

HEALTHCARE FACILITIES RESILIENCE TO PLASTIC WASTE



PhD. Le Thai Ha
Vice Director
National Institute of Occupational and Environmental Health
PhD. Do Manh Cuong
Vietnam Health Environmental Management







CONTENTS

- Impacts from COVID-19 and climate change on HCFs
- 2. Situation of plastic waste generation, collection, and treatment in Vietnam during COVID-19
- 3. Urgent recommendations and actions









IMPACTS

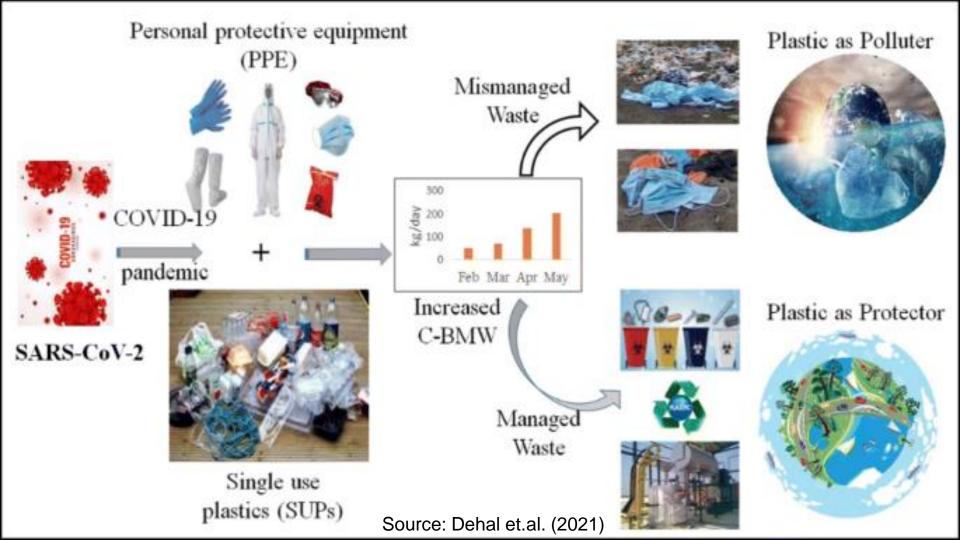
From Covid-19 and Climate change





BIG CHALLENGE

Peng et.al. (2021) stated that: "We find hospital waste represents the bulk of the global discharge (73%), and most of the global discharge is from Asia (72%), which calls for better management of medical waste in developing countries."



The fundamental links between climate change and marine plastic pollution

Ford et al., 2021

We have collated evidence that marine plastic pollution and climate change are linked in at least three ways:



Plastic contributes to greenhouse gas emissions throughout its life cycle



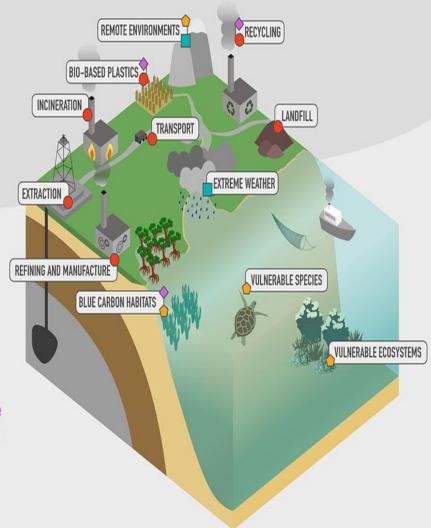
Climate change and plastic pollution co-occur throughout the environment



Climate change will exacerbate the spread of plastic pollution



There are solutions which mitigate against both climate change and plastic pollution





IMPACTS OF CLIMATE CHANGE ON HCFS ABOUT DEALING WITH PLASTIC WASTE









• Infectious plastic waste























Types of plastic waste in HCFs

• Ordina ry















Types of plastic waste in HCFs

Average amount of plastic waste in HCFs	Central hospital (kg/day/bed)		Provincial hospital (kg/day/bed)		District hospital (kg/day/bed)		Private hospital (kg/day/bed)	
	General ones	Special ones	General ones	Special ones	General ones	Special ones	General ones	Special ones
Recycle waste	0,02	0,002	0,02	0,008	0,013		0,03	0,001
Ordinary waste	0,08	0,003	0,07	0,019	0,02	<u></u>	0,035	0,01
Infectious waste	0,09	0,006	0,07	0,042	0,009	-	0,056	0,00007
non-infectious hazardous waste	0,006	0,00004	0,007	0,0005	0.0009	-	0,004	0,00005
Total	0,21	0,011	0,17	0,07	0,04		0,12	0,011
	Plasti	c wast	e gene	eration	in HC	Fs (in :	2020)	

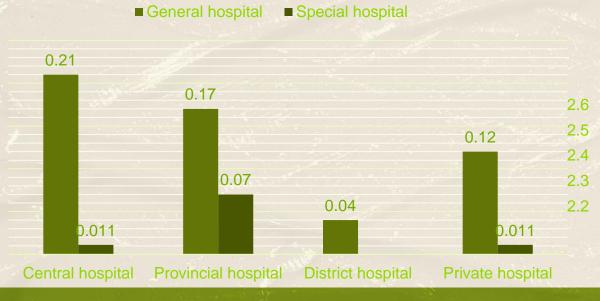
Total amount of plastic waste being discharged in hospitals (kg/day/bed)

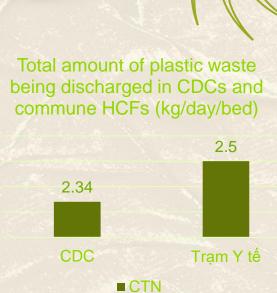
0.25

0.2

0.15

0.1





Plastic waste generation in HCFs (in 2020)

HFCs	Unit	Average amount of plastic waste generate Number of patient beds or number of HFC		Estimated total amount of plastic waste generated in 2020 (kg/day)		
Hospital	(kg/Bed/day)	0,091	304.000 (*)	27.664		
CDC	kg/Center/day	2,34	63	147,42		
Commune healthcare station kg/station/day		0,11	10.000	1.100		
Total				28.911,42		

Plastic waste generation in HCFs (in 2020)



Plastic waste collection (in 2020)







CLASSIFICATION

- Central HCFs: 100%

Provincial HCFs: 76,6%

Private HCFs: 71,2%

District HCFs: 87,5%

COLLECTION

Central HCFs: 100%

Provincial HCFs: 90,0%

CDCs: 100%

Private HCFs: 100%

District HCFs: 87,5%

Commune HCFs: 100%

STORING

Central HCFs: 100%

Provincial HCFs: 100%

CDCs: 71,4%

Private HCFSs: 100%

District HCFs : 100%

Commune HCFs: 85,7%

		treatment unit	steaming		treatment	treatment unit	
1	Central HCFs	72,7	9,1	9,1	9,1	100	100
2	Provincial HCFs	90,9	9,1	0	0	100	90
3	CDCs	100	-	-	-	100	-
4	Private HCFs	100	-	-	-	100	57,14
5	District HCFs	90,9	9,1	-	0	100	100
6	Commune HCFs	-	-	-	7	100	
		Plastic	waste t	reatm	ent	(in 202	0)

Infectious plastic waste

Wet/ microwave

steaming

No.

Types of HCFS

Hiring an

external

11

waste

Selling to other units

Ordinary plastic

waste

Hiring an external

treatment unit

Cluster

treatment

Burning

30

8

Types of plastic waste	Thanh Nhan Hospital (Hanoi) Treating Covid patients		Bac Ninh Provincial General Hospital Treating Covid patients		Bac Giang Provincial General Hospital Treating Covid patients		for Tropical	
(kg/day)							Treating Covid patients	
	No	Yes	No	Yes	No	Yes	No	Yes
Medical waste	44.2	48,7	89,6	99,6		26,2		32,2
Infectious plastic waste	6,8	10,4 (increase 153%)	4,6	7,1 (increase 154%)		11,5		30,5
Risk of containing SARS-CoV-2 (% compared to Infectious plastic waste)	0	7,53 (72,4)	0	1,14 (16,1)	0	4,40 (38,3)	0	30,5 (100)
Hazardous non-infectious waste	0,05	0,05	0,12	0,68	-			1,68
Ordinary waste	37,35	38,22	89,58	89,58		14,66		
		100				47-74 MED 198 JA		

Plastic waste generation during COVID wave (in 2021)



PLASTIC WASTE SITUATION DURING COVID-19 IN HCFS



TOTAL AMOUNT

The total amount of infectous waste increase by 150%.



TREATMENT

Hiring external treatment units.

COLLECTING AND STORING

Circular No. Meeting 58/2015/TTLT-BYT-BTNMT and Decision No. 3455/QD-BCDQG.



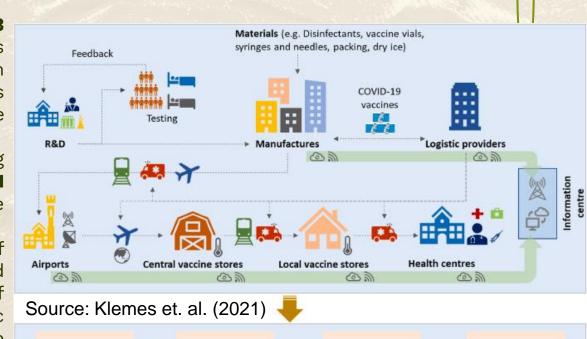
During Covid-19, the total amount of money paying for treating medical waste increse 2-20 times.





The number of plastic waste being discharged due to vaccination (up to 2022)

- Up to 08/03/2022, there are 198.3 million doses of vaccine was injected for Vietnamese. Vietnam becomes one of 6 countries getting the highest percentage vaccinated. (Vietnam MOH, 2022).
- Each dose of vaccine being injected will discharge at least 01 syringe and 01 gloves into the environment.
- Throughout the process of vaccination, from sources to end of consumption, a huge amount of solid waste (especially plastic ones) will be discharged into the environment without being treated.



Solid waste

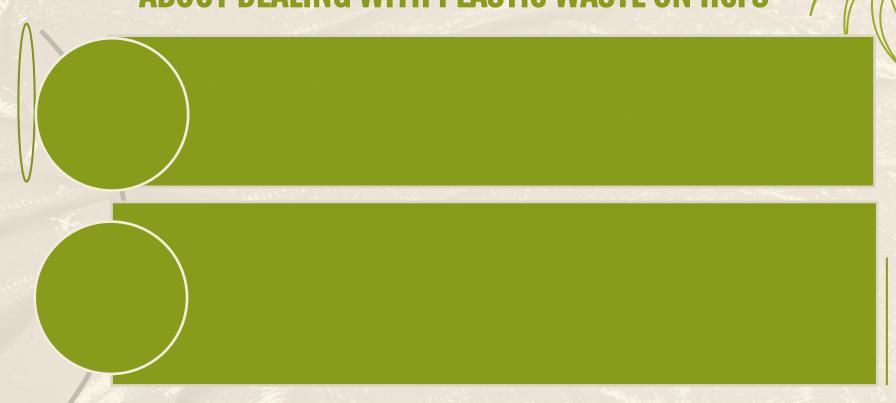
Air pollution

Wastewater

Liquid waste



POLICY AND IMPLEMENTAION ABOUT DEALING WITH PLASTIC WASTE ON HCFS



POLICY AND IMPLEMENTAION ABOUT DEALING WITH PLASTIC WASTE ON HCFS

INITIATIVE:

- Replace plastic bags containing films and clothes with paper bags
- Replace plastic medicine bags with paper bags distributed to each patient.
- Promote communication through banners, on the website of the unit.
- Select materials capable of sterilization and sterilization so that they can be reused many times.
- Replace single-use plastic cups/cups with paper cups/cups (public areas) glass cups in meetings and receptions. Replace the rice tray from styrofoam box to stainless steel.
- Use antibacterial cloth as a mask, operating table cloth, and tool tray.
- Reuse plastic waste as decorations/plants; Equip reusable water bottles for staff, patients and family members;
- Replace blood foam containers with reusable plastic ones; Replace the mica cover of the file with the paper cardboard;

POLICY AND IMPLEMENTAION ABOUT DEALING WITH PLASTIC WASTE ON HCFS









Replace plastic bags with cloth bags

Use paper to wrap traditional medicine

Reuse plastic waste as decorations











Lessons learn and recommendations

- Plastic waste reduction should be important priorities in relevant policies, which will be a legal platform for sectoral actions, i.e the national strategy & action plan for climate change adaptation, national strategy for environment protection.
- COVID-19 waste management, including in HCFs, should be intergrated in any national and provincial COVID-19 response strategy and/or plan.
- Strengthen the treatment capacity of plastic waste in particular and infectious medical waste in general for hospitals and external companies
- Medical plastic waste segregation has not done properly within HFCs in Vietnam due to the lack of detailed instructions □ It is necessary to develop the detailed instruction on medical plastic segregation for HFCs to apply
- Minimum/No generation of plastic waste approach should be applied in HFCs, especially hospitals at all levels
- Financial and technical supports for HFCs to improve and head to change treatment/usage of medical equipment more friendly with the environment.





THANK YOU

Lethaiha.nioeh@gmail.com| +84 903 203 979

PhD. Le Thai Ha Vice Director National Occupational and Environmental Health