Performance Target

Zero Accidents, Zero Incidents, Zero Tolerance!

TARGET ZERO

"Target Zero" is a vision for continuous safety improvement. Through "Target Zero", we strive to perform all work activities free of accidents at all times.



Worker's Accommodation

» Assess the availability of the local workshop Is there a need Need » Assess the availability of existing housing for workers' Assessment accommodation? What are the expected » Determine specific impacts of the workers' accommodation construction phase Impact impacts (positive and (including security and involuntary resettlement) Assessment negative) on the » Assess existing community infrastructures, services, and facilities communities? Understand the local business and employment context Give special attention to community health and safety issues and social cohesion » Think about the consequences of dismantling and reinstatement Which accommodation Identify and review the international, national, regional, and sectoral regulations Construction standards are needed? which address workers' accommodation » Apply mandatory provisions and use non-binding provisions as guidance Workers' Accommodation: Apply at least the minimum requirements set out in this guidance note **Processes and Standards** Design management plans covering health and safety, security, workers' » What management A Guidance Note by IFC and Management and communities' rights systems are required? » Appoint the right staff or contract the right companies » Implement management plans https://www.ebrd.com/downloads/about/s Set up complaint/grievance and conflict resolution mechanisms (for both ustainability/Workers accomodation.pdf workers and communities) » Review policies

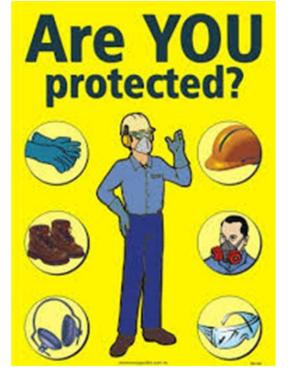
Figure 1: Workers' Accommodation, Assessment, and Management Process

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the EBRD

Occupational Health and Safety Quiz





....

Questions



Which labor issue is not related to occupational H&S?

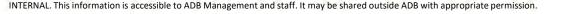
1. Worker's salaries

- 2. Construction camp living conditions
- 3. Hours of work
- 4. Underage workers



In what order should preventative & protective measures be applied?

- 1. Provide PPE, control, minimize, eliminate
- 2. Eliminate, control, minimize, provide PPE
- 3. Control, minimize, provide PPE, eliminate
- 4. Provide PPE, eliminate, control, minimize





Personal Protective Equipment

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2.	3.	4.

What are the top three causes of construction accidents?

- 1. Fire, explosions, floods
- 2. Injuries from machinery, collapse of excavations, exposure to noise
- 3. Falls from height, struck by falling objects, collisions with vehicles
- Confined spaces, electrocution, exposure to hazardous substances

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2.	3.	4.

Which of the following <u>is not</u> needed in toilet and washing facilities?

1. Air freshener

2. Segregated facilities

3. Hot and cold running water

4.Soap and hand drying facilities



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What hazards are these workers exposed to?

- 1. Standing on debris, sharp objects penetrating feet.
- Dust or flying objects entering eyes, risk of abrasion or bruises to hands
- 3. Struck by falling object from above

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3.	4.

4. All of the above

What other PPE should be worn by these workers?

- 1. Enclosed shoes with steel toe cap and sole
- 2. Eye protection and gloves
- 3. Hard hat
- 4. All of the above



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2.	3.	4.

What is the level of risk to this worker?

None
 Low
 Moderate
 High/Extreme



0%	0%	0%
2.	3.	4.

What is most appropriate way to address hazard?

- 1. Design to avoid expansion gap
- 2. Provide workers with a safety harnesses
- 3. Install guardrails on edge of gap
- 4. Develop a response plan for falls



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2.	3.	4.

What hazards is this worker exposed to?

- 1. Severe cuts and lacerations
- Fragments of shattered disc lodge in eyes or other body part
- 3. Fire

4. All of the above



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2.	3.	4.

What measures can address the hazards?

- 1. Correct PPE
- 2. Guard, automatic cut-off in handgrip and training on use
- 3. Fire extinguisher

4. All of the above



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2.	3.	4.

For a large construction camp what communicable disease prevention measures can be taken?

- 1. Screening of construction workers
- 2. Health awareness initiatives
- 3. Provision of free health services

4. All of the above



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2.	3.	4.

Objectives

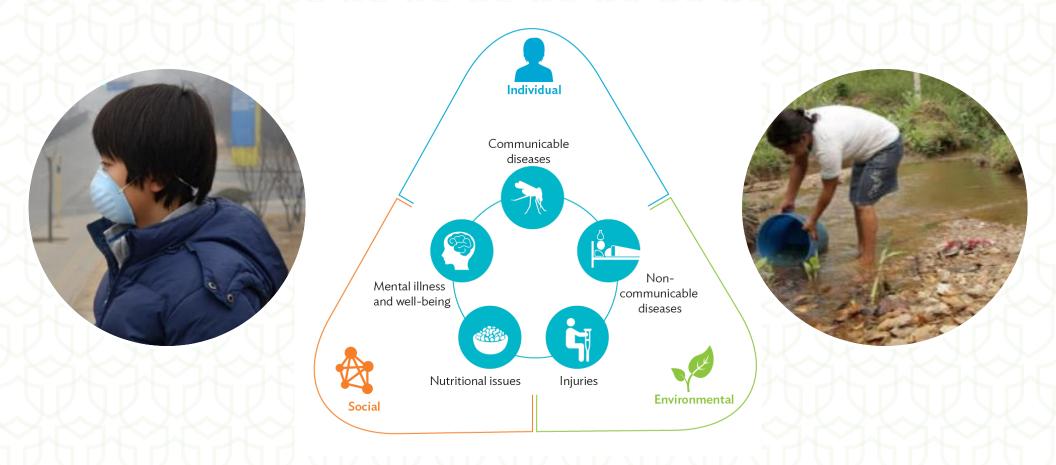
Understand the SPS community health and safety requirements

Appreciate potentially significant community health and safety impacts/risks associated with ADB projects

Community H&S quiz to reinforce theory

10

Community Risks/Impacts



SPS Requirements (community)

- Identify and assess risks/impacts on the safety of affected communities
- Establish preventative measures to address them
- Favor the prevention or avoidance of risks over minimization and reduction (management hierarchy)

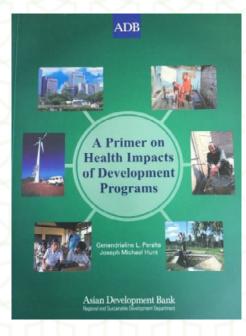
- Consider accidental and natural hazards with particular attention to publicly accessible components and where structural failure could result in injury to the community
- Avoid or minimize exacerbation of impacts caused by natural hazards as a result of project land use change

SPS Requirements (community)

- Inform affected communities of significant hazards
- Prepare accident and emergency response plans to respond to hazards, including response procedures, responsibilities, communications, training, resources required
- Disclosure appropriate information about preparedness and response activities, responsibilities and resources to affected communities
- Major structural components, in areas of high risk that threaten safety of communities, must be independently reviewed by qualified and experienced experts throughout project

Health Impact Assessment

Follows similar process to EIA and informed by it, but focused on health impacts and benefits of the development project





Health Impact Assessment

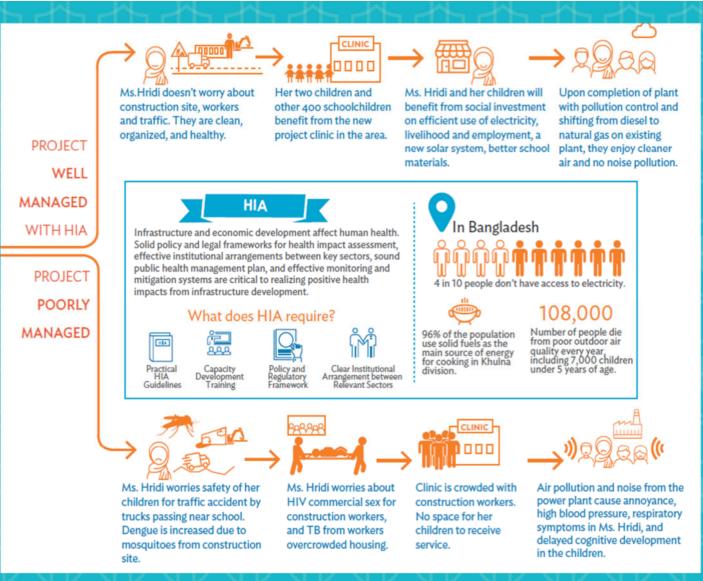
Bangladesh: Rupsha 800-Megawatt Combined Cycle Power Plant Project

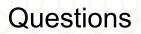


Oh, we are affected by the new power plant project.

Ms. Hridi and her family live in Rupsha near the proposed site for the gas fired power plant.

In her community, power outage is frequent, health clinics in the area don't have continuous access to energy needed to refrigerate medicines, vaccines or sterilize material.





What community health and safety measures should the design of a school consider?

- Life and fire safety
- 2. Structural integrity
- 3. Potable water supply

4. All of the above



4.	2
	4.

For a LPG facility what should EIA include?

- 1. Quantification of potential fire and explosion hazards
- 2. Affected persons informed of potential fire and explosion hazard
- 3. Emergency planning with proposed response activities communicated to affected people
- 4. All of the above





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2.	3.	4.

- 1. Community education on risks associated with construction sites
- 2. Provide a manned crossing and fence other parts of construction site
- 3. Provide a sign to warn public of construction site
- 4. Fence entire construction site so public cannot cross





- 1. Inform residents to keep children away from the wall
- 2. Provide a waist height post and rail fence
- 3. Increase the height of solid wall
- 4. Resettle residents so they are not exposed to the hazard



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- 1. Reduce the speed limit for vehicles using the road
- 2. Provide a zebra crossing for pedestrians
- 3. Provide a pedestrian footbridge over highway
- Provide alternative water supply so no need for pedestrians to crossroad



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2.	3.	4.

- 1. Provide a sign on the gate to indicate electrical hazard present
- 2. Community education to keep away from electrical installation
- 3. Ensure security gates are kept locked at all times

4. All of the above



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2.	3.	4.

Two community women were sexually harassed by construction workers out of hours, is this...?

- 1. Normal behaviour for construction workers
- 2. Not a matter of concern for the project as out of hours
- 3. Gender matter, not relevant to safeguards

4. SPS community H&S issue

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How are risks to women in the community best addressed?

- 1. Provide construction workers with contraception
- 2. Education of construction workers/code of conduct
- 3. Gender responsive GRM
- 4. Enforcement of disciplinary measures

World Bank cancels funding for Uganda road amid sexual assault claims

Bank pulls plug on \$265m transport scheme after allegations that construction workers targeted schoolgirls and reports of poor treatment of workers



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-		
2.	3.	4.

What community hazard could a large HEP project increase?

- 1. Drowning
- 2. Malaria and other vector borne disease
- 3. HIV

4. All of the above







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2.	3.	4.

For a new dam what should EIA include?

- Review by independent, qualified and experienced expert throughout project cycle
- 2. Affected persons informed of potential dam burst hazard
- 3. Emergency planning with proposed response activities communicated to affected people
- 4. All of the above





0% 0% 0% 2. 3. 4.

Policy Update ESS4

Requirements

- Occupational Health and Safety (OHS)
 - General and Sector Specific OHS risk assessment and management planning.
 - Health and Safety
 Management Plan –
 HSMP + ESCP.

- Community Health and Safety (CHS)
 - General and Sector Specific CHS risk assessment and management planning.
 - Health and Safety Management Plan – **HSMP +ESCP**.

- » Common Requirements
 - Designate a person responsible to implement the HSMP.
 - Monitor and Report on Performance –
 HSMP +ESCP.
 - Worker Right to refuse to work in unsafe environments.

Policy Update ESS4

Requirements

- » Community and Workers' Risk Assessment and Management Planning,* with coverage based on screening:
 - Security risk for workers and communities.
 - Sexual abuse and harassment risks to workers and affected communities.
 - Climate change and disaster risk assessment for projects in sensitive locations
 - Life and Fire safety audits for new and refurbished facilities prior to use.

- Reporting on major incidents such as fatalities and accidents.
- Emergency preparedness and Response
- Safety of Services
- Dam Safety (New and DUC)

*Note, assessment needed only for projects based on screening of relevant issues, with scale of assessment and management needs commensurate issues and risks.

Key Takeways

- Project health and safety risk management requires strong partnership between ADB and their borrowers/clients.
- Risk Assessment is critical to a risk management planning and PPE is the last resort in the Mitigation Hierarchy.
- Safety is everyone's responsibility, but Your safety is your responsibility

Detailed Health, Safety and Security Training Developed

- » ADB Health, Safety & Security Course
- » Mental Health and Wellbeing in the Workplace
- » <u>Mental Health and Wellbeing in the Workplace</u> (for Managers)
- » Good Practice Guide for Management and Control of Asbestos: Protecting workplaces and communities from Asbestos Exposure Risks <u>https://www.adb.org/publications/good-practicemanagement-control-asbestos</u>
- Asbestos Awareness eLearning Course



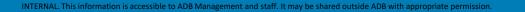
Stephen Sayle

- > 25 years of international health, safety & environmental (HSE) risk management
- Former Commercial Diver
- B.Sc., Masters, Canadian Registered Safety Professional
- Worked on all Continents except Antarctica...yet
- Indigenous Safety Culture JV
- ADB HSE Risk Management Consultant ADB
- "Digitizing HSE subject matter expertise for the next generation..."

HSS WORKSHOP FOCUS:

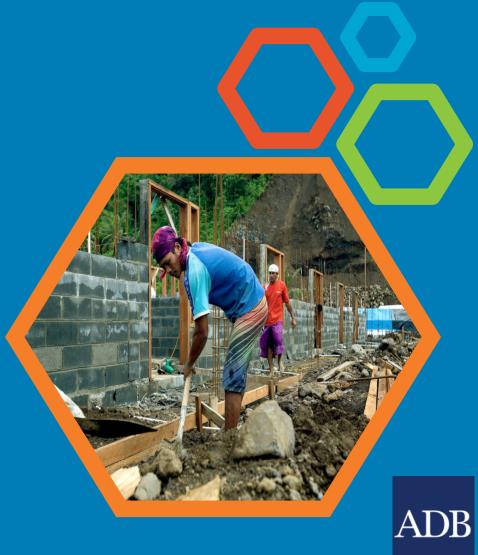
- ADB HSS
- Safety Culture
- Hazard Identification
- Life Saving Rules
- Risk Management
- HSS Good Practice Guide
- Safe Work Practices
- Incident Reporting & Investigation
- Emergency Preparedness

Fiji, 10-13 June 2024



The International Labour Organization (ILO)

The main aims of the ILO are to promote rights at work, enhance social protection and strengthen dialogue on work-related issues.



Occupational Injury and Disease Statistics The ILO estimates:

> Every year over 2.3 million women and men die at work from an occupational injury or disease.

Over 313 million workers are involved in nonfatal occupational accidents causing serious injuries and absences from work.

ADB

Worksite Safety



Every ADBsupported project is unique and has a different range of hazards and risks.













Imagine the Headlines

An incident at work has wide-ranging impacts.

Tragic domino / ripple effect...

Lorry overturns - 12 dead

Healt

incident involving a v transporting b orkers has c njured 7 women I u ver a

which rammed into building be overturning,

Investigations underway, but possible that the asleep at the w

Vorker dies after fall at

Daily

35-year-old migrant orker died after slipping falling from a ladder ork.

August 30, 2022

rker was taken to meral Hospital ortly after he d from his His death brings the total number of workplac fatalities to 19, which the highest number in same period since 20

The incident is investigation and at height has be pending the re

0, 2021

Imagine the Headlines...



1 MISSING IN OUARRY 2 DEAD. TRAGED

TA VAKAREKAWAD

The Fiji Times

HOME NEWS * SPORT * LIFESTYLE * KAILA * PEOPLE LOCAL TRAVEL DINING & ENTERTAINMENT FIJIAN DRU,

Ministry cautions public on forest fires

Local News, News | Published: October 25, 2023 | Last Updated: January 26, 2024 | By ANISH CHAND



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Imagine the Headlines...

The Fiji Times

HOME NEWS ▼ SPORT ▼ LIFESTYLE ▼ KAILA ▼ PEOPLE LOCAL TRAVEL DINING & ENTERTAINMENT

27 construction projects on the roll

Business, Local News, News | Published: February 2, 2024 | Last Updated: May 4, 2024 | By Sainimili Magimagi



Group Discussion:





What are your top 3-5 H&S risk scenarios...?

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SAFETY CULTURE IS LIKE AN ICEBERG

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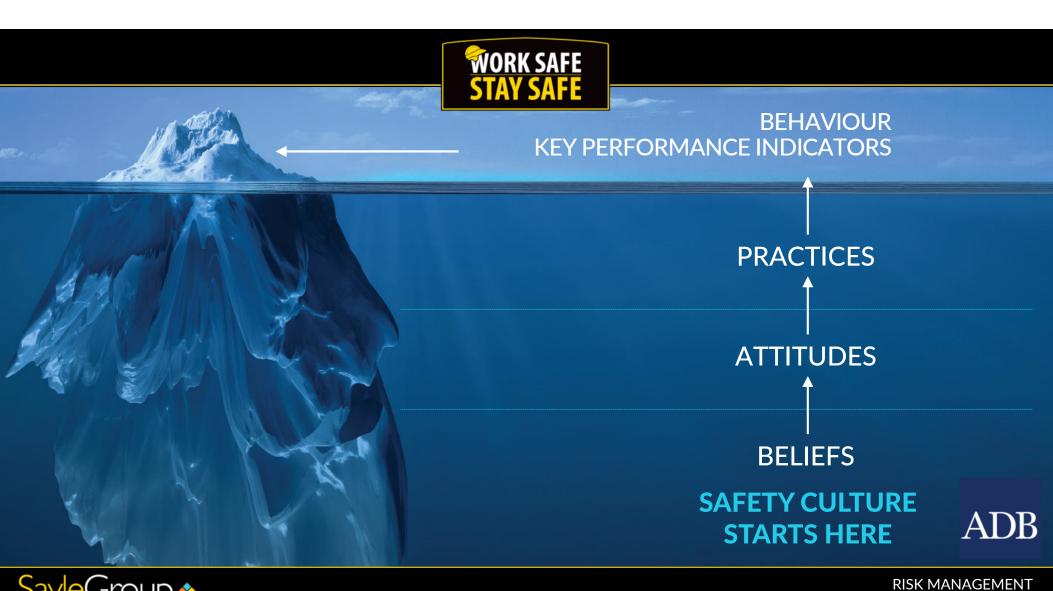


BEHAVIOUR KEY PERFORMANCE INDICATORS

WHAT LIES BENEATH







OPERATIONAL EXCELLENCE





BEHAVIOUR KEY PERFORMANCE INDICATORS

SAFE WORK PRACTICES

LIFE SAVING RULES

SAFETY POLICY









SayleGroup_{Inc.} Examples of LAGGING KPIs



Reactive KPIs: - Fatalities - Lost Time Incidents (LTI) - Restricted Work Case (RWC) - Medical Treatment Case (MTC) - First Aid Case (FAC) - Environmental Spill - High Potential Near Miss - Non-conformances



ADB



SayleGroup_{Inc.} Examples of LEADING KPIs



Pro-active KPIs:

- Audits & Inspections - Leadership Site Visits - Behavioural Based Safety Observations & NM - Safety Meetings (JOHSC, Management, etc.) - Job/Task/ Field Level Risk Assessments - Toolbox Talks - Training & Certifations - PTWs







Activity

Benefits of a Strong Safety Culture

ADB



BENEFITS OF A POSITIVE SAFETY CULTURE







- 1 Reduction of Incidents
- 2 Fewer Injuries
- **3** Cost Savings



- **5** Increased Productivity
- 6 Improved Public Relations
 - 7 Improved Morale
- 8 Great Reputation



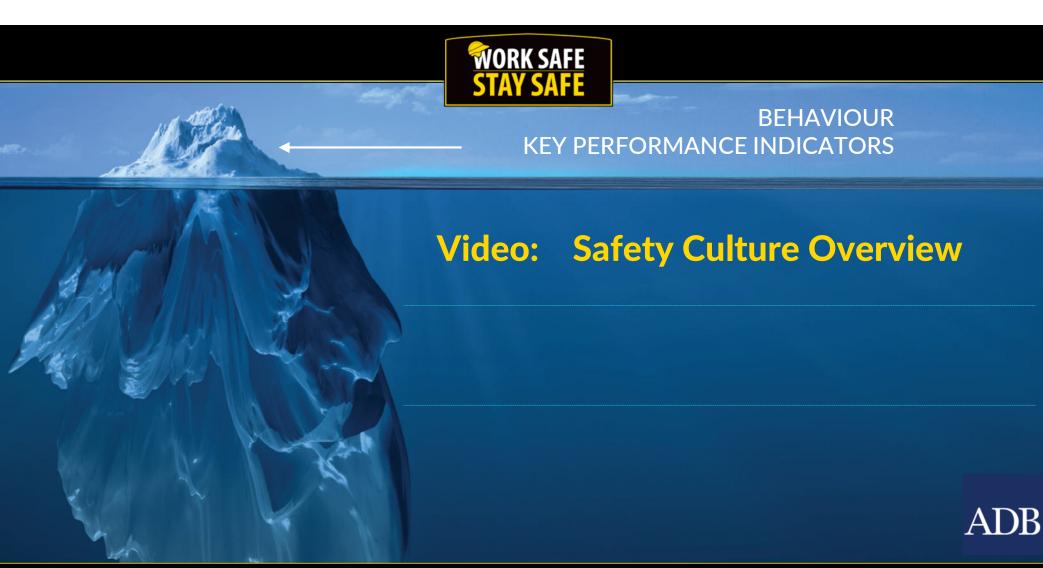


Safety Culture is an Investment !

Businesses see an **average return of \$4 to \$6 for every \$1** *invested* into their workplace safety programs. In the U.S. nearly \$2 billion is lost each year as a result of worker injury and harm to health.



https://www.osha.gov



SayleGroup *

RISK MANAGEMENT OPERATIONAL EXCELLENCE

Activity









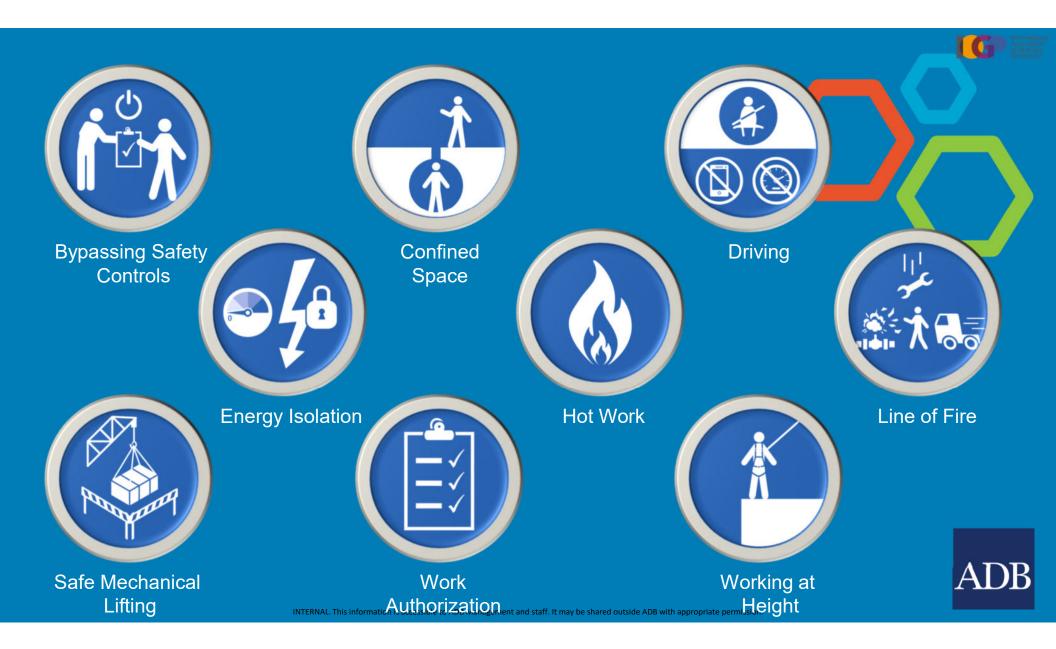




LSR online video summary:

https://www.youtube.com/watch?v=oK_p0Bogi6A





Life-Saving Rules

Bypassing Safety Controls	Confined Space	Driving	
Obtain authorisation before overriding or disabling safety controls Image: Control of the safety control of the safety critical equipment and procedures which apply to my task I lobtain authorisation before: Image: Control of the safety disabling or overriding safety equipment I deviating from procedures Image: Control of the safety equipment I deviating from procedures Image: Control of the safety equipment	 Obtain authorisation before entering a confined space I confirm energy sources are isolated I confirm the atmosphere has been tested and is monitored I check and use my breathing apparatus when required I confirm there is an attendant standing by I confirm a rescue plan is in place I obtain authorisation to enter 	 Follow safe driving rules I always wear a seatbelt I do not exceed the speed limit, and reduce my speed for road conditions I do not use phones or operate devices while driving I am fit, rested and fully alert while driving I follow journey management requirements 	
Energy Isolation	Hot Work	Line of Fire	
 Verify isolation and zero energy before work begins I have identified all energy sources I confirm that hazardous energy sources have been isolated, locked, and tagged I have checked there is zero energy and tested for residual or stored energy 	Control flammables and ignition sources • I identify and control ignition sources • Before starting any hot work: - I confirm flammable material has been removed or isolated - I obtain authorisation • Before starting hot work in a hazardous area I confirm: - a gas test has been completed - gas will be monitored continually	Keep yourself and others out of the line of fire I position myself to avoid: - moving objects - vehicles - pressure releases - dropped objects I establish and obey barriers and exclusion zones I take action to secure loose objects and report potential dropped objects	
Safe Mechanical Lifting	Work Authorisation	Working at Height	
 Plan lifting operations and control the area I confirm that the equipment and load have been inspected and are fit for purpose I only operate equipment that I am qualified to use I establish and obey barriers and exclusion zones I never walk under a suspended load 	 Work with a valid permit when required I have confirmed if a permit is required I am authorised to perform the work I understand the permit I have confirmed that hazards are controlled and it is safe to start I stop and reassess if conditions change 	 Protect yourself against a fall when working at height I inspect my fall protection equipment before use I secure tools and work materials to prevent dropped objects I tie off 100% to approved anchor points while outside a protected area 	



ADB

HAZID Discussion...











Life-Saving Rules

Bypassing Safety Controls

Obtain authorisation before overriding or disabling safety controls

- I understand and use safetycritical equipment and procedures which apply to my task
- I obtain authorisation before:
 - disabling or overriding safety equipment
 - deviating from procedures
 - crossing a barrier

Confined Space

Obtain authorisation before entering a confined space

- I confirm energy sources are isolated
- I confirm the atmosphere has been tested and is monitored
- I check and use my breathing apparatus when required
- I confirm there is an attendant standing by
- I confirm a rescue plan is in place
- I obtain authorisation to enter

Driving

Follow safe driving rules

- I always wear a seatbelt
- I do not exceed the speed limit, and reduce my speed for road conditions
- I do not use phones or operate devices while driving
- I am fit, rested and fully alert while driving
- I follow journey management requirements





Controls Discussion...



- Vimeo: Show CSE
 - https://vimeo.com/showcase/5939420



ADB



HAZID Discussion...







Life-Saving Rules

Energy Isolation

Verify isolation and zero energy before work begins

- I have identified all energy sources
- I confirm that hazardous energy sources have been isolated, locked, and tagged
- I have checked there is zero energy and tested for residual or stored energy

Hot Work

Control flammables and ignition sources

- I identify and control ignition sources
- Before starting any hot work:
 - I confirm flammable material has been removed or isolated
 - I obtain authorisation
- Before starting hot work in a hazardous area I confirm:
 - a gas test has been completed
 - gas will be monitored continually

Line of Fire

Keep yourself and others out of the line of fire

- I position myself to avoid:
 - moving objects
 - vehicles
 - pressure releases
 - dropped objects
- I establish and obey barriers and exclusion zones
- I take action to secure loose objects and report potential dropped objects





Controls Discussion...









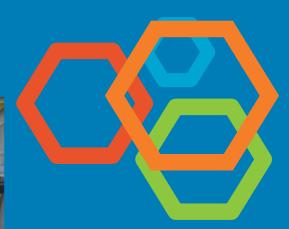
Controls Discussion...



HAZID Discussion...



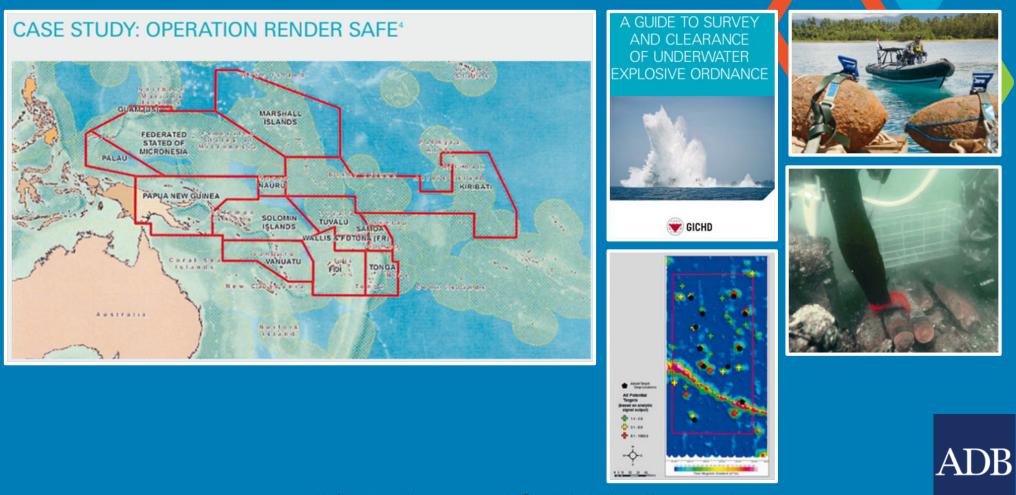






ADB

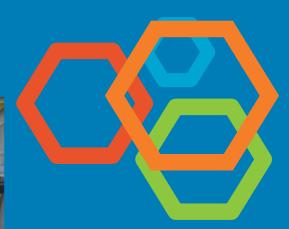
Controls Discussion... UXO



HAZID Discussion...









ADB

Life-Saving Rules

Safe Mechanical Lifting

Plan lifting operations and control the area

- I confirm that the equipment and load have been inspected and are fit for purpose
- I only operate equipment that I am qualified to use
- I establish and obey barriers and exclusion zones
- I never walk under a suspended load

Work Authorisation

Work with a valid permit when required



- I have confirmed if a permit is required
- I am authorised to perform
 the work
- · I understand the permit
- I have confirmed that hazards are
- controlled and it is safe to start
- I stop and reassess if conditions change

Working at Height

Protect yourself against a fall when working at height

- I inspect my fall protection equipment before use
- I secure tools and work materials to prevent dropped objects
- I tie off 100% to approved anchor points while outside a protected area





Controls Discussion...



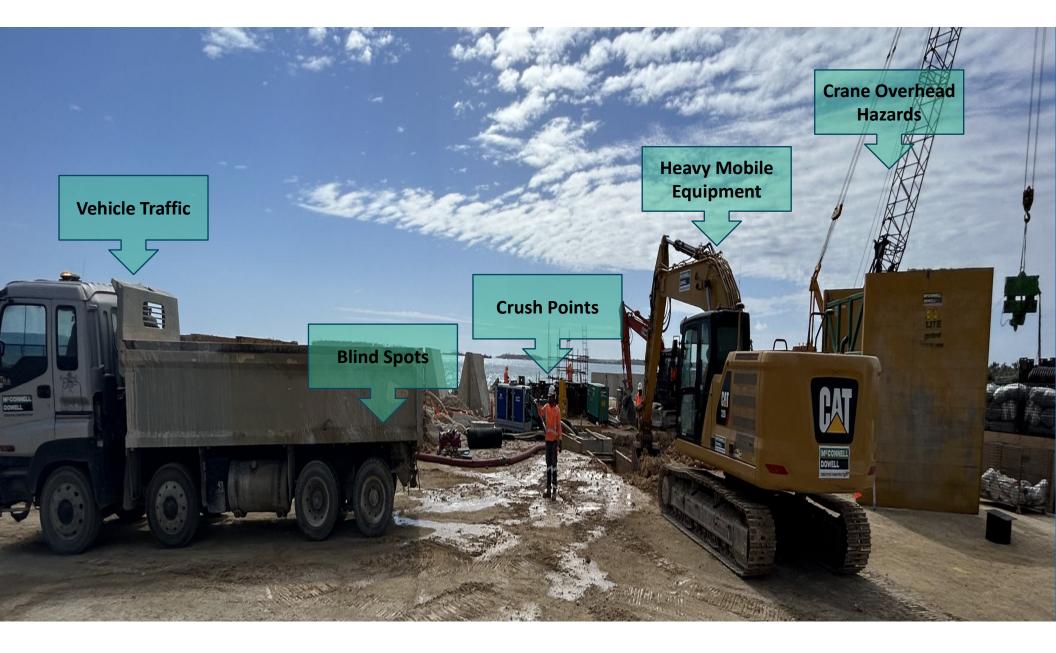












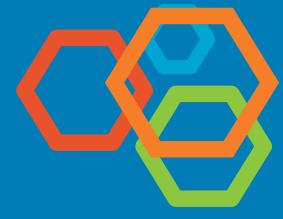


Typical Life-Saving Rules

Other LSR online video summaries from IOGP

Links to all LSR videos (1-2 minutes each)

- Youtube:
 - <u>https://www.youtube.com/playlist?list=PLt0-</u> gTVCvEp1Dxe7j7SDbbiLrYlkUqYov
- Vimeo: (show Energy Isolation & Work at Heights)
 - <u>https://vimeo.com/showcase/5939420</u>



Mental Health and Wellbeing

"A state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community." WHO

Fatigue Management, Fitness for Work & Mental Health

Fatigue, drug and alcohol abuse, harassment, stress, psychosocial impacts...

Many workers will experience these types of impacts !

Worker support mechanisms should be in place...

Mental Health and Wellbeing

"A state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community." - WHO



Fatigue Management, Fitness for Work & Mental Health

Fatigue, drug and alcohol abuse, harassment, stress, psychosocial impacts...

Many workers will experience these types of impacts !

Worker support mechanisms should be in place...





Summary

- 'provide workers with a safe and healthy working environment'... ADB
- safety culture consists of shared values and beliefs
- life-saving rules are intended to prevent incidents from common hazards



MODULE 2 HSS Risk Management

Identify <u>hazards</u> and <u>risks</u>, assess their impact and how to control them



Hazard A hazard is anything that has the *potential* to cause harm.



ADB



SayleGroup *

RISK MANAGEMENT OPERATIONAL EXCELLENCE

ADB

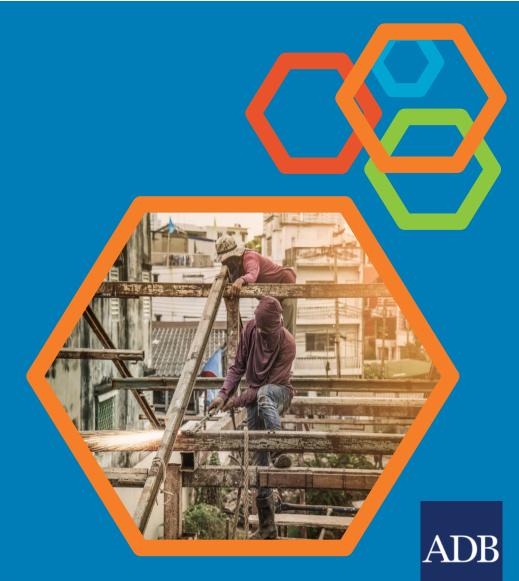
Hazard Wheel

A hazard wheel can help to identify hazards when performing an operation or task.



Hazardous Event

For a hazard to cause harm, a hazardous <u>event</u> must happen.



Assessing Risks

We need to understand the <u>definition</u> of **risk** and be able to evaluate and reduce it.

Perception of Risk



Limited "Receptors" = Limited Risk

Add "Receptors" = Higher Risk

ADB











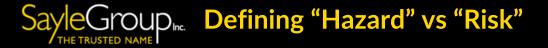
What is an obvious "Hazard"?

What is the "Risk"?





SAFETY SYSTEMS OPERATIONAL EXCELLENCE







Same "Hazard"...

Now what is the "Risk"?





SAFETY SYSTEMS OPERATIONAL EXCELLENCE

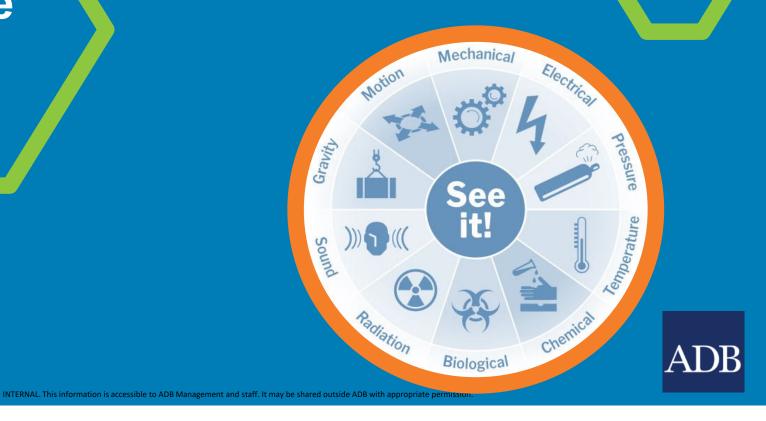
Hazard Event Consequences



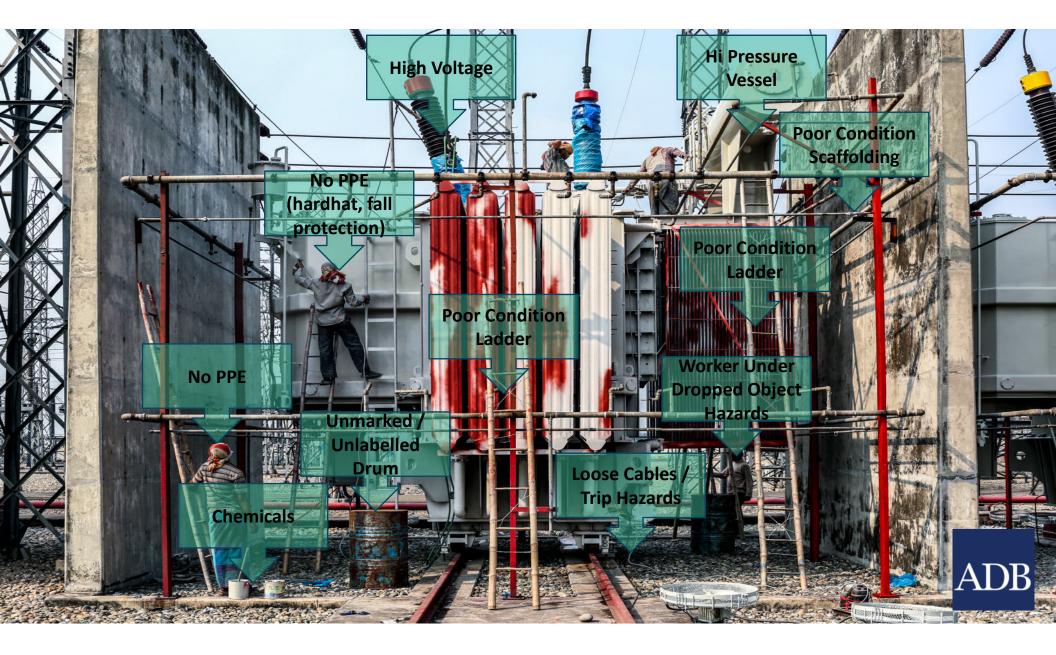


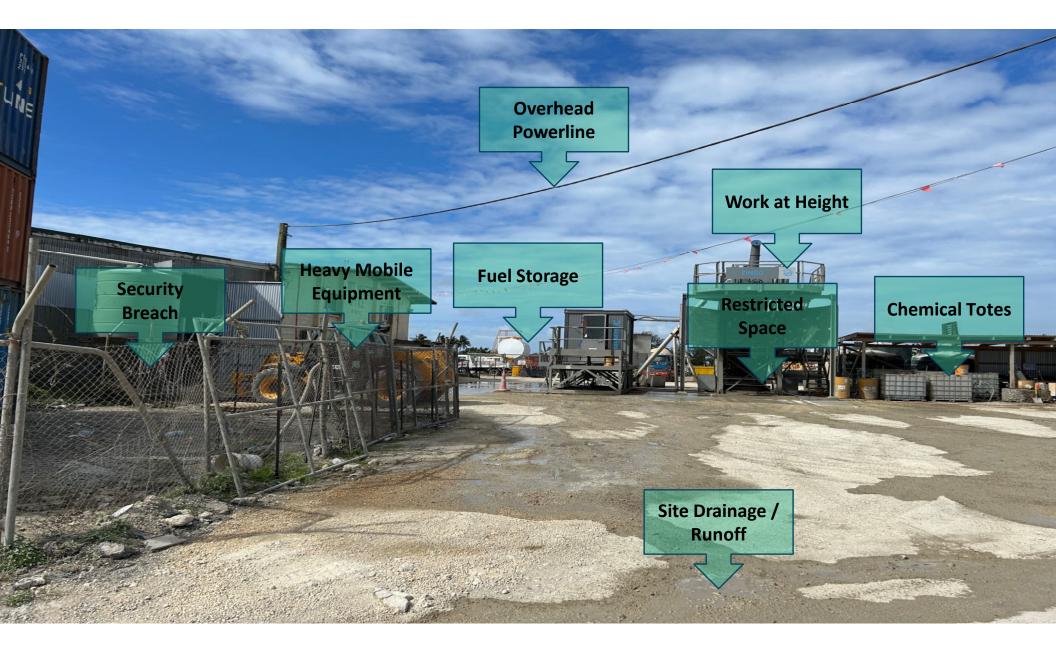
Provide an example of how a person could be harmed for each hazard group.

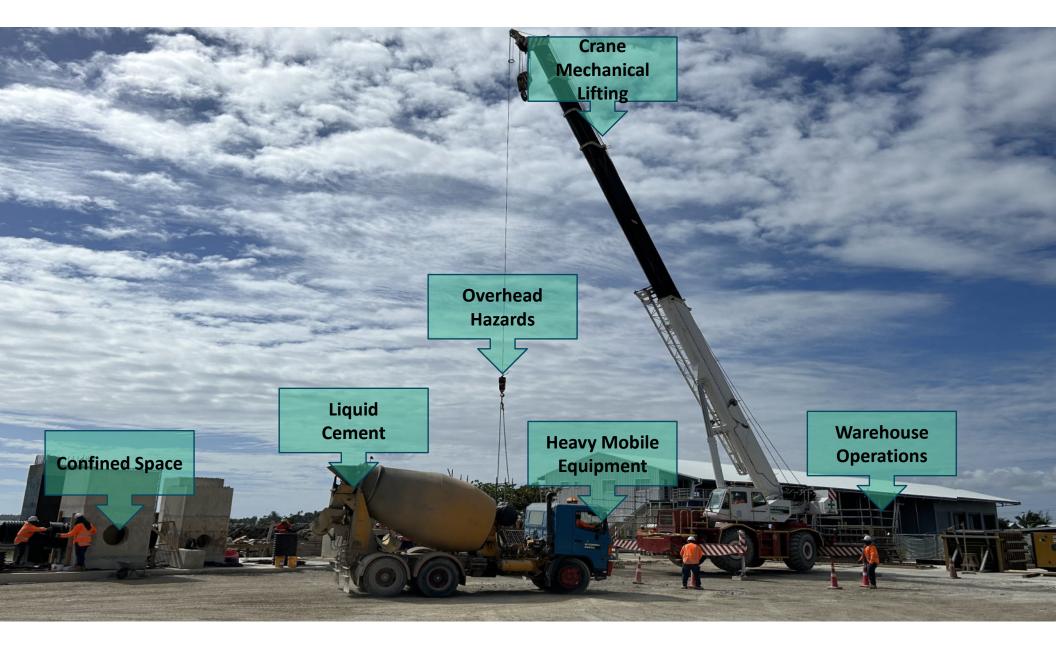
Exercise











Risk Management

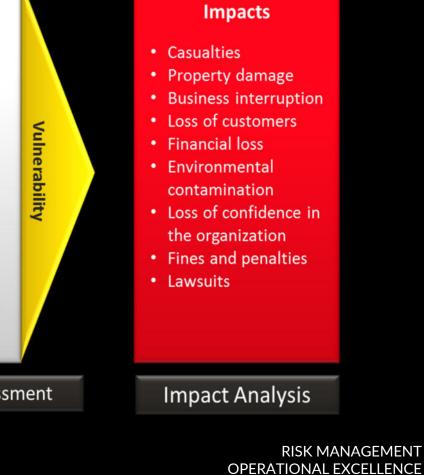
Identifying and evaluating risks, and identifying mitigation measures, to reduce risk to "as low as reasonably practicable" (ALARP).



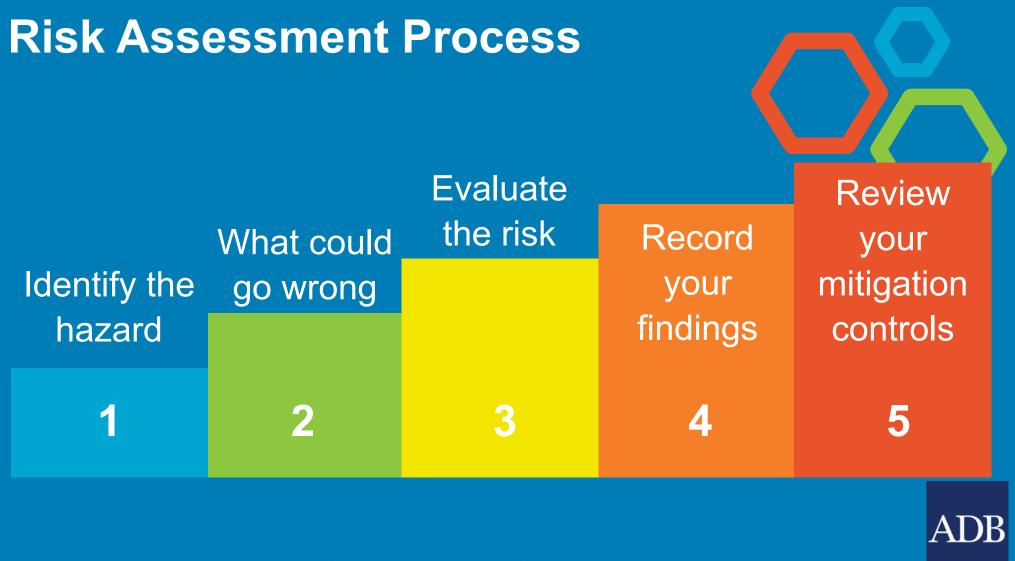
High Level Hazards











Using a Risk Matrix (Basic 3x3)

		Consequence				
		Slightly Harmful	Harmful	Extremely Harmful		
g	Likely	Medium Risk	High Risk	Extreme Risk		
Likelihood	Unlikely	Low Risk	Medium Risk	High Risk		
:5	Highly Unlikely	Negligible Risk	Low Risk	Medium Risk		

ADB

Risk Matrix (many styles = same principles – e.g., 5x5)

Consequence

		Insignificant	Minor	Moderate	Major	Catastrophic
	Very Likely	Low-Medium	Medium	Medium-High	High	High
000	Likely	Low-Medium	Low-Medium	Medium	Medium- High	High
Likelihood	Possible	Low	Low-Medium	Medium	Medium- High	Medium- Heigh
_	Unlikely	Low	Low-Medium	Low-Medium	Medium	Medium- High
	Very Unlikely	Low	Low	Low-Medium	Medium	Medium

ADB

People	Environmer	nt Asse	ts Rep	outation	,				
		Health&Safety	Environment	Financial	Reputation		Probability	/ Likelihood	
	Consequence <u>Severity</u>					A - Remote	B - Unlikely	C - Likely	D - Frequent
	1- Minor	-Minor Injury or illness -First Aid	-Minimal cleanup needed -Fully contained on site -Negligible impacts	Less than \$10,000	-No public disruption -No media attention	A1	B1	C1	D1
PEAR" rinciple	2- Moderate	-Medical Treatment -Restricted Work	-Some clean-up offsite -Localized impacts	\$10,000 to \$100,000	-Regulatory attention/letters -Minimal public disruption - Briefly in local media	A2	B2	C2	D2
	3- Major	-Lost Time Incident (LTI) -Multiple injuries	-Widespread but recoverable -Short term impacts	\$ 100,000 to \$ 500,000	-Regulatory action/fines -Local public disruption -Prolonged local media attention	A3	B3	C3	D3
	4- Critical	-Fatality -Permanent health impact -Long term disability	-Widespread and irreversible -Long term impacts	Over \$ 500,000	-Regulatory shutdown -Wide public disruption -Prolonged wide media attention	Α4	B4	C4	D4

INTERNAL. This information is accessible to ADB Management and staff. It may be shared outside ADB with appropriate permission.

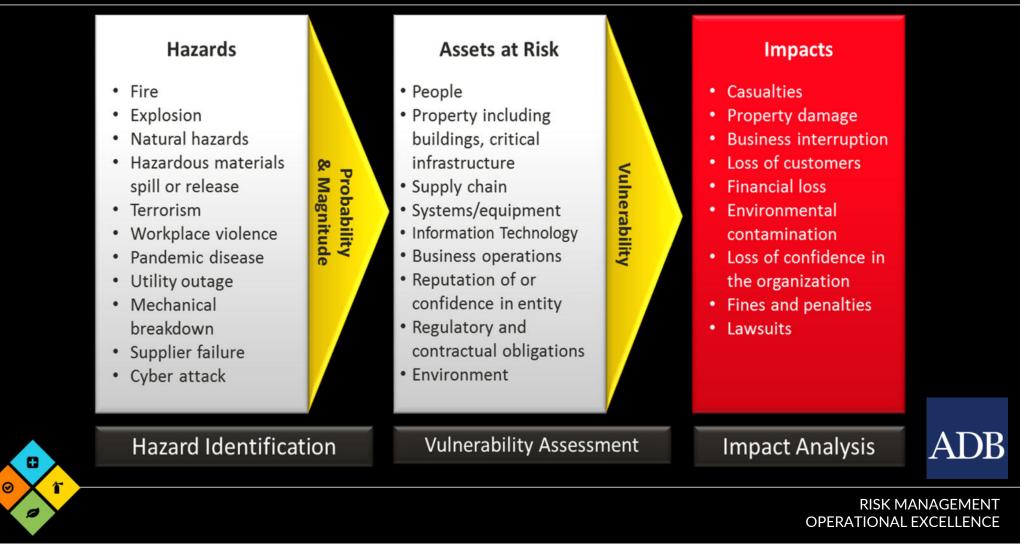
Risk Management

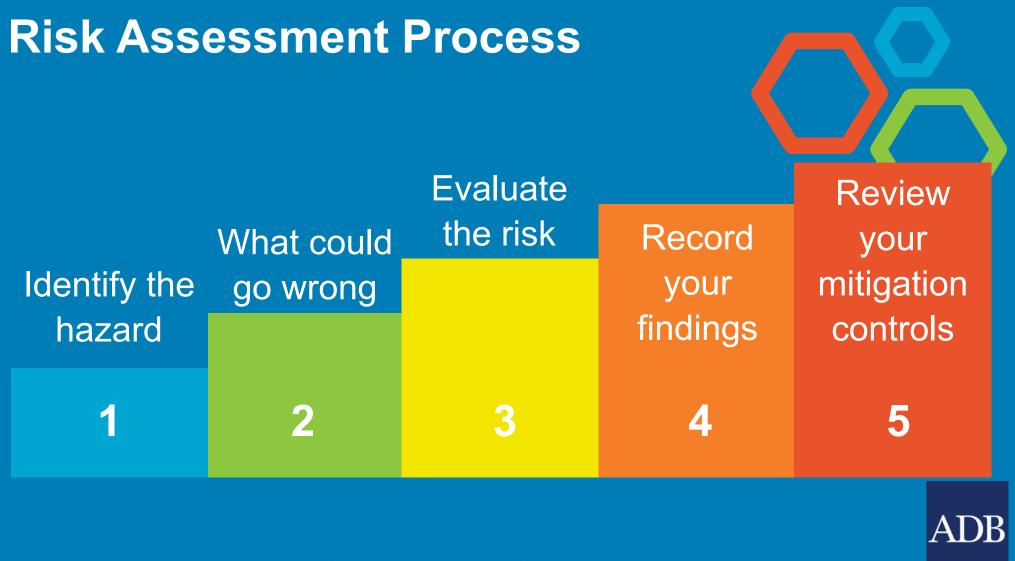
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High Level Hazards







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ADB

Risk Matrix (many styles = same principles – e.g., 5x5)

Consequence

		Insignificant	Minor	Moderate	Major	Catastrophic
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pool	Likely	Low- Medium	Low- Medium	Medium	Medium- High	High
Likeli	Possible	Low	Low- Medium	Medium	Medium- High	Medium- Heigh
	Unlikely	Low	Low- Medium	Low- Medium	Medium	Medium- High
	Very Unlikely	Low	Low	Low- Medium	Medium	Medium



SayleGroupine. SAMPLE - Corporate Risk Matrix



People Environment Assets Reputation	
--------------------------------------	--

"PEAR" Principle

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	Health&Safety	Environment	Financial	Reputation		Probability	/ Likelihood	
Consequence <u>Severity</u>					A - Remote	B - Unlikely	C - Likely	D - Frequent
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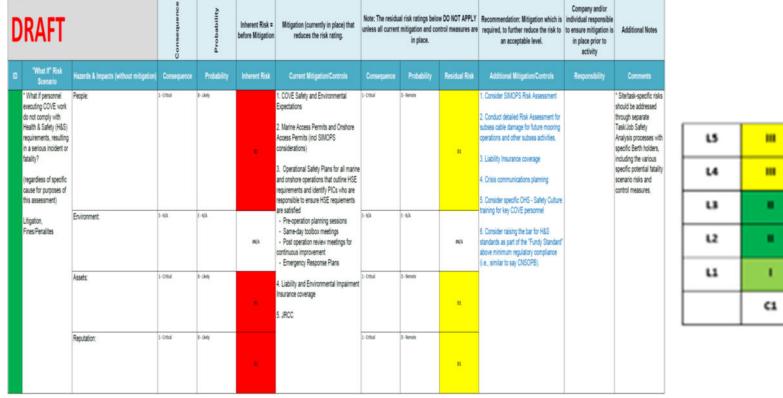


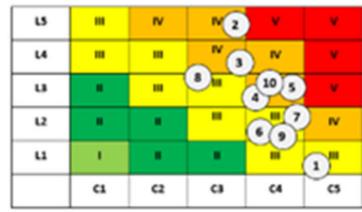
RISK MANAGEMENT OPERATIONAL EXCELLENCE



Corporate Risk Worksheet - Sample









SayleGroup_{Inc.} Risk Management - LAYERS of Protection

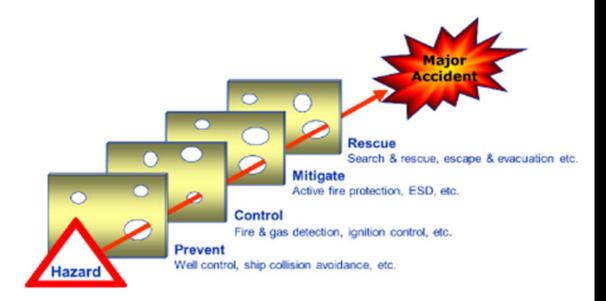
Swiss Cheese Risk Model

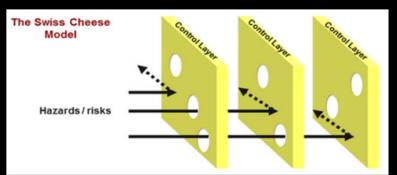
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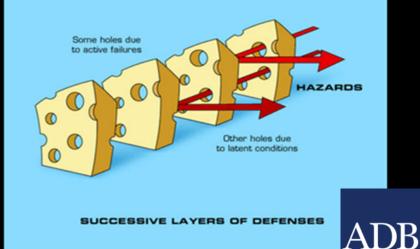
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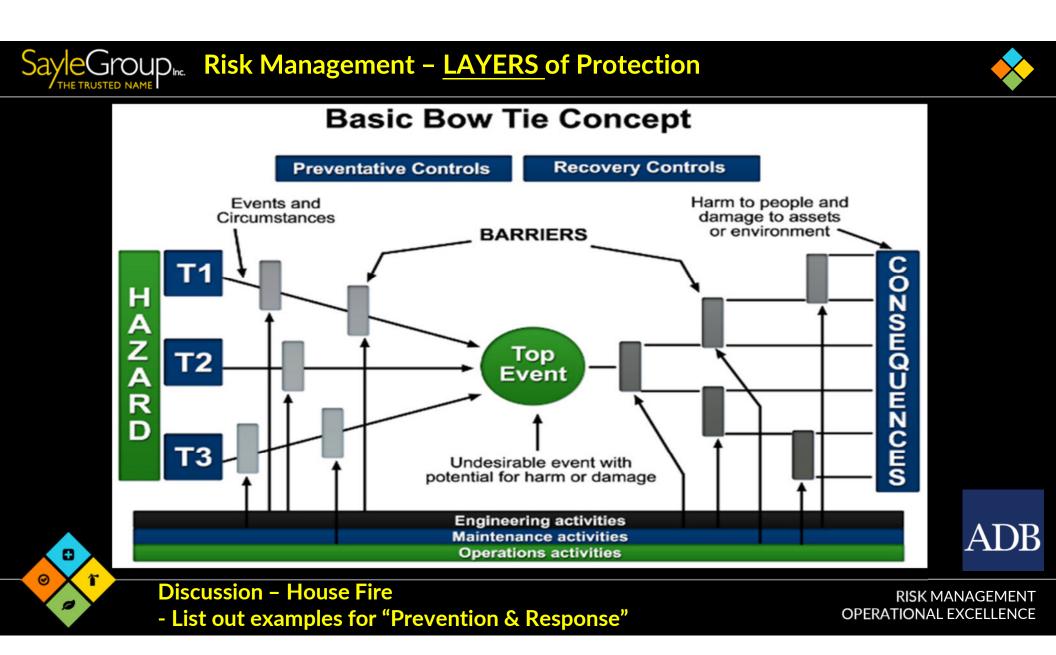
- Layers of protection needed for Emergency Prevention & Response



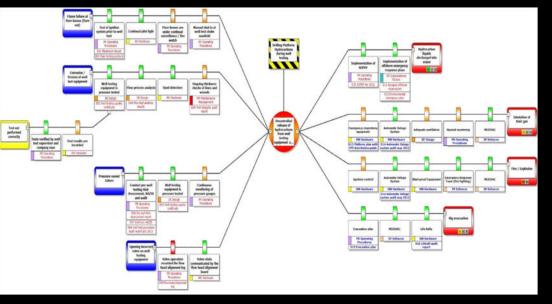


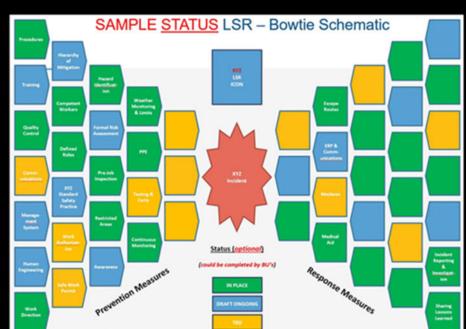


RISK MANAGEMENT OPERATIONAL EXCELLENCE



SayleGroup_{Inc.} Risk Management – LAYERS of Protection



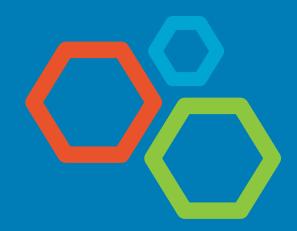




Discussion – House Fire - List out examples for "Prevention & Response"

ADB

RISK MANAGEMENT OPERATIONAL EXCELLENCE

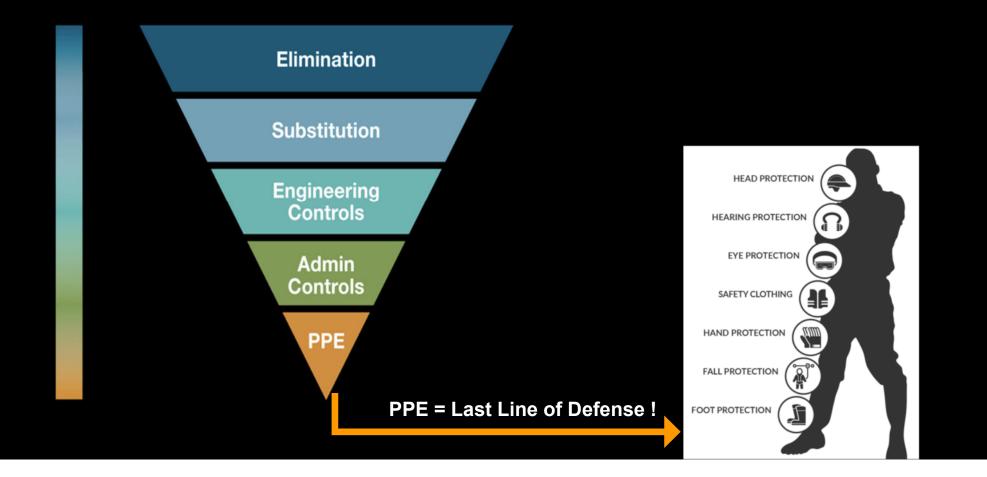


Hierarchy of Controls



ADB

ADB Hierarchy of Controls



Using a Risk Matrix (Basic 3x3)

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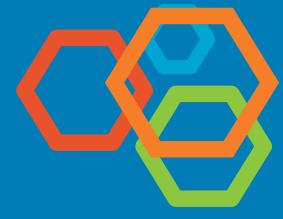
ADB

Typical Life-Saving Rules

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- Vimeo: (show Energy Isolation & Work at Heights)
 - <u>https://vimeo.com/showcase/5939420</u>



Office Safety - Controls

Ergonomic Safety



OFFICE HEALTH HAZARDS



dreamstime.com

INTERNAL. This information is accessible to ADB Managen.

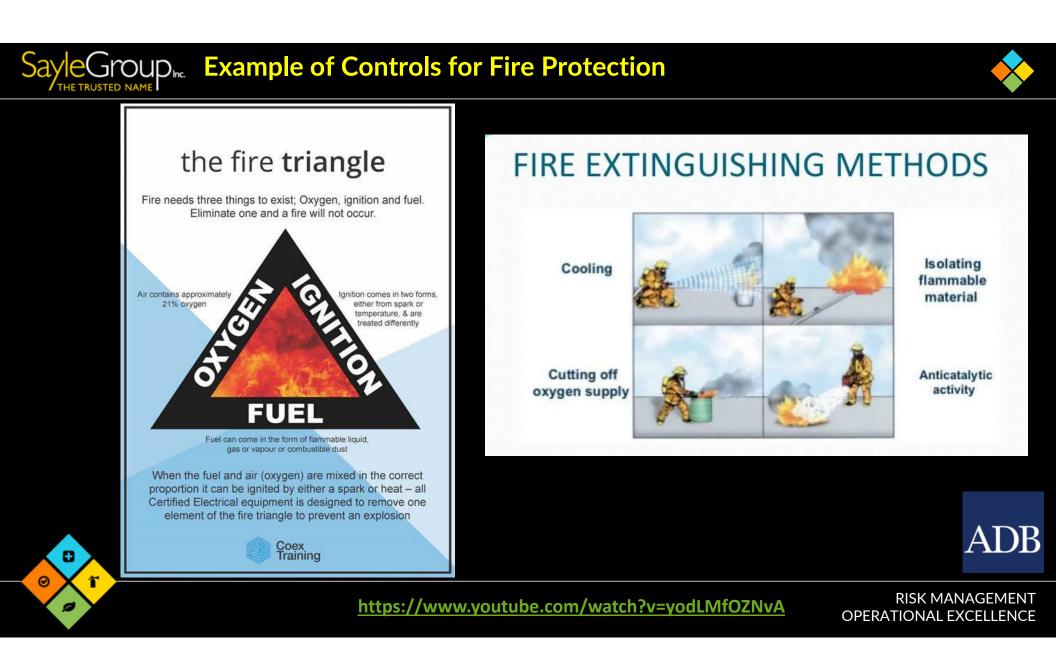
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ID 149360419 @ Moneti

Office Safety - Controls













Signage & Barricades









Engineering Design Hazards / Failures







Engineering Controls







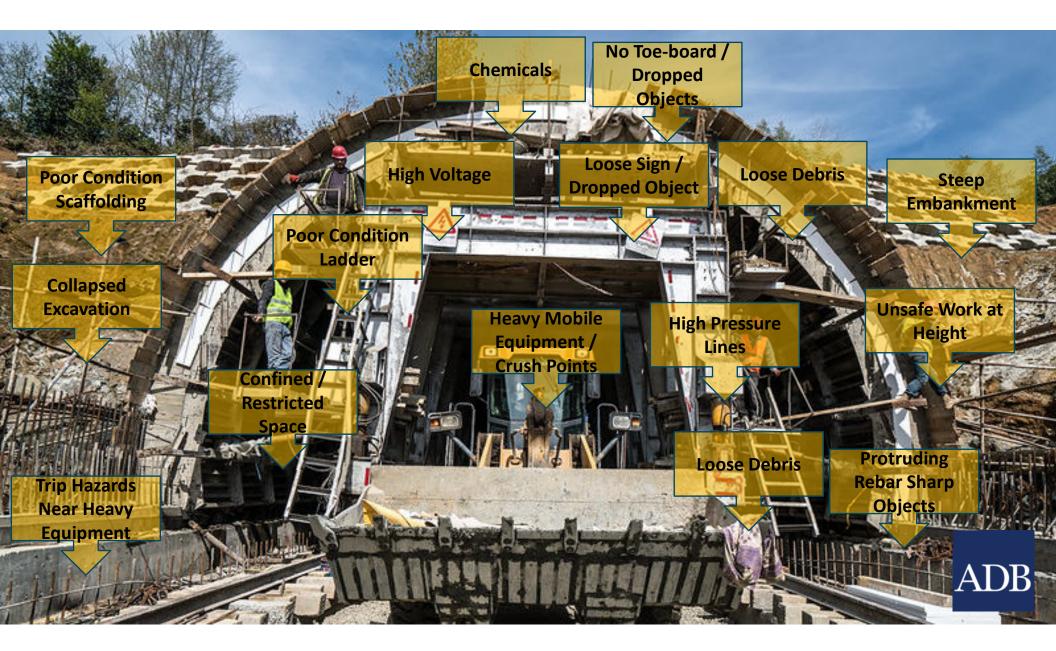
Signage & Barricades

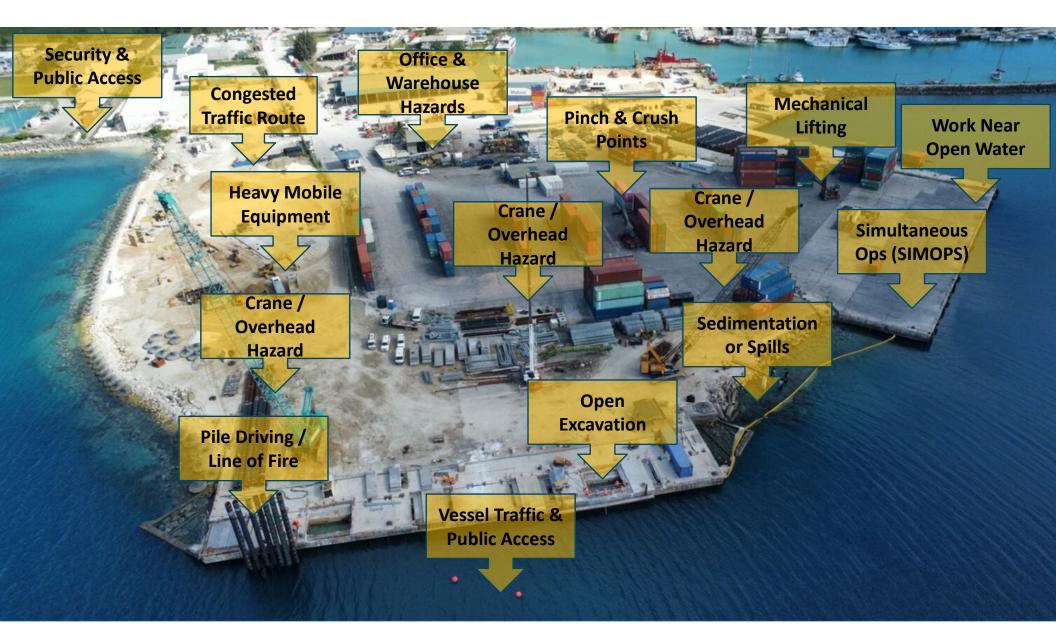


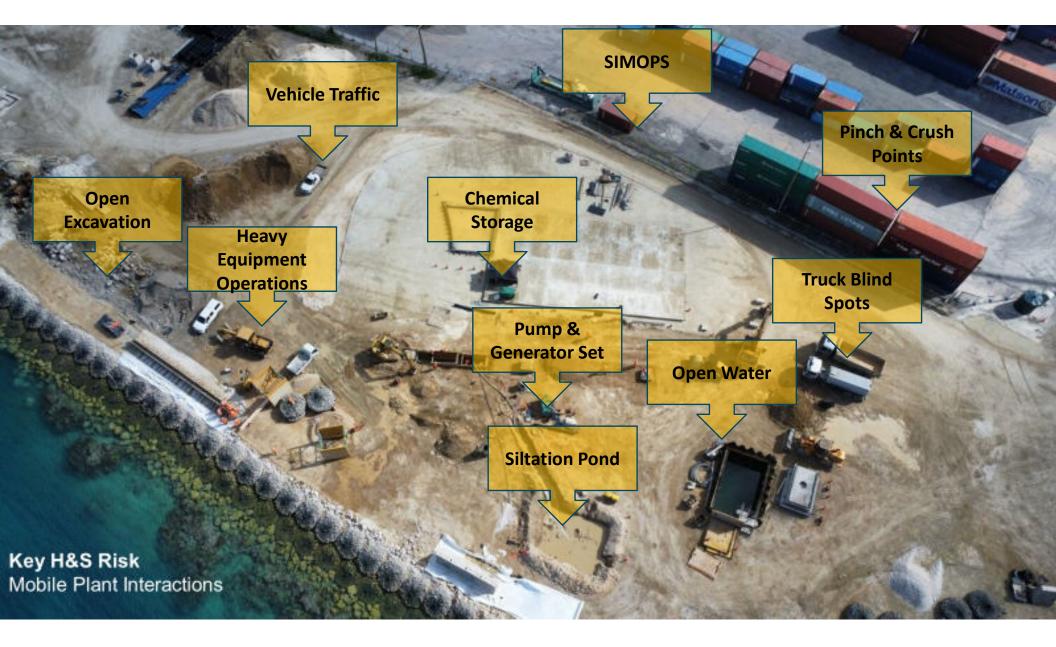


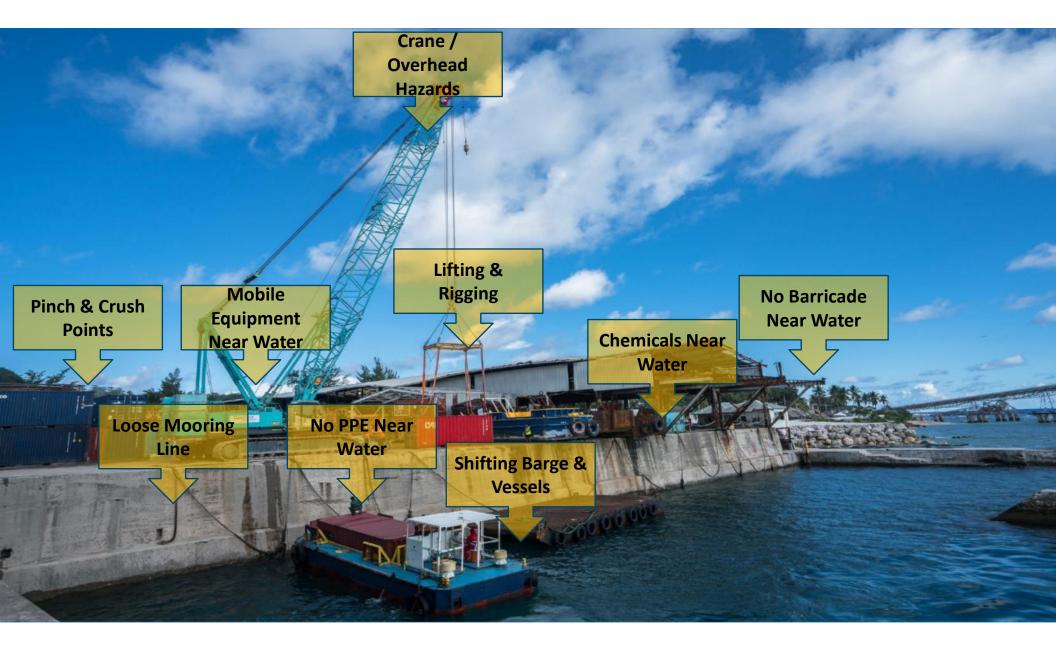












Summary

- risk management applies across all sectors
- hierarchy of controls to minimize or eliminate a hazard
- all personnel are responsible for assessing and addressing risks
- this includes the Contractor supply chain !



MODULE 3 Workplace Health and Safety Understand your responsibility to keep yourself and others safe at work.

Identify safe working practices.

ADB

Roles and Responsibilities of Health and Safety Risk Management



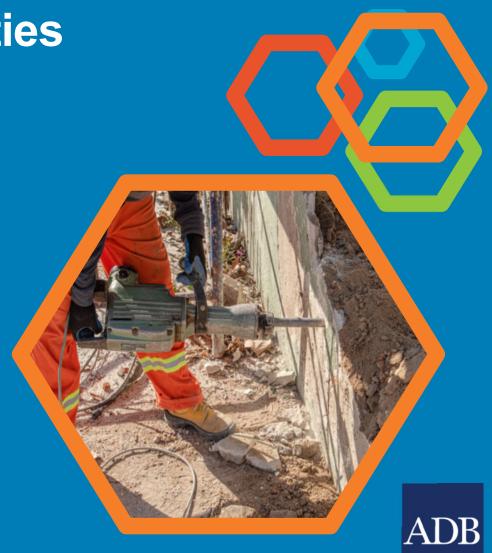
ADB

Employers' Responsibilities

- worker safety
- machinery, work areas, and equipment kept in a safe condition
- provide training
- provide a safe workplace & PPE
- incident reporting, investigation & Corrective Actions

Employees' Responsibilities

- Everyone is responsible for their own safety and the safety of others...
- Follow OHS programs
- Identify and control hazards



Stop Work Authority



Every worker has the right to stop work where there is an unreasonable / unmitigated HSS risk – without fear of reprisal !



Contractor Supervisor

Understanding risk management principles and ensuring workers follow practices that minimize hazards and risks.

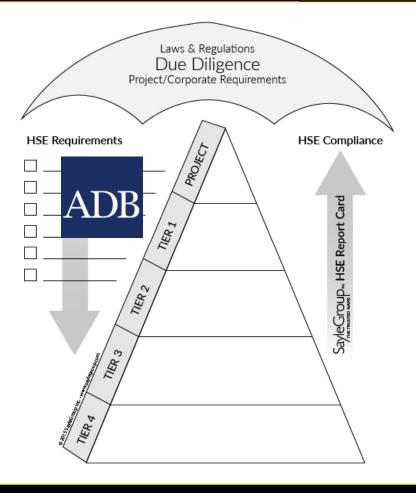


SayleGroup Rec. Supply Chain / Contractor Compliance

SayleSafety

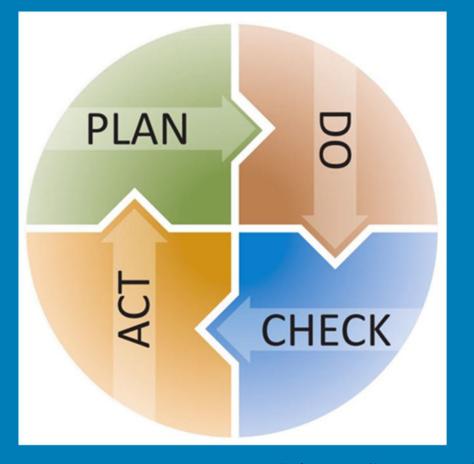
Compliance:

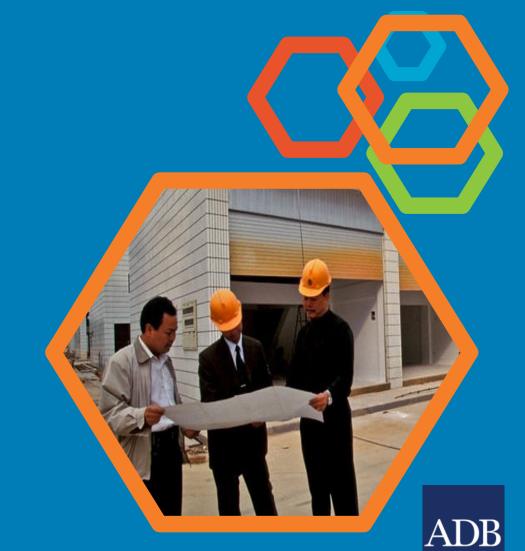
Lender Client / Borrower (EA/IA) Contractors Subcontractors Vendors Entire Supply Chain

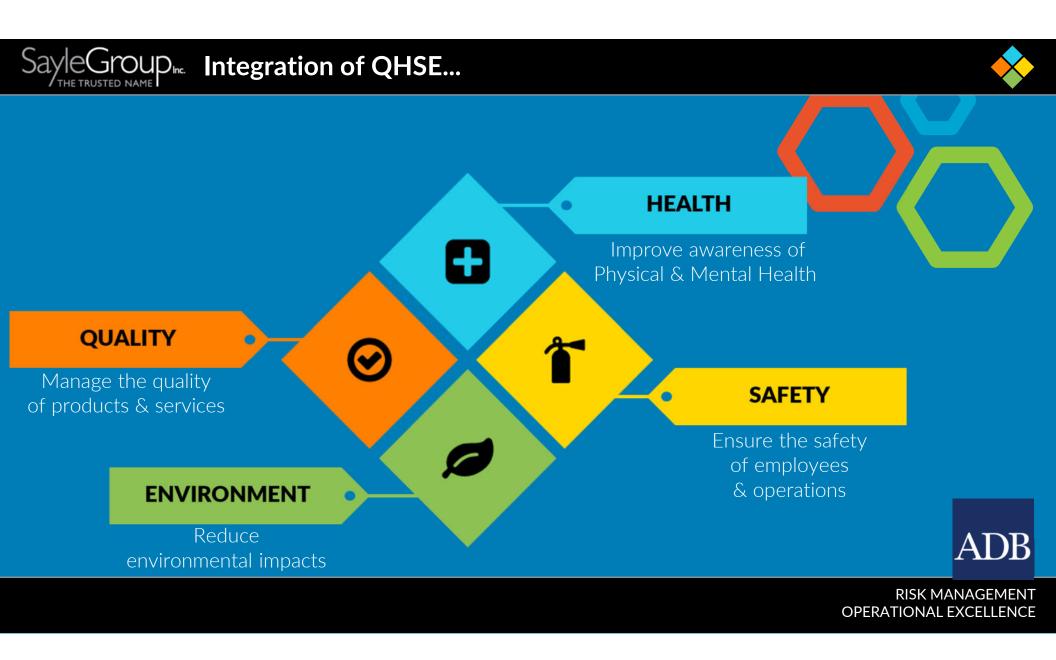


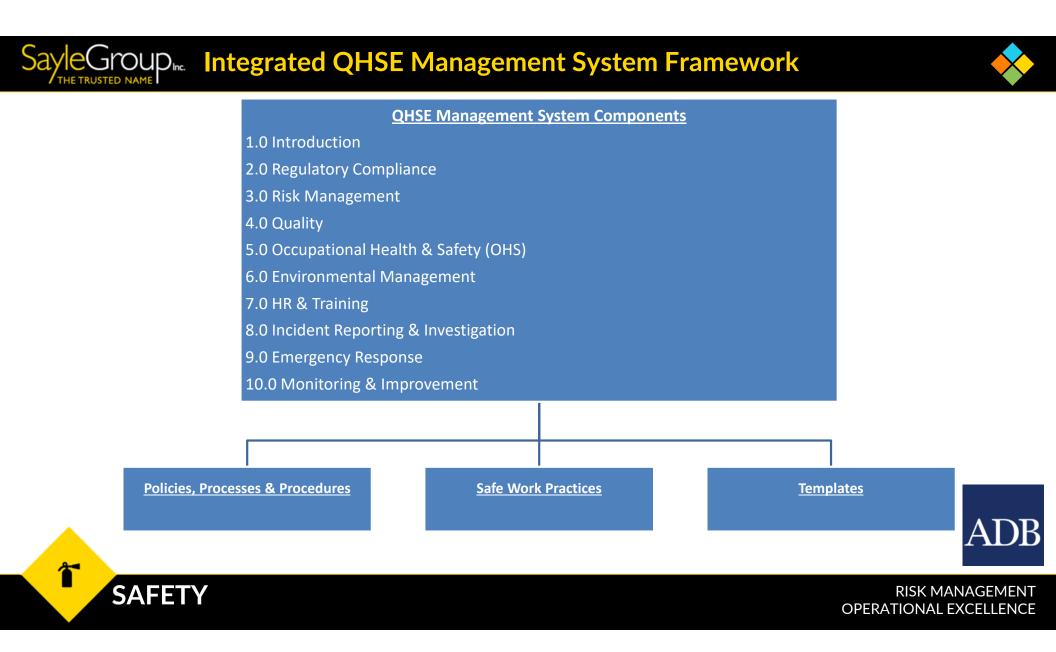
RISK MANAGEMENT OPERATIONAL EXCELLENCE

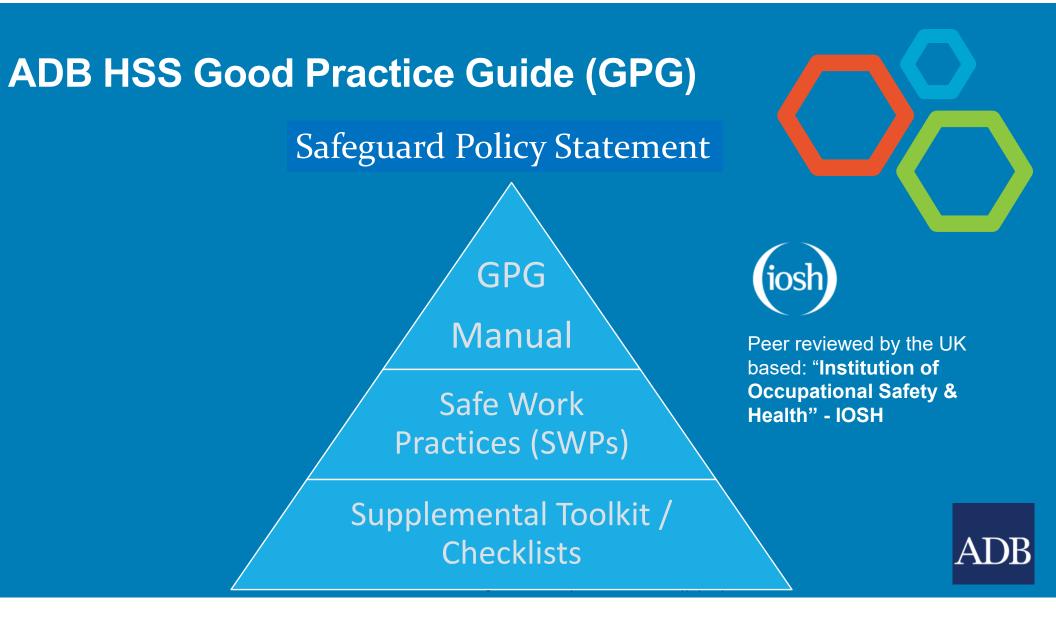
Project HSS Plans











Chapter No.	Chapter Title	Topics Covered	
1	Introduction	 describes the ADB commitment to occupational and community health and safety (OCHS) identifies OCHS receptors introduces the concepts of safety culture and life-saving rules outlines OCHS roles and responsibilities addresses OCHS monitoring and improvement 	Outline of Draft HSS
2	OCHS Risk Management	 outlines a comprehensive approach to OHS Risk Management, lending its application to the full scope of activities to be carried out by borrowers, clients, and contractors clarifies the differences between hazards and risks education and awareness for general application of risk management principles applicable to the management of risk in any form it may present itself introduces the plan-do-check-act cycle for risk management introduces the concept of using a risk matrix to rank risks common risk management techniques at various levels risk mitigation and the hierarchy of controls 	GPG
3	Workplace Safety	 OCHS rights and responsibilities of employers, employees and contractors, and the workplace safety responsibility system common occupational hazards, worksite safety, health and industrial hygiene, OCHS training and awareness, personal protective equipment, and proactive HSSE promotion contractor management with audits and inspections to ensure compliance verification safety protocols which are not sector specific and can be found useful for workers (employees/contractors) in many sectors 	GPG Manual
4	Community Health and Safety (CHS)	 interactions between the workforce and local population with a discussion of CHS application through the various project phases review of CHS risk assessment through mitigating accidental and natural hazards infrastructure and community service safety community disaster and emergency preparedness and response 	Safe Work Practices (SWPs)
5	Site Security	 security standards security planning and risk assessment for project sites assessing and managing security risks and impacts project security measures fragile conflict affected states 	Supplemental Toolkit / Checklists
6	OCHS Incident Reporting and Investigation	 borrower reporting requirements under loan agreements common incident classifications initial response to injuries and incident notification necessity of incident investigations and reporting recordkeeping practices 	
7	Emergency Preparedness and Response	 Incident Command System (ICS) and emergency response principles emergency classification roles and responsibilities emergency preparedness and emergency response plans and bridging documents communication and response activation, exercises, and drills public health risks and pandemics 	the ADB with appropriate permission.

Chapter No.	Chapter Title	Topics Covered	Procurement
1	Introduction	 describes the ADB commitment to occupational and community health and safety (OCHS) identifies OCHS receptors introduces the concepts of safety culture and life-saving rules outlines OCHS roles and responsibilities addresses OCHS monitoring and improvement 	Considerations
2	OCHS Risk Management	 outlines a comprehensive approach to OHS Risk Management, lending its application to the full scope of activities to be carried out by borrowers, clients, and contractors clarifies the differences between hazards and risks education and awareness for general application of risk management principles applicable to the management of risk in any form it may present itself introduces the plan-do-check-act cycle for risk management 	
		 introduces the concept of using a risk matrix to rank risks common risk management techniques at various levels risk mitigation and the hierarchy of controls 	A Complete Contractor Management System
3	Workplace Safety	 OCHS rights and responsibilities of employers, employees and contractors, and the workplace safety responsibility system common occupational hazards, worksite safety, health and industrial hygiene, OCHS training and awareness, personal protective equipment, and proactive HSSE promotion contractor management with audits and inspections to ensure compliance verification safety protocols which are not sector specific and can be found useful for workers 	Define the scope of work \Rightarrow Establish contractor expectations \Rightarrow Select the right contractor
4	Community Health and Safety (CHS)	 (employees/contractors) in many sectors interactions between the workforce and local population with a discussion of CHS application through the various project phases review of CHS risk assessment through mitigating accidental and natural hazards infrastructure and community service safety community disaster and emergency preparedness and response 	$\begin{array}{c} & \\ & \\ & \\ & \\ & \\ & \\ & \\ & \\ & \\ & $
5	Site Security	 security standards security planning and risk assessment for project sites assessing and managing security risks and impacts project security measures fragile conflict affected states 	IA/EA, Contractor,
6	OCHS Incident Reporting and Investigation	 borrower reporting requirements under loan agreements common incident classifications initial response to injuries and incident notification necessity of incident investigations and reporting recordkeeping practices 	Subcontractor, Supply Chain & Vendor Management:
7	Emergency Preparedness and Response	 Incident Command System (ICS) and emergency response principles emergency classification roles and responsibilities emergency preparedness and emergency response plans and bridging documents communication and response activation, exercises, and drills public health risks and pandemics 	 Terms & Conditions Compliance, Verification

Sample format of HSS GPG Manual



More information on ICS roles and responsibilities is found in section 7.6 of this chapter

7.4 Emergency Response Principles

In an emergency, allocate resources to maximize the effectiveness of the response and minimize the negative effects. ADB borrowers should, at a minimum, be committed to the following measures:

- providing first aid access to the injured, and initiating third party medical aid when needed;
- promptly contacting outside agencies for assistance when needed:
- ensuring regular worksite emergency drills occur to continuously improve the on-site ability to respond to incidents:
- following an effective ICS to ensure all workers are aware of their role in the event of an emergency;
- minimizing damage to communities, equipment, assets, public and private property;
- supporting and bridging to contractor emergency management systems as necessary;
- preserving records and evidence for use in postincident investigations;
- · effectively using the combined resources of contractors, the government and other external services; and
- providing factual information to news media and other stakeholders on a timely basis.

7.5 Classification of Emergencies

This chapter uses a simple outline to define three levels of emergencies. Other emergency classification systems can be used if they are suitable for the project

Level 1 - Any unplanned event that does not escalate into a serious hazard to life, property or the environment and that can be managed with onsite resources.

The response to Level 1 emergencies is described in Chapter 6 on Incident Reporting & Investigation.



Level 2 - Any unplanned and uncontrolled event that can escalate into serious hazard to life, property or the environment and is contained on-site, but which requires external assistance to manage.

Level 2 emergencies may escalate to Level 3 if control of the emergency is not imminent.



effects on and outside the site, as well as the external resources typically utilized in a large scale emergency.

7.6 Emergency Roles and Responsibilities

Role

The following table outlines the emergency preparedness and response planning roles and responsibilities of the key stakeholders in ADB-financed projects. Responsibility

ADB Project Director	 Responsible for ensuring that the project leadership understand the importance of emergency preparedness and have an ERP in place.
Borrower Implementing Agency (IA)	 Ensuring that an up-to-date ERP is in place and made available to all workers.



3.9.3 Competency Assurance

Competency assurance is the process of training, coaching, tracking, monitoring and assessing the competency of workers. Competent workers are more likely to perform their tasks successfully and to have fewer incidents. Competency assurance programs help to identify when workers need further training to do their jobs safely. Competency includes the health and safety aspects of a role as well as the operational aspects of a

Supervisors are responsible for coaching workers who are new to their positions or who are given new assignments.

Supervisors may notice that urgent training is required to ensure continued safety of a worker. In such cases, workers should be stopped from continuing in their tasks until they are trained and experienced enough to safely complete the task without direct supervision.

Training provision can be internal or external.

Internal training can be provided by experienced personnel within the organization, skilled in the area of responsibility. Internal OHS training can be in the form of job shadowing, on-the-job-training (OJT), demonstrations, written work instructions, or other form of instruction as deemed appropriate by a Safety Advisor

External training can be provided by an outside subject matter expert. External training may be selected by the Safety Advisor on the basis of experience with the provider, references to the provider by others, consultation with Supervisors, provider certifications, price, and other factors.

Training should be scheduled and delivered in a timely manner that fits with the operation. Training may be scheduled off-site or on-site. At the end of any training process, the Supervisor forwards copies of any certificates, diplomas, training cards, or attendance sheets to the Safety Advisor and/or HR for record keepina.

All records related to worker training should be retained on file for a period of not less than five years unless otherwise specified by contract or applicable jurisdiction



3.9.4 Training Matrix

A training matrix keeps track of worker training experience and qualifications. Each member of the workforce is listed on the training matrix along with a record of the training they have received, and whether the qualification is still valid, expiring, or past expiration The matrix allows for guick identification of training gaps or required refresher training.

3.10 Personal Protective Equipment

PPE is equipment that protects workers exposed to workplace hazards. PPE should always be used in conjunction with other facility controls and safety systems. Examples of PPE items include gloves, helmet (hard hats), goggles, high-visibility clothing, harnesses, and other gear. PPE is the last resort after all other form of protection in the hierarchy of control have been implemented (PPE is the last line of defence).

Detailed guidance on PPE is provided in Appendix 2.



OCCUPATIONAL AND COMMUNITY HEALTH AND SAFETY (OCHS) GOOD PRACTICE GUIDE AND RESOURCES



Level 3 - This is a crisis level event, that has se

SayleGroup_{Inc.} Examples of Safe Work Practices...

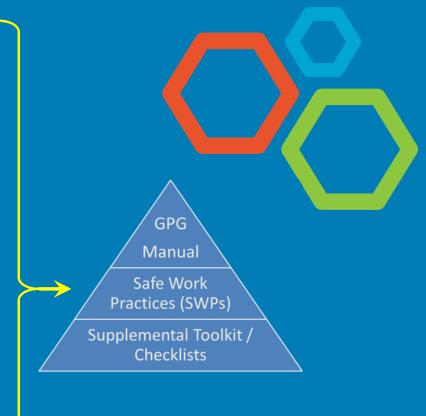
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- Job Safety Analysis (JSA)
- Lock-out Tag-out (LOTO)
- Hot Work & Electrical
- Working at Height
- Work Over Water
- Scaffolding
- Confined Space Entry
- Lifting & Rigging
- Chemicals & HazMat
- Waste Management
- Vessel Safety
- Training, Toolbox Talks
- Field Tools, Checklists & Forms ADB

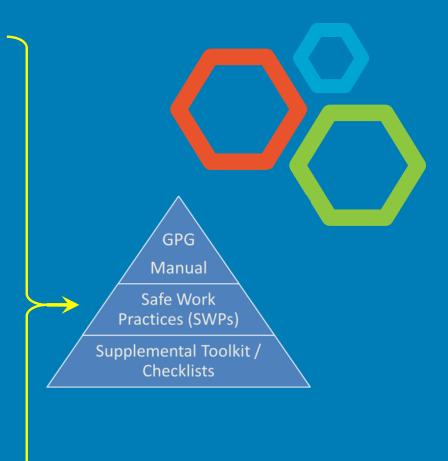
- Industrial Hygiene
- Work at Height
- Chemical and Hazardous Materials
- Confined Spaces
- Hotwork
- Excavation, Trenching and Backfilling
- Mechanical Lifting and Rigging
- Scaffolding
- Energy Isolation/Lockout-Tagout
- Permit to Work
- Housekeeping / Worksite Sanitation
- Hand and Power Tool Use
- Working Alone
- Heavy Equipment Operations
- Manual Lifting
- Vehicle Safety and Traffic Control





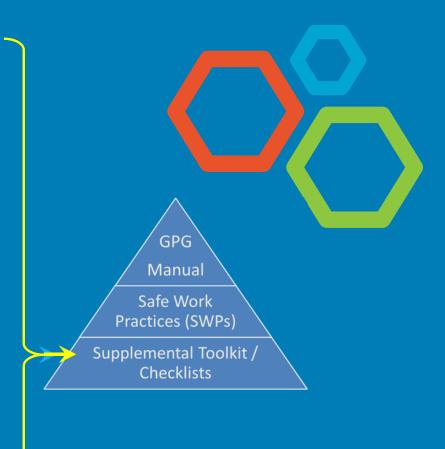
- Emergency Response
- Security Measures
- Fire Plan Guidance
- Waste Management
- Disease Prevention
- Indoor Air Quality
- Coldwork
- Office Safety
- Working in the Warehouse/Yard
- Wildlife Encounters and Avoidance
- Marine Work Operations
- Compressed Gas Cylinders
- Working Around Open Holes
- Use of Portable Fire Extinguishers
- Abrasive Blasting
- Industrial Painting

List of ADB Draft Safe Work Practices



- Site Safety Inspection
- Work at Height
- Hot Work
- Cold Work
- Permit to Work
- Lifting and Rigging
- Scaffolding
- Lockout-Tagout
- JSA/TRA/FLHA
- Confined Space Entry
- Incident Notification
- Incident Root Cause Analysis
- Corrective Action Template

List of ADB Draft Checklists



Safe Work Practice General site safety checklist

GENERAL SITE SAFETY CHECKLIST



For detailed guidance on safety requirements, refer to the relevant ADB safe work practices (SWPs). Mark "N/A" in the YES column for any line items that are Not Applicable for the area being inspected.

Project:	Location:				
Date:		ector:			
GENERAL SAFETY	YES	NO	WORK AT HEIGHT	YES	NC
Is the site health and safety plan available to workers?			Are ladders safe and inspected as appropriate?		
Is the site properly secured at all times of the day and the night?			Do extension and straight ladders extend >1 metre beyond the landing area?		
Is the work site tidy and orderly?			Are workers using three points of contact when climbing ladders?		
Is there enough light for workers to perform work safely?		1	Are appropriate fall protection devices being used where required?		
Is an emergency response plan available to workers?			Is scaffolding safe and inspected as appropriate?		
Are there clearly indicated muster points on the site?			Is scaffolding designed by a gualified person?		
Is a site traffic safety plan in place?			Is scaffolding tagged?		1
Is adequate potable drinking water available on site?			HAZARDOUS MATERIALS	YES	N
Are there sufficient, clean lavatory facilities on site?			Are safety data sheets available to all workers?		
Are worker rest and eating areas provided where workers are not exposed to hazards?			Are all hazardous materials appropriately labeled?		
Is worksite signage appropriate and sufficient?			Are all hazardous materials appropriately stored?		
Is a record of worker training available?			Are spill kits available for hazardous material spills?		
PERSONAL PROTECTIVE EQUIPMENT	YES	NO	Are compressed gas cylinders stored upright and properly secured?		
Are workers wearing high-visibility safety clothing?			EXCAVATION	YES	NO
Are workers wearing safety glasses or goggles?			Is a competent person on site when excavation / trenching work is occurring?		
Are workers wearing safety footwear?			Are ladders in place for excavations deeper than 1.2 metres?		
Are workers wearing hard hats?			Is protection from cave-ins in place for excavations deeper than 1.5 metres?		
Are workers wearing hearing protection where required?			Is any sloping or benching appropriate for the soil type?		
Are workers wearing appropriate gloves or other hand protection for their tasks?			Is a daily inspection carried out for all excavations on site?		
Are workers wearing respiratory protection where required?			Is ventilation in place in excavations where combustion equipment is used?		

SITE SAFETY CHECKLIST



Safe Work Practice

Hot work checklist

SAFE WORK PRACTICE: HOT WORK



APPENDIX 1: HOT WORK CHECKLIST

		ATION:	1.1
	Performing the Hot Work		nitia
to ensu	completed a hazard inspection of the works re that there is no hazard from direct or indir ng but not limited to the following areas (as a	ect heat transfer by spark or open flame.	
:	above the worksite behind the worksite on top of the worksite	 below the worksite in front of the worksite 	
	completed a hazard inspection of the works re that there is no hazard from direct or indir		
	ng but not limited to the following areas (as a		
	void spaces between ceilings bulkheads pressurized pipework or hoses	 electrical cables deck plates fuel tanks 	
:	pressure vessels paint lockers	• vents	
vessels	m that all electrical cables, pressurized pipe have been isolated and/or purged, or have visolation).		
	inspected all welding equipment, accessorie ind confirm that they are fit for purpose.	es, and tools to be used for the hot	
If adjac	cent areas that may be affected by the hot then additional Fire Watchers have been a		
	m the following requirements (as applicable required:): Yes 🗆 N/A 🗆	
Isolatio	is required:	Yes N/A	
CSE is	required	Yes 🗆 N/A 🗆	
Work c	an be conducted in a safe welding area:	Yes D N/A D	
	etent gas tester has confirmed the area is	clear of flammable gas or explosive	
atmosp			
	ve Gas Reading: % LEL mit 0 - 10 for general CSE; <1 for hot wor	000	

We have identified the hazards associated with the proposed work. We will implement the control measures before and during the work. WE WILL CALL A TIME OUT IF THIS WORK PLAN OR THE HAZARDS CHANGE.

	Name	Sign
Supervisor		
Fire Watcher		
Relieving Fire Watcher		
Persons Performing the Work		
	PTW # (if applicable)	
Energy	Isolation Certificate # (if applicable)	

ADB

SAFE WORK PRACTICE: HOT WORK

Safe Work Practice

Work at height checklist





APPENDIX 1: WORK AT HEIGHT CHECKLIST

Name:	Signature:	Date:	Date:		
		-	YES	NO	
Determine whether a permit to work is required, and if so, obtain it.					
Complete a written fall protection and rescue plan when working over 7.3 metres or 21 feet.					
Are all workers competent and trained for we	ork at height?				
Is the equipment positioned on a level, stabl	e surface?				
Has proper barricading been put in place?					
Is the equipment in good condition with a su	itable load rating, and made from acceptable ma	terial?			
Is the work being conducted at a safe distan	ce from high voltage cables?				
	Ladders				
The ladder is tied off or a co-worker is holding	ig the ladder.	1m /			
The top of the ladder extends 1 metre above	the edge of the work.				
The ladder is at a suitable angle (3-4:1 ratio		4en			
There is a minimum overlap of 1 metre for e	xtended sections.	um.			
	Power Elevated Platforms				
The platform annual inspection certificate is	available and current.	de la			
The man basket has been inspected for safet	ly. B	181			
A daily inspection is completed prior to use.					
In a bucket lift, workers are tied off at all tim and shock absorber. In other lifts, workers a lanyard without a shock absorber when in m	are tied off with a maximum 2-metre				
	Scaffolds				
Fall protection is used when erecting or dism	antling scaffold at heights over 1.8m.	-			
Proper top guardrails, mid rails, and toe boar	rds are installed.				
The working platform is fully decked, propert	y secured, and/or cleated.				
Each level is locked in place before installing	the next level.				
Tie-ins are installed when the total height to	base ratio exceeds 3:1.				
Scaffolds are erected by competent personne	el and are tagged prior to use.	PIP .			
Access to the scaffold is only made using a p	roperly installed ladder or stairs.				
No work is permitted under the scaffold - on	ly authorized workers in the work area.				
Equipment is lifted and lowered by rope, hole	st, or worker-to-worker.				
Work With	in 2.0 Metres of an Unguarded Edge	e			
Approved safety harnesses, lanyards, and/or	r lifelines are being used with suitable anchor point	nts.			
All workers are wearing harnesses and are ti	ed off at all times.				
The fully extended lanyard will prevent the worker from striking the ground (fall arrest).					
Lanyards are used to prevent workers from reaching the unguarded edge (fall restraint)					
Installing proper top guardrails, midrails, and toe boards has been considered.					

ADB

SAFE WORK PRACTICE: WORK AT HEIGHT

PPE – the last line of defense !



Purpose

Head

Safety headwear protects workers from:

3. contact with energized objects and equipment

4. Use safety headwear that meets an

5. Use safety headwear made up of two parts:

6. the shell (light and rigid to deflect blows), and

7. the suspension (to absorb and distribute the

8. Do not alter safety headwear in any way, such

9. Adjust and maintain the suspension system to

10. Replace safety headwear every five years, even

11.Use a chin strap when working in high wind

12.Never use varsol or other organic solvents or

immediately after any severe impact.

cause the safety headwear to fall off.

as drilling holes, carving, etching, or painting

them, which can reduce its protection

ensure that the hat shell does not touch the

if no damage has occurred, and replace

conditions or any other situation that could

degreasers on the plastic surfaces of safety

1. impact from moving or falling objects

2. splashes from harmful substances

Recommendations

energy of the blow).

qualities.

headwear.

head.

international safety standard.











Eve Protection



Purnose

Eye protection prevents eye injuries resulting from: flying objects and particles,

- 2. splashing liquids, including molten metals, and
- 3. ultraviolet, infrared, and visible radiation.

Recommendations

- 4. Eye protection is available in two formats: basic eye protection and face protection.
- 5. Basic eye protection includes eyecup and monoframe goggles and spectacles with or without side shields.
- 6. Face protection includes plastic face shields that are chemical and impact resistant, metal face shields, welder's shields and filter plates and lenses.
- 7. Use eye protection that meets an international safety standard.
- 8. Eye protection should usually be worn at all times on a work site, but especially when doing any work that produces flying or falling particles.
- 9. Safety goggles must be worn near sandblasting operations or when moving chemicals.
- 10.Welders must use welding helmets with shaded lenses. Welder helpers must wear safety glasses and a full-face shield.
- 11. To prevent fogging of eye protection devices, use antifogging solutions on lenses.
- 12. Do not wear contact lenses at the work site.

Purpose

- Hearing protection prevents high levels of sound energy reaching the inner ear.
- 1. Use hearing protection that meets an
- 2. If workers cannot carry on a conversation at a normal level of voice when they are standing one metre apart, hearing protection should be used. However, any sound over 80 dB requires hearing protection, depending on the amount of time the worker is exposed.
- 3. Use barricades and signage to identify areas where workers must wear hearing protection.
- infection.
- 5. Do not reuse single use earplugs as this increases risk of ear infection.
- 6. Dry cotton batting, wax-impregnated cotton batting, and earplugs with metal inserts do not
- 7. Earmuffs are more effective than earplugs.
- 8. Earplugs can become loose due to talking or chewing, so periodically re-insert the earplugs.
- 9. Hypo-allergenic earplugs are available if required.

Recommendations

international safety standard.

- 4. Clean earplugs or muffs to prevent ear
- work to protect against hearing loss.

Purpose

- Safety clothing helps keep workers visible and protects their body from various kinds of exposure that can occur at the work site, such as (but not limited to):
- 1. exposure to fire,
- 2. exposure to splashing hazardous liquids,
- 3. exposure to temperature extremes,
- 4. body impacts from falling or moving objects, and
- 5. cuts from sharp objects or abrasive materials. Recommendations
- 6. Safety clothing that should be considered based on job exposures and hazard types includes:
- 7. flame and chemical resistant clothing,
- 8. boot covers and overshoes,
- 9. specialty hand pads and grips,
- 10. leather aprons and leg protection,
- 11. leg, chin, arm, and belly guards, and
- 12. full body protective suits.
- 13.Workers should never wear synthetic fabrics where explosions or fires could occur.
- 14.Loose and dangling clothing is a safety hazard and is not permitted at work sites.
- 15.Safely dispose of any clothing that becomes contaminated with hazardous chemicals.
- 16. Wear high visibility vests at the work site.

INTERNAL. This information is accessible to ADB Management and

PPE – the last line of defense !

Foot

Protection

Purpose





Purpose Hand protection keeps workers' hands safe from hazards including:

- 1. exposure to chemicals,
- 2. exposure to temperature extremes,
- 3. physical injuries such as scrapes, abrasions, blisters, pinches, bruises, and punctures, and

4. electrical shocks. Recommendations

- 5. Use hand protection that meets an international safety standard.
- 6. Wear gloves that fit properly and have tight cuffs.
- 7. When handling hazardous materials, wear gloves made from materials that are appropriate for the hazard. Consult the safety data sheet (SDS) for details.
- 8. When working with high voltage equipment, wear rubber-insulated gloves with a leather outer glove.









Personal Flotation Devices



Purpose

Personal flotation devices (PFDs) provide buoyancy in water, helping to prevent drowning when workers are engaged in activities on or near water. Recommendations

- 1. Use PFDs that meet an international safety standard.
- 2. Use a PFD that ensures the wearer is supported with their nose and mouth clear of the water under the expected conditions of use.
- 3. Carefully secure the PFD to provide positive support in the water and allow the wearer to swim or actively assist themselves and others.

Recommendations 1. Use foot protection that meets an international safety standard. 2. Fully lace all foot protection and extend pants or coveralls over the top of the footwear. 3. Wear approved winter boots in extremely cold conditions.

Foot protection keeps workers' feet safe from

compression, puncture and impact injuries.



- Fall protection devices prevent workers from injuries when they are exposed to the hazards of the following types of falls:
- 1. falls of more than two metres,
- 2. falls into water or other liquids,
- 3. falls into operating machinery,
- 4. falls into hazardous substances, and
- 5. falls through openings in work surfaces. Recommendations
- 6. Use fall protection devices that meet an international safety standard.
- 7. Use other fall protection measures on the work site, such as barricades, guardrails, and toe boards.
- 8. Always inspect fall protection devices before starting to work.
- 9. Always attach fall protection devices to sufficient anchor points.
- 10.Dispose of fall protection devices that have been impacted by a fall.
- 11.Never tie a knot in a lanyard for any reason—it weakens the lanyard.
- 12. Never use a full body harness and lanyard near any rotating equipment.
- 13. Never attach snap hooks to each other.
- 14. Always attach the lanyard to the D-ring on the back of the harness, which allows the body to flex forward during a fall.

- Industrial Hygiene
- Work at Height
- Chemical and Hazardous Materials
- Confined Spaces

List of ADB[•] Hotwork

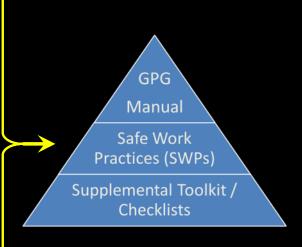
- **Draft** Excavation, Trenching and Backfilling
- Safe Work Mechanical Lifting and Rigging
- Practices Scaffolding
 - Energy Isolation/Lockout-Tagout
 - Permit to Work
 - Housekeeping / Worksite Sanitation
 - Hand and Power Tool Use
 - Working Alone
 - Heavy Equipment Operations
 - Manual Lifting
 - Vehicle Safety and Traffic Control



- Emergency Response
- Security Measures
- Fire Plan Guidance
- Waste Management
- List of ADB Disease Prevention
 - Indoor Air Quality
- Safe Work Coldwork
- Practices Office

Draft

- Office Safety
- Working in the Warehouse/Yard
- Wildlife Encounters and Avoidance
- Marine Work Operations
- Compressed Gas Cylinders
- Working Around Open Holes
- Use of Portable Fire Extinguishers
- Abrasive Blasting
- Industrial Painting



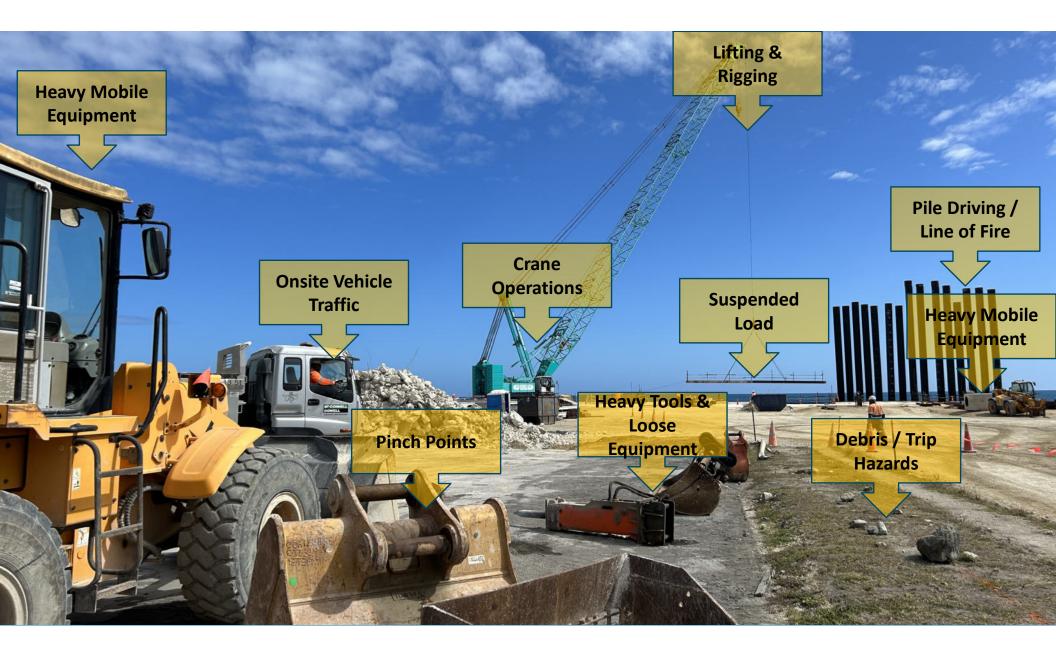
- Site Safety Inspection
- Work at Height
- Hot Work
- Cold Work
- List of ADB[•] Permit to Work
 - Lifting and Rigging
- Checklists

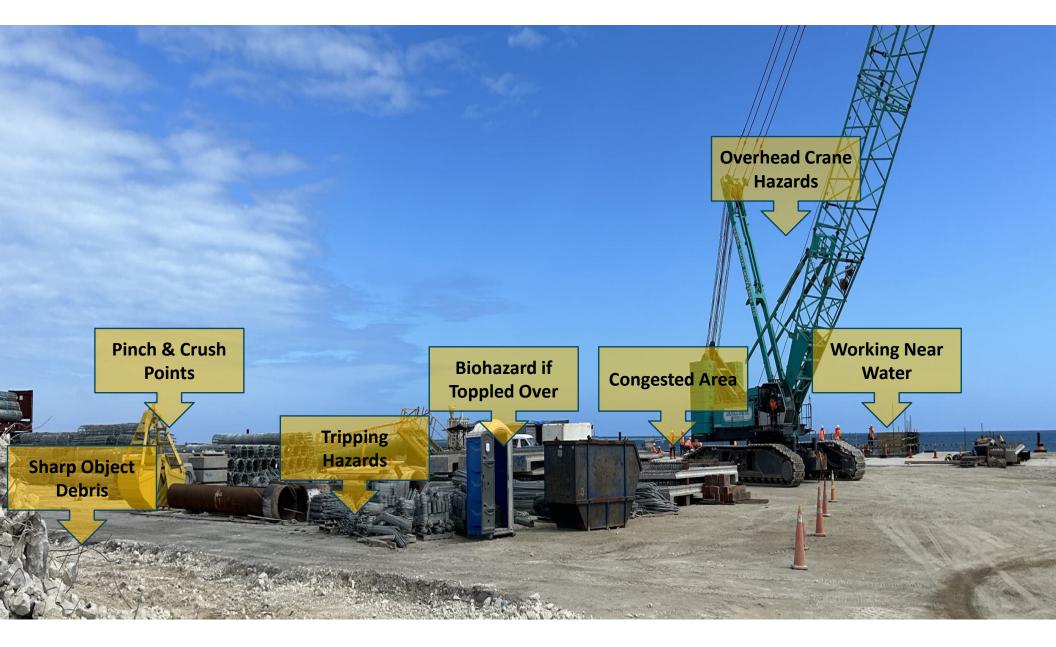
 Scaffolding

Draft

- Lockout-Tagout
- JSA/TRA/FLHA
- Confined Space Entry
- Incident Notification
- Incident Root Cause Analysis
- Corrective Action Template











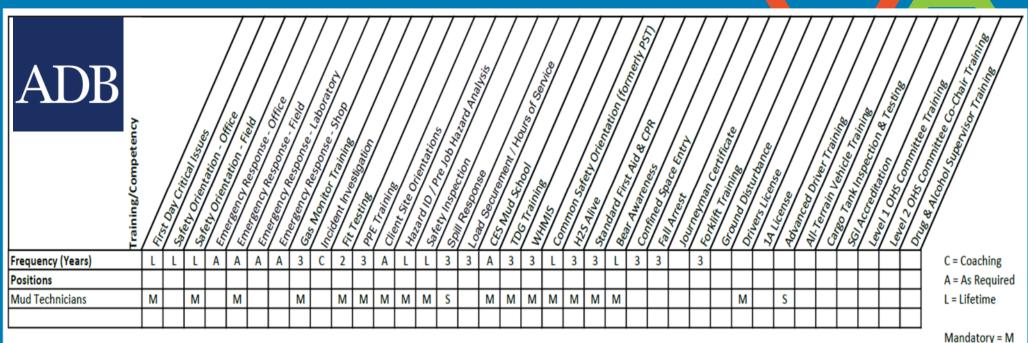
Training and Awareness



Training should include:

- Regulatory requirements
- Site Orientations HSS topics
- Hazards and Controls (SWPs)
- Emergency Response
- Certifications & Competency Assurance
- "OJT" & Supervision

Safety Training Matrix – by Position



Situational = S

ADB

Health and Safety Committees



- Provide a forum for discussing OHS issues
- Terms of Reference
- Management & Worker Reps
- Minutes Action Tracking

Summary

- every worker has the authority to stop work
- anxiety, depression, and workrelated stress are common mental health conditions
- training is critical for all the workforce

MODULE 4 Community Health and Safety

Identify and assess the risks and potential impacts on community H&S during the life-cycle of a project.



Projects

Communities have many benefits from ADB projects.

Projects can also benefit from a local source of workers, supplies and services.





Community H&S Risk Management



Project activities may expose the community to hazards.



Sexual Exploitation, Abuse and Harassment (SEAH)



SEAH can occur between workers at a workplace, or between workers and the local community.



Summary

- projects may benefit a community
- activities may expose the community to hazards
- H&S management can minimize risks



MODULE 5 Site Security

Identify when a borrower or contract worker would require security personnel.

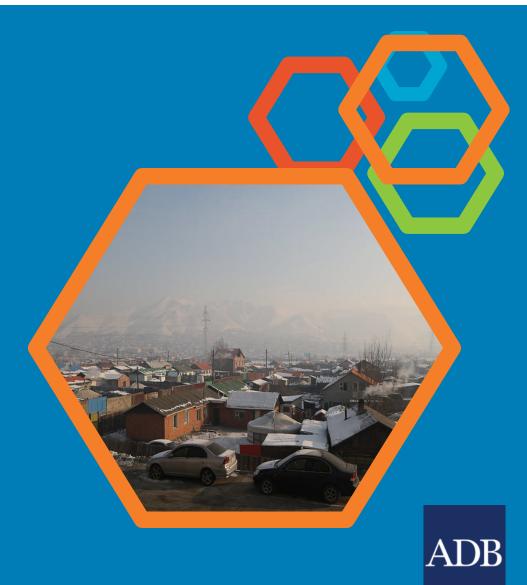






Security Standards

What security risks could projects create for communities?

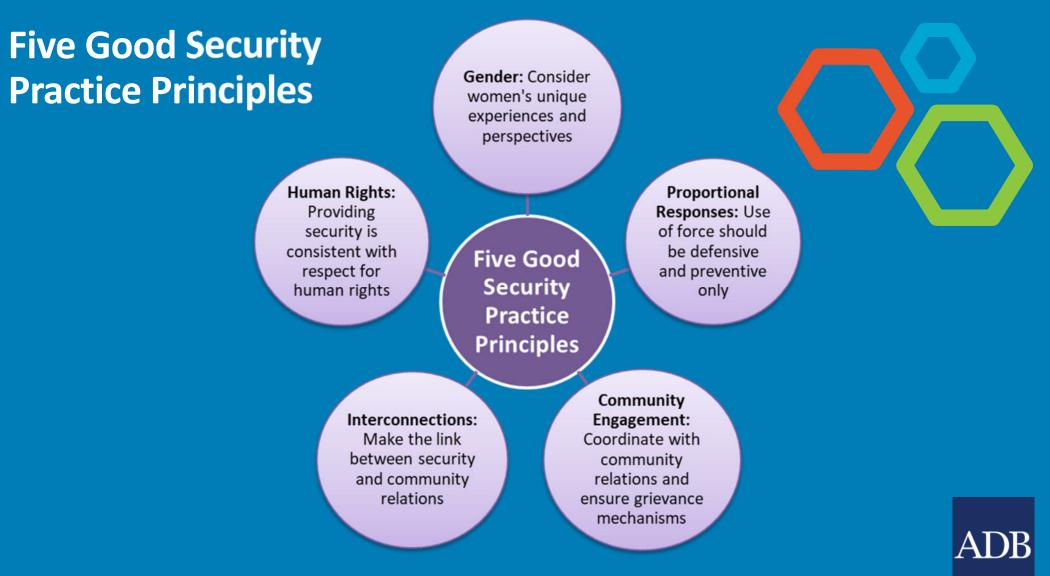


Fragile and Conflict-Affected States

According to the European Union, c1.5 billion people live in fragile and conflictaffected states.







Security Risk Assessment and Planning



Assess Security Risks

Prevent and Mitigate Impacts

Manage Private Security

Manage Relationship with Public Security

Address Security Grievances

ADB

Summary

- Security personnel should be trained, screened, and subject to background checks
- Project security risk must be assessed and managed
- Risks in fragile and conflictaffected states are more unpredictable



MODULE 6 Incident Reporting and Investigation

Identify best practices for incident reporting and investigation



Incident Reporting Requirements

In many countries there are requirements to report incidents to law enforcement and other agencies.

Often within specific timeframes.



ADB Legal Agreements



ADB expects borrowers to comply with applicable national incident reporting requirements.



Proposed ADB requirements

Initial Notification of incidents is to be provided to ADB no later than within 3 working days

A more detailed incident investigation report is required within 21 days of the incident.



INCIDENT NOTIFICATION FORM

ADB

Project:				Incident Date:				
Location:				Incident Fime:				
Equipment Involved:				Operation in Progress:				
Weather: Clear Dark Rain Sno Visibility: Artificial Light Dark Davk								
Reporting Level of Incident:								
Fatality Lost Time Restricted Work Medical Aid First Aid		amage C age C	Business Interruption Security/Trespass/Theft Mobile Equipment Vehicle Spill/Release		Government Reportable Non-reportable Contravention Public Complaint			
Contractor I	ncident: 🛛] Yes 🛛 No	Contractor	name:				
Report Prepa	ared by:		5	Supervisor's Na	me:			
Signature:		Date:		el. No.		Date:		
AFFECTED PE	ERSONS (Wo	rker Positions)						
DESCRIPTION OF INCIDENT (Describe what, when, why, who and how. Use separate pages if required. Attach photos if applicable.)								
WITNESSES	Drouide cen	arata witness	raporte					
	Provide sep	arate witness	Po	Contact Infor	mation			
WITNESSES- Name	Provide sep	parate witness		Contact Inform	mation			
	• Provide sep	parate witness	Po	Contact Inform	mation			
	,	parate witness	Po	Contact Inform	mation			

Incident

INCIDENT NOTIFICATION FORM

THURS THEODILATION (If any list 11)	
INJURY INFORMATION (if applicable) Position:	Current condition:
rostor.	Current condition:
Was injured person(s) taken to hospital? Yes	es 🗆 No 🖸
(If yes, provide name and location of the hospital)	
Indicate the area of injury, if applicable, on the d injury in the space below:	liagram to the right, and describe the
	2 2
VEHICLE INFORMATION (if applicable)	
Driver's Name:	Driver's Licence No.:
Year, Make & Model:	Driver's Phone Number:
Licence Plate or Serial Number:	Insurer and Policy No.:
Was seat belt done up? Yes No	Was a cell phone being used? Yes No
Were police notified? Yes D No D	Name of police officer:
Road conditions: Dry Gravel Wet Icy	Other Info/Attachments:
Spill/Release Information (if applicable)	
Product: Volume:	Quantity Recovered:
Initial Causal Analysis of Incident:	
Direct Cause: (what / how)	
	×
Root Cause: (why)	
Corrective Actions to Prevent Recurrence:	

AI

Note: Refer to the "ADB Root Cause Investigation & Corrective Action Form" for further detail.

Root Cause Analysis - RCA

Root cause analysis should answer:

- What happened?
- How did it happen?
- Why did it happen?
- What needs to be corrected to prevent it from happening again?

ADB

"Five Whys" Method

1) Why?

2) Why?

3) Why?

4) Why?

5) Why?



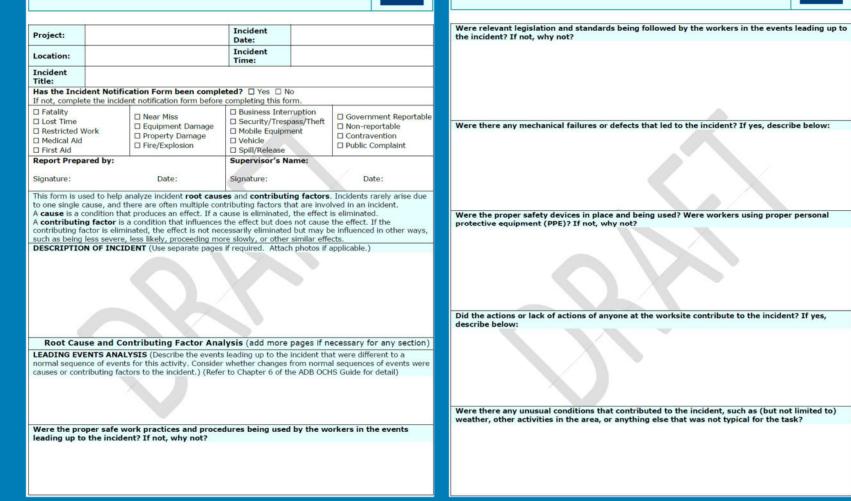
Problem: A worker slips and falls and suffers an injury

1) Why?	There was a pool of oil on the floor	
2) Why?	Oil spilled from a valve	
3) Why?	An oil leak from the valve was not detected	
4) Why?	The valve was not inspected regularly	
5) Why?	The valve was not in the maintenance system	

ADB

INCIDENT ROOT CAUSE INVESTIGATION AND CORRECTIVE ACTION FORM

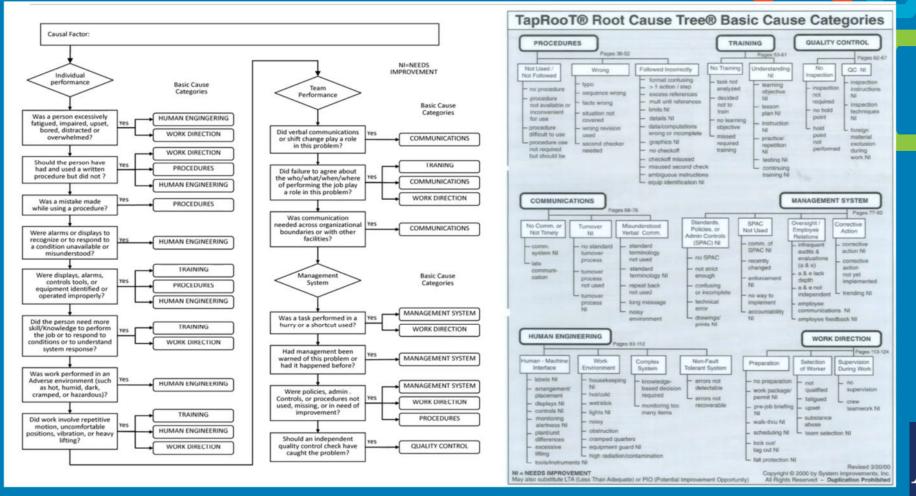
INCIDENT ROOT CAUSE INVESTIGATION AND CORRECTIVE ACTION FORM



ADB

INCIDENT ROOT CAUSE INVESTIGATION AND INCIDENT ROOT CAUSE INVESTIGATION AND ADE **CORRECTIVE ACTION FORM CORRECTIVE ACTION FORM** Did the workers present at the incident respond in a safe and appropriate way? Describe below: List the contributing factors and their involvement as a cause of the incident. **Contributing Factors** Involvement Were the workers adequately trained to respond to the incident? If not, what training would have helped to lead to a better outcome? Describe the root cause (s) below: Are there adequate procedures in place to respond to similar incidents? If not, what procedures need to be developed? **Corrective Action Analysis** List the corrective actions already taken or planned to prevent a similar incident from occurring. Indicate whether the corrective action is already complete and who is responsible for implementing it. **Corrective Action** Person Responsible Status? Check any causes and contributing factors from the following list. If necessary, add additional causes and contributing factors. Operating equipment without training Inadequate site security Operating equipment without proper care □ Inadequate worker protection from toxic substances □ Operating equipment without safety devices in Inadequate PPE place or with inoperable safety devices □ Improper use of PPE □ Inadequate warning to workers of a safety issue Inadequate lighting Summarize any further information learned from this root cause and contributing factor analysis, Inadequate barriers or barricades Inadequate ventilation including any information that needs to be shared with the workers or worksite management. Using defective tools or equipment Inadequate supervision Proper equipment unavailable Inadequate training □ Improper loading □ Fatigue Poor housekeeping practices □ Worker(s) under the influence of substances such as Repetitive action injury alcohol or medications □ Poor maintenance of tools/equipment □ Hazardous conditions (gas, dust, fumes)

Tap Root Chart



INTERNAL. This information is accessible to ADB Management and staff. It may be shared outside ADB with appropriate permission.

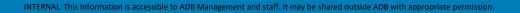
ADB

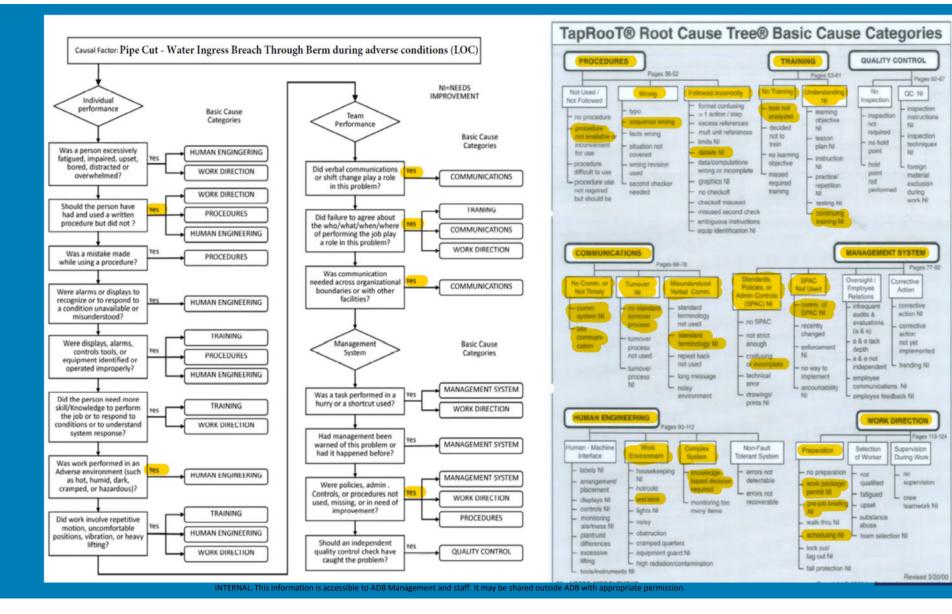
Tap Root

Snap Chart

Time-line







Tap Root example

Summary

- all incidents and near-misses should be reported
- all reported incidents should be investigated
- identifying the root cause of an incident is critical



Sexual Exploitation, Abuse and Harassment (SEAH)



SEAH can occur between workers at a workplace, or between workers and the local community.





HSS WORKSHOP FOCUS:

- ADB HSS
- Safety Culture
- Hazard Identification
- Life Saving Rules
- Risk Management
- HSS Good Practice Guide
- Safe Work Practices
- Incident Reporting & Investigation
- Emergency Preparedness

Fiji, 10–13 June 2024



UXO Unexploded Ordnance

Key Risk Assessment considerations:

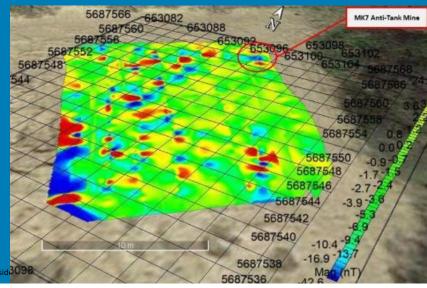
- Known UXO
- Suspected UXO
- Chance UXO Finds
- Blasting Caps Armed vs Unarmed
 All have high risk
- Survey Technologies
- Mitigation, Removal & Disposal



UXO Survey Methodologies:

- Historical Research
- Ground Penetrating Radar (GPR)
- Electromagnetic Induction (EMI)
- Magnetometers
- Seismic Acoustic Surveys (various)
- Advanced Imaging (various)
- Chemical Signature Detection
- Preferred:
 - Autonomous Vehicle Mounted
 - Multi-sensor Units
 - Multiple Survey Passes











		Consequence			
		Slightly Harmful	Harmful	Extremely Harmful	
Likelihood	Likely	Medium Risk	High Risk	Extreme Risk	
	Unlikely	Low Risk	Medium Risk	High Risk	
	Highly Unlikely	Negligible Risk	Low Risk	Medium Risk	







MODULE 7 **Emergency Preparedness** and **Response**

Understand the best practices involved in emergency management.



Emergency Classification Level 1- Minor

> Any unplanned HSS incident that can be managed with on-site resources.



Emergency Classification Level 2 - Severe



Any uncontrolled HSS event that is contained on-site but requires external assistance and has the potential to escalate...



Emergency Classification Level 3 – Major/Extreme

This is an uncontrolled crisis-level event that has serious effects beyond the site, and requires external resources typically utilized in a large-scale emergency.



Incident Command System - ICS

Internationally recognized "ICS"

- Standardized roles
- Common terminology
- Scalable up or down...



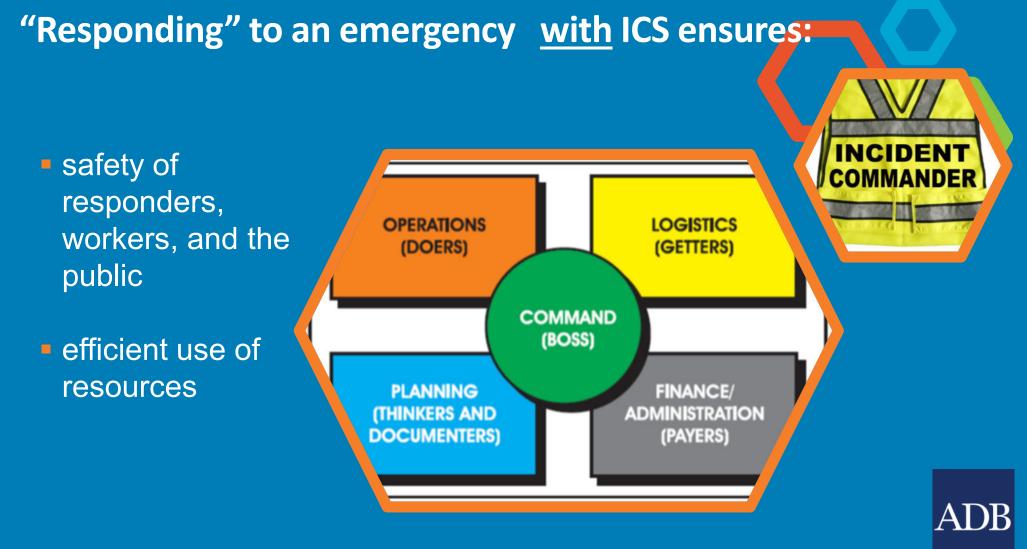


"Reacting" to an emergency without ICS...

- Lacks accountability
- Has poor communication
- Unsystematic planning
- Unable to efficiently integrate responders
- "Un-even" Playing Field !



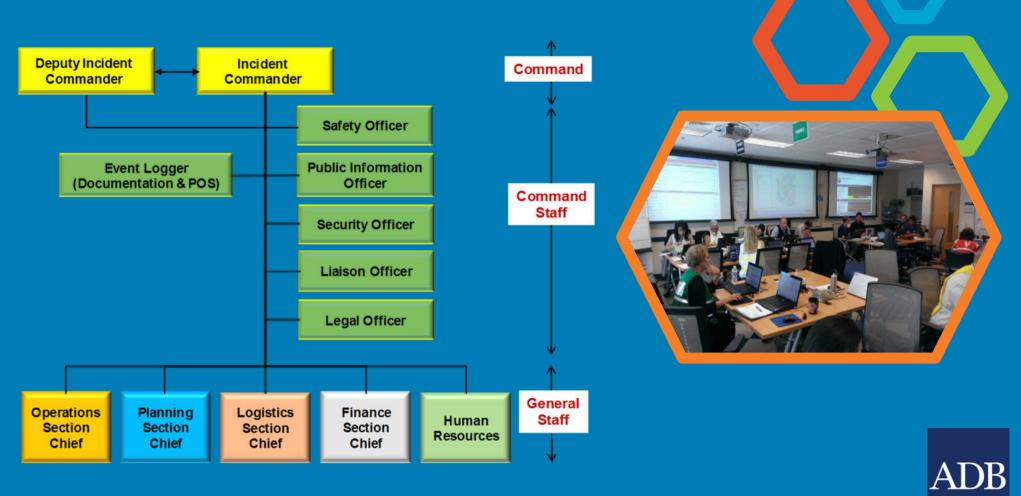
ADB



ICS core positions ...



ICS is Scalable ...



ICS core roles...

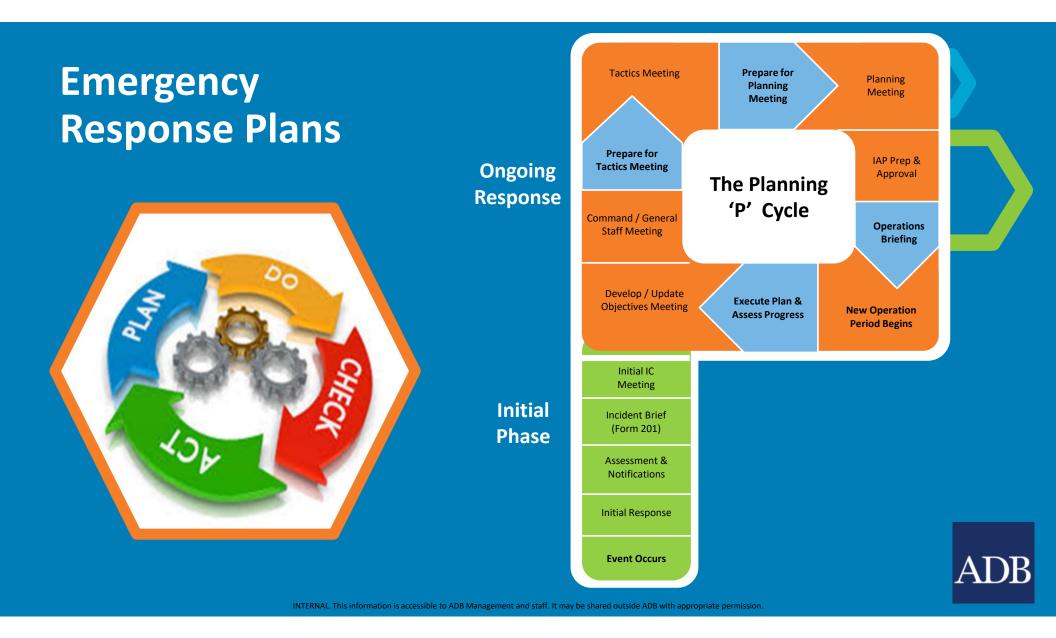
Function	Description				
Incident Command	 Establishes incident objectives, strategies, and priorities. Assume overall responsibility for the incident. 				
Operations	 Determines tactics and resources for achieving objectives. Directs the tactical response. 				
Planning	Collects and analyzes information.Provides engineering and technical support.				
Logistics	Provides resources and needed services.Tracks resources.				
Finance/ Administration	Accounts for expenditures, claims, and compensation.Procures needed resources.				
Event Logger	 Collects information including # of persons on scene. Maintains documentation. All personnel shall maintain a log of events. 				

ADB

Emergency Response Plans

What are the basic elements of an emergency response plan?

Communication and ERP Activation are critical components of the emergency response.





Effective Communication... Follow your Supervisor's instructions as best you can !!!



Placemats for Response Personnel

Incident Management Team (IMT)								
Emergency Response Placemat								
Title / Role	Division / Location							
Incident Commander	Corporate / Head Office (Calgary)							
Reporting	Notifications / Communications							
Reports to: Crisis Management Team Leader Minimum Direct Reports: Operations Section Chief Planning Section Chief Logistics Section Chief Finance & Admin Section Chief Additional Direct Reports: Crisis Advisor Crisis Advisor Legal Advisor EHS Officer Liaison Officer Information Officer	Internal: • Emergency Management Support Team (EMST) through the EMST Director • Incident Management Team (mobilize) • Internal response resources • Available off-duty personnel • Others as required External: • Mutual aid partners and third-party response contractors • Alberta Energy Regulator (AER) • Health Authority • OH&S/WCB • Ministry of Environment							
ICS Form Requirements								
 Section 7.1.1 ICS 201 – Incident Briefing (Initial Incident Commander Section 7.1.2 ICS 202 – Incident Objectives 								

- Section 7.1.3 ICS 203 Organization Assignment List
- Section 7.1.12 ICS 214 Activity Log

	Role Overview						
	IT Incident Commander (IC) is the overall Person-in-Charge of the emergency response for all I, 2 & 3 classified emergencies occurring at any AltaGas sites and facilities.						
• • • •	Assesses the situation and/or obtain a briefing from the prior Incident Commander Determine Incident objectives and strategy Establish the immediate priorities Establish an Incident Command Post Establish ICS organization needed to manage the incident Approve and authorize the implementation of an Incident Action Plan Coordinate activity for all Command and General Staff Coordinate with key people and officials Approve requests for additional resources or for the release of resources Keep agency administrator informed of incident status Order the demobilization of the incident when appropriate Authorize information release to the media						
	Initial Actions						
Confir	m the Level of Emergency and Immediate Response Requirements						
•	 Obtain incident briefing from Operations Section Chief or Site Control Room If first point of contact regarding an emergency, try to establish communications with the person who reported the emergency and complete the Section 2.3 Initial Communication With The AER If the BST has not been activated and you are the first point of contact for the BST, notify an activate the Operations Section Chief and establish the EOC. Confirm the Emergency Level and communicate the Emergency Level to all responders. Gather details of the incident/emergency and evaluate the severity of the situation. Confirm the size and location of the response zones. Reference: Section 6.4 Emergency Planning Zones, Section 4.1 Isolation And Monitoring, and Section 4.2 Evacuation And Sheltering Determine the initial prioritized objectives for response. This will determine how resources are administered. Public safety and the 						



ACTIVITY Emergency Preparedness Case Study



GROUP EXERCISE - Sample Emergency Operations Center Board

UPDATE LOCATION Halifax Harbour Bridge		TIME	INCIDENT EVENT	LOG			
DATE: Simulation		Sketches:		 Ops receives call from Security – fuel tanker truck has crashed and exploded on MacDonald Bridge 			
TIME: ^{1500 hrs}			1335	 HHB Security On-scene: Truck had Critically Injured, Driver MIA 	two people onboard – Passenger		
Notifications:	DONE		1345	 Several other vehicles were dama, reported, but First Responders hav traffic on bridge 	ged, no other injuries being ving difficulty navigating congested		
Ambulance Fire Dept.	 ✓ ✓ 			• Fire Department On-scene – Fire is out but fuel truck is leaking badly and overflowing into the water			
HPD, HPA	<i>⊗</i>		1415	 Ambulance has injured passenger deceased. 	under care, Truck Driver found		
HHB Mgt & BoD HRM	✓✓		1430	 Call to HHB CEO from Develop Nor reporting large oil sheen at boardy have been deployed. 			
Halifax Transit	~			 HHB Security reports that the truc structure causing significant dama 			
Waterfront DNS DFO/CCG/EC				 Facebook Post and Twitter are reporting a terrorist attack is underway on the MacDonald Bridge, MacKay Bridge is the next likely target 		Α	
JRCC Media	<i>⊗</i> твс					G	R
Wind: 15 kts l	NW	PERSONS ON SCENE		RISK ACTION PLANNING	RESOURCES NEEDED		
Tide: Ebbing Forecast: _{Stab}		NUMBERLOCATIONMISSIN1Truck12HHB02Public2	G	 Emergency Services Security & Traffic Control Spill Contingency & Notices Legal Advice, NoK, Media ? Board of Directors Advice 	 Medical Traffic Control Fire Fighting Spill Equipment Engineering Media Liaison 		ADB

Summary

- incident command systems structure an emergency response
- emergency preparedness protects workers, communities, and the environment
- project risk assessments should include the hierarchy of controls



Safety Leadership





"The **lowest** level of safety a **Supervisor** shows ... is the **highest** level you can expect from your **workforce**."

> SAFETY SYSTEMS. OPERATIONAL EXCELLENCE.

They expect you to come home safely.

Don't disappoint them.





Thank you!



Stephen Sayle



e shared outside ADB with appropriate permission.

Course Assessment



