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Climate Change and Health

Kathryn Bowen

Deputy Director – Knowledge Translation, Melbourne Climate Futures

**Professor of Environment, Climate & Global Health –
Melbourne School of Population and Global Health
University of Melbourne**





My background

Public health, and...

The world outside academia

- IPCC AR6, Ch. 7 (Health, Wellbeing and the Changing Structure of Communities)
- Other international reports – e.g. UNEP Adaptation Gaps, Emissions Gaps, UNEP GEO6, Lancet Countdown on Climate Change and Health
- ADB, GIZ, WHO, DFAT, GCF, UNDP, GEF, local government, DAAD...

Article

The Political Economy of Health Co-Benefits: Embedding Health in the Climate Change Agenda

Annabelle Workman ^{1,2,*}, Grant Blashki ³, Kathryn J. Bowen ⁴, David J. Karoly ² and John Wiseman ^{1,3}

¹ Australian-German Climate and Energy College, Th jwiseman@unimelb.edu.au
² School of Earth Sciences, The University of Melbourne
³ The Nossal Institute for Global Health, The University of Melbourne, gblashki@unimelb.edu.au
⁴ National Centre for Epidemiology and Population Health, Australian Institute of Health and Research, kathryn.bowen@anu.edu.au
⁵ Melbourne Sustainable Society Institute, The University of Melbourne
 * Correspondence: a.workman@student.unimelb.edu.au

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Abstract: A complex, whole-of-economy issue such as climate change requires a multi-sectoral response. However, evidence suggests that the influence of ambitious climate change on the development of health co-benefits is limited, despite a recognition that the combination of long-term health consequences. We use insights from and climate change, the science-policy interface are barriers to the meaningful incorporation of health development. Specifically, we identify four key interventions to health co-benefits: discourse, efficiency, vested interests in mind, we argue that the current political context is situated and the processes used to develop climate support accounting for health co-benefits. We present co-benefits in the development of climate change mitigation in the broader climate change agenda.

Keywords: health; co-benefits; climate change; policy

1. Introduction

Anthropogenic climate change remains a pivotal issue given the pervasive adverse consequences for sub-national governments, multinational agencies and organizations (NGOs) and scientists have dedicated resources and propose effective mitigation and adaptation and adopted in December 2015, represents the latest commitment to emissions reduction targets at a global level. The United Nations Framework Convention on Climate Change (UNFCCC) is an unprecedented achievement in the history of international climate agreements. At the 21st Conference of the Parties (COP21) in Paris, an unprecedented achievement in the history of international climate agreements. At the 21st Conference of the Parties (COP21) in Paris, an unprecedented achievement in the history of international climate agreements. At the 21st Conference of the Parties (COP21) in Paris, an unprecedented achievement in the history of international climate agreements.

Int. J. Environ. Res. Public Health **2018**, *15*, 604; doi:10.3390/ijerph15040604

Schwerdtle et al. *BMC Medicine* (2018) 16:1
DOI 10.1186/s12916-017-0981-7

BMC Medicine

OPINION

Open Access

The health impacts of climate-related migration

Patricia Schwerdtle^{1,4,5*}, Kathryn Bowen^{2,6} and Celia McMichael³

Abstract

Background: Changes in climate, in conjunction with other drivers of mobility, shape human migration. While there is an increasing focus on the adaptive potential of migration, the health impacts of climate-related migration, including planned relocation and forced displacement, have not been thoroughly examined. The Intergovernmental Panel on Climate Change stated that migration is currently, and will increasingly be, influenced by environmental degradation and climate change, and that it needs to be addressed in a focused and coordinated manner.

Discussion: This paper examines the links between climate change, migration, and health, considering diverse migration responses, including immobility, forced displacement and planned migration, as well as the associated health risks and opportunities in different contexts. Using case studies, the paper illustrates strategies to reduce the health risks associated with climate change-related migration.

Conclusion: While there is an increasing body of research examining the climate change-migration nexus, a dual approach is now required. This approach must include debate and further research regarding the health consequences and responses associated with climate migration as well as immediate strengthening of health systems to make them both climate resilient and migrant inclusive.

Keywords: Climate change, Migration, Displacement, Relocation, Public health, Governance, Adaptation, Human mobility, Environmental change

The nexus between climate change, migration, and health

Human migration in response to ecological change has been occurring since the origin of our species [1], yet the push that anthropogenic climate change is currently exerting on human migration is relatively new and gradually intensifying [2]. Environmental changes associated with increasing greenhouse gas concentrations include flooding, drought, increased frequency and intensity of climate-related disasters, and sea-level rise [3]. Globally, these environmental changes are shaping human migration, particularly through their intersection with other economic, political and social drivers of mobility [4]. Climate change acts as a threat multiplier, exacerbating

existing sociopolitical and economic vulnerabilities, undermining livelihoods [5], inflating the risk of conflict [6], and making it difficult for people to remain in situ [7].

Moving beyond assumptions that climate change will lead to mass international displacement and threaten geopolitical security [8, 9], there is an increasingly nuanced understanding that human migration represents an adaptive response to the impacts of climate change [4, 10]. Indeed, there have been explicit efforts to connect migration with climate change adaptation, disaster risk reduction, resilience, and development [11].

While there is an increasing body of research and analysis focused on climate change-related migration, the impacts on human health are under-examined. Herein, we explore the nexus between climate change, migration, and human health using case studies to examine a range of climatic push factors, diverse migration pathways, and resultant health impacts.

* Correspondence: patricia.schwerdtle@monash.edu
¹Nursing and Midwifery, Faculty of Medicine, Nursing and Health Sciences, Monash University, Peninsula Campus, 246 Clayton Road, Frankston, VIC 3199, Australia
²Medicine Sans Frontières, Giebe, Australia
 Full list of author information is available at the end of the article





Impacts and current evidence: Climate Change and Health

Photo: Gil Moti / Still Pictures



Activity – what does climate resilience mean to you?



Image 1: [Hamish John Appleby](#)/[Climate Visuals](#)



Image 2: [Sudip Maiti](#)/[Climate Visuals](#)



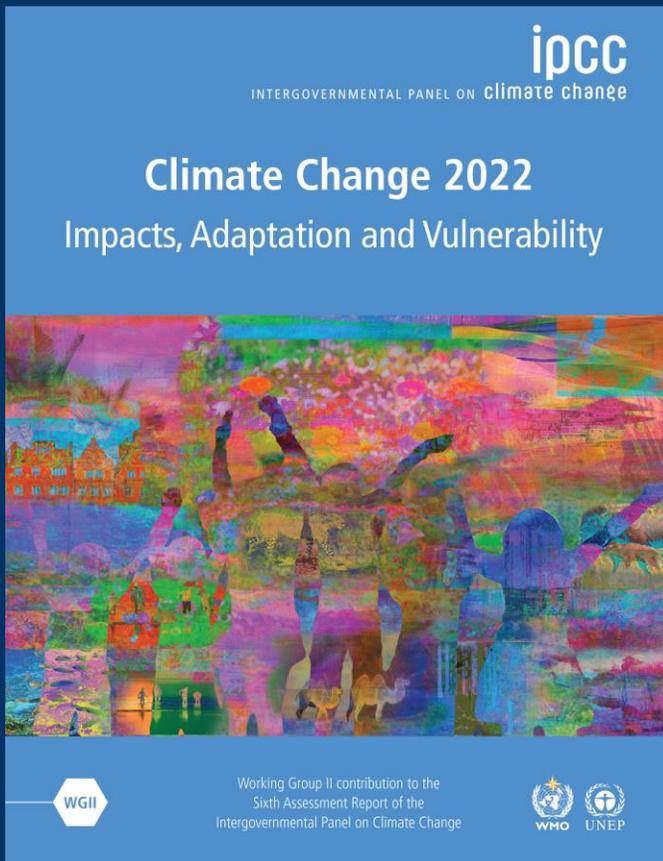
Image 2: [Satyam Joshi](#)/[Climate Visuals](#)

Climate change: global health impacts

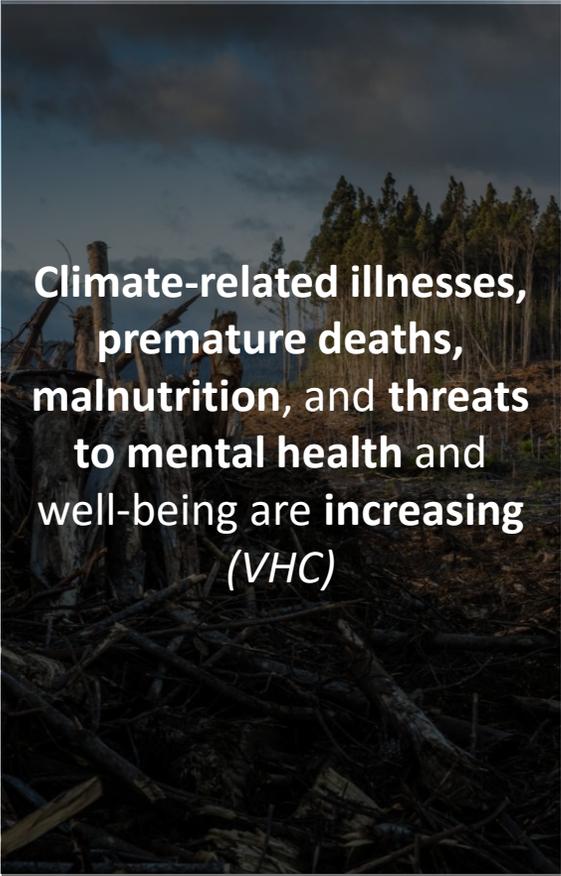
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The scientific evidence is unequivocal: climate change is a threat to human well-being and the health of the planet.

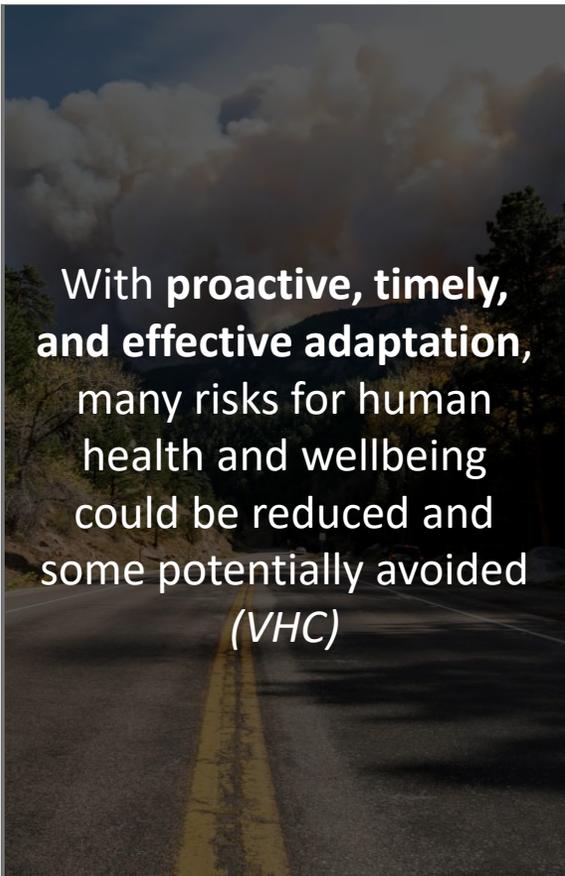
Any further delay in concerted global action will miss the brief, rapidly closing window to secure a liveable future.



Human health – AR6 highlights



Climate-related illnesses, premature deaths, malnutrition, and threats to mental health and well-being are **increasing** (VHC)



With **proactive, timely, and effective adaptation**, many risks for human health and wellbeing could be reduced and some potentially avoided (VHC)



Key transformations are needed to facilitate **climate resilient development pathways** for health, wellbeing (HC)



Transformational changes will be more effective if they are responsive to **regional, local, and Indigenous Knowledge**, and consider the many **dimensions of vulnerability**, including those that are **gender- and age-specific** (HC)



IPCC AR6: Impacts on human systems

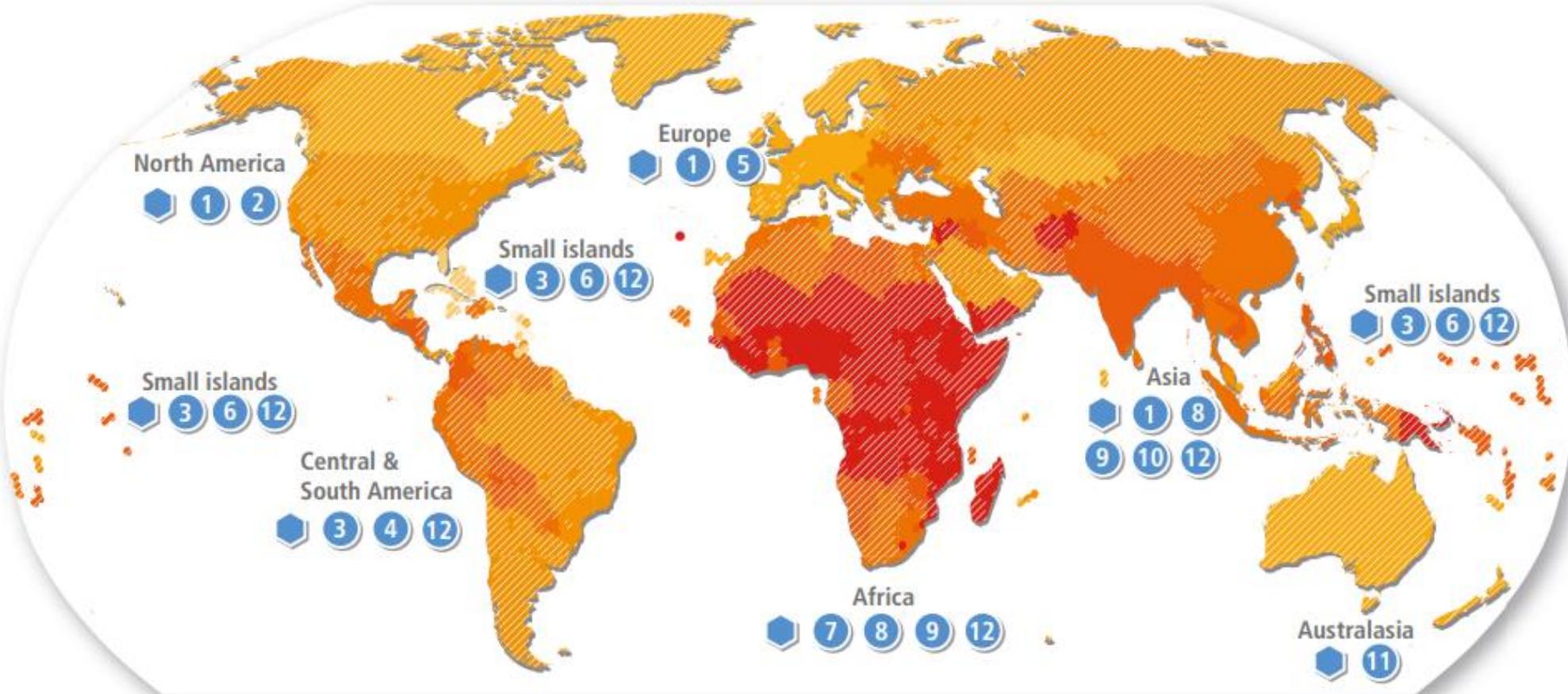
(b) Observed impacts of climate change on human systems

Human systems	Impacts on water scarcity and food production				Impacts on health and wellbeing				Impacts on cities, settlements and infrastructure			
	Water scarcity	Agriculture/ crop production	Animal and livestock health and productivity	Fisheries yields and aquaculture production	Infectious diseases	Heat, malnutrition and other	Mental health	Displacement	Inland flooding and associated damages	Flood/storm induced damages in coastal areas	Damages to infrastructure	Damages to key economic sectors
Global	±	-	○	-	-	-	-	-	-	-	-	-
Africa	-	-	-	-	-	-	○	-	-	-	-	-
Asia	±	±	-	-	-	-	-	-	-	-	-	-
Australasia	±	-	±	-	-	-	-	not assessed	-	-	-	-
Central and South America	±	-	±	-	-	-	not assessed	-	-	-	-	-
Europe	±	±	-	±	-	-	-	-	-	-	-	-
North America	±	±	-	±	-	-	-	-	-	-	-	-
Small Islands	-	-	-	-	-	-	○	-	-	-	-	-
Arctic	±	±	-	-	-	-	-	-	-	-	-	±
Cities by the sea	○	○	○	-	○	-	not assessed	-	○	-	-	-
Mediterranean region	-	-	-	-	-	-	not assessed	-	±	-	○	-
Mountain regions	±	±	-	○	-	-	○	-	-	na	-	-

All countries are at risk – some more than others

Observed human vulnerability to climate change is a key risk factor and differs globally

(a) Vulnerability at the national level varies. Vulnerability also greatly differs within countries. Countries with moderate or low average vulnerability have sub-populations with high vulnerability and vice versa.



Relative vulnerability

- Very high
- High
- Medium
- Low
- Very low

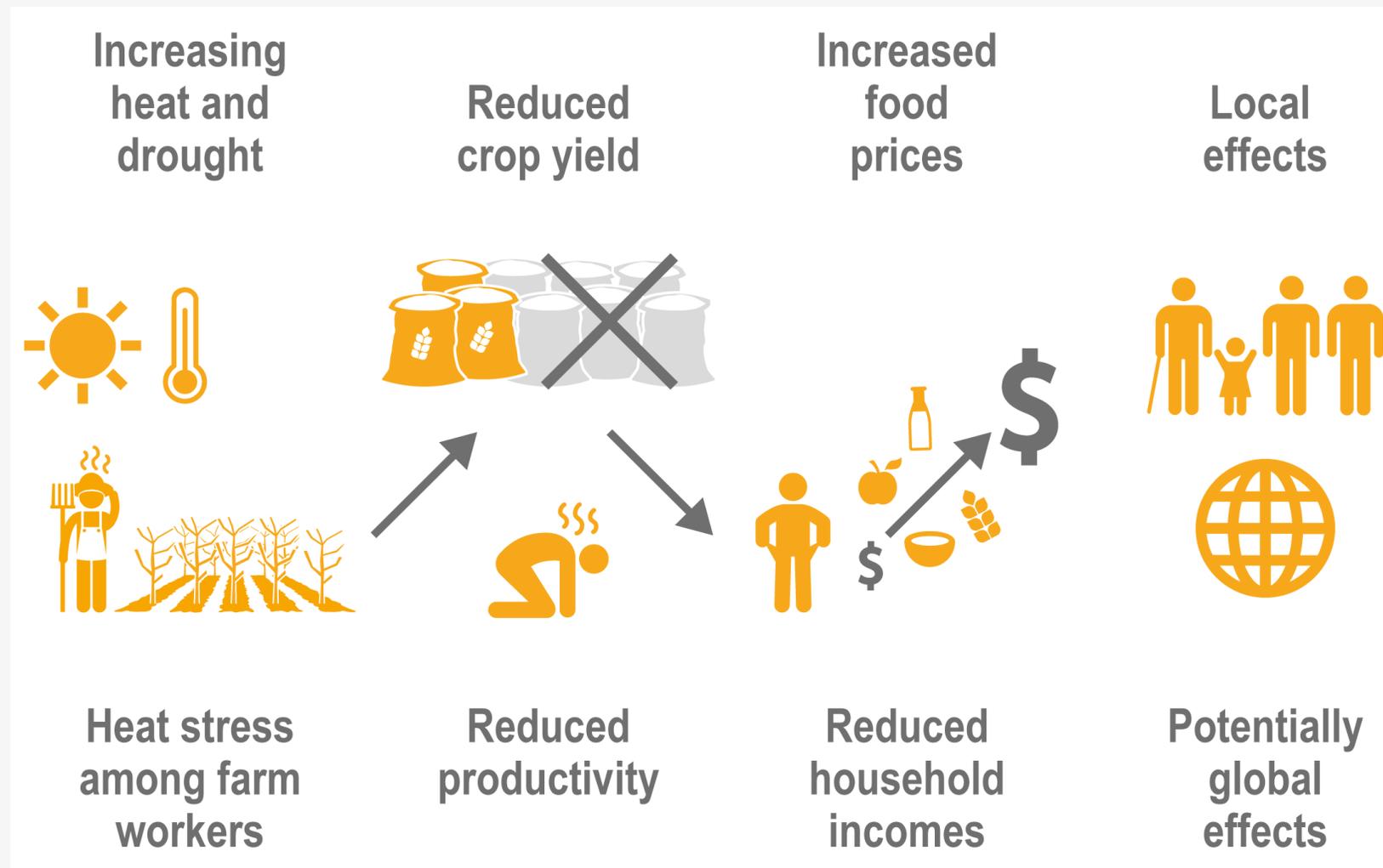
Population density

- High
- Low

Examples of Indigenous Peoples with high vulnerability to climate change and climate change responses (4.3.8, 5.10.2, 5.13.5, Box7.1, 8.2.1, 15.6.4) and the importance of Indigenous Knowledge (Box9.2.1, 11.4, 14.4, Cross-Chapter Box INDIG)

Simultaneous extreme events compound risks

Multiple extreme events that compound the risks are more difficult to manage



Challenge 1: Heat-related health impacts

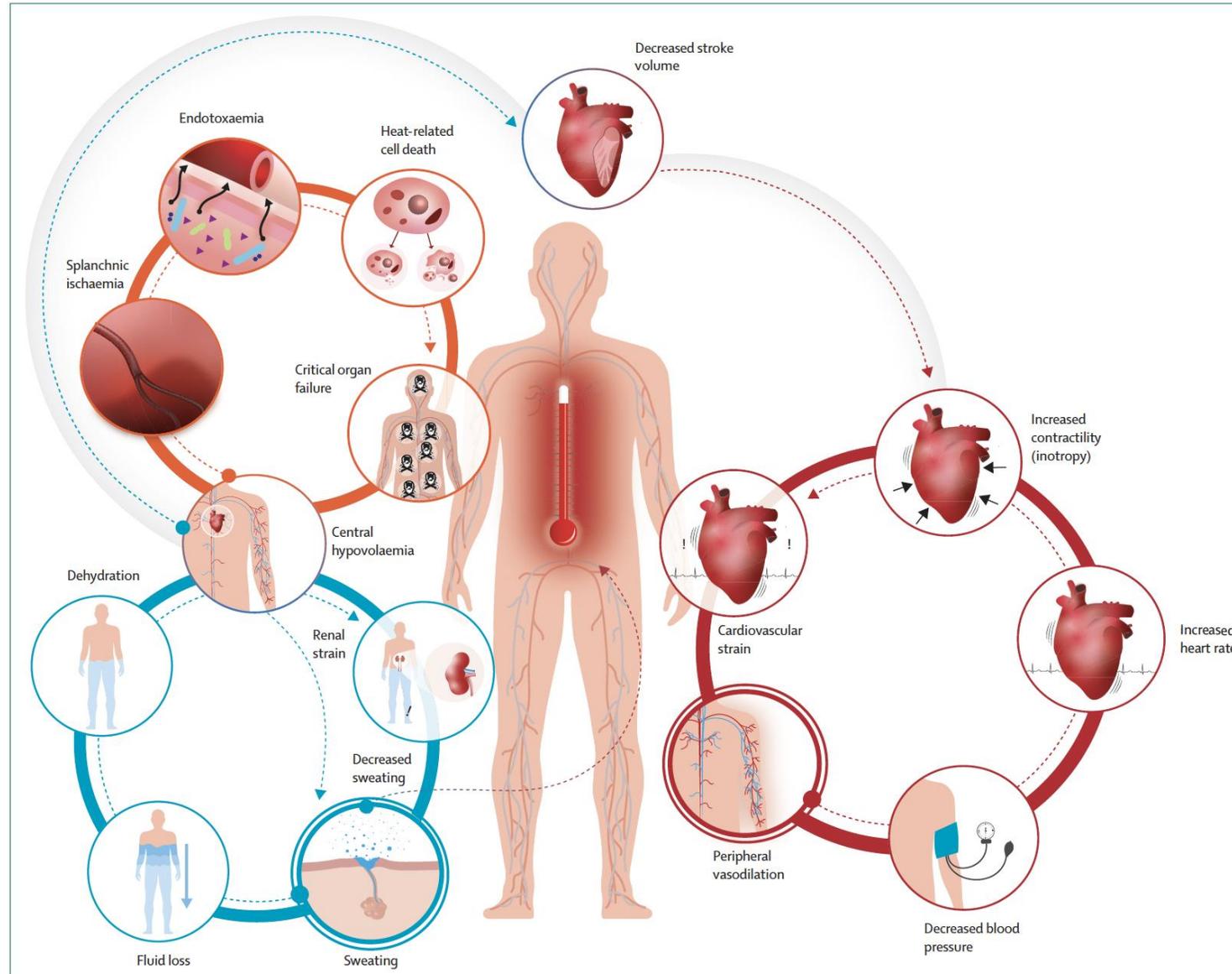


Figure: Illustration of the physiological pathways of human heat strain

Source: Ebi et al (2021). [https://doi.org/10.1016/S0140-6736\(21\)01208-3](https://doi.org/10.1016/S0140-6736(21)01208-3)

Heat-related physiological impacts

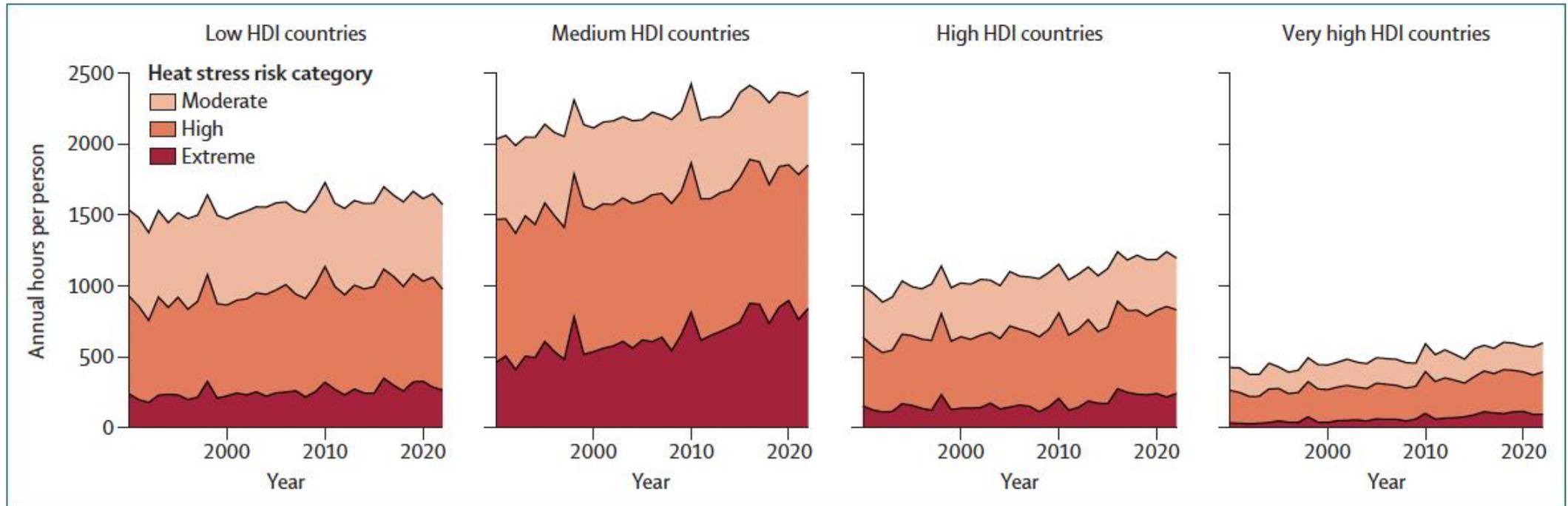


Figure 1: Average annual hours per person from 1991 to 2022 when light physical activity entailed at least a moderate, high, or extreme heat stress risk, arranged by HDI country groupings
HDI=Human Development Index.



What is the right answer here?

How many hours of labour were lost in 2022 due to extreme heat?

1. 5 million
2. 95 million
3. 350 million
4. 490 billion

Heat exposure led to the loss of **490 billion** potential labour hours in 2022, a nearly 42% increase from 1991 to 2000

Heat-related mental health impacts

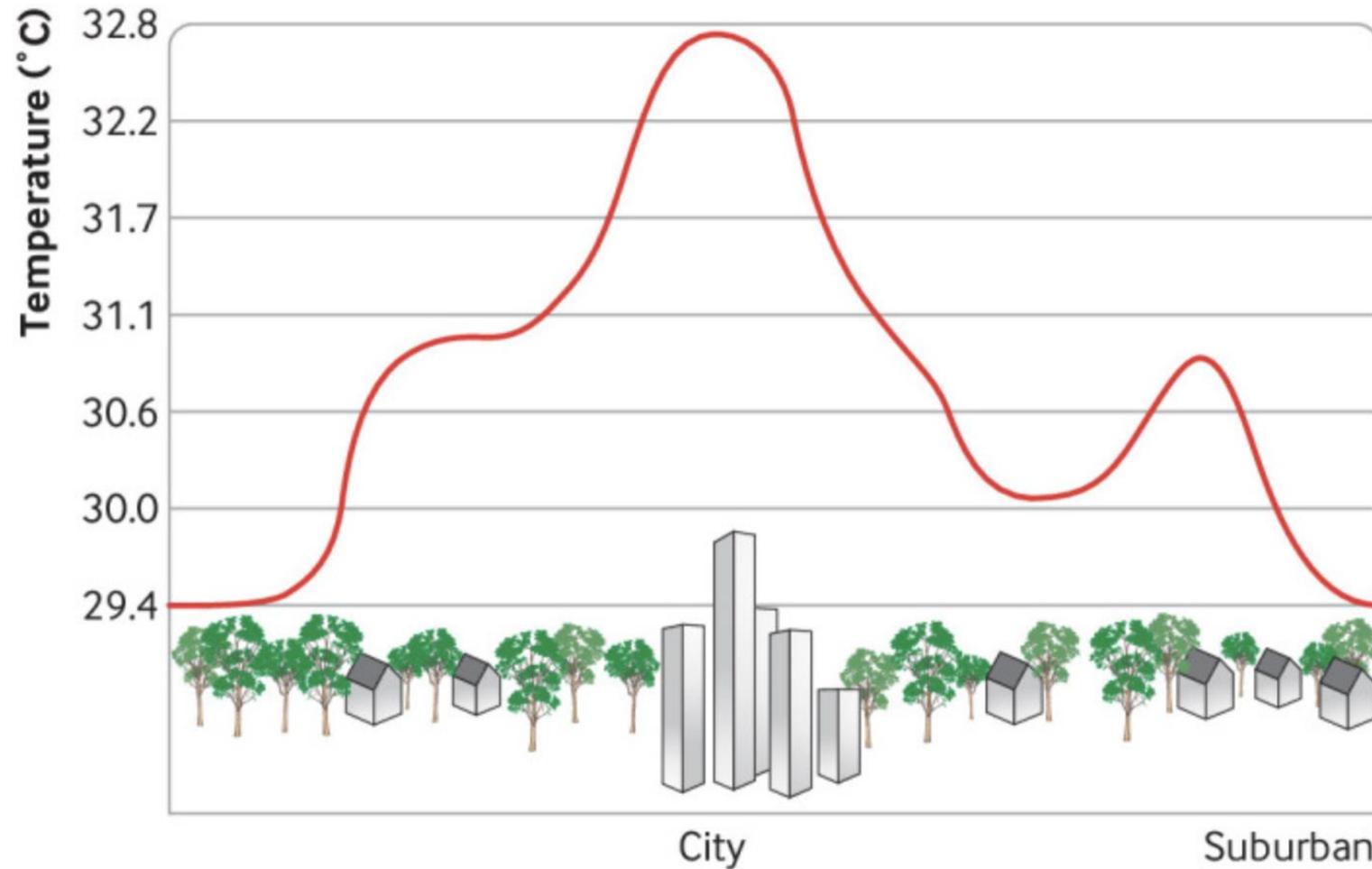
Table 1 | Summary of risk estimates of clinical mental health presentations due to climate-change-related exposure

Presentation	Exposure	Location	Reported estimate	Study design
Mental-health-related mortality	Heat	Global	RR=1.022 (95% CI, 1.015–1.029) for every 1°C increase in temperature (all ages)	Meta-analysis ³⁰
Mental-health-related morbidity	Heat	Global	RR=1.009 (95% CI, 1.007–1.015) for every 1°C increase in temperature (all ages)	Meta-analysis ³⁰
Mental-health-related ED visits	Heat	California	4.8% (95% CI, 3.6–6.0) increased risk for every 5.6 °C increase in temperature (6–18 yr)	Time series ⁸⁰
	Heat	China	RR=1.435 (95% CI, 1.048–1.965) (adults)	Time series ⁸¹
Suicide	Heat	Global	RR=1.09 (95% CI, 1.06–1.13) for every 7.1°C increase in temperature (adults)	Meta-analysis ⁸²
Anxiety, stress-related and somatoform disorders	Heat	Global	RR=1.007 (95% CI, 1.001–1.013) for every 1°C increase in temperature (all ages)	Meta-analysis ³⁰
	Flood	Korea	Anxiety prevalence at 8.6% pre-flood versus 22.5% after floods ($P < 0.01$) (14–95 yr)	Case-control study ⁸³
	Drought	Australia	Personal drought-related stress IRR, 1.50 (95% CI, 1.32–1.72) (adult farmers)	Longitudinal cohort study ⁸⁴
Mood disorders	Heat	Global	RR=1.011 (95% CI, 1.003–1.018) for every 1°C increase in temperature (all ages)	Meta-analysis ³⁰
Depressive disorders	Bushfire	Australia	Major depressive episode OR, 1.83 (95% CI, 1.17–2.85) (adults)	Longitudinal cohort study ⁴⁵
	Flood	UK	Depression OR, 8.48 (95% CI, 1.04–68.97) (adults)	Longitudinal cohort study ⁸⁵
PTSD	Bushfire	Australia	PTSD OR, 1.14 (95% CI, 1.53–3.20) (adults)	Longitudinal cohort study ⁴⁵
	Flood	Korea	PTSD prevalence at 0.3% pre-flood versus 46.6% after floods ($P < 0.01$) (14–95 yr)	Case-control study ⁸³
	Flood	UK	PTSD OR, 7.74 (95% CI, 2.24–26.79) (adults)	Longitudinal cohort study ⁸⁵
Psychotic disorders	Heat	USA	ED visits IRR, 1.05 (95% CI, 1.03–1.07) (all ages)	Case-crossover study ²⁹
Substance use disorders	Heat	Global	RR, 1.008 (95% CI, 0.996–1.021) (adults)	Meta-analysis ³⁰
	Heat	USA	ED visits IRR, 1.08 (95% CI, 1.07–1.10) (adults)	Case-crossover study ²⁹
	Bushfire	Australia	Self-report heavy drinking OR, 1.39 (95% CI, 1.01–1.89) (adults)	Longitudinal cohort study ⁴⁵
Organic mental disorders	Heat	Global	RR=1.008 (95% CI, 1.001–1.015) (adults)	Meta-analysis ³⁰
Adverse drug reactions	Heat	Sweden	Hyponatraemia with heat and medications including serotonergic antidepressants	Case-crossover design ⁴¹
	Heat	France	ED visits for heat-related pathology with anticholinergics, antipsychotics and anxiolytics	Case-control study ⁴⁰
Climate anxiety	Awareness	Global	59% very or extremely worried about climate change (16–25 yr)	Cross-sectional survey ²⁰
Developmental disorders	Storm	USA	Attention-deficit hyperactivity disorder HR, 5.5 ($P = 0.01$) (2–5 yr)	Case-control study ⁸⁶

RR, relative risk; CI, confidence interval; IRR, incidence rate ratio; OR, odds ratio; HR, hazard ratio.

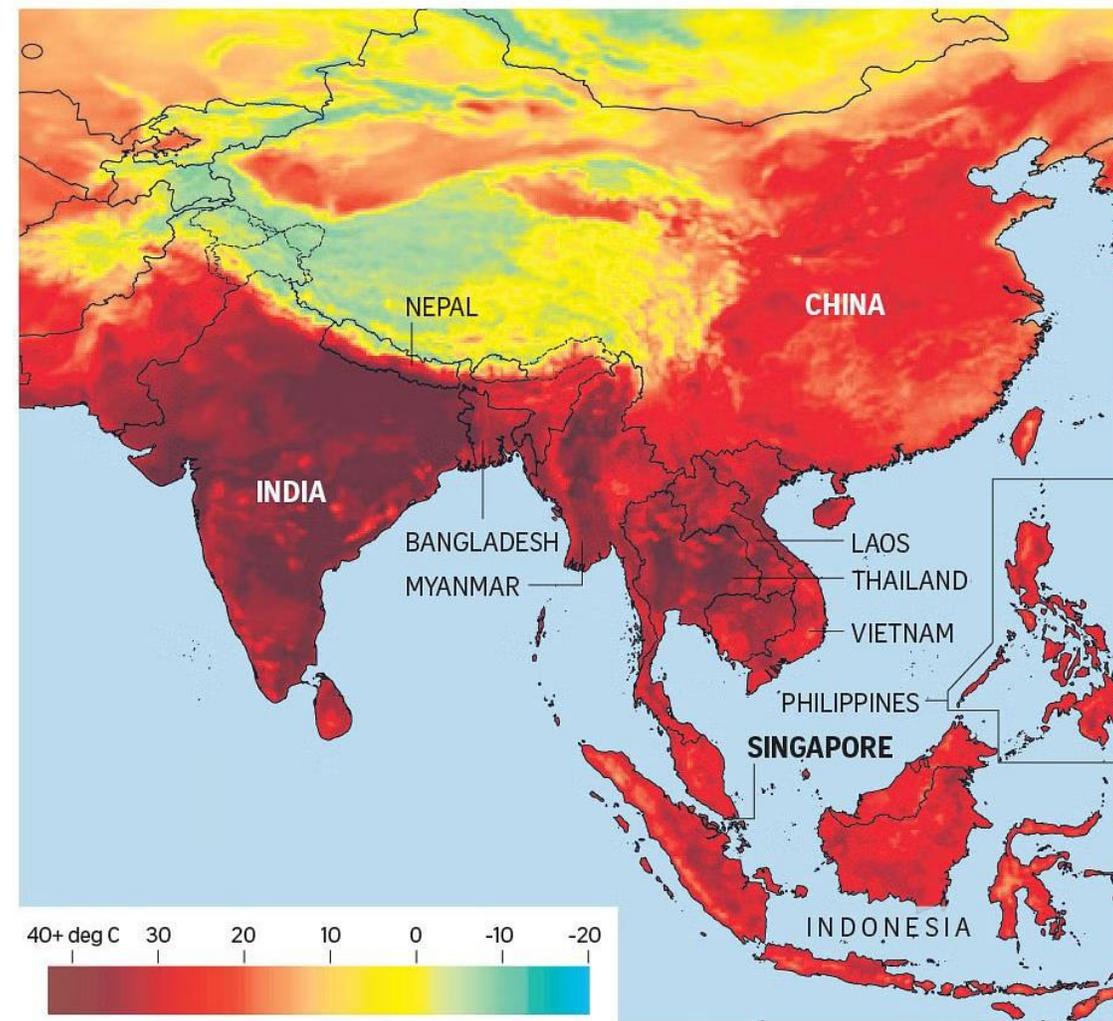
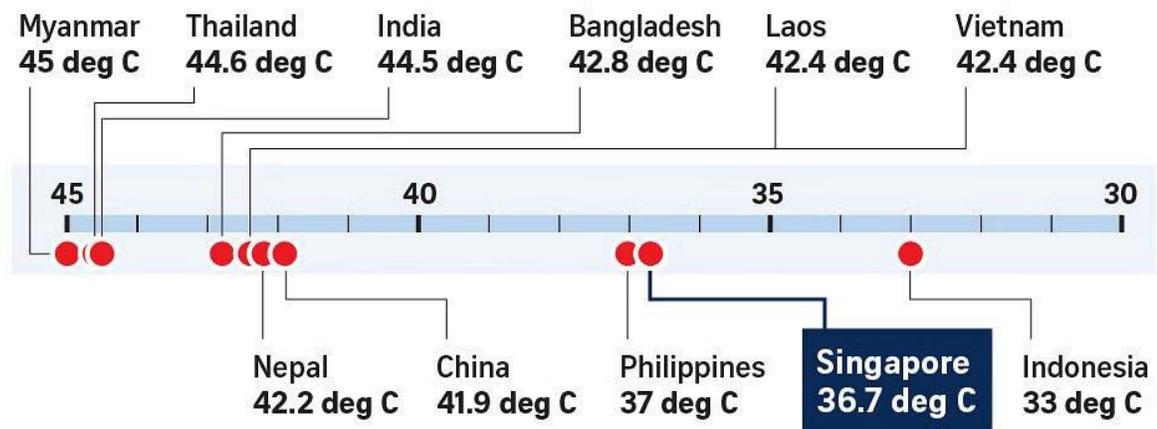
Source: Crandon et al (2022). <https://doi.org/10.1038/s41562-022-01477-6>

Urbanisation and heat health risks



Heatwave in Asia

Scorching temperatures are searing much of Asia. Shown here are maximum temperatures recorded over the past week.



Sources: AFP, AIR TEMPERATURE FROM THE GLOBAL DETERMINISTIC PREDICTION SYSTEM, ENVIRONMENT AND CLIMATE CHANGE CANADA STRAITS TIMES GRAPHICS

Challenge 2: Air Pollution





What do you think?

What proportion of the global population breathes air that exceeds WHO guideline limits?

1. 45%
2. 23%
3. 99%
4. 79%

WHO data show that **almost all of the global population (99%)** breathes air that exceeds WHO guideline limits and contains high levels of pollutants, with low- and middle-income countries suffering from the highest exposures.



What do you think?

How many preventable deaths occur each year due to air pollution?

1. 7 million
2. 875,000
3. 1.2 million
4. 9 million

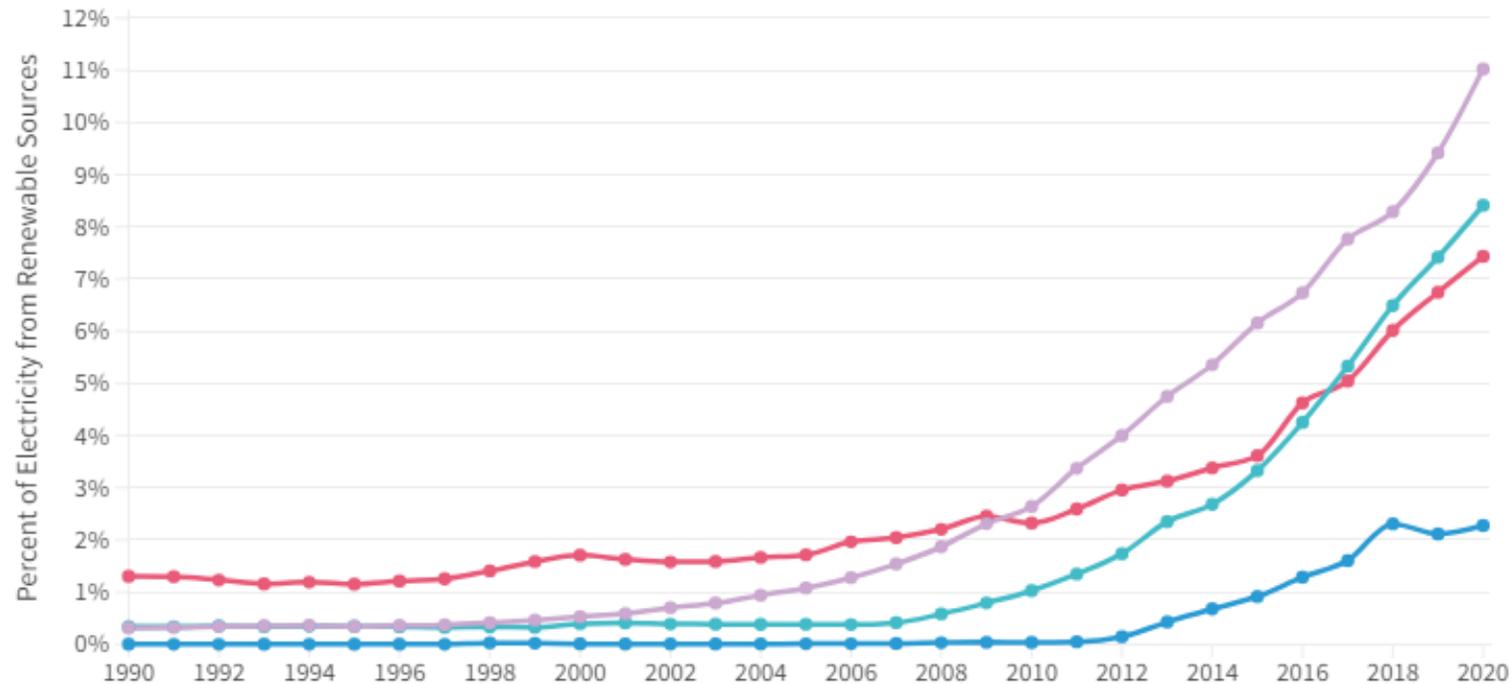
An estimated **7 million preventable deaths** each year are linked to air pollution, with the majority in South East Asia and the Western Pacific regions.

Air pollution - energy

Share of Electricity Generation From Renewable Energy Sources

Percentage of electricity generated from renewable sources by HDI group

HDI Group: Low Medium High Very High



Please reference the 2023 Report of the Lancet Countdown if using this data •

For a full description of the indicator, see the 2023 report of the Lancet Countdown at lancetcountdown.org

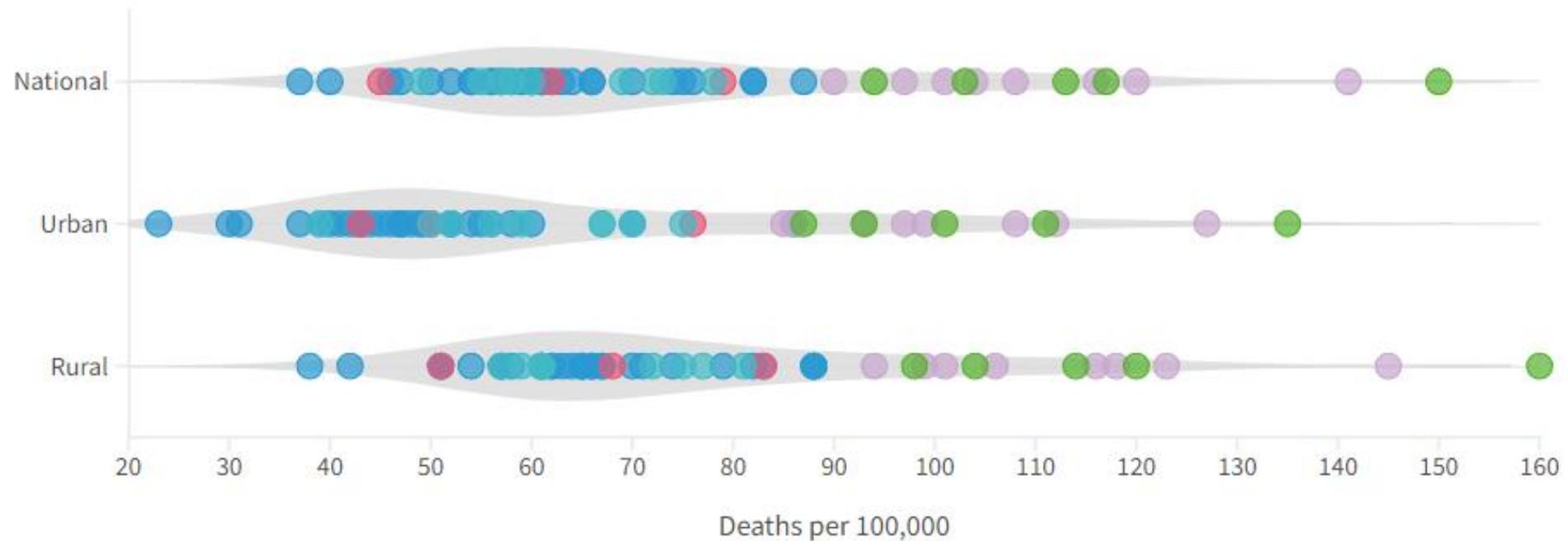


Household Air Pollution

Mortality from exposure to household air pollution in 2020 in urban and rural areas in selected countries, by HDI group and WHO region

HDI Group: **All** ▼

WHO Region: ● Africa ● Eastern Mediterranean ● Americas ● South-East Asia ● Western Pacific



Please reference the 2023 Report of the Lancet Countdown if using this data •
 For a full description of the indicator, see the 2023 report of the Lancet Countdown at lancetcountdown.org





Key takeaways

Health impacts of climate change are being felt globally

Climate change will exacerbate current & underlying burden of disease

Populations will be exposed differently depending on regions

Without adaptation & mitigation climate change could result in a dramatically increased health burden in many countries and regions, with significant impacts on health systems and facilities





Opportunities and Solutions

Who is doing what?

- Progress on strengthening responses to health impacts of climate change is variable across the world
- Increasing attention to health in global climate mechanisms (UNFCCC, COP)
- WHO is taking a role in guiding LDC member countries to develop health adaptation plans and health-specific climate assessments
- Many bilateral donors (e.g. US, Australia, Japan, Korea, Germany) and multilateral agencies are also taking interest (ADB, World Bank)
- Funders (e.g. DFAT) – now including climate change in their health designs



Awareness and priority increasing



41 funders, partners endorse new guiding principles for financing climate and health solutions to protect health





What do you think?

What proportion of countries include health priorities in their NDCs?

1. 75%
2. 90%
3. 35%
4. 72%

Over **90%** of countries include health priorities in their NDCs



What do you think?

How much multilateral climate funding is explicitly directed to human health projects?

1. 25%
2. 0.5%
3. 27%
4. 9%

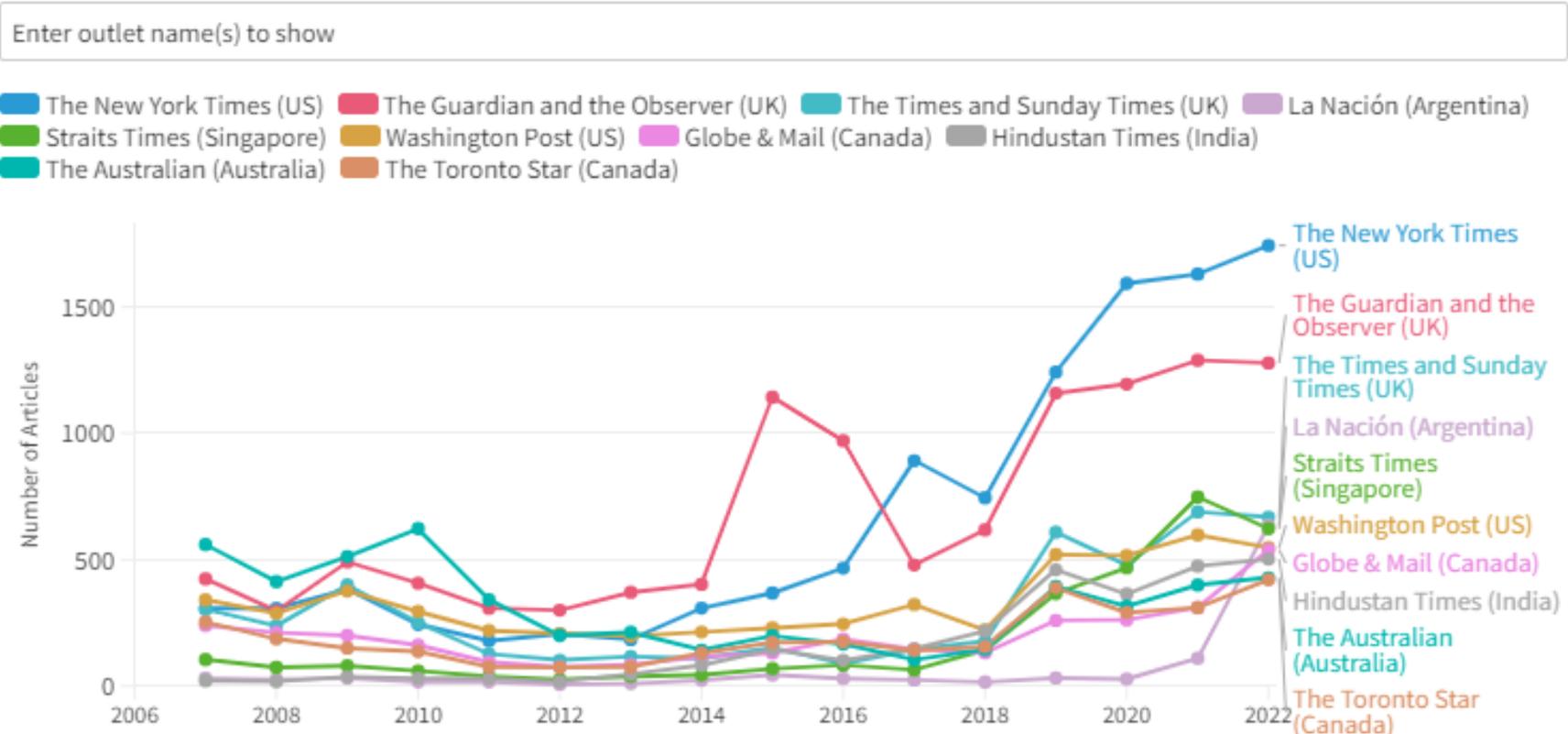
Only 0.5% of multilateral climate funding is allocated to projects that explicitly address human health

Awareness and priority increasing

Coverage of Health and Climate Change in News Outlets Around the World

Number of news articles covering health and climate change, 2007-2022

Initial screen shows 10 outlets with the most coverage across the time period



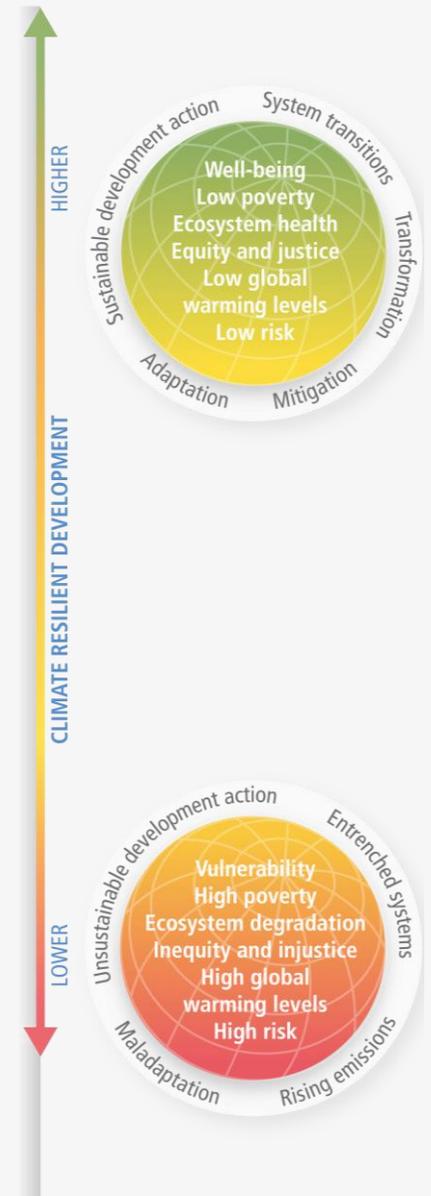
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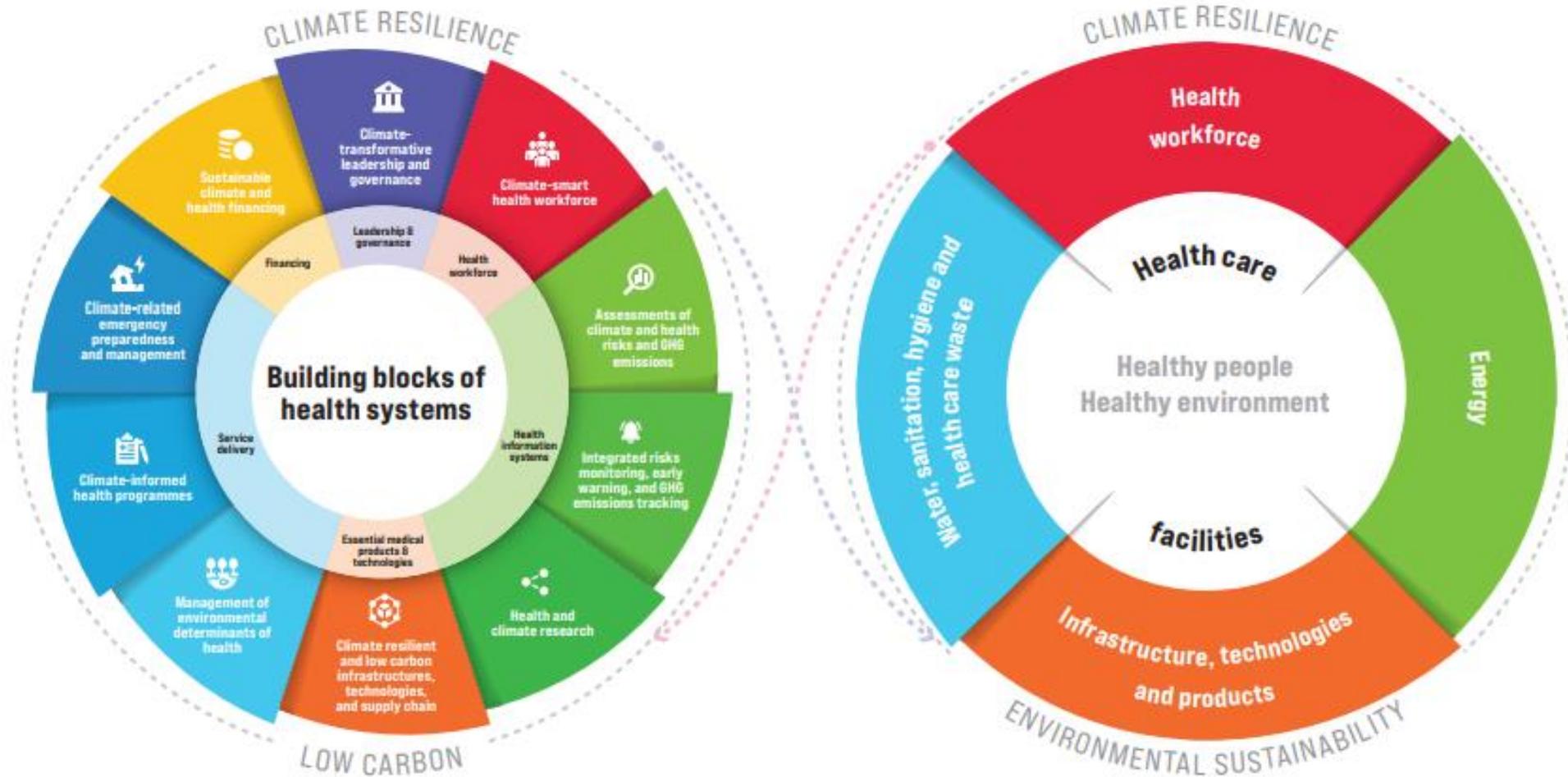
Opportunity 1: Climate Resilient Development

The solutions framework:

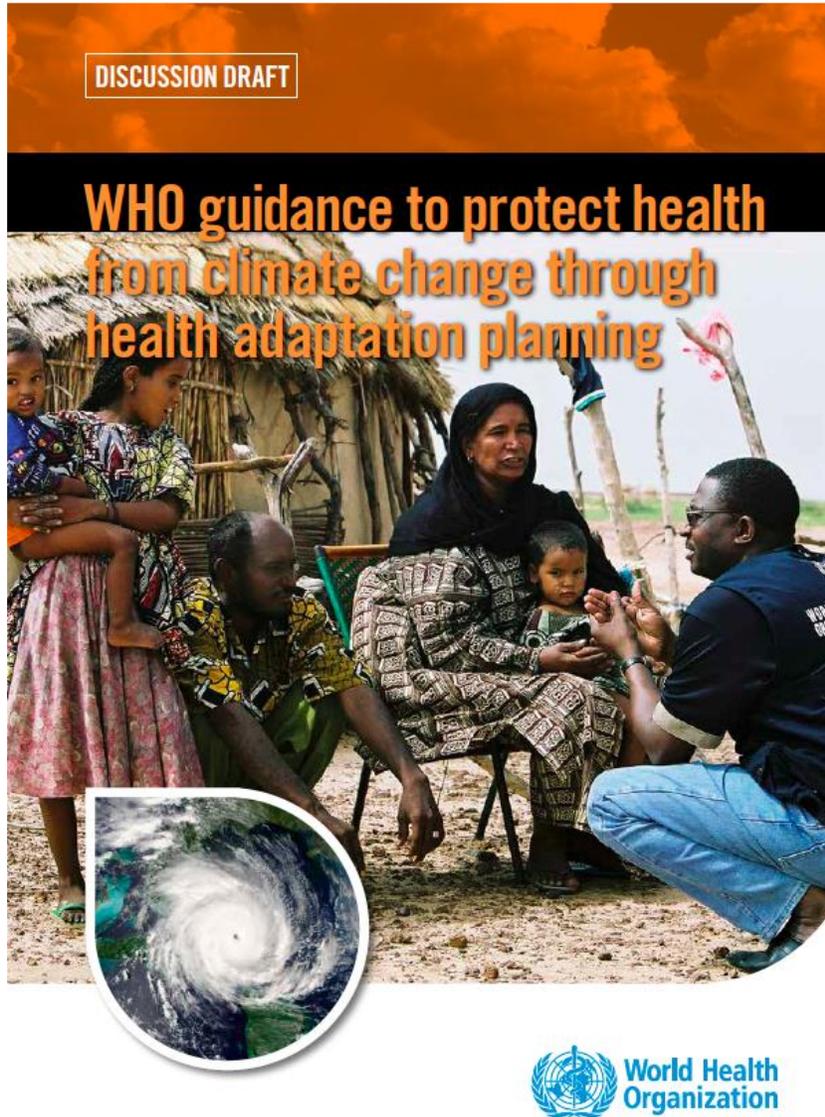
- Involves marginalised groups
- Prioritises equity and justice
- Reconciles different interests, values and world views
- Requires scaled-up investment and international cooperation



WHO Operational framework



Other mechanisms: Health Component of a National Adaptation Plan



REVIEW

Health in National Adaptation Plans



Opportunity 2: Integrated ‘win-win’ solutions

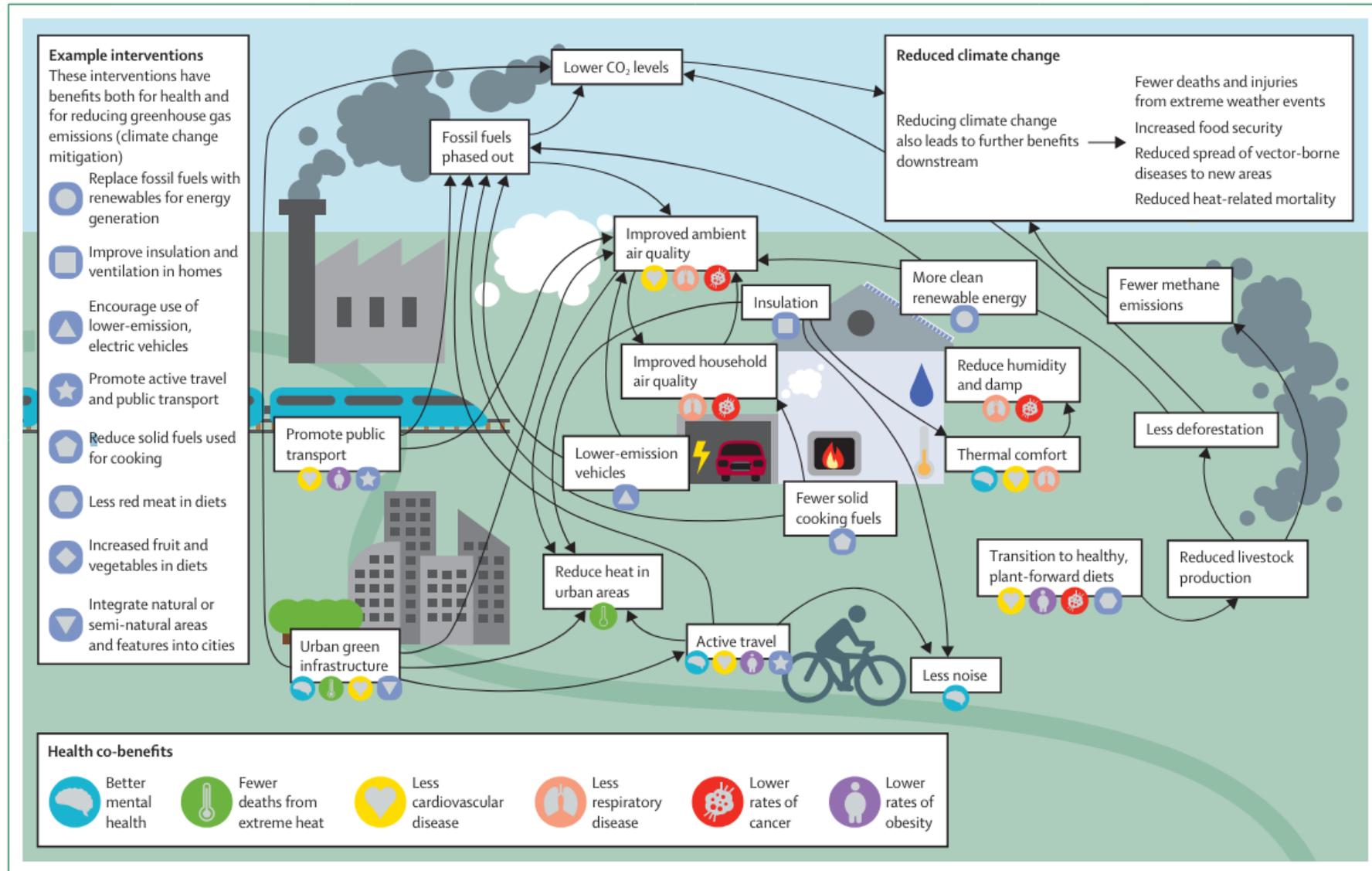


Figure 1: Key pathways and connections between climate mitigation actions and health

Source Whitmee et al (2023). [https://doi.org/10.1016/S0140-6736\(23\)02466-2](https://doi.org/10.1016/S0140-6736(23)02466-2)

Why consider co-benefits?



ENERGY

(emissions primarily from electricity production for homes, workplaces, schools, and hospitals)

Health benefits that arise from reduced air pollution

Mitigation measures that:

- Develop clean energy technologies
- Improve energy efficiency
- Change the energy system structure
- Expand renewable energy use
- Reduce fossil fuel use



Introduction of global carbon price >

▼ **1M** prevented deaths by 2050



▲ **27%** US solar energy increase >
US\$298B in public-health benefits



AGRICULTURE

(emissions from animal and plant food production, and soil)

Health benefits that arise from eating a low-emissions diet

Mitigation measures that:

- Increase livestock farming efficiency
- Increase sustainable land management and use, eg regenerative agriculture practices
- Reduce fossil fuel use
- Reduce animal-based food production
- Reduce food transportation
- Improve agricultural technology



Transition to plant-based diet >

▼ **70%** reduction in GHG emissions
▼ **10%** prevented deaths by 2050



Replace 50% meat and dairy in UK >
▼ **37,000** prevented deaths from heart disease and cancer per year



BUILDINGS AND CITIES

(emissions associated with building materials, heating and cooking, and urban planning)

Health benefits that arise from clean and efficient buildings, compact cities, active living and reduced air pollution

Mitigation measures that:

- Reduce fossil fuel-powered energy use and incentivise renewable energy sources
- Increase energy efficiency
- Provide equitable, accessible, and affordable public transport
- Increase safe walking and cycling infrastructure
- Increase use of low-carbon building materials



Energy-efficient measures > reduce CO₂ emissions

▼ **55 Mt**



2000-2016 green building standards >

▲ **US\$5.8B** in climate and health benefits



INDUSTRIAL

(emissions from processes used to produce goods and materials)

Health benefits that arise from reduced toxins and air pollution

Mitigation measures that:

- Reduce emissions intensity
- Improve energy efficiency
- Expand renewable energy use
- Reduce fossil fuel use
- Increase the use of low-emission materials



65% renewable energy in China by 2050 >
US\$222B worth of health benefits



Electrifying industrial sectors >
▼ **37M** prevented premature deaths by 2060



TRANSPORT

(emissions from cars, buses, trucks, ships, trains, and planes)

Health benefits that arise from reduced air and noise pollution and increased physical activity

Mitigation measures that:

- Decrease the use of motor vehicles
- Where motor vehicles are used, prioritise public over private transport and increase use of low- or zero-emission (eg, electric) models
- Increase active transport (eg, walking, cycling) and public transport



▲ **18 mins** increase in walking & cycling per day >

▼ **14%** reduction in GHG emissions



Replace 10% car trips with cycling in NZ >
USD\$308M saving in health costs



NATURE-BASED SOLUTIONS

(sustainable solutions that are supported by nature and address emissions associated with deforestation and ecosystem degradation)

Health benefits that arise from increased green space and its use

Mitigation measures that:

- Restore and Increase land and soil health
- Improve freshwater and marine ecosystems
- Increase forestation, conservation, protected areas and urban greening



30 mins green space use per week > reduce depression and high blood pressure



▲ **10%** increased neighbourhood tree canopy >
▼ **400** prevented premature deaths per year



To finish:

Practical

- Be strategic to access climate change funding to address current underlying health burdens – ‘nothing new’/’win-win’ arguments
- Advocacy – bilaterals, multilaterals
- Consider health co-benefits of action in your policy area (e.g. transport, infrastructure, finance)

Research/policy

- Understand decision-making dynamics and leverage entry points
- Interrogate funding dynamics – stakes are high
- Synergies across international agreements



THE UNIVERSITY OF
MELBOURNE

Thank you

Kathryn.bowen@unimelb.edu.au

W: unimelb.edu.au/climate/collaboration/climate-catch-lab

E: Climate-catchlab@unimelb.edu.au

For more information

Melbourne Climate Futures

