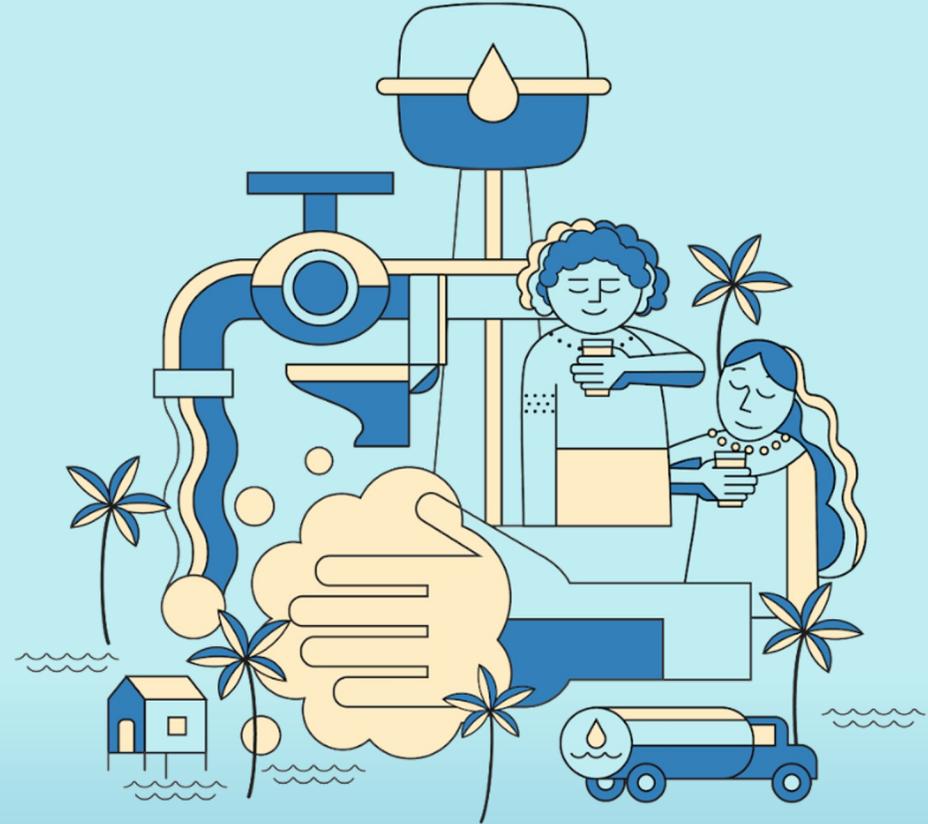


# A 'Good enough guide' to sanitation in the Pacific

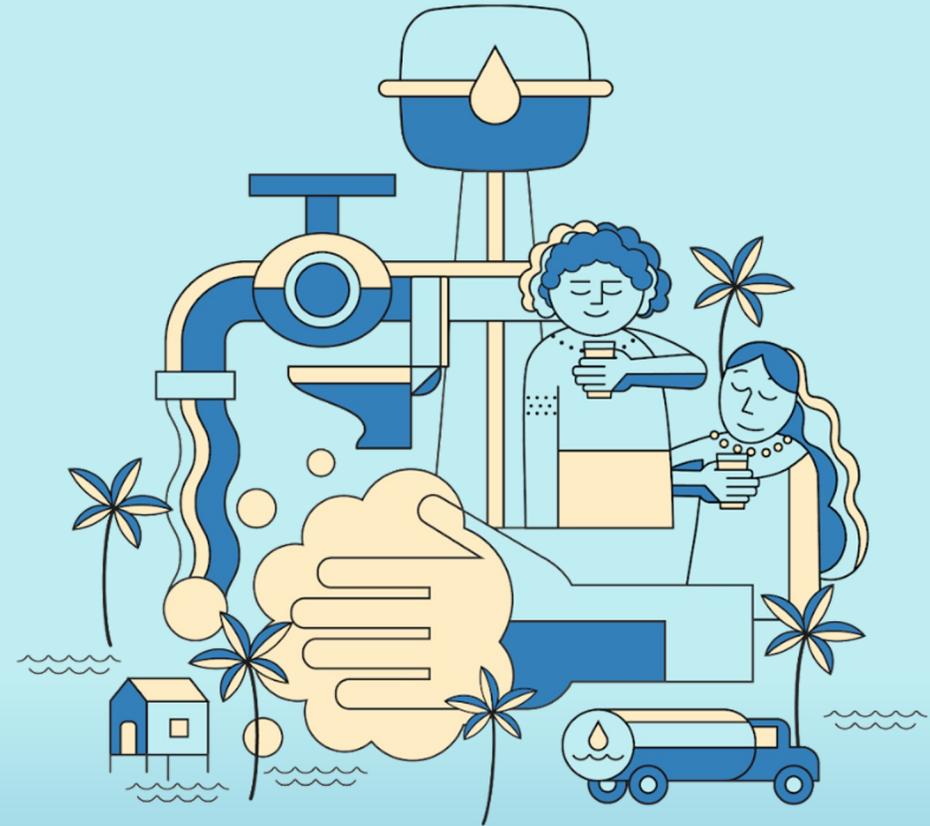
On-line training resources as delivered at the Water and WASH Futures Conference

17 February 2023



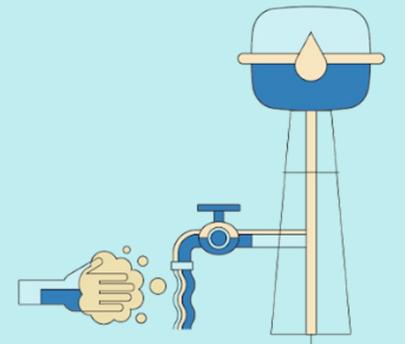
# Trainers

**Mark Ellery**  
**Bronwyn Powell**  
**Tony Falkland**



# Learning objectives:

- 1. To understand the principles underpinning the dry (aerobic) and wet (anaerobic) processes for the containment and treatment of faecal waste.**
- 2. To understand the principles underpinning the design of septic tanks & soakaways, wet & dry pit toilets, septage & sewage treatment plants.**



## Introduction:

Context:  
What's unique  
about Pacific  
sanitation?

Health  
impacts –  
chronic and  
acute

## 1. Understanding faecal exposure risks

Faecal  
exposure  
pathways

Groundwater  
safety and  
setback  
distances

## 2. Principles of septic tanks and soakaways

Design,  
operation  
and  
maintenance

Common  
failings

## 3. Principles of pit toilets

Wet /  
anaerobic

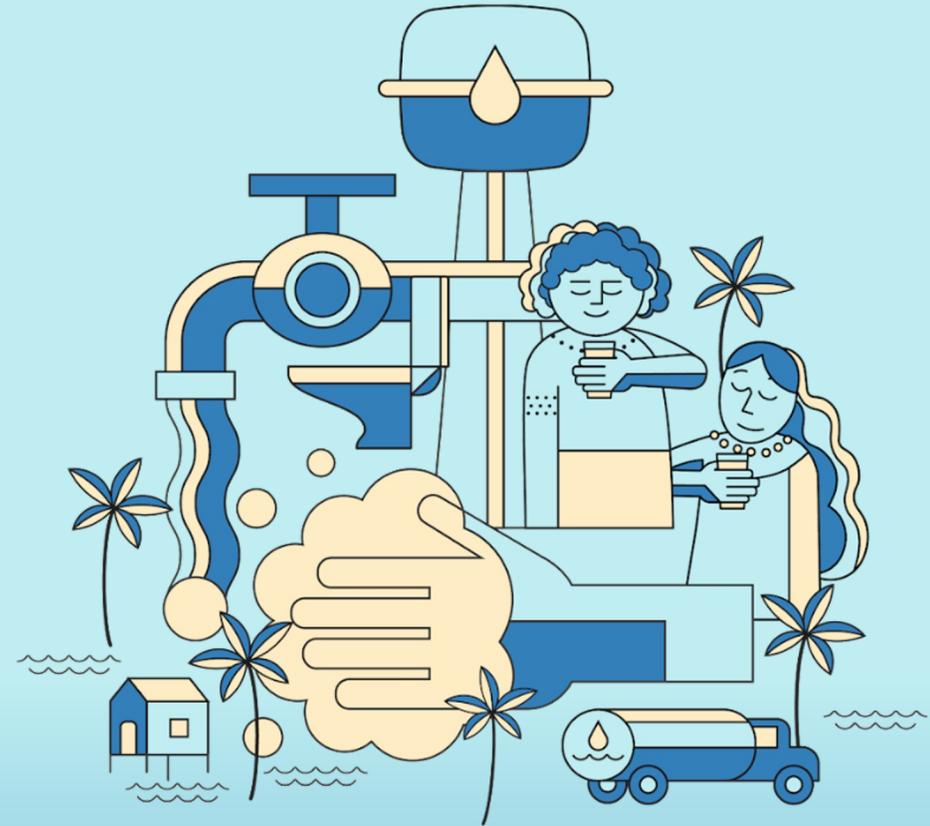
Dry / aerobic

## 4. Principles of septage / sewage treatment systems

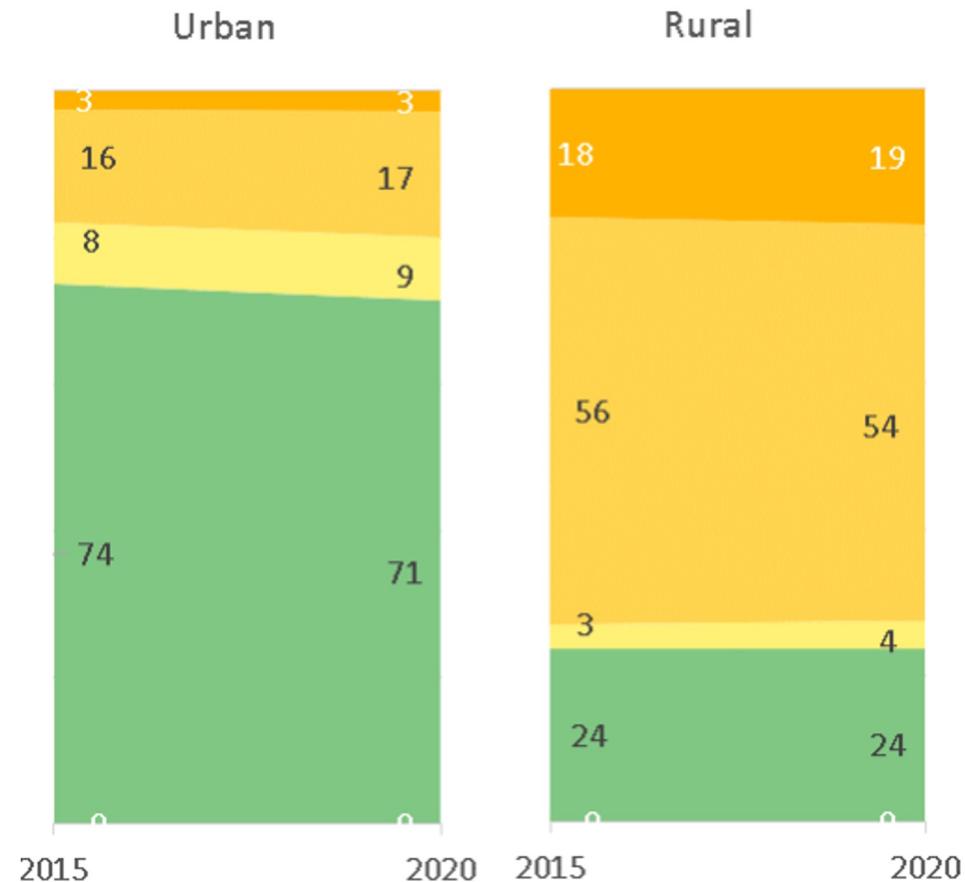
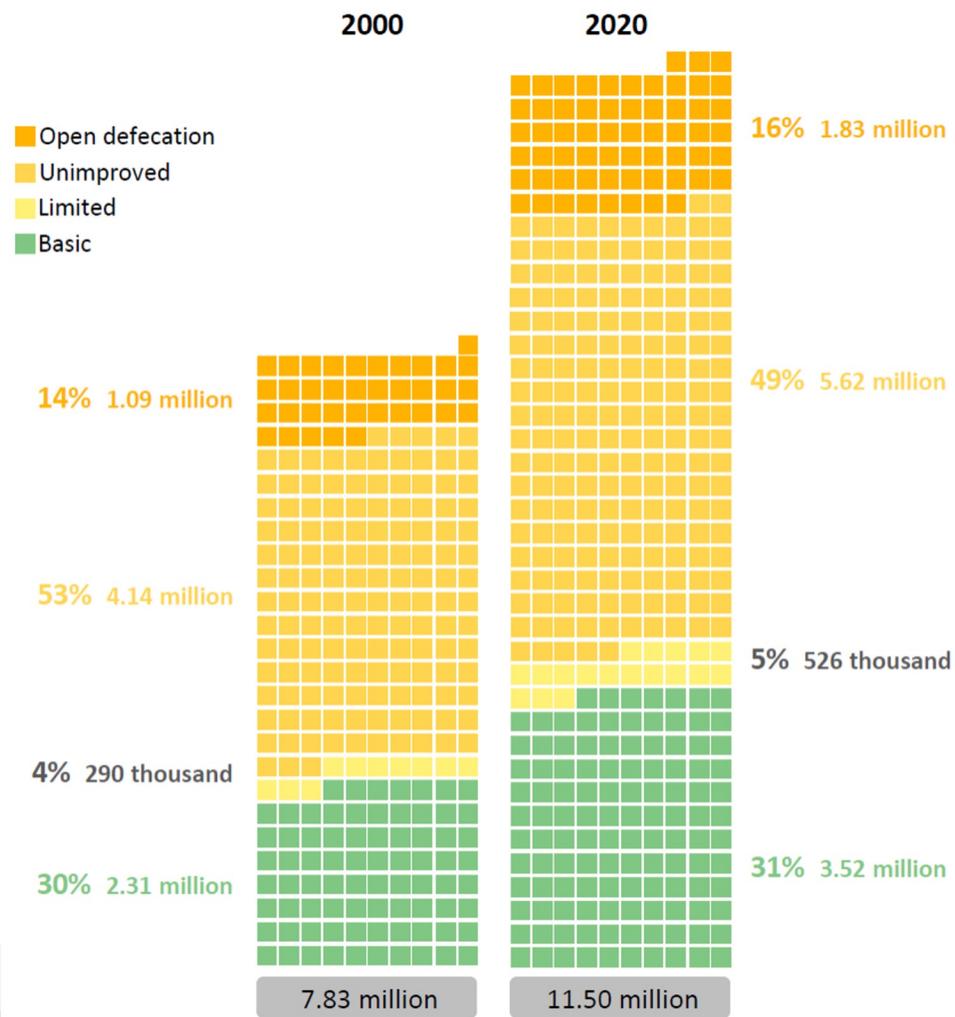
Design,  
operation  
and  
maintenance

Common  
failings

# Introduction: Sanitation in the Pacific



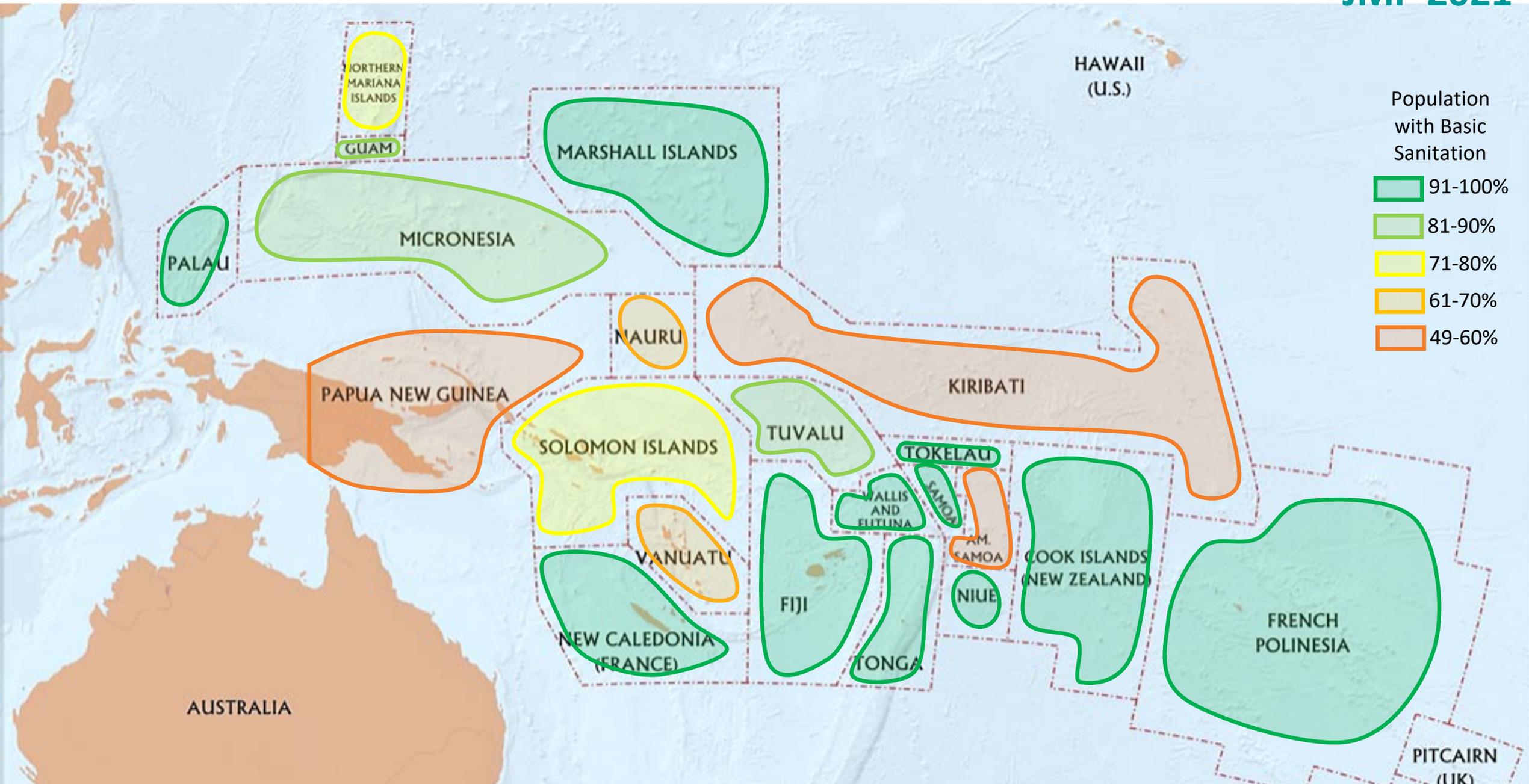
# Pacific Sanitation Context



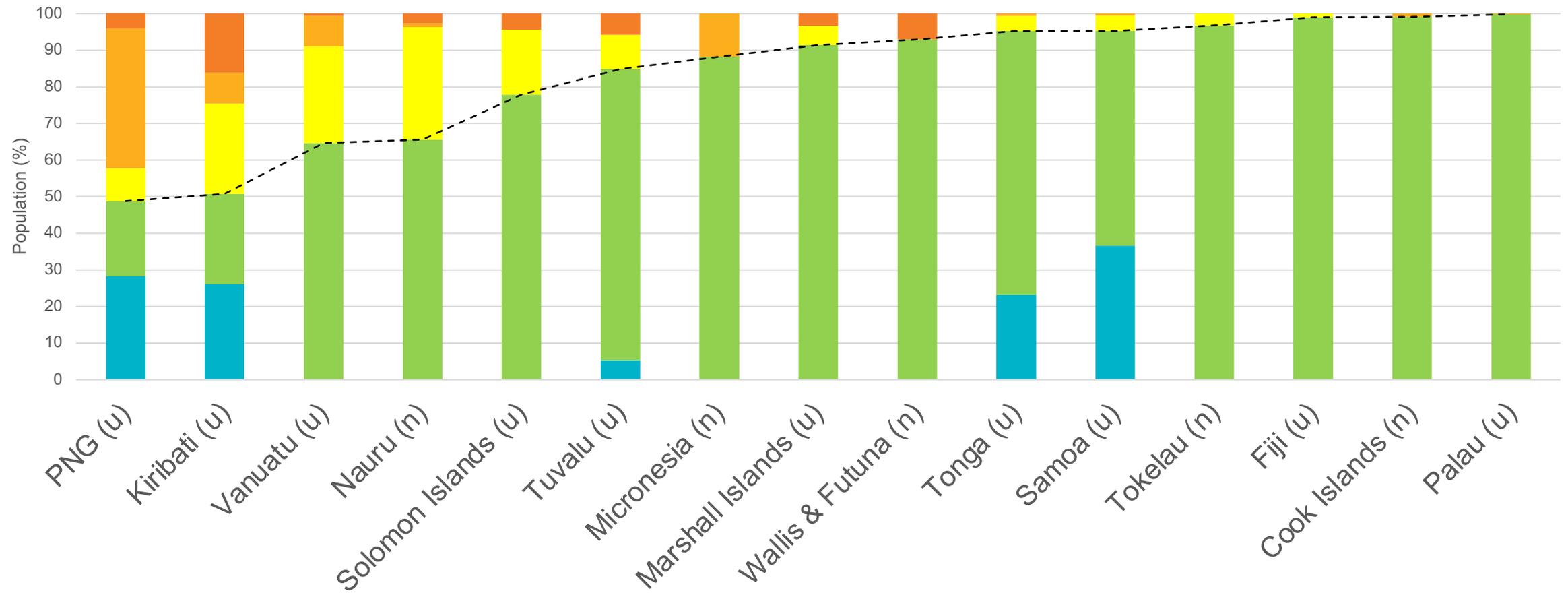
Inequities in access between urban and rural populations

1.2m people gained access in last 20 years, but this did not keep up with population growth

# Access to at least Basic Urban Sanitation Facilities JMP 2021



# Pacific Access to Basic Urban Sanitation Facilities JMP 2021



■ Safely managed sanitation\*

■ Basic (Improved and not shared)

■ Limited (Improved and shared)

■ Unimproved sanitation

■ Open defecation

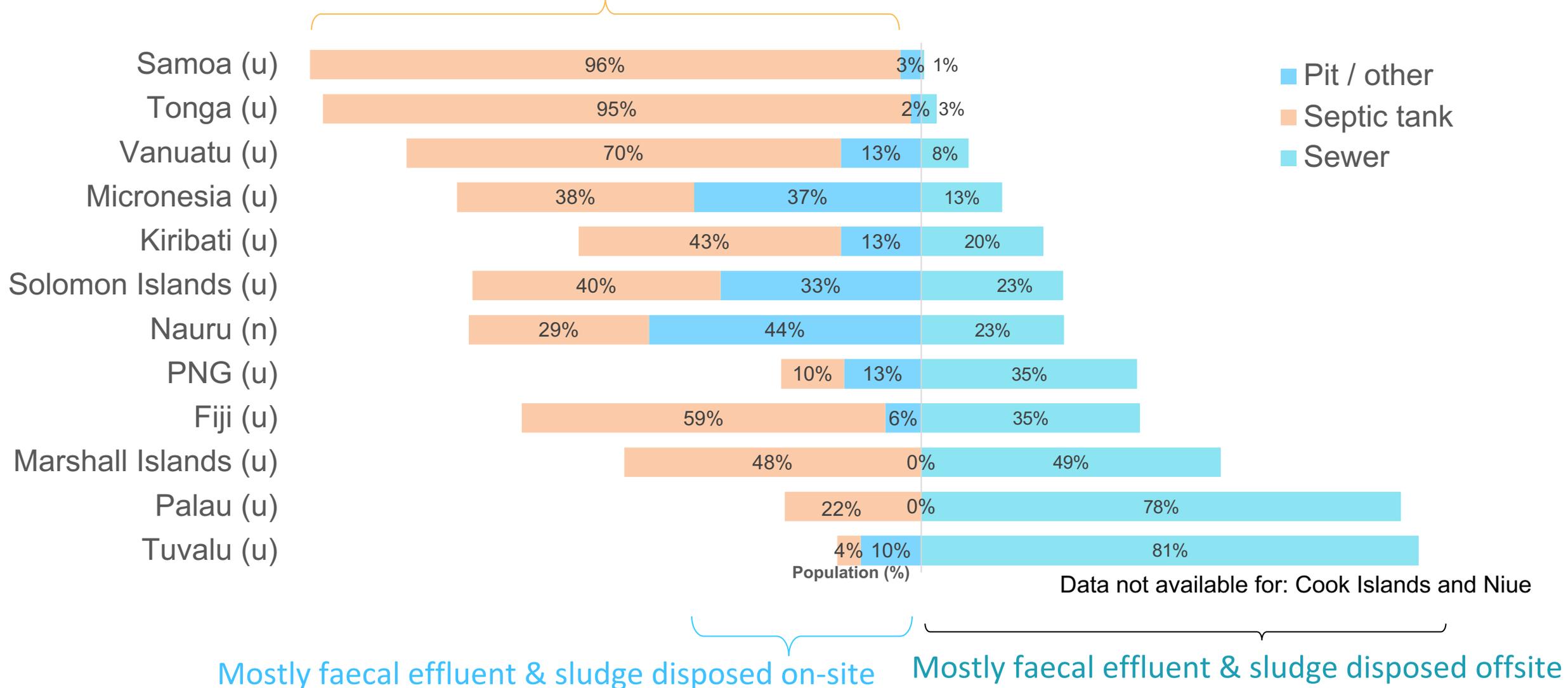
- - - - At least Basic

(u) Urban data available

(n) Only national data available

# Faecal Sludge Management vs Sewerage Treatment in the Pacific

Mostly faecal effluent disposed on-site & faecal sludge disposed off-site



(u) Urban data available (n) Only national data available

Source: WHO/UNICEF JMP (2021)

# NETWORKED SEWERAGE



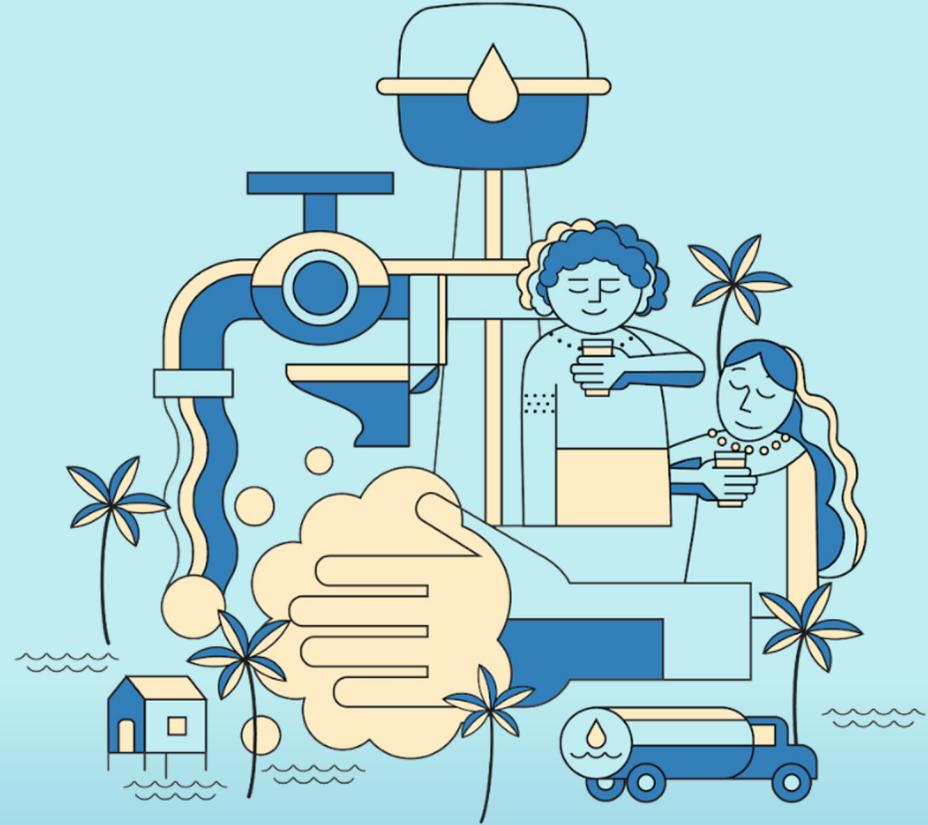
# Safely Managed Sanitation Elements

## ON-SITE SANITATION



COLLECTION ➤ CONTAINMENT ➤ EMPTYING ➤ TRANSPORT ➤ TREATMENT ➤ REUSE/DISPOSAL

# Introduction: What's unique to the Pacific ?



# Pacific Island Countries

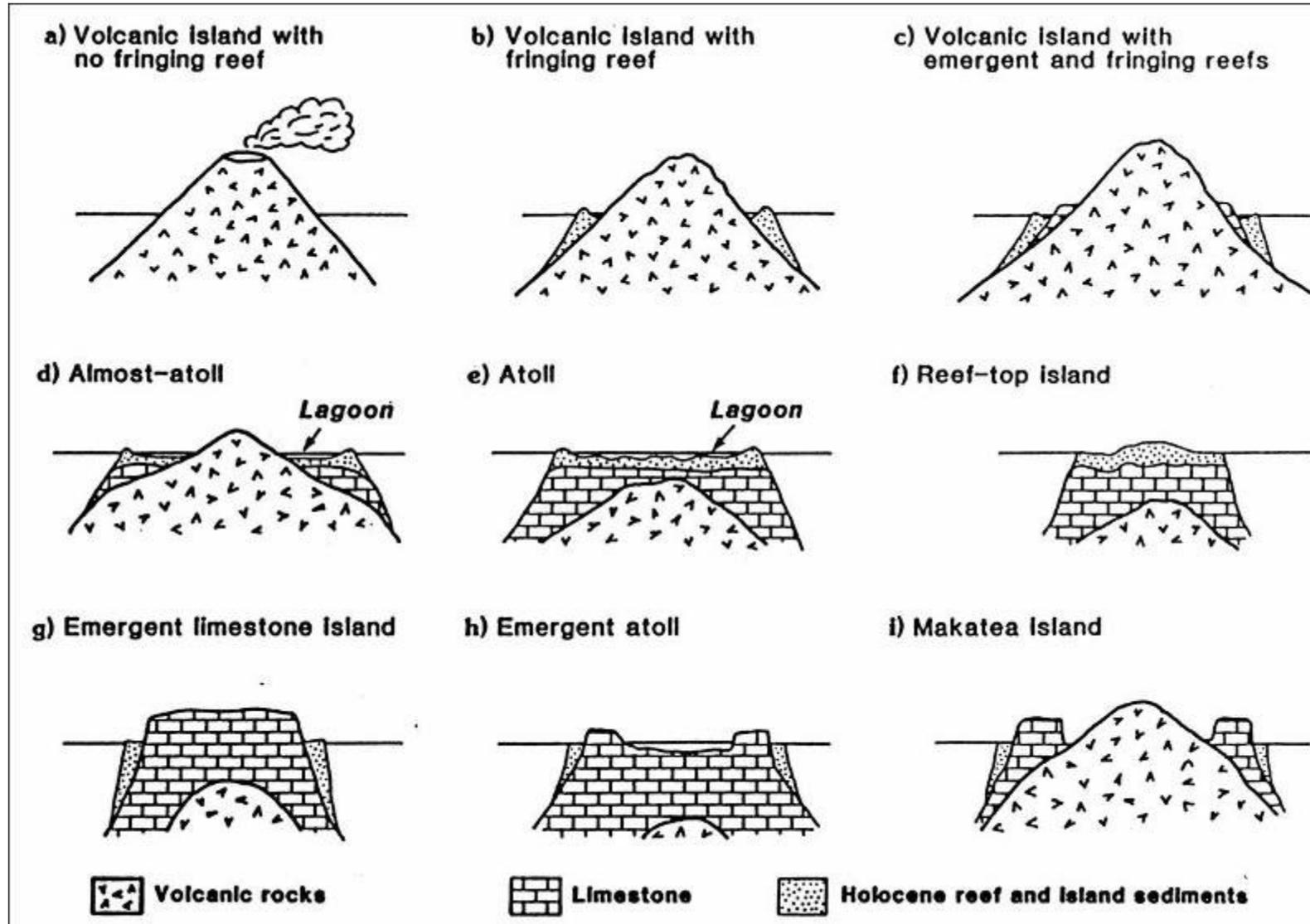
## Large diversity

- Physical nature of islands (size, shape elevation, geology, etc)
- Climate (especially rainfall – very variable in space & time)
- Hydrology & water resources availability
- Demography (total population, population density, growth rate, % of urban and rural)
- Culture
- Degree of economic development
- Degree of isolation

# Physical characteristics of Pacific Island Countries

Country	Total Land Area (km <sup>2</sup> )	Number of islands or atolls	Island type according to geology
Cook Islands	237	15	Volcanic, limestone, atoll, mixed
Federated States of Micronesia	701	607	Volcanic, atoll, sand, mixed
Fiji	18,300	322	Volcanic, limestone, atoll, sand, mixed
Kiribati	811	33	Atolls & coral islands, one limestone island
Marshall Islands	181	34	Atolls & coral islands
Nauru	21	1	Limestone
Niue	259	1	Limestone
Palau	444	340	Volcanic, some with limestone
Papua New Guinea	463,000	Approx. 600	Volcanic, limestone, atoll, sand, mixed
Samoa	2,930	10	Volcanic
Solomon Islands	28,200	Approx. 1,000	Volcanic, limestone, atolls
Tonga	749	171	Volcanic, limestone, sand, mixed
Tuvalu	26	9	Atolls
Vanuatu	12,300	83	Volcanic with coastal sands & limestone

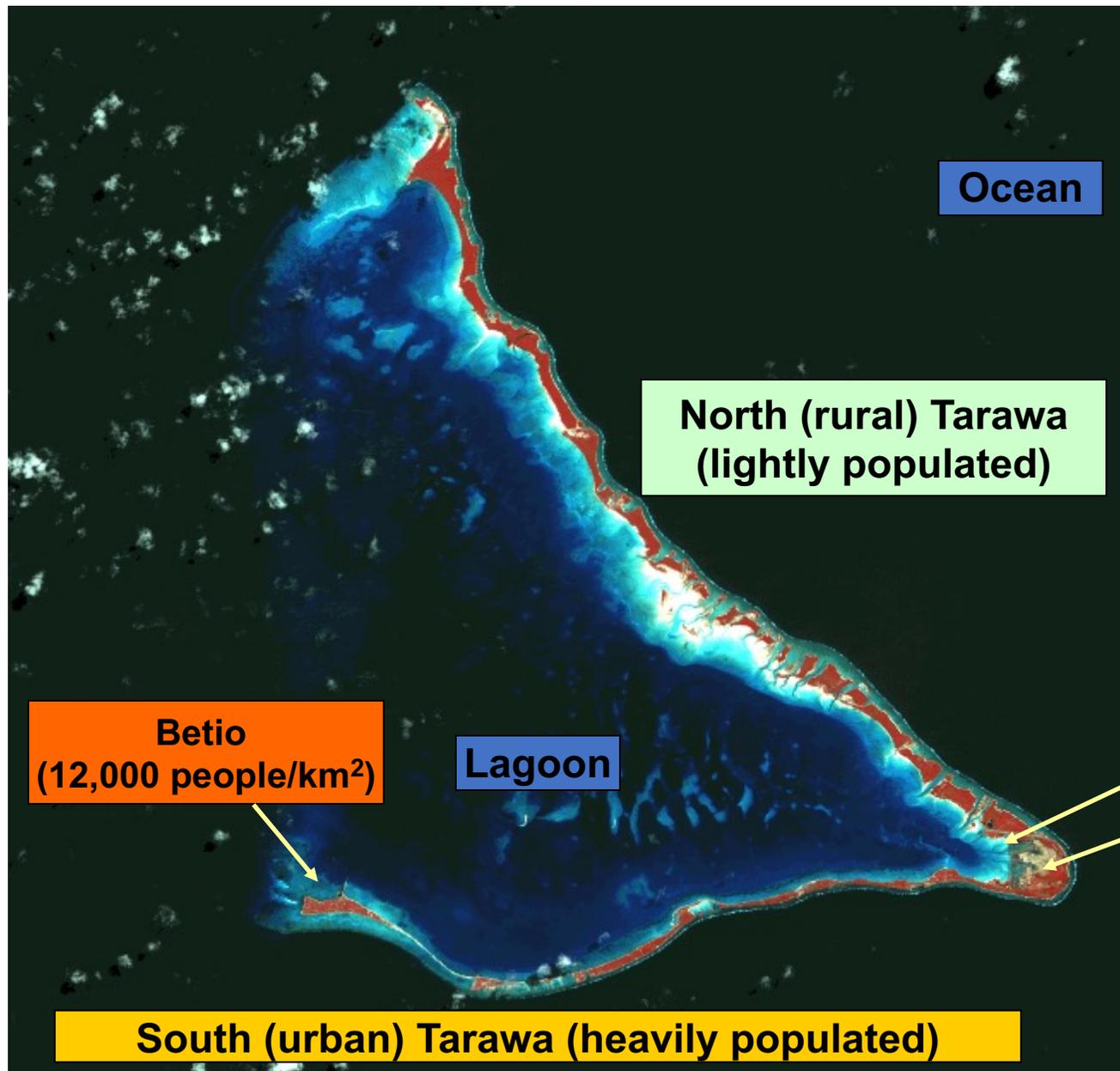
# Geology



Examples of Volcanic, Limestone, Coral & Mixed Geology Islands

# Population summary for Pacific Island Countries

Country	Population estimates, 2022	Average population density (people/km <sup>2</sup> )	Population growth rate (%)	Urban population (%)	Rural population (%)
Cook Islands	15,400	65	0.4%	75%	25%
Federated States of Micronesia	106,000	151	0.2%	22%	78%
Fiji	902,000	49	0.4%	56%	44%
Kiribati	122,700	151	1.7%	53%	47%
Marshall Islands	54,400	301	-0.1%	74%	26%
Nauru	11,900	567	0.8%	100%	0%
Niue	1,530	6	-1.1%	36%	64%
Palau	18,000	41	0.1%	80%	20%
Papua New Guinea	9,310,000	20	2.1%	13%	87%
Samoa	201,000	69	0.6%	19%	81%
Solomon Islands	744,000	26	2.3%	19%	81%
Tonga	99,300	133	-0.3%	23%	77%
Tuvalu	10,800	415	0.9%	63%	37%
Vanuatu	308,000	25	2.2%	25%	75%
<b>Total / Average</b>	<b>11,905,030</b>			<b>21%</b>	<b>79%</b>



## Tarawa atoll, Kiribati

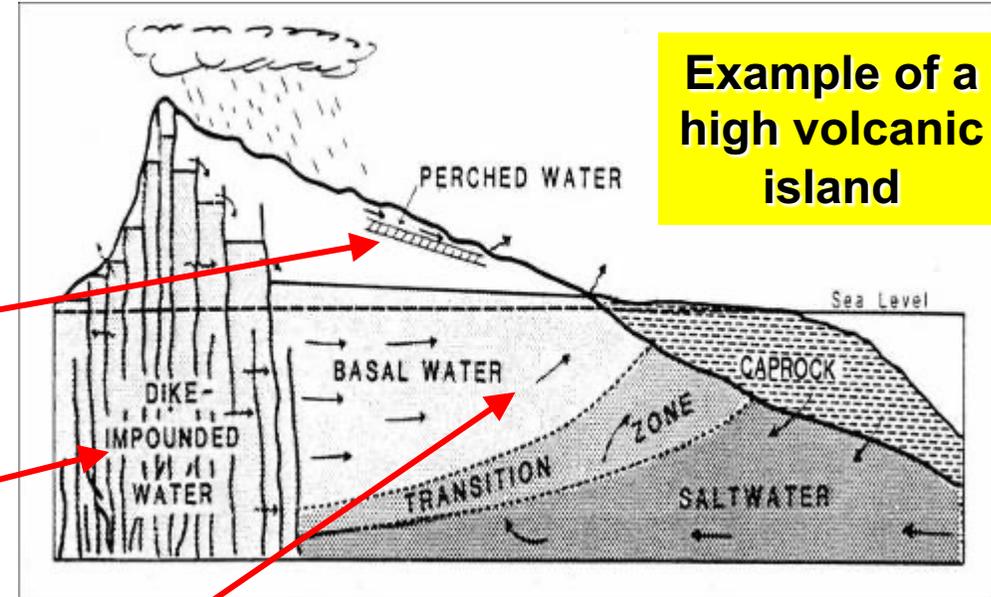
High population  
density on South  
Tarawa

Main current sources of  
fresh groundwater  
for South Tarawa

# Groundwater Resources

- **PERCHED AQUIFERS**  
(High Islands)

- ◆ 'HORIZONTAL'
- ◆ 'VERTICAL'(Dyke-confined)

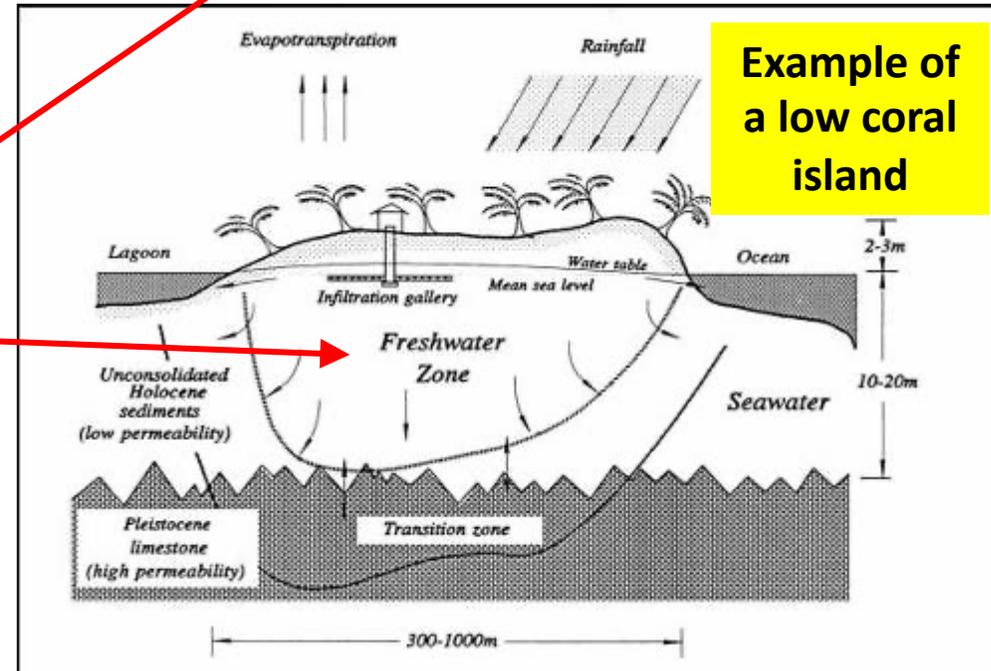


Example of a high volcanic island

- **BASAL AQUIFERS**  
(High & Low Islands)

- ◆ COASTAL AQUIFERS
- ◆ 'FRESHWATER LENSES'

(Note: vertical scale is highly exaggerated)

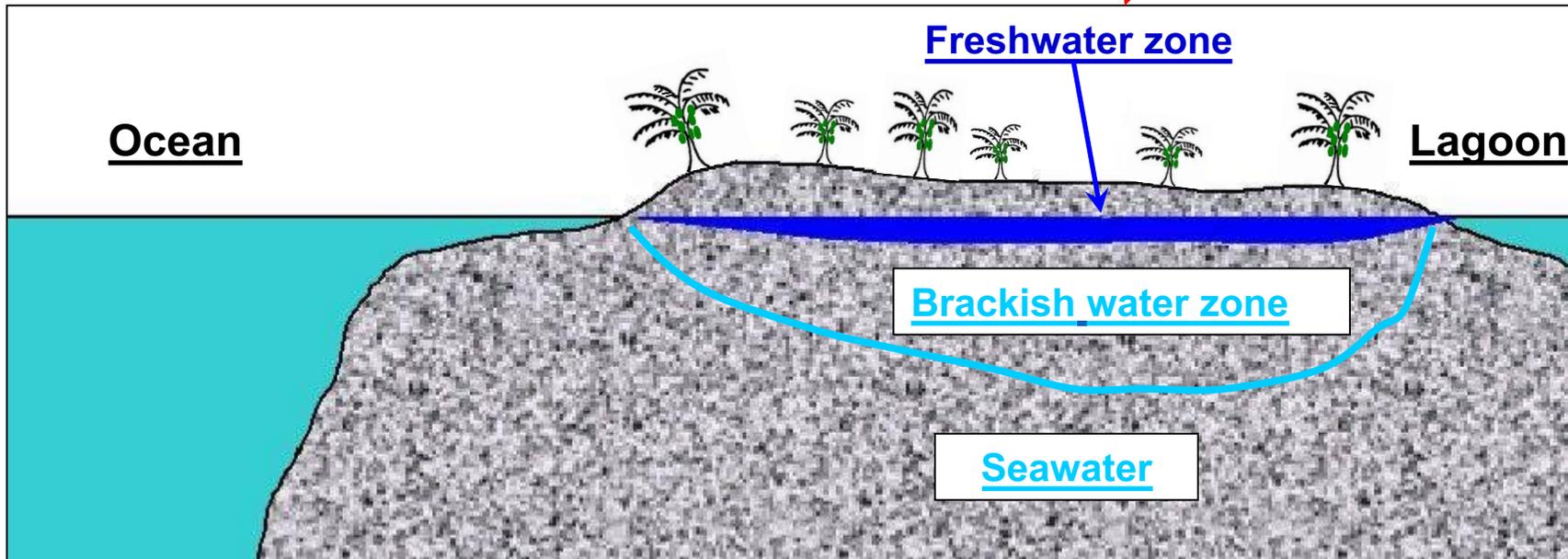
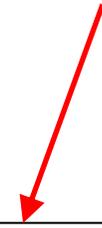


Example of a low coral island



# Atoll Groundwater

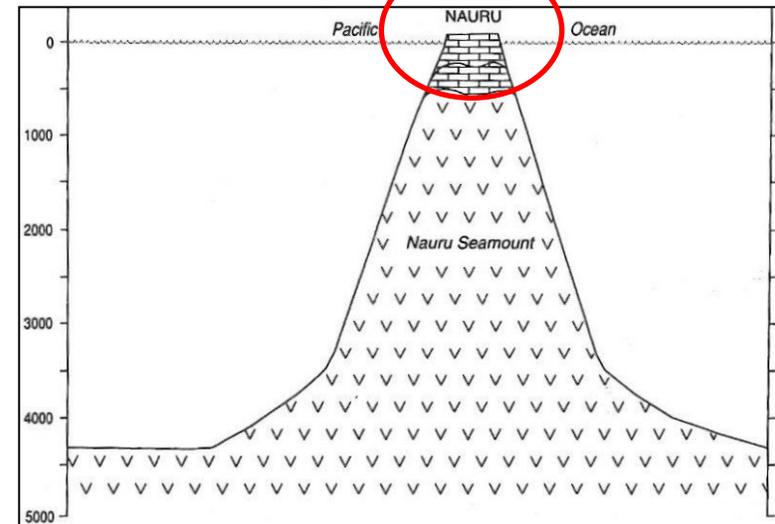
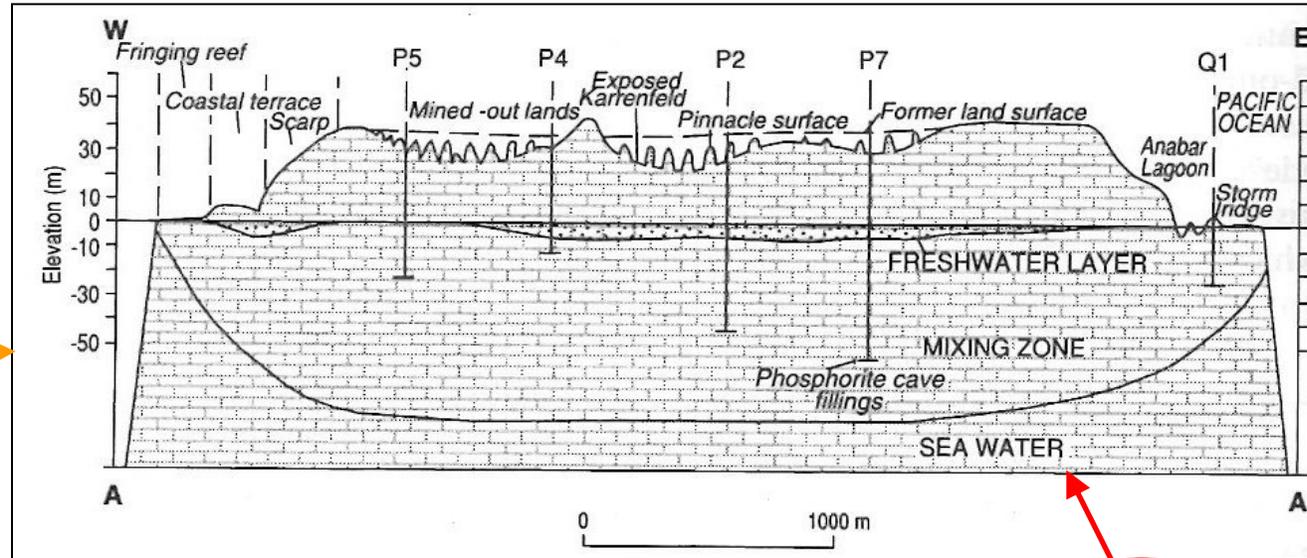
Freshwater lens drawn at more realistic scale



# Groundwater Resources

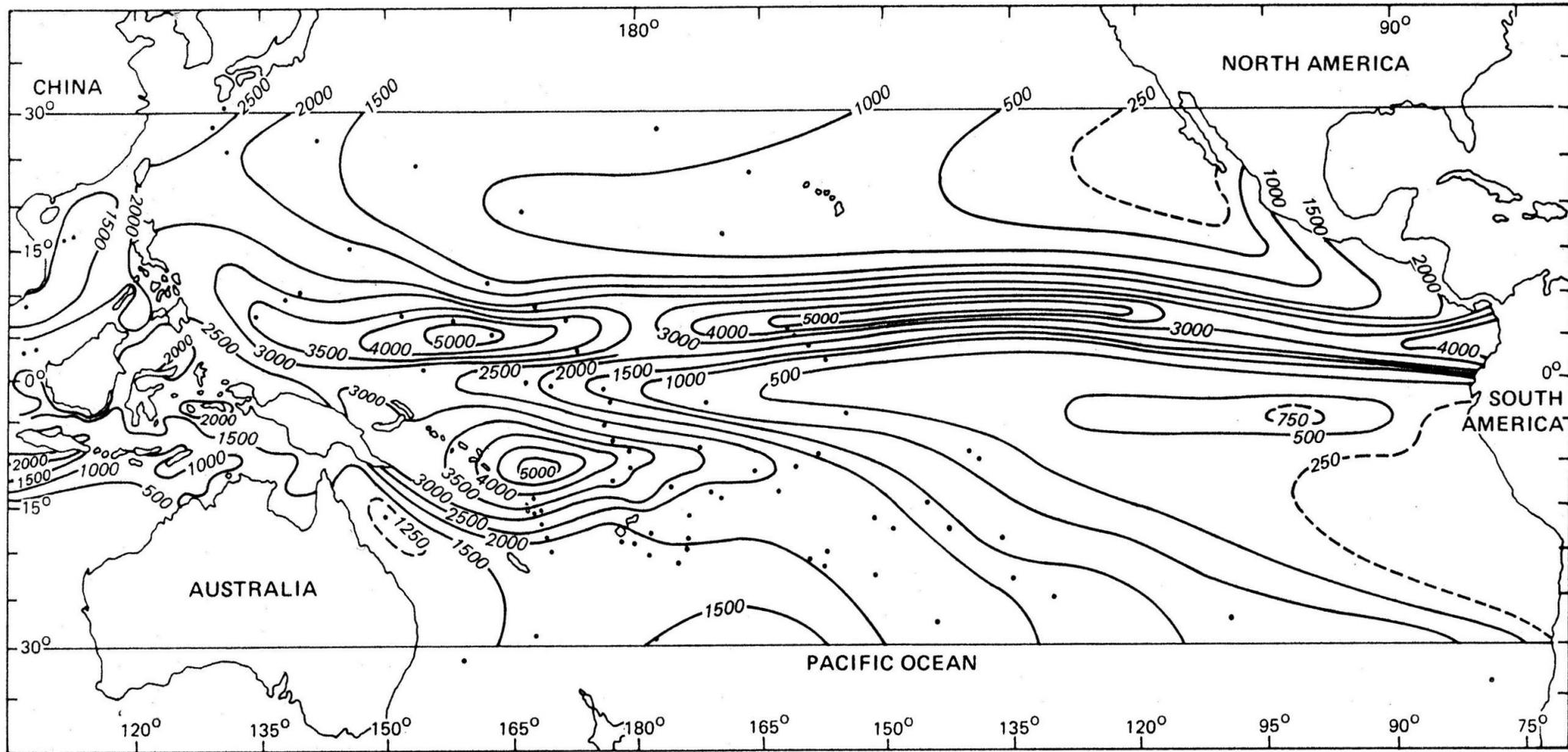
(Limestone island – e.g. raised atoll of Nauru)

**Cross section**



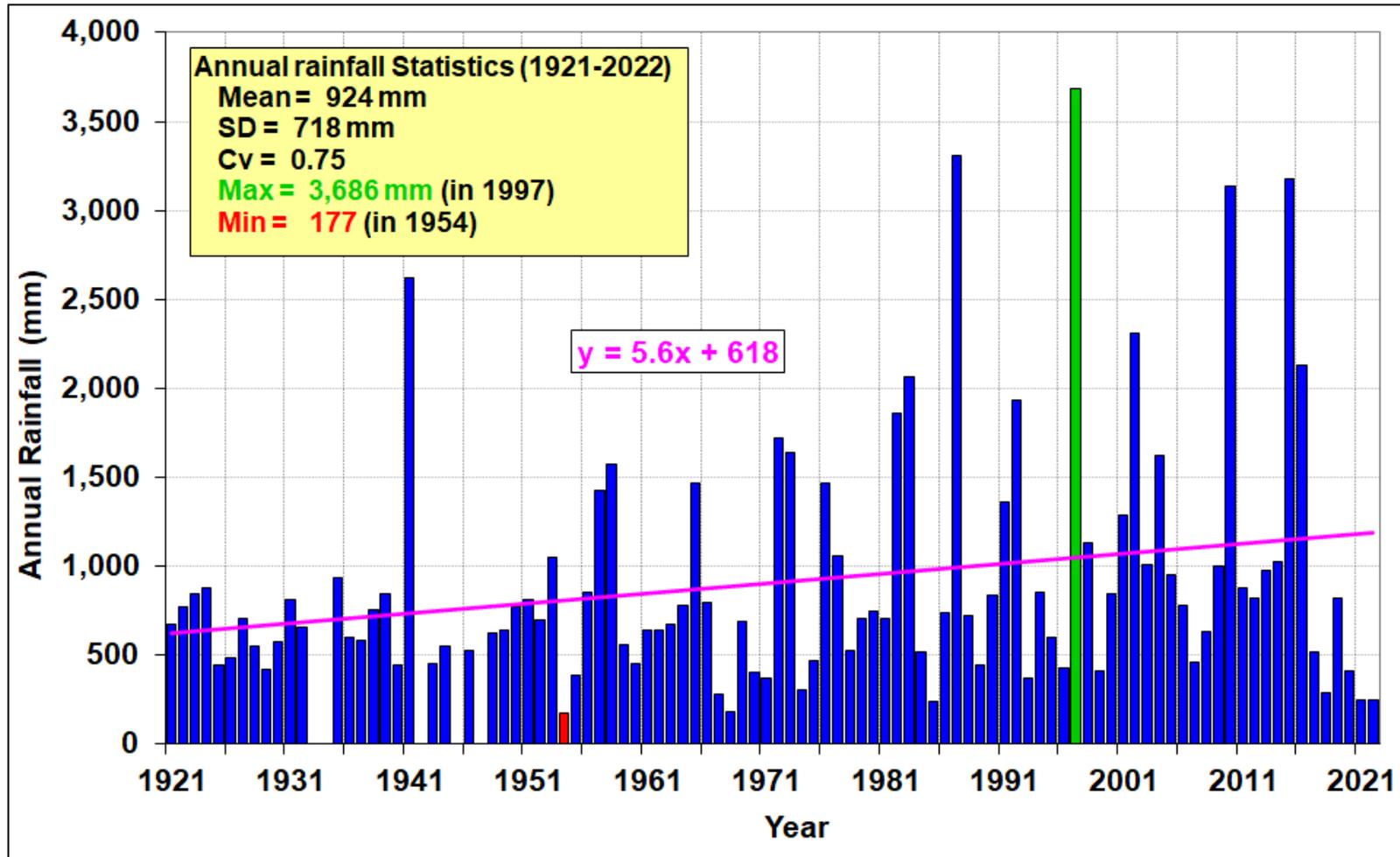
Source: Jacobson et al (1992). Geology & Hydrogeology of Nauru Island. in Vacher & Quinn, Geology & Hydrogeology of Carbonate Islands.

# Mean annual rainfall at sea level in the Pacific Ocean



- High average annual rainfall in west (up to 5,000mm)
- Low average annual rainfall in equatorial east (as low as 700mm)
- In mountain areas, annual rainfall can be close to 10,000mm

# High rainfall variability in some islands e.g. Kiritimati Island, Kiribati

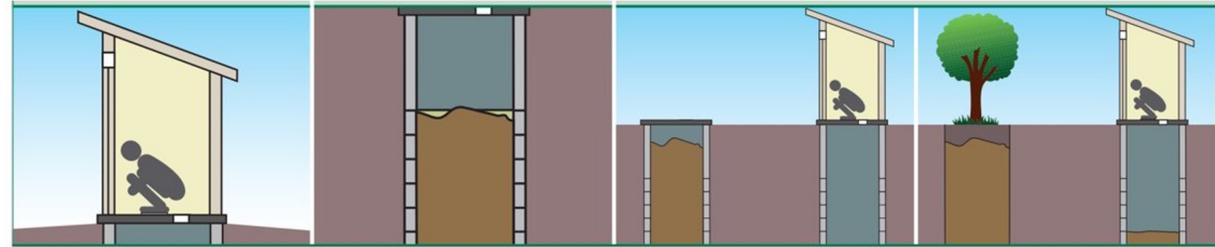


- Annual average rainfall = 924mm
- Highest annual rainfall = approx. 3,700mm,
- Lowest annual rainfall = approx. 180mm
- High & low rainfalls influenced by cycles of El Niño & La Niña episodes

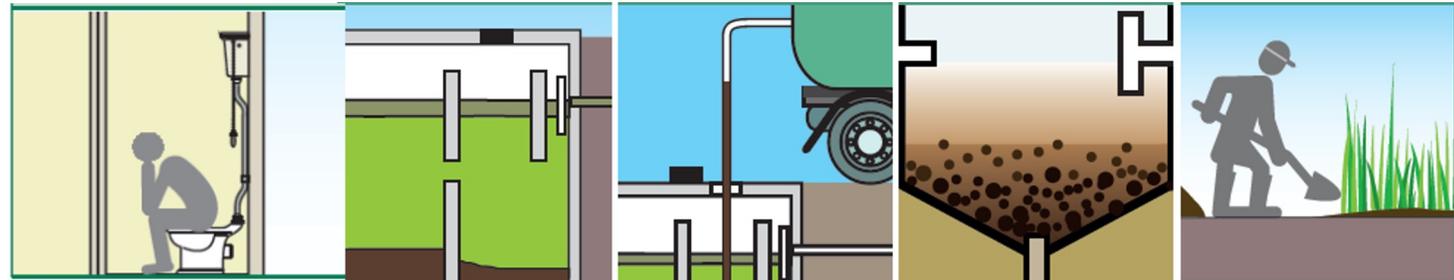
# Safely managed sanitation should look like this...

TOILET/  
CONTAINMENT ➤ CONVEYANCE ➤ TREATMENT ➤ END USE/  
DISPOSAL

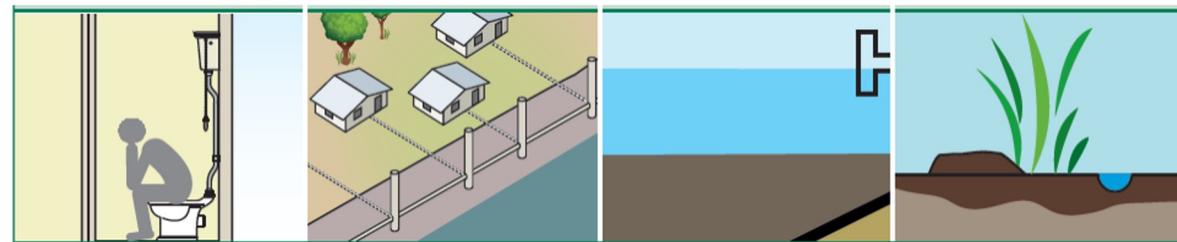
Onsite sanitation systems  
(dry and low-flush)



Onsite sanitation systems  
with FSM and offsite  
treatment (septic tanks)



Offsite / conventional  
sewerage with offsite  
treatment



WHO. (2018). Guidelines on Sanitation and Health . WHO: World Health Organisation.

# But in reality very often looks like this...

TOILET/  
CONTAINMENT



CONVEYANCE



TREATMENT



END USE/  
DISPOSAL

Onsite sanitation systems  
(dry and low-flush)



Onsite sanitation systems  
with Faecal Sludge  
Management and offsite  
treatment (septic tanks)



Offsite / conventional  
sewerage with offsite  
treatment



WHO. (2018). Guidelines on Sanitation and Health . WHO: World Health Organisation.

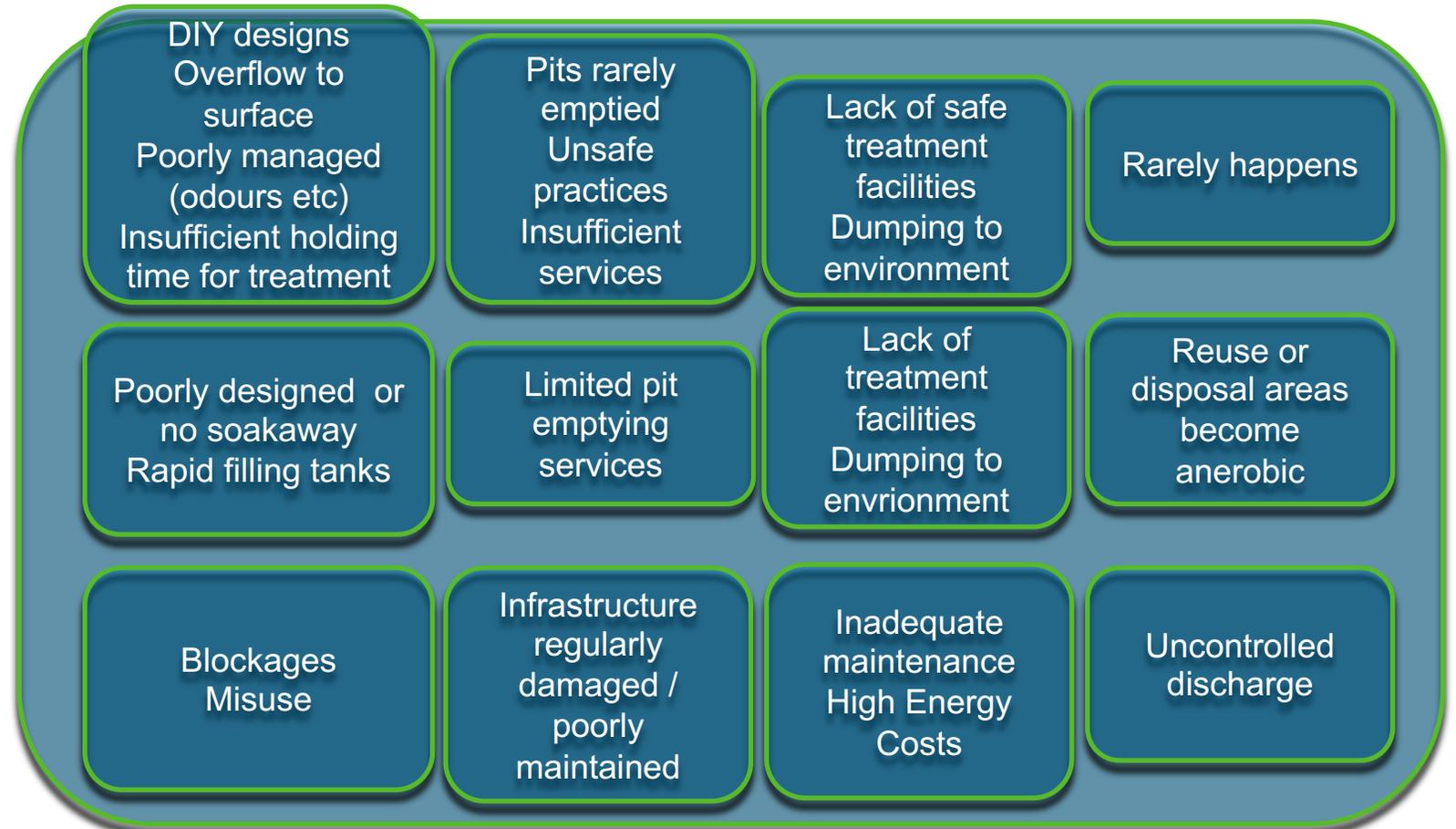
# And has these common problems...

TOILET/  
CONTAINMENT ➤ CONVEYANCE ➤ TREATMENT ➤ END USE/  
DISPOSAL

Onsite sanitation systems  
(dry and low-flush)

Onsite sanitation systems  
with FSM and offsite  
treatment (septic tanks)

Offsite / conventional  
sewerage with offsite  
treatment



# What's unique to sanitation in the Pacific?

## Context

- Challenging environments:
- Atolls
  - High population densities (e.g. South Tarawa, Funafuti, Ebeye)
  - Peri-urban areas (Port Moresby, Suva, Honiara)
  - Lack of market access

## Culture and history

- Commonly a taboo topic
- Complex cultural and gendered beliefs affect use and siting
- History of 'handouts' and system failures

## Sustainability

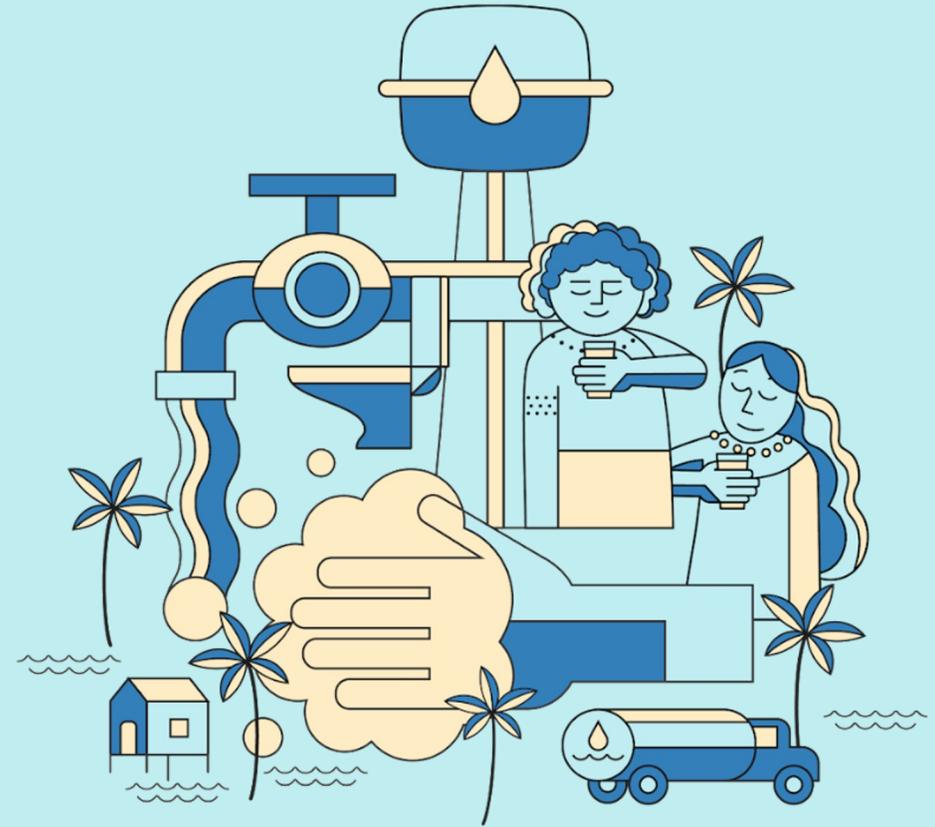
- Operations and maintenance under-supported
- Few safe disposal options
- Capacity constraints

# Common misunderstandings about sanitation in the Pacific

#	Common misunderstandings	Training topic
1	Faecal contamination of groundwater sources is primarily through the groundwater	1
2	Septic tanks significantly reduce the pathogens in faecal sludge and effluent	2
3	Septic tanks with soakaways are always a superior on-site option to cesspits	3
4	There is no problem operating dry pit toilets as wet pits	3
5	Mechanical sewage treatment plants always reduce the faecal exposure risks	4

# Topic 1: Understanding Faecal Exposure Risks

*“The soil is our friend”*



# Good Enough Guide to On-site Sanitation

## 1. Understanding Faecal Exposure Risks

- 1.1 Implications of faecal exposure
- 1.2 Principles of aerobic & anaerobic digestion processes
- 1.3 Hydro-geological implications of faecal waste disposal

### Public Health Acts

## 3. Pit Toilets

- 3.1 Principles of dry pit toilets
  - Optimise aerobic processes
- 3.2 Principles of cesspit toilets
  - Direct vs offset pit, single vs twin pit, pour vs push flush.

## 2. Septic Tanks & Soakaways

- 2.1 Principles of septic/soakaways
  - Understanding the critical role of soakaways in pathogen removal
  - Optimising septic tank/soakaway design (sizing vs risk vs price)

## 4. Sewage/Septage Systems

- 4.1 Principles of onsite treatment
  - Design & operation of septage vs sewage treatment plants
- 4.2 Networked sewage behaviours
  - Managing on-site behaviours for networked sewage systems

### Local Government Acts

### Home Building Guides

Rural

Local Council By-Laws

### Planning Acts

### National Building Codes

Urban

Municipal Council By-Laws

### Environmental Acts

### Wastewater Regulations

Commercial

EIA & EMMP

Public

# Why Safe Sanitation?

**Acute = Severe sudden symptoms**



Child wasting 

Child mortality 

**Chronic = Long developing syndromes**

Ineffective oral medication 

Antenatal nutrient deficiency 

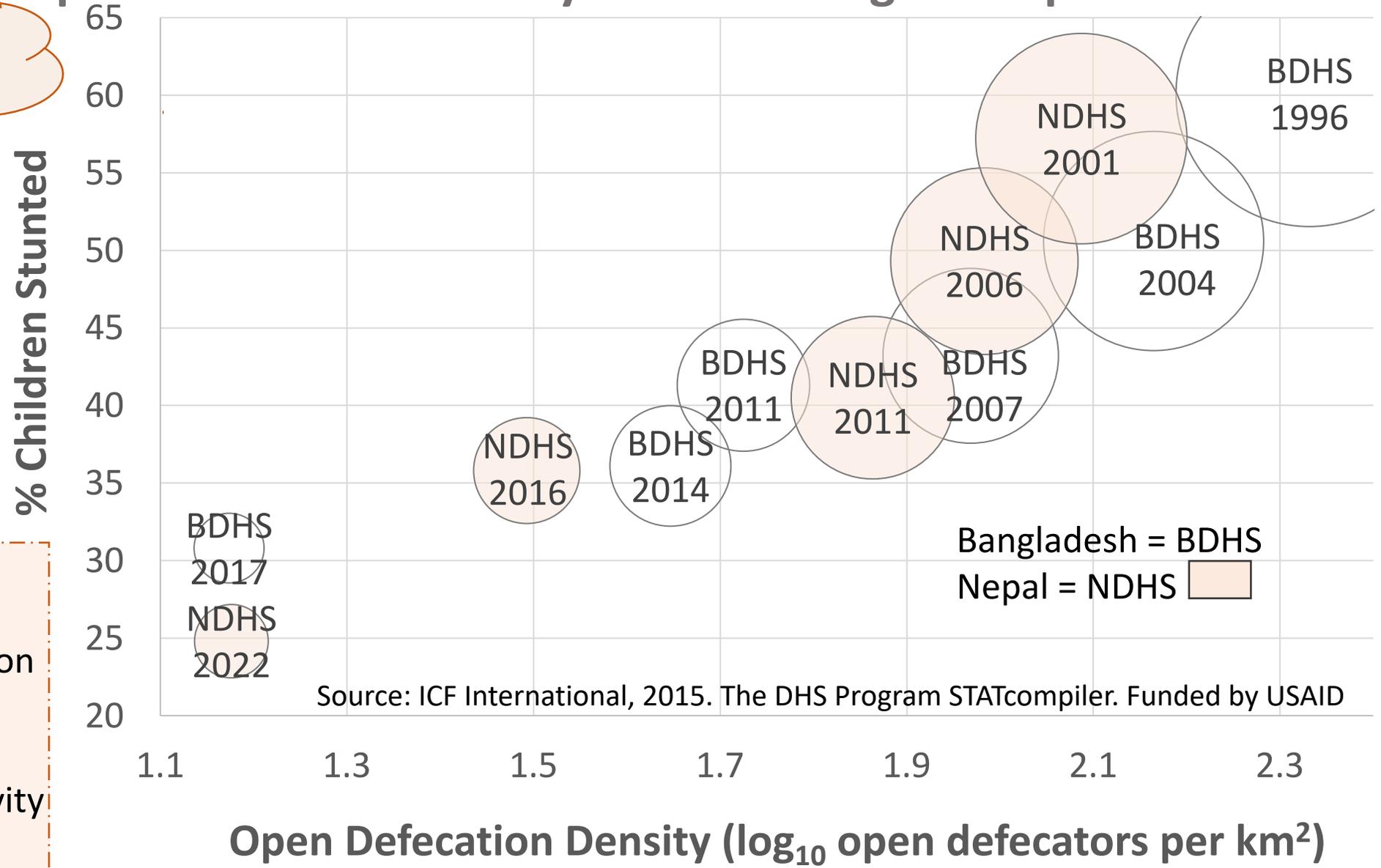
Low birth weight 

# Strong Correlation (OD Density ↓ ≈ Stunting ↓)

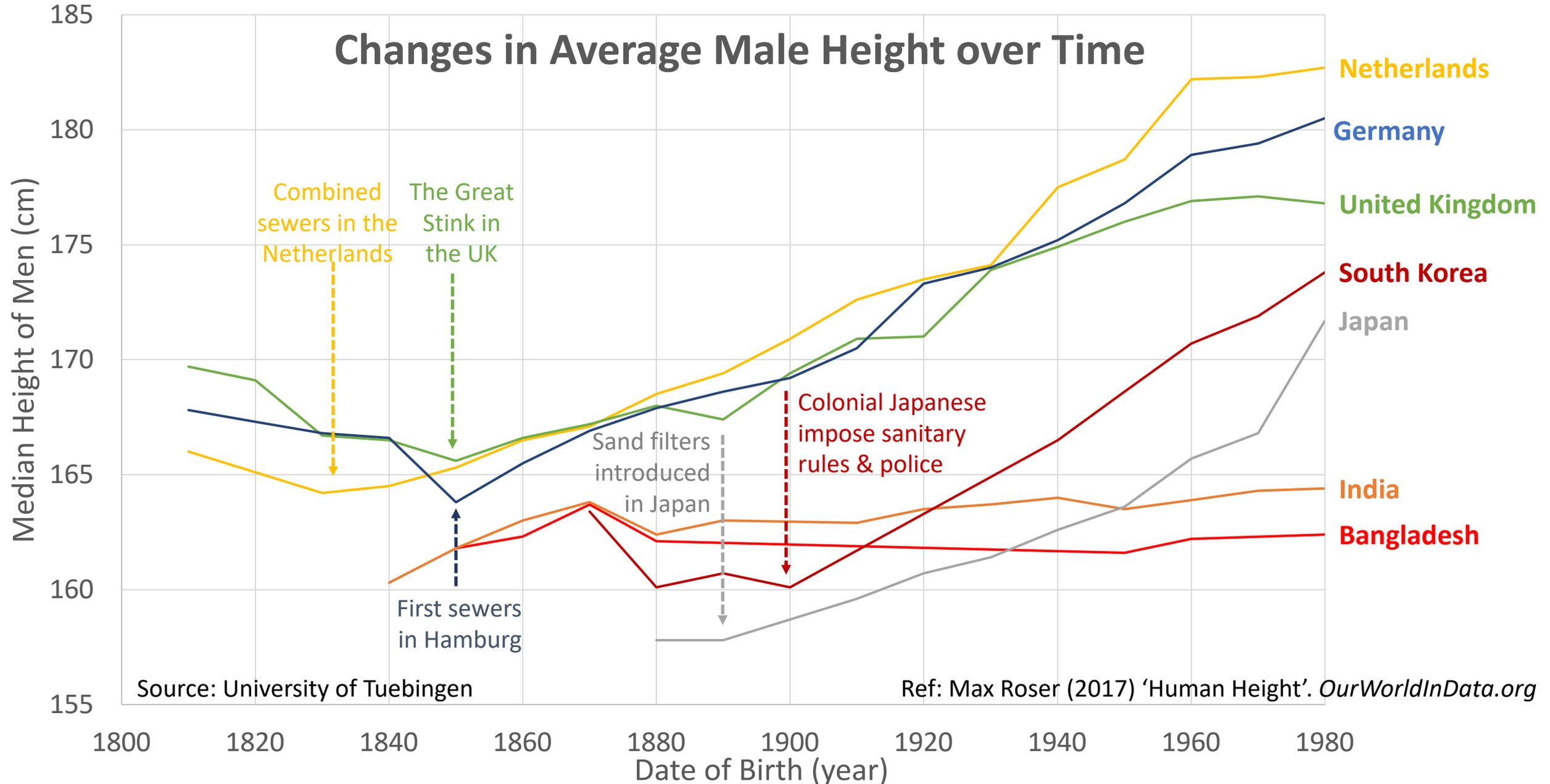
Stunting = children >2 standard deviations below normal height-for-age

- Stunting:** (or chronic under-nutrition) can result in:
- impaired cognitive function
  - low physical capacity
  - low human productivity, efficiency, economic activity
  - Increased mortality risk

Open Defecation Density vs % Stunting vs # Open Defecators



# Men have Grown Taller with Sanitary Improvements



# Sewage Treatment Processes

Faecal waste (solids & liquid) can be treated by anaerobic (no air) + aerobic (with air) processes:

- *Anaerobic digestion*: is more efficient in reducing the volume of solids (i.e. BoD & CoD)  
→ **Environmental Health**
- *Aerobic digestion*: is more efficient in reducing pathogens (i.e. bacteria, viruses & parasites)  
→ **Public Health**



# Vertical Minimum Safe Distance (MSD)

The **survival time** of pathogens decreases:

- at higher ambient temperatures
- in drier soil with higher moisture holding capacity
- closer to the soil surface (more sun/air/evaporation)
- in soil rich in microflora but low in soluble organics

Soakaway or Wet/Dry Pits (<50 mm/day)

Pathogen breakthrough @500 mm/day loading

>99.99% attenuation

Pathogens

**Filtration:** by soil limits *parasite* (protozoa & helminths) transit due to their relatively large size

**Aerobic organisms:** in the soil just beyond the biofilm limit the transit of faecal *bacteria*

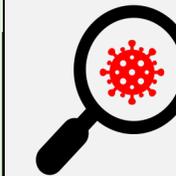
**Adsorption:** to the surface of the soil (esp. clay) limits *virus* transit  
Source: Lewis WJ (1980)



**Parasites (>10 um)**  
<1 year @ 20-30°C



**Bacteria (≈1 um)**  
<2 month @ 20-30°C



**Virus (<0.1 um)**  
<20 days @ 20-30°C

Source: Pathogen survival times in wet faecal sludge, IWMI & SANDEC (2002)

Filtration 0.3 m  
Biofilm  
Aerobic 0.3 m  
Adsorption 0.3 m

MSD >2 m

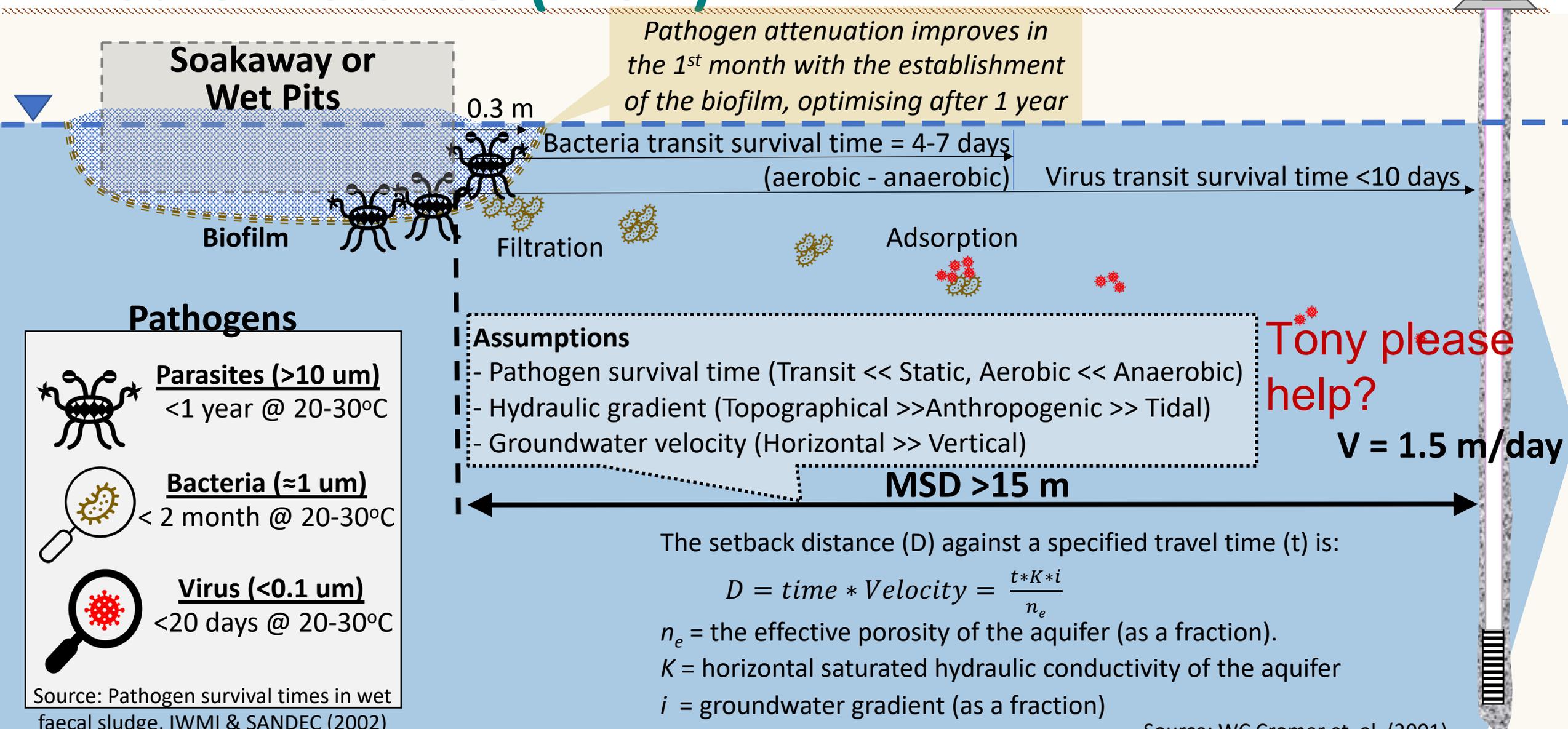
Pathogen attenuation improves in the 1<sup>st</sup> month with the establishment of the biofilm, optimising after 1 year

Environmental risk >> Health risk

The **migration** of pathogens decreases:

- in a saline environment
- in drier unsaturated soil
- in finer & more clay soil
- at lower hydraulic loading rates

# Horizontal Minimum Safe Distance (MSD)



Soakaway or Wet Pits

Pathogen attenuation improves in the 1<sup>st</sup> month with the establishment of the biofilm, optimising after 1 year

0.3 m

Bacteria transit survival time = 4-7 days  
(aerobic - anaerobic)

Virus transit survival time <10 days

Biofilm

Filtration

Adsorption

Tony please help?

V = 1.5 m/day

## Pathogens



**Parasites (>10 um)**

<1 year @ 20-30°C



**Bacteria (≈1 um)**

< 2 month @ 20-30°C



**Virus (<0.1 um)**

<20 days @ 20-30°C

Source: Pathogen survival times in wet faecal sludge, IWMI & SANDEC (2002)

## Assumptions

- Pathogen survival time (Transit << Static, Aerobic << Anaerobic)
- Hydraulic gradient (Topographical >> Anthropogenic >> Tidal)
- Groundwater velocity (Horizontal >> Vertical)

**MSD >15 m**

The setback distance (D) against a specified travel time (t) is:

$$D = \text{time} * \text{Velocity} = \frac{t * K * i}{n_e}$$

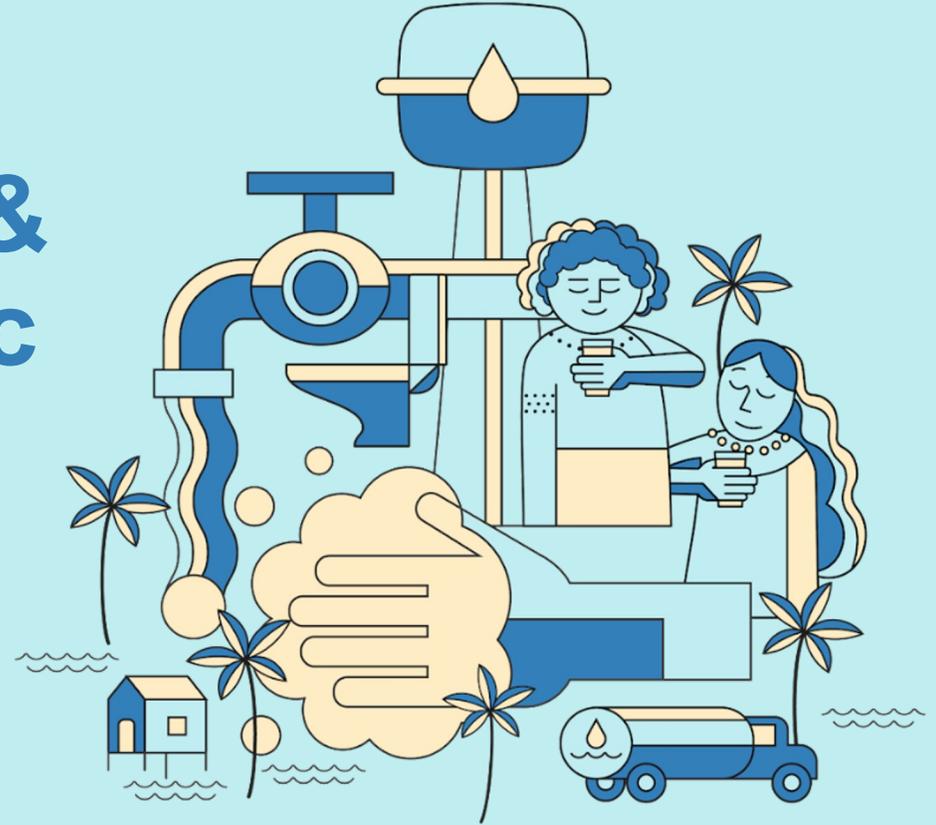
$n_e$  = the effective porosity of the aquifer (as a fraction).

$K$  = horizontal saturated hydraulic conductivity of the aquifer

$i$  = groundwater gradient (as a fraction)

Source: WC Cromer et. al. (2001)

# Groundwater profiles & velocities in the Pacific



## Example Bonriki island, Tarawa atoll, Kiribati



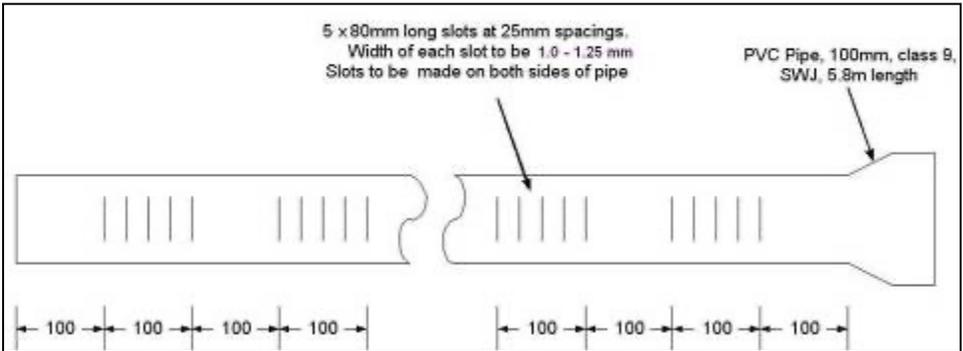
- **Bonriki island & nearby Buota island are the main current sources of fresh groundwater for South Tarawa.**
- **Groundwater is pumped from freshwater lenses on these islands using infiltration galleries**
- **Groundwater is also extracted from village wells on the edge of the islands**

# Bonriki island water reserve and village areas



**Village areas around the edges of Bonriki have on-site sanitation**

# Gallery pump stations & pipes, Bonriki

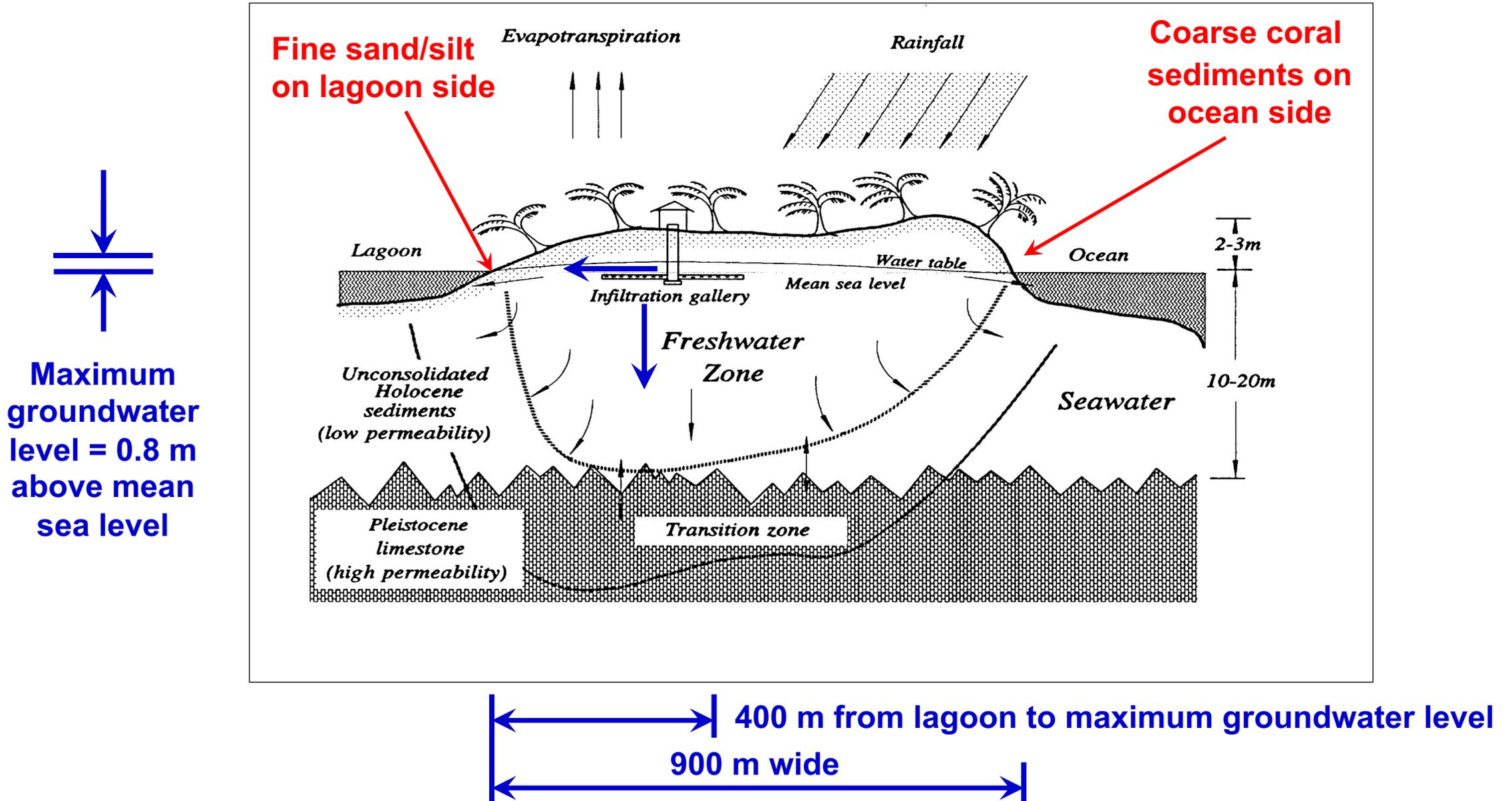


# Bonriki island showing cross section through water reserve and village areas



- Distance across island at cross section = 900m
- Maximum measured height of groundwater level above mean sea level = 0.8m at 400m from lagoon side

# Cross Section through Bonriki Freshwater Lens



# Calculation of horizontal & vertical groundwater velocities for Bonriki

## Calculation of horizontal and vertical velocities for Bonriki, Tarawa, Kiribati

### 1. Average horizontal velocity from near centre of freshwater lens to edge of island ( $V_h$ ) = $(k * i) / n_e$

where

$k$  (hydraulic conductivity or permeability) = **5 m/day** (from borehole measurements)

$i$  (hydraulic gradient) = height of groundwater above mean sea level / distance from lagoon =  $0.8 / 400 = 0.002$

$n_e$  (effective porosity) = portion of total void space in a porous material (e.g. aquifer) that can transmit fluid = **0.3**

therefore  $V_h = 33 \text{ mm/day}$

### Results using this velocity

Distance travelled in 10 days (probable Virus transit survival time) = **0.33 m**

Time taken to travel 15m ("Minimum Safe Distance") = **1.2 years**

Time taken to travel 400m (edge of lagoon) = **33 years**

### 2. Average vertical velocity from surface to base of freshwater lens ( $V_v$ ) = average groundwater recharge rate

where average recharge = approximately  $0.4 \times$  average annual rainfall (2,000mm) = 800mm/year = **2.2mm/day**

therefore  $V_v = 2.2 \text{ mm/day}$

### Results using this velocity

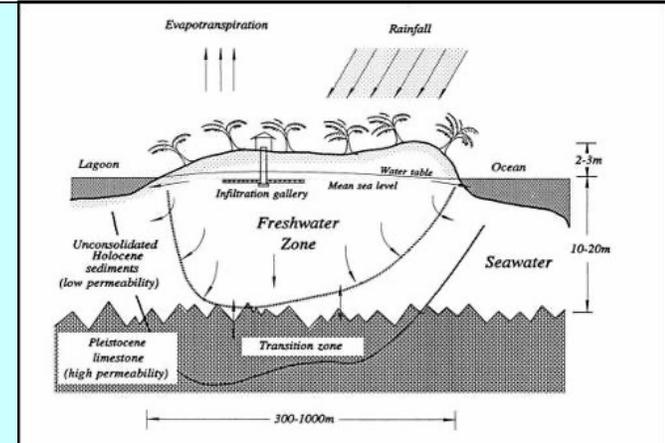
Time taken to travel to the base of freshwater lens with average thickness of 10m and effective porosity of 0.3 = **approx. 4 years.**

Hence, a molecule of water is more likely to mix with saline water in a vertical direction than a horizontal direction

# Influences on groundwater level in small coral island e.g. Bonriki

## (a) Natural influences

- Due to sea level movements (mainly tides): **100 – 150mm**  
(twice daily highs & lows, approx. 5-10% of sea level movements)
- Due to short term extreme rainfall: **up to 1m**  
(influence over several days)
- Due to longer-term rainfall changes during El Niño – La Nina cycles: **300 – 500mm**  
(influence over several years)



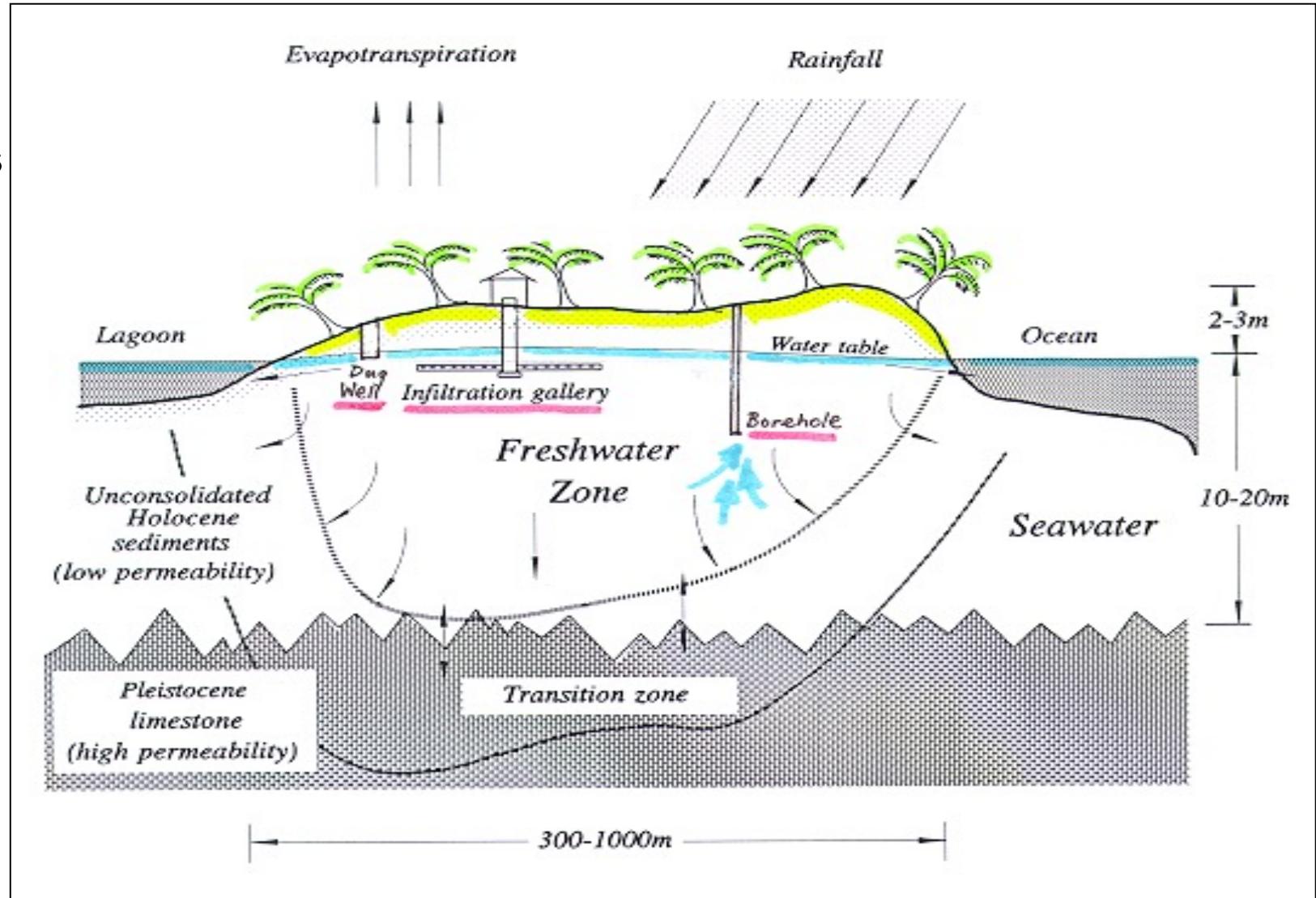
## (b) Anthropogenic influences

- Drawdown due to pumping from infiltration galleries (water reserve): **10 – 50mm**  
(continuous, minor compared with other influences)
- Drawdown due to pumping from wells (village areas): **variable, can be up to 500mm**  
(intermittent, can be significant depending on capacity of pump)

# Groundwater Pumping Systems – Anthropogenic Influences

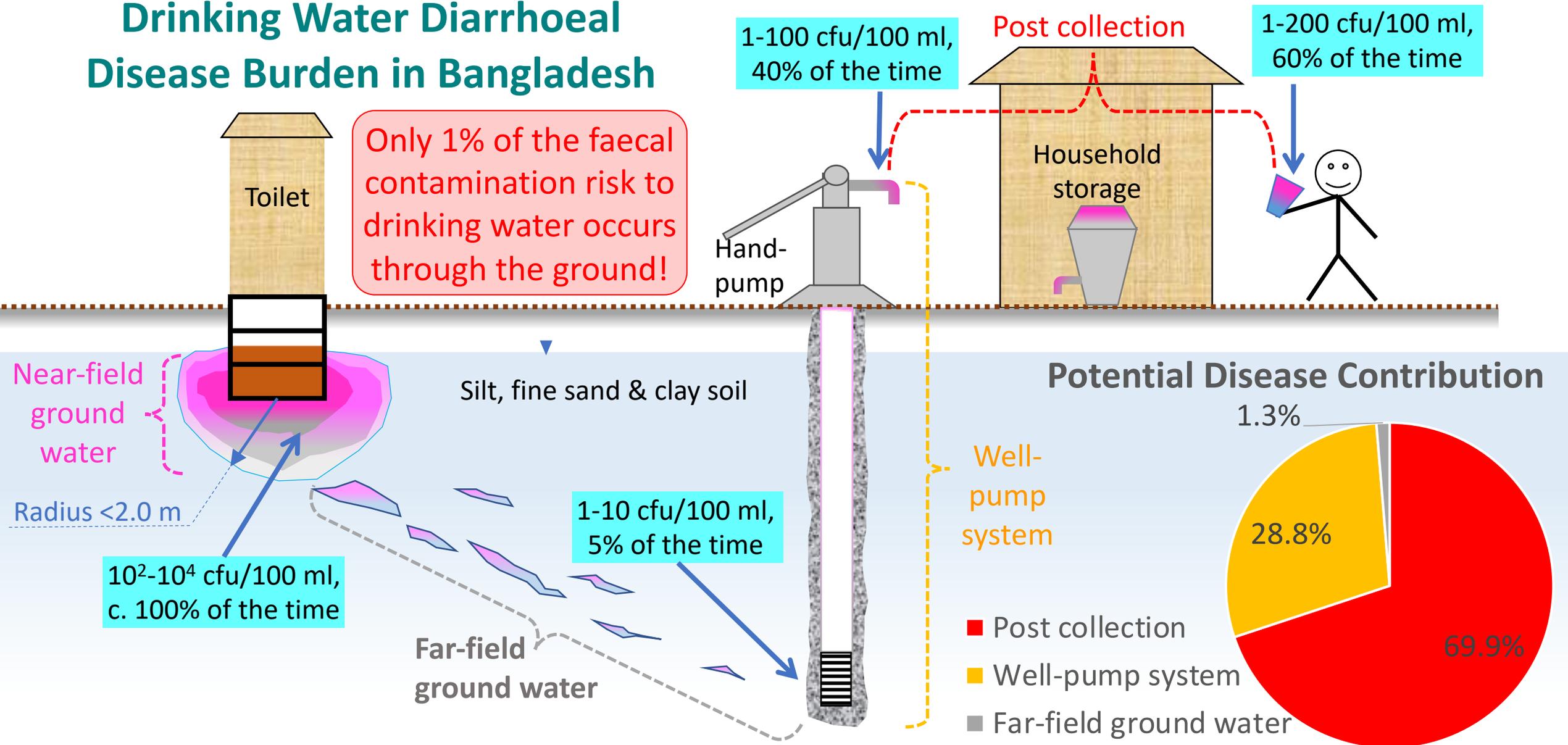
(on small coral islands and coastal zones of high islands)

- **Dug wells** (if pumped, the groundwater drawdown can cause movement of contaminants towards the well and seawater intrusion from below)
- **Boreholes** (can cause significant seawater intrusion and are not recommended for small coral islands)
- **Infiltration galleries** (cause very small groundwater drawdowns and hence have insignificant impact on movement of contaminants and seawater intrusion)



# Misunderstanding #1: Faecal contamination of groundwater sources is primarily via the groundwater

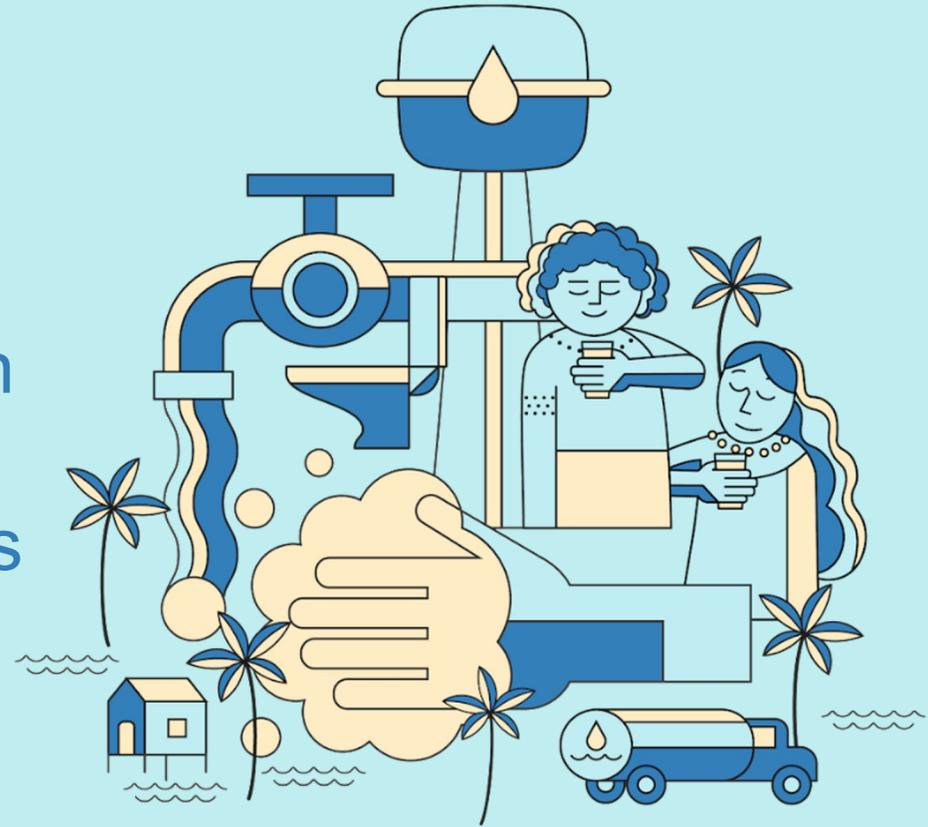
## Drinking Water Diarrhoeal Disease Burden in Bangladesh



## We still have many questions:

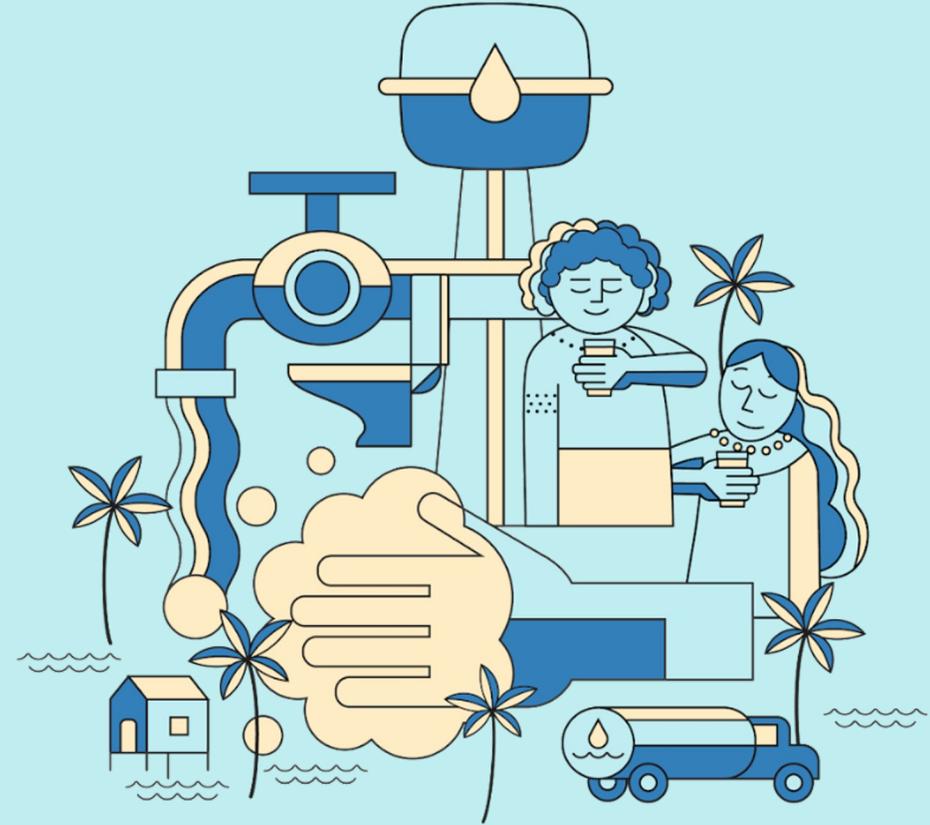
- What are the lateral groundwater velocities in different contexts?
- What is the transit survival time of pathogens in different soil conditions in the Pacific?
- How does the biofilm behave when pits are saline / flooded / shock loaded?

What about you?



# Topic 2: Principles of Septic Tanks & Soakaways

*“soakaway design is  
most important”*



# Good Enough Guide to On-site Sanitation

## 1. Understanding Faecal Exposure Risks

- 1.1 Implications of faecal exposure
- 1.2 Principles of aerobic & anaerobic digestion processes
- 1.3 Hydro-geological implications of faecal waste disposal

### Public Health Acts

## 3. Pit Toilets

- 3.1 Principles of dry pit toilets
  - Optimise aerobic processes
- 3.2 Principles of cesspit toilets
  - Direct vs offset pit, single vs twin pit, pour vs push flush.

## 2. Septic Tanks & Soakaways

- 2.1 Principles of septic/soakaways
  - Understanding the critical role of soakaways in pathogen removal
  - Optimising septic tank/soakaway design (sizing vs risk vs price)

## 4. Sewage/Septage Systems

- 4.1 Principles of onsite treatment
  - Design & operation of septage vs sewage treatment plants
- 4.2 Networked sewage behaviours
  - Managing on-site behaviours for networked sewage systems

Local Government Acts

Home Building Guides

Rural

Local Council By-Laws

Informal

Planning Acts

National Building Codes

Urban

Municipal Council By-Laws

Environmental Acts

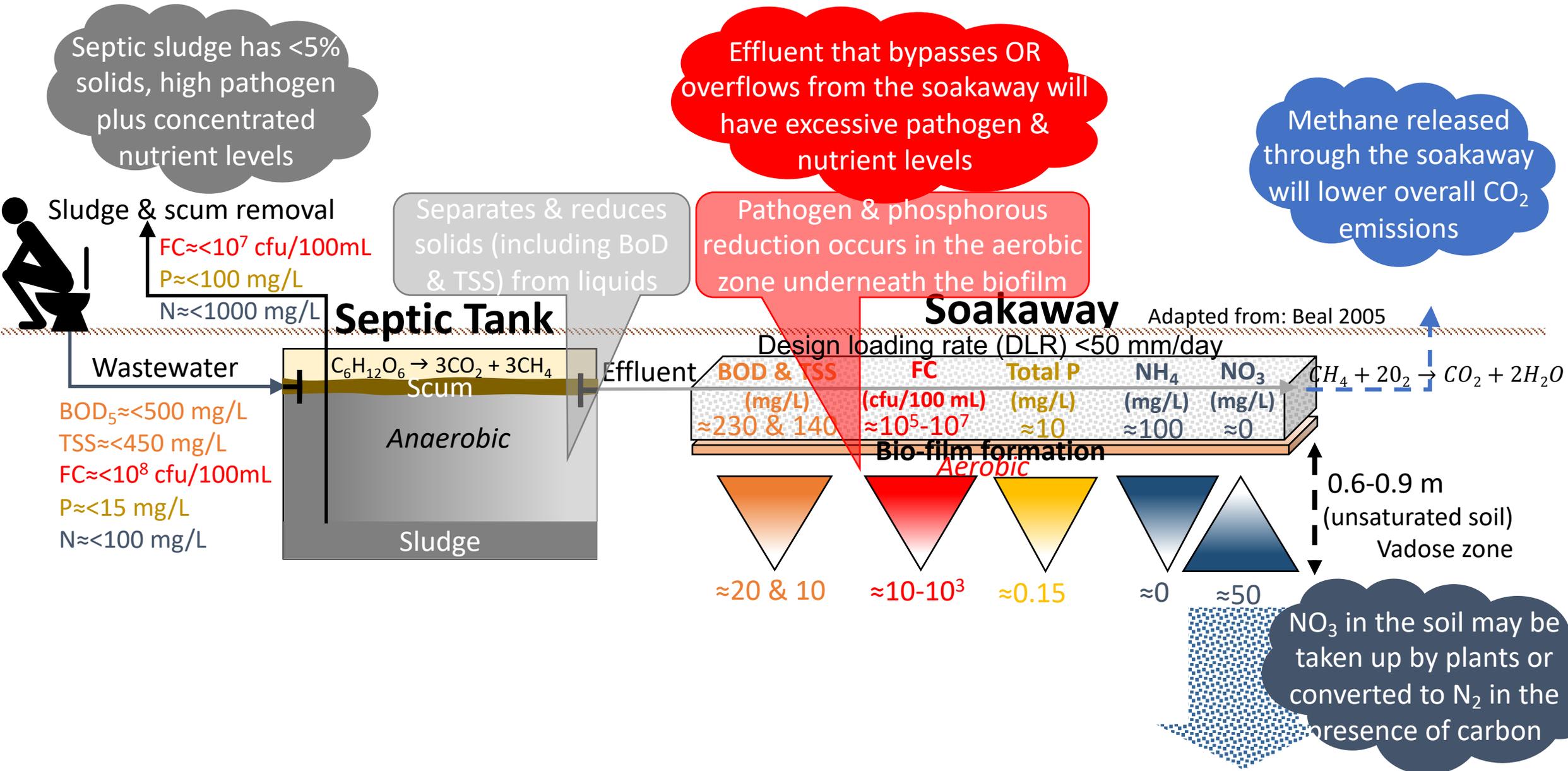
Wastewater Regulations

Commercial

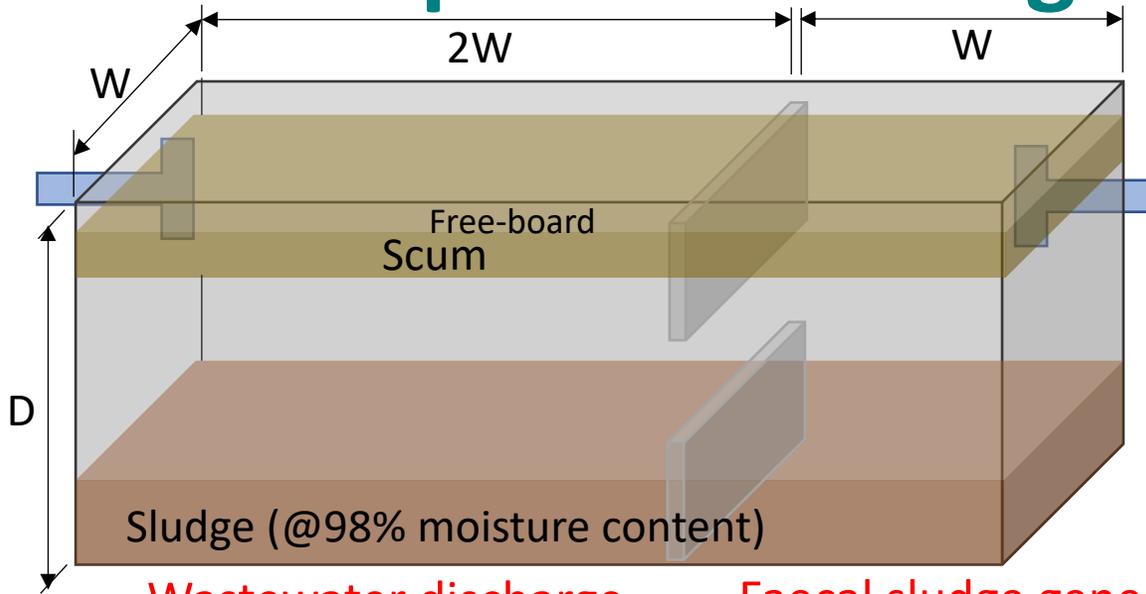
EIA & EMMP

Public

# Misunderstanding #2: Septic tanks significantly reduce pathogen concentrations



# Septic Tank Design / Sizing to AS 1547-2012



*Based on a wastewater retention time of 24 hrs*

**Volume = Accumulation of Liquids + Solids + Free**

Liquid Accumulation = # people \* litres per capita per day

Solid Accumulation = # people \* litres per capita per year  
\* # years between desludge

Freeboard = 10% of tank volume

Wastewater discharge  
is probably half this ...

Faecal sludge generation  
@ 98% MC ??

For 96% MC, then AS/NZS 1547  
implies 6-10 years fill-time

## Sizing based on septic tank emptying every 3-5 years

RETENTION TIME	Effluent (lpcd)	People (#)	Liquid (litres)	Sludge (lpcy)	Empty (years)	Solids (litres)	Free (litres)	Total (litres)
Pour Flush Toilet	30	5	150	50	5	1250	140	1,540
Push Flush Toilet	30	10	300	50	5	2500	280	3,080
Black & Grey Water	50	5	250	50	4	1000	125	1,375
	50	10	500	50	4	2000	250	2,750
	150	5	750	80	5	2000	275	3,025
	150	10	1500	80	3	2400	390	4,290

1,500 litre tank for blackwater from a household of 5 people

3,000 litre tank for blackwater from a household of 10 people or black+grey water of 5 people

4,500 litre tank for black+grey water from a HH of 10 people

# Why are Faecal Sludge Accumulation Rates Important?

## Honiara City (Faecal Sludge @ 96% MC)

We know that there are **11 septage trucks** BUT we have no estimates of septage disposal!

The city has a population of 42,000 people with 23% connected to sewerage, 43% on septic tanks and 13% on offset pit toilets.

- **Sludge generation** =  $100,000 * ((13\% * 20 \text{ l/cap/yr}) + (43\% * 40 \text{ l/cap/yr})) / 1000 = 2,045 \text{ m}^3/\text{year}$
- **# trucks req'd** =  $2,045 \text{ m}^3/\text{year} / 52 \text{ wks per yr} / 5 \text{ days per week} / 3 \text{ loads per day} / 3 \text{ cubic metres per load} = 1 \text{ septage truck}$

*Conclusion:* The sludge trucks are primarily transporting effluent (with some sludge) without any significant reduction of pathogens.

*Potential Cause:* The dense silty soil does not have the capacity to absorb all of the grey + black water.

*Investigation:* Is blackwater plumbing separate from grey water? Can the sizing of soakaways be increased?

## Dhaka City (Faecal Sludge @96% MC)

We know there are **<2 septage trucks** BUT we have no estimates of septage disposal!

The city has a population of 9 million people with 25% connected to sewerage, 50% on septic tanks and 25% on offset pit toilets

- **Sludge generation** =  $9,000,000 * ((25\% * 20 \text{ l/cap/yr}) + (50\% * 40 \text{ l/cap/yr})) / 1000 = 236,250 \text{ m}^3/\text{year}$
- **# trucks req'd** =  $236,250 \text{ m}^3/\text{year} / 52 \text{ wks per yr} / 5 \text{ days per week} / 3 \text{ loads per day} / 3 \text{ cubic metres per load} = 101 \text{ septage trucks}$

*Conclusion:* All the septic sludge from non-sewered areas is either piped, pumped or manually emptied into the stormwater drains.

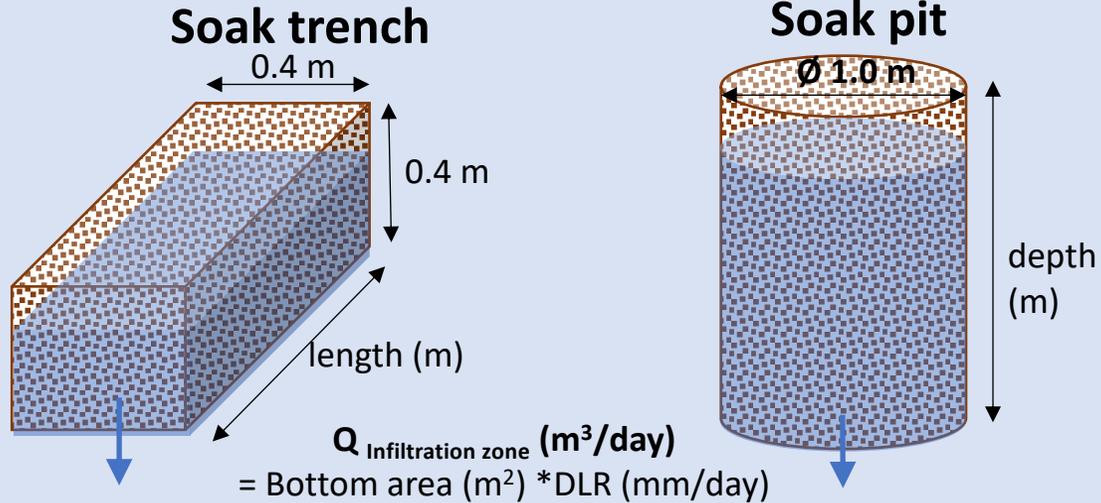
*Potential Cause:* The dense silty soil does not have the capacity to absorb all of the grey + black water.

*Investigation:* Can the stormwater be treated prior to the discharge into the waterways?

# Soakaway Design & Sizing Approaches

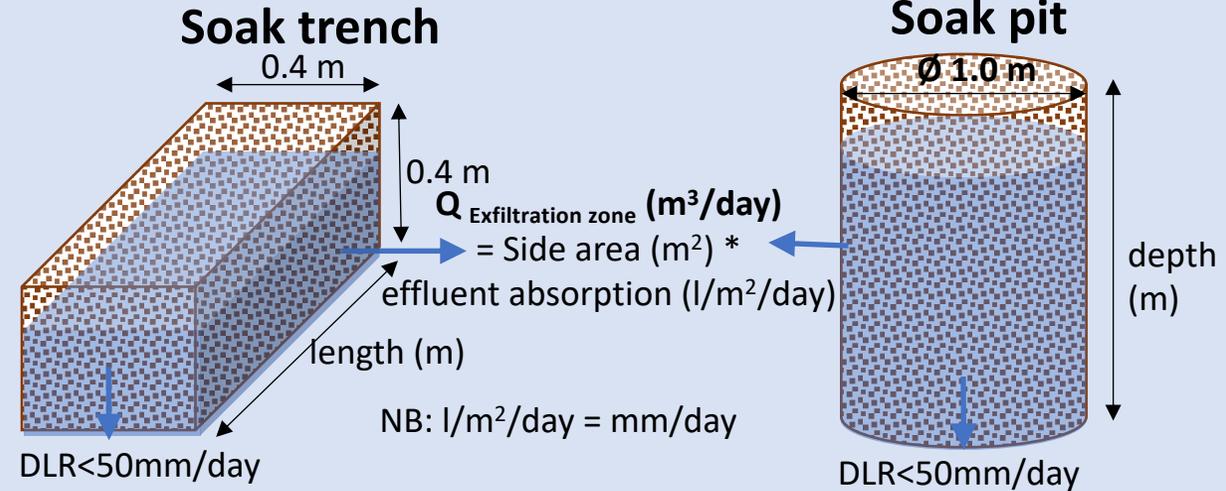
## Australian Standards: AS/NZS 1547:2012

**Infiltration zone only** (+ soil permeability for sidewalls)



## British / Indian Standards

**Exfiltration zone only** (+ infiltration zone factor of safety)



Sizing on exfiltration only, the BS/IS ranges from 10 mm/day for silty soil to 100 mm/day for sandy gravel, BUT in porous soil the sizing is generally defined by <50 mm/day infiltration zone

**RESULT = Shorter trenches (but DLR < 50 mm/day defines the sizing of trenches in sandy soil or the number of pits)**

Biomat LTAR approaches a constant @1-10 mm/day. Allowing for exfiltration, the AS 1547 DLR ranges from 4-8 mm/day for silty soil (safe-max) to 20-35 mm/day for sandy gravel (safe-max).

**RESULT = Very long trenches or lots of pits (depth is irrelevant)**

DLR = design loading rate  
LTAR = long term acceptance rate

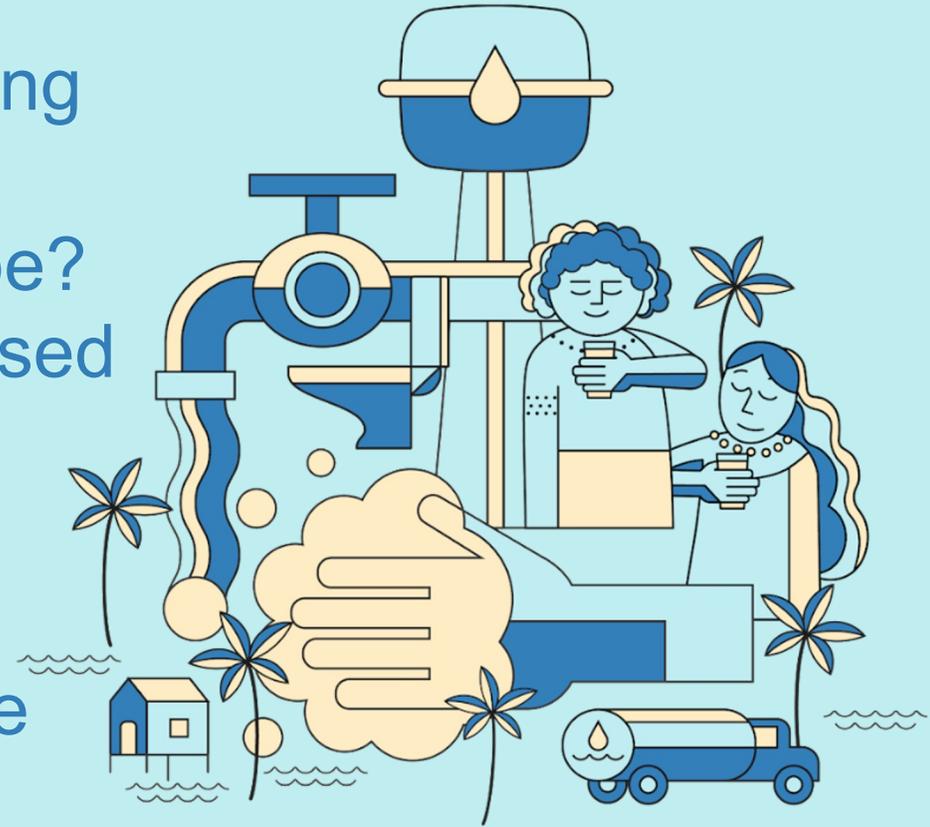
**1m of soakaway (0.4m wide \* 0.4m deep) per 'blackwater only' user in unsaturated fine sand will prevent the surcharging of effluent to surface**

- If blackwater + greywater users, the length should be tripled
- If proximate to drinking water sources, the length should be doubled
- In gravelly soil, the soakaway length can be halved

Optimising these two approaches when the use of groundwater for drinking is low

## We still have many questions:

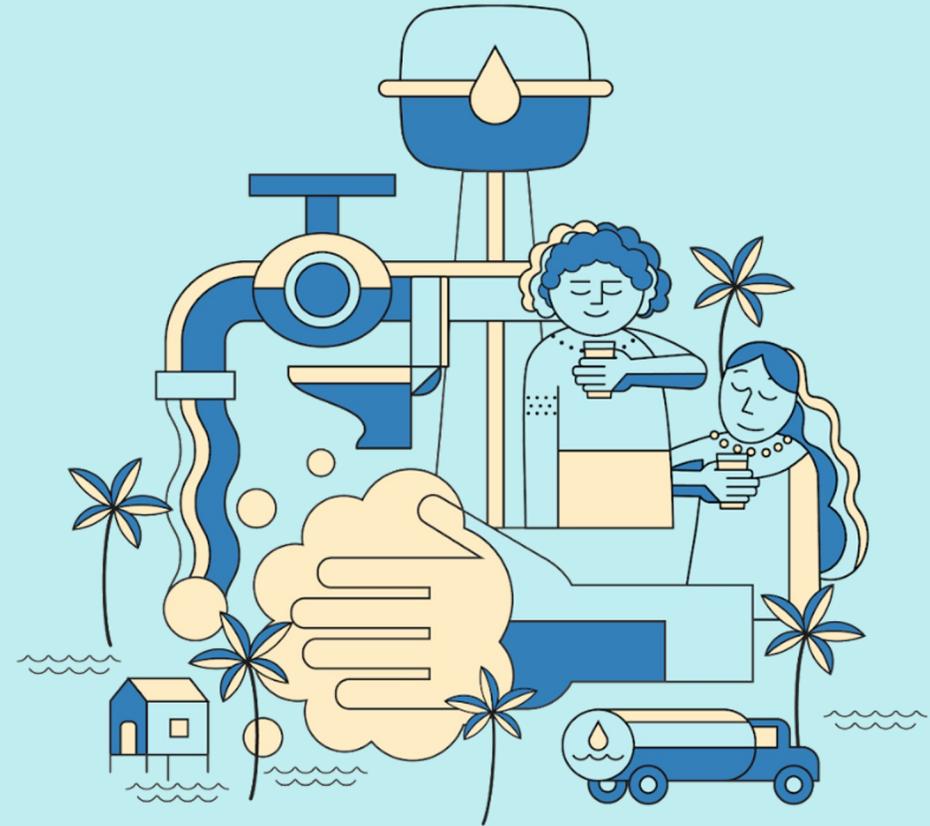
- What is the GHG reduction from venting methane through the soakaway?
- When do septic tanks need a vent pipe?
- What are the consequences of increased sludge density in septic tanks?
- How do we optimize the sizing of soakaways in the Pacific?
- What are the opportunities of separate blackwater & greywater plumbing?



But what about you?

# Topic 3: Principles of Pit Toilets

*“knowing where aerobic processes are occurring”*



# Good Enough Guide to On-site Sanitation

## 1. Understanding Faecal Exposure Risks

- 1.1 Implications of faecal exposure
- 1.2 Principles of aerobic & anaerobic digestion processes
- 1.3 Hydro-geological implications of faecal waste disposal

### Public Health Acts

## 3. Pit Toilets

- 3.1 Principles of dry pit toilets
  - Optimise aerobic processes
- 3.2 Principles of cesspit toilets
  - Direct vs offset pit, single vs twin pit, pour vs push flush.

## 2. Septic Tanks & Soakaways

- 2.1 Principles of septic/soakaways
  - Understanding the critical role of soakaways in pathogen removal
  - Optimising septic tank/soakaway design (sizing vs risk vs price)

## 4. Sewage/Septage Systems

- 4.1 Principles of onsite treatment
  - Design & operation of septage vs sewage treatment plants
- 4.2 Networked sewage behaviours
  - Managing on-site behaviours for networked sewage systems

### Local Government Acts

### Home Building Guides

Rural

Local Council By-Laws

Informal

### Planning Acts

### National Building Codes

Urban

Municipal Council By-Laws

### Environmental Acts

### Wastewater Regulations

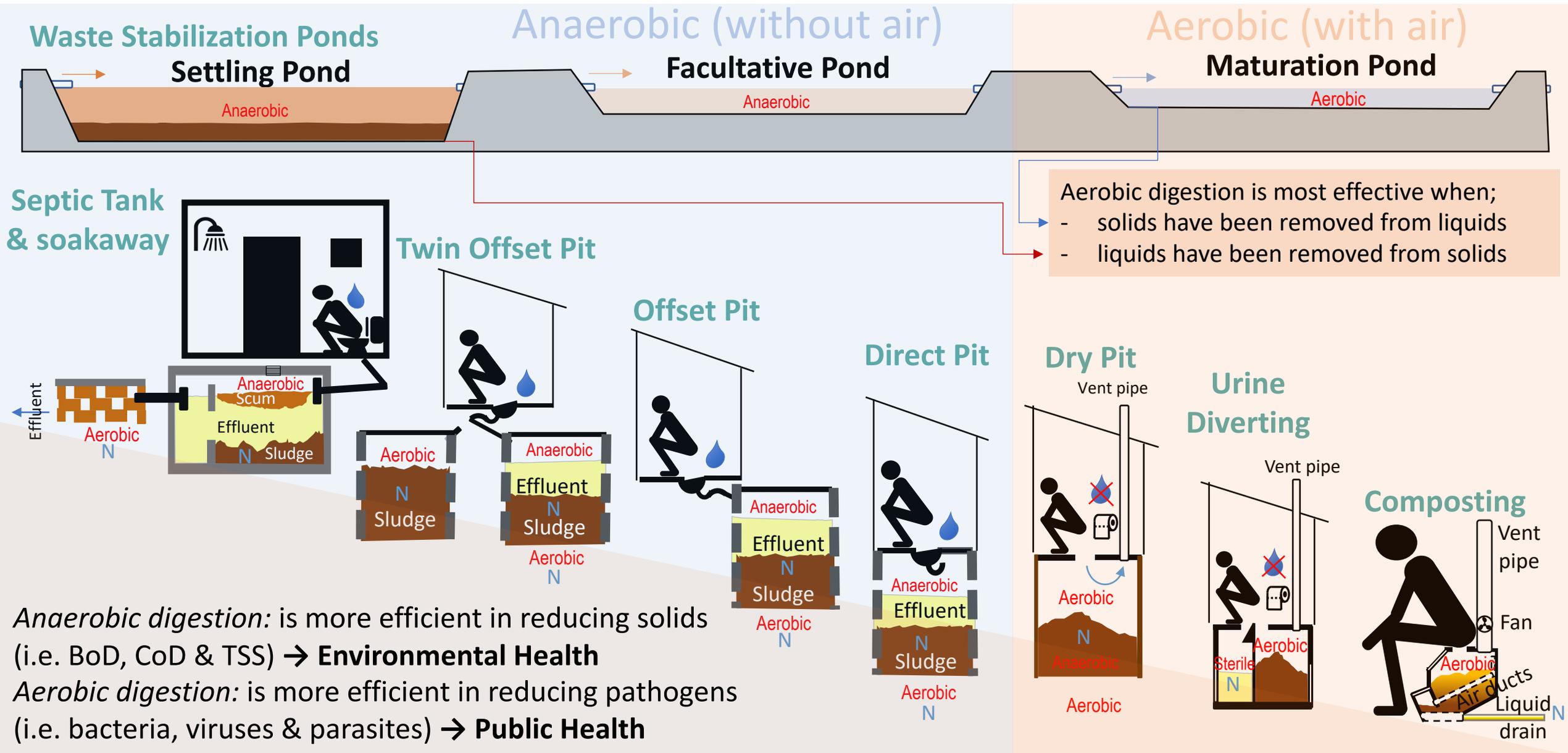
Commercial

EIA & EMMP

Public

# Two Different Biological Treatment Processes

Faecal waste is digested naturally by aerobic (with air) & anaerobic (without air) processes



# Wet & Dry Pit Toilets are Fundamentally Different

## Water-seal Toilets are Anaerobic

(functionality fails without water)

### MANAGE MOISTURE

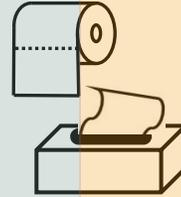
Inclusion of grey water & poor percolation will increase pit fill rates

### Wet Pit



Can use water, toilet paper or tissues. Leaves, newspaper, pads or rocks will block toilets.

### Anal Cleansing



Can use toilet paper, tissues, newspaper, leaves, rocks or mud. No water permitted.

### MINIMISE MOISTURE

Separate urinals & adding ash or dry compost will improve operation

### Dry Pit



Use if the rainfall is high & modify if water table is high. Should not use if access to water is unreliable.

### Environment



Must be kept dry. Can add ash or leaves. Should not use if water table is high.

Can be pumped, transported & dried. Pit contents can NOT be safe.

### Faecal Sludge Management



Cannot be pumped. If dry, pit contents MAY be safe. Cover & dig new pit

Concrete slabs will smell

### Aerobic

Anaerobic

Slope

### Anaerobic

Effluent

Sludge

Aerobic

Faecal sludge also needs to be exposed to aerobic processes

Aerobic

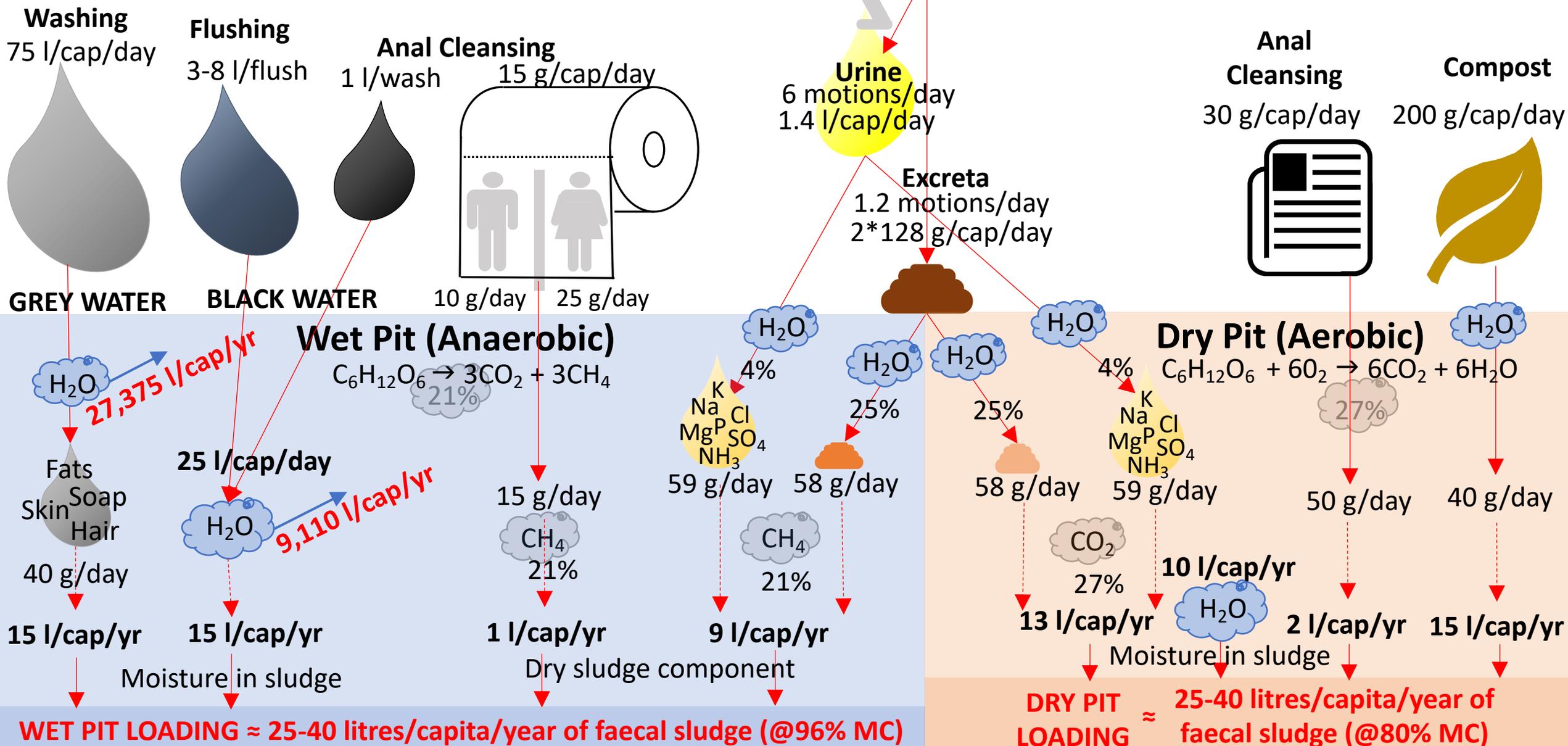
Dry faecal sludge is concentrated. Can disable treatment plants

Aerobic

# Faecal Sludge Loading Rates

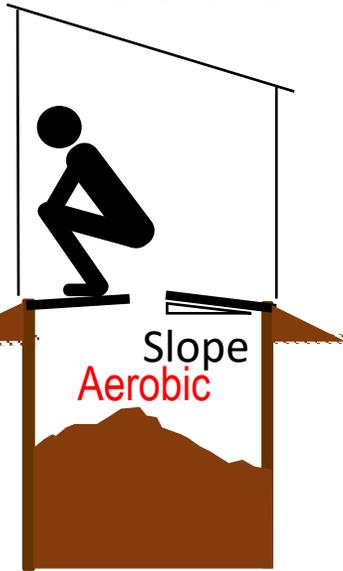
(@ twice AS1547:2012 densities)

Source: Still D. & Foxon K. (2012) *Tackling the Challenges of Full Pit Latrines*. Water Research Commission, South Africa  
 Reed, B. (2004) *Low-Cost Sanitation*, WEDC  
 Rose, C. (2016) *The Characterization of Feces & Urine*



# Optimizing Dry Pit Toilet Operation & Maintenance

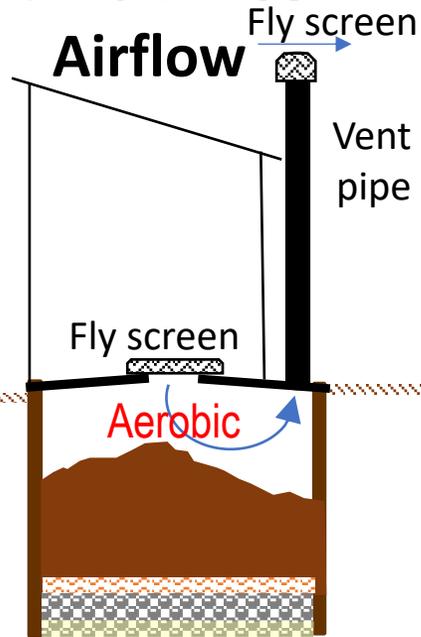
## 1. Minimise Moisture



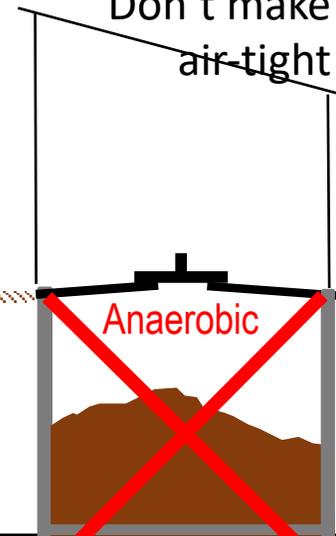
Don't allow water ingress



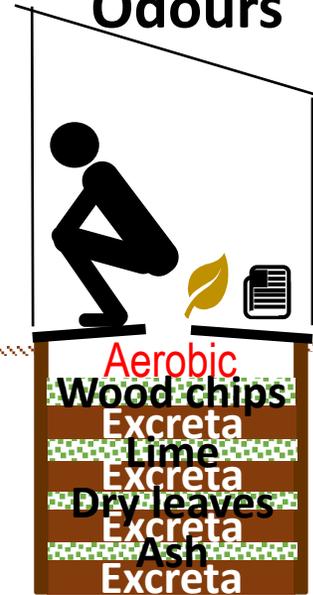
## 2. Maximise Airflow



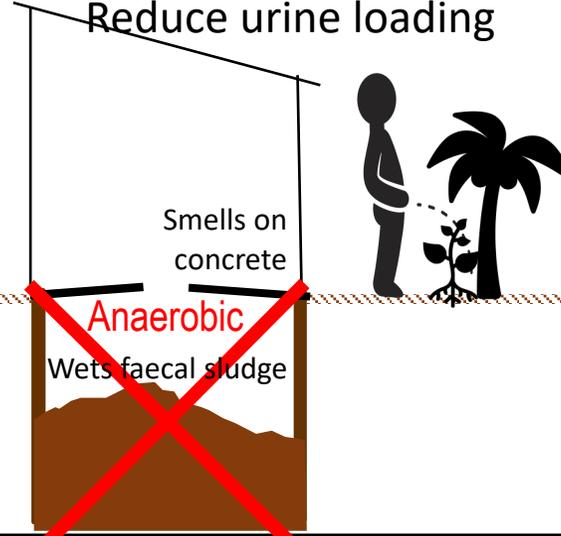
Don't make air-tight



## 3. Manage Odours



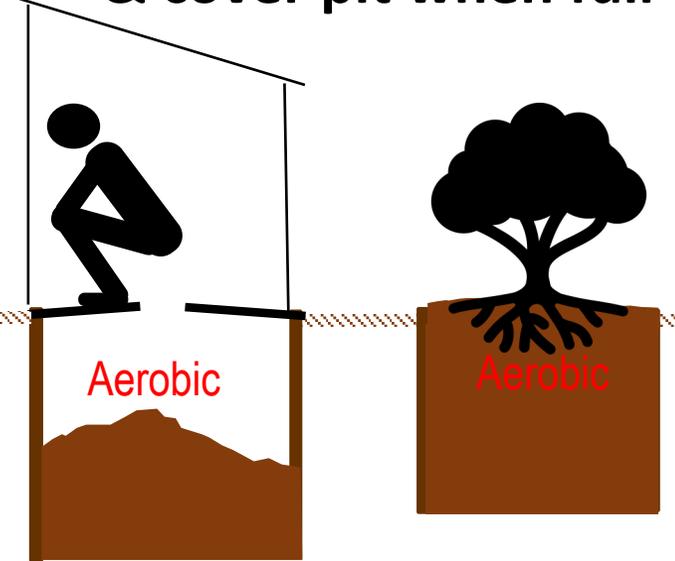
Reduce urine loading



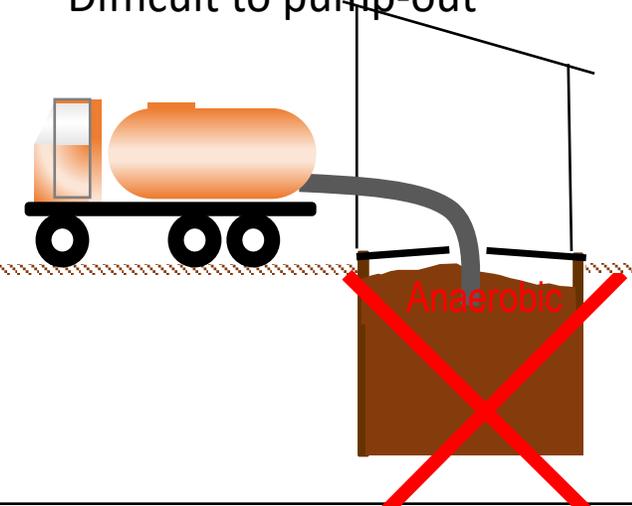
Smells on concrete

Wets faecal sludge

## 4. Move superstructure & cover pit when full



Difficult to pump-out



# Optimizing Wet Pit Toilet Operation & Maintenance

## 1. What is a cesspit?

A cesspit is a combined septic tank & soakaway BUT cesspits:

- do not always operate full
- cannot accommodate fats, oils & grease

**Cesspits MUST be 'blackwater' only**

## 2. What happens if cesspits fill prematurely?

The effluent absorption area can be increased by placing rocks around the pit.

The effluent absorption area & sludge holding capacity can be increased by adding more pits in series.

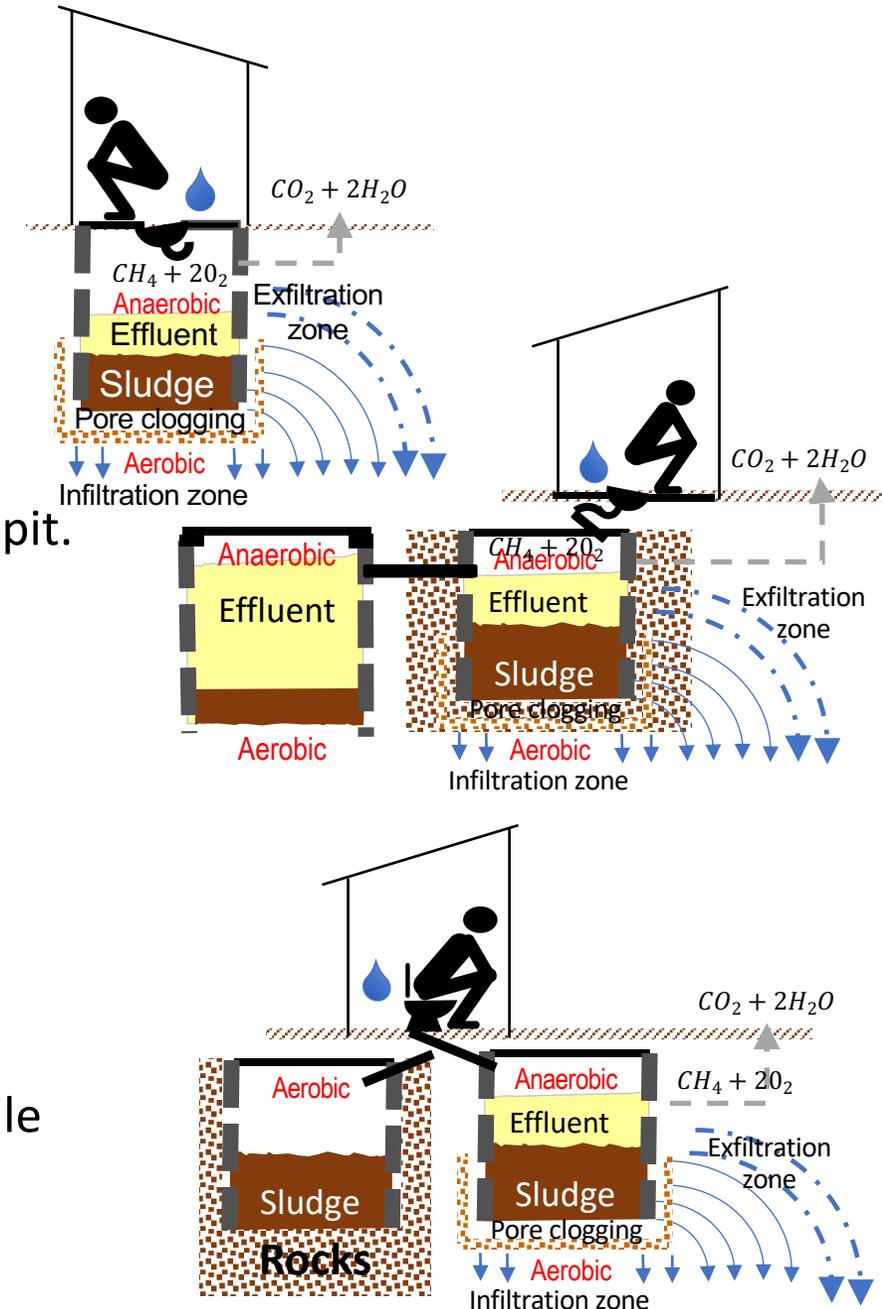
## 3. How can cesspits be emptied?

Adding a second pit in parallel enables 'the duty' pit to be taken 'off-line' to rest for at least a year before being emptied

## 4. Why do cesspits fill so slowly?

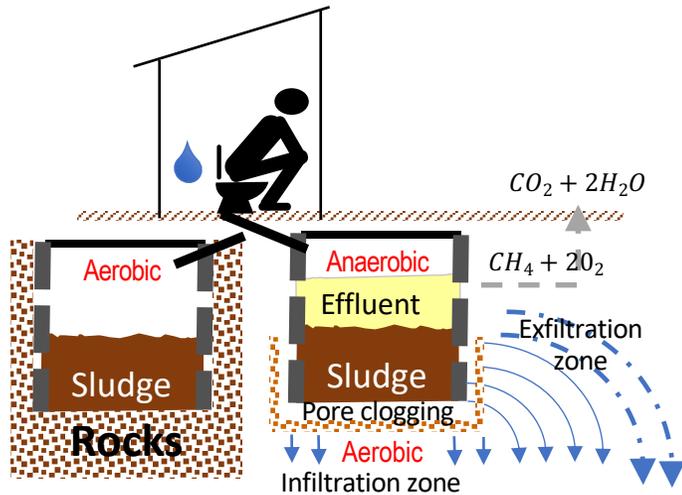
The moisture content of sludge in efficient cesspits is 80% (20% solids), while the moisture content of sludge in septic tanks is 98% (2% solids).

- **Cesspits will take 10 times longer to fill than a septic of a given volume**



# Misunderstanding #3: Septic tanks are always superior to Cesspits

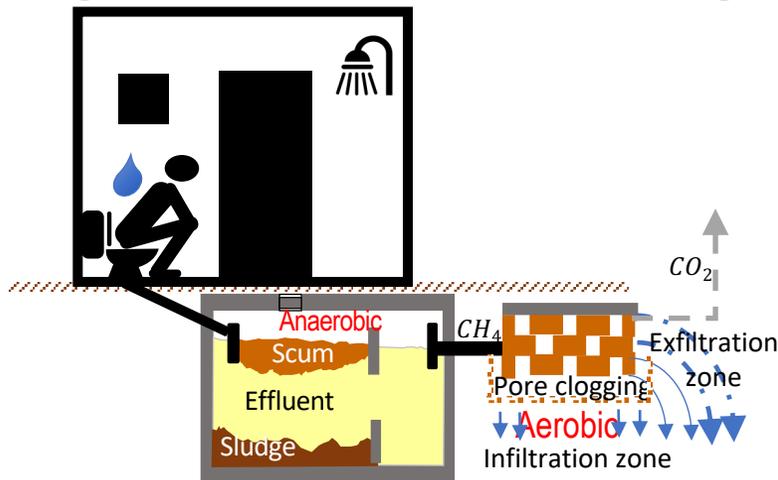
## Offset Cesspit Toilet



### Advantages of Cesspits

- Septic tank sludge fill rates (50-80 lpcy @ 98% moisture content) are  $\approx 10$  times faster than cesspit fill rates (5 lpcy @ 80% moisture)
- Modular cesspits with an expanded effluent absorption area can be adapted to suit most soil conditions
- Cesspits offer multiple options for resting, switching or emptying when they fill-up, as compared to septic tanks that must be pumped out
- Cesspits are therefore  $\approx 10$  times cheaper than septic tanks with soakaways to install and maintain

## Septic with soakaway



### Advantages of Septic Tanks & soakaways

- Septic tanks can treat all wastewater, as compared to cesspits that cannot accommodate grey wastewater (fats, oil and grease)
- Septic tanks contain nutrients in the sludge & effluent to potentially be removed, as compared to cesspits that will leach nutrients
- Septic tanks enable the effluent treatment mechanism to be designed and sized to suit the requirements for pathogen and/or nutrient removal, as compared to cesspits where the sludge storage volume tends to define the effluent infiltration area / type

# Misunderstanding #4: It is okay to run dry pits in a wet state

## Pit Toilet (wet)

>3 times the GHG emissions per capita

## Pit Toilet (dry)

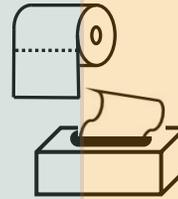
### Wet State



MANAGE MOISTURE  
Need to keep it wet or it smells awful

Can use anything for anal cleansing.

### Anal Cleansing



Can use toilet paper, tissues, newspaper, leaves, rocks or mud. No water permitted.

### Dry State



MINIMISE MOISTURE  
Separate urinals & adding ash or dry compost will improve operation

### Environment

Must be kept dry. Can add ash or leaves. Should not use if water table is high.

Concrete slabs will smell  
 $C_6H_{12}O_6 + 6O_2 \rightarrow 6CO_2 + 6H_2O$   
**Aerobic**

$C_6H_{12}O_6 \rightarrow 3CO_2 + 3CH_4$   
**Anaerobic**

Aerobic

Can use in high or low water table. Can even use if access to water is unreliable.



### Faecal Sludge Management

Can be pumped, transported & dried. Pit contents can NOT be safe.

Cannot be pumped. If dry, pit contents MAY be safe. Cover & dig new pit

Effluent

Sludge

Faecal sludge also needs to be exposed to aerobic processes

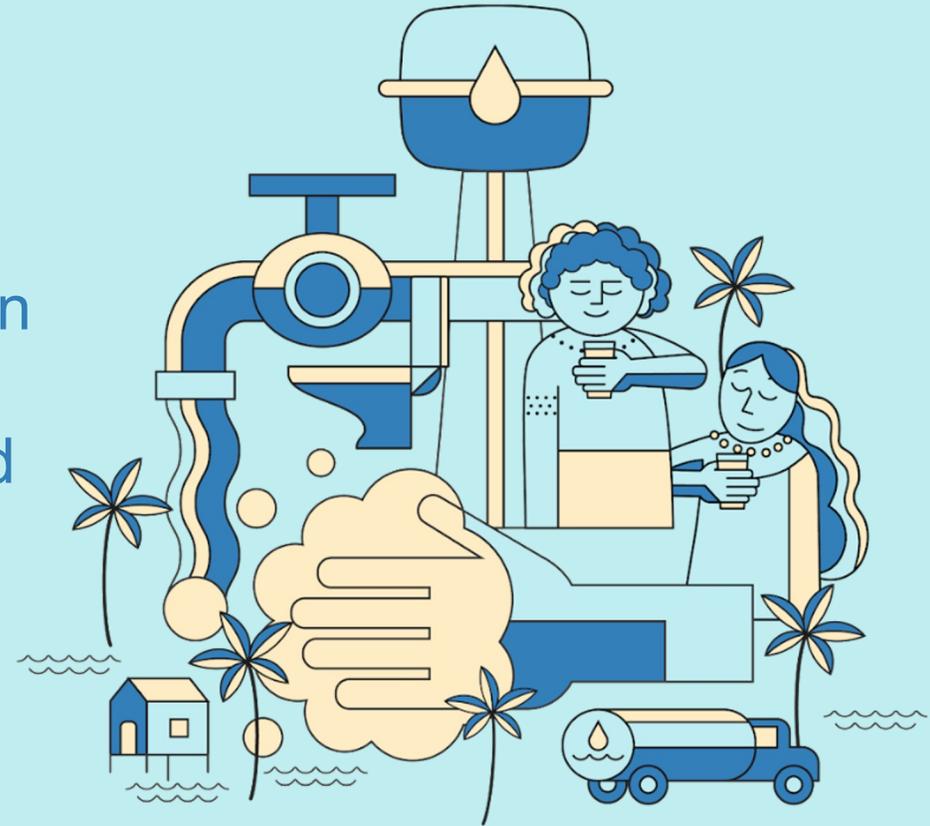
Aerobic

Dry faecal sludge is concentrated. Can disable treatment plants

Aerobic

## We still have many questions:

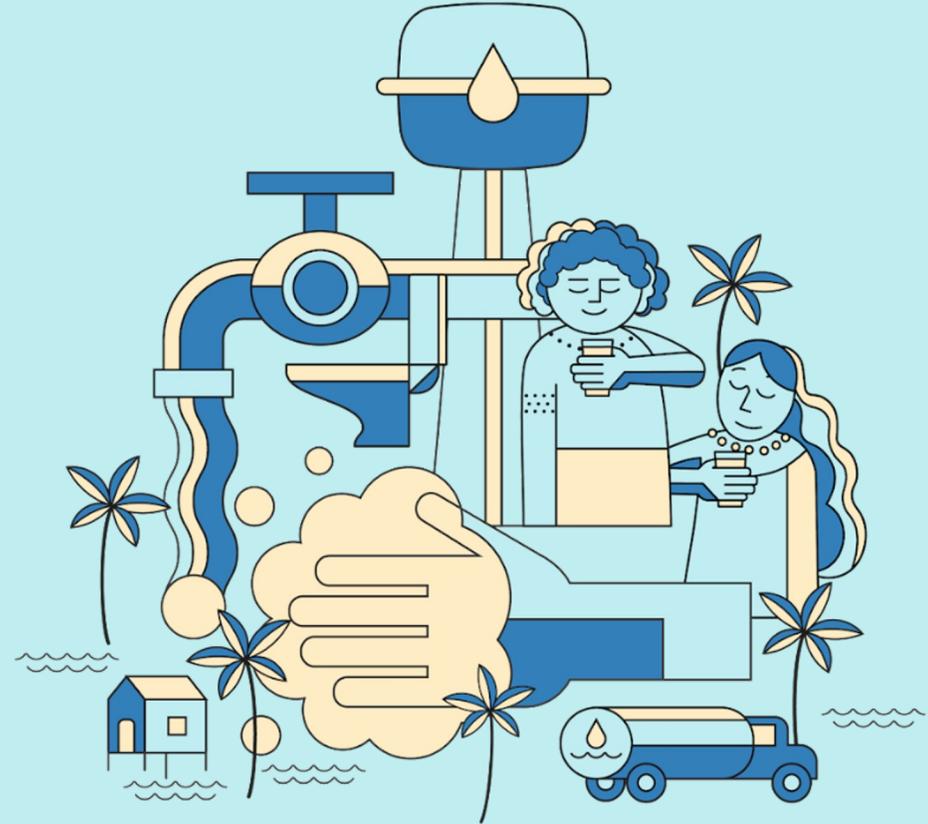
- What are the implications (risks) of running dry pit toilets in an anaerobic state?
- Is the SaTo pan a dry or a wet pit option?
- Can waterseal toilets be designed to function when the cesspit/septic is submerged?
- What are the factors that affect the assumed faecal sludge densities in
  - dry pits (i.e. 40% solids)
  - cess pits (i.e. 20% solids)
  - septic tanks (i.e. 2-4% solids)



## What about you?

# Topic 4: Principles of septage / sewage treatment plants

*“Rewards vs risks of  
complex technologies”*



# Good Enough Guide to On-site Sanitation

## 1. Understanding Faecal Exposure Risks

- 1.1 Implications of faecal exposure
- 1.2 Principles of aerobic & anaerobic digestion processes
- 1.3 Hydro-geological implications of faecal waste disposal

### Public Health Acts

## 3. Pit Toilets

- 3.1 Principles of dry pit toilets
  - Optimise aerobic processes
- 3.2 Principles of cesspit toilets
  - Direct vs offset pit, single vs twin pit, pour vs push flush.

## 2. Septic Tanks & Soakaways

- 2.1 Principles of septic/soakaways
  - Understanding the critical role of soakaways in pathogen removal
  - Optimising septic tank/soakaway design (sizing vs risk vs price)

## 4. Sewage/Septage Systems

- 4.1 Principles of onsite treatment
  - Design & operation of septage vs sewage treatment plants
- 4.2 Networked sewage behaviours
  - Managing on-site behaviours for networked sewage systems

### Local Government Acts

### Home Building Guides

Rural

Local Council By-Laws

### Planning Acts

### National Building Codes

Urban

Municipal Council By-Laws

### Environmental Acts

### Wastewater Regulations

Commercial

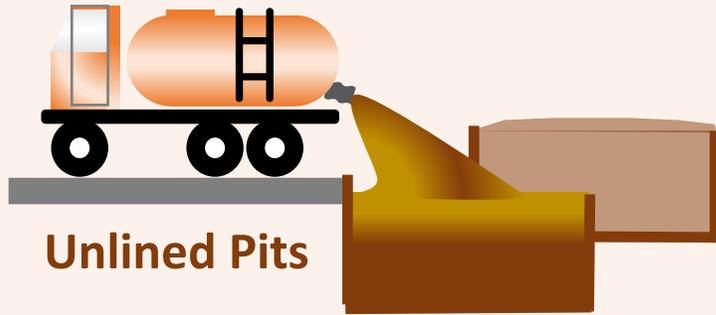
EIA & EMMP

Public

# Passive Septage Treatment Plants

Septage plant treatment options are primarily driven by choices in the management of nutrient risks

## 1) Nitrogen leaches to the environment



**Unlined Pits**

*Pathogens attenuated below pits BUT nitrogen will leach through the soil*

### Sizing (=smallish)

- Pit volume to hold dry sludge (60% moisture)
- Pit area sized to facilitate effluent leaching
- Pits designed to limit moisture ingress

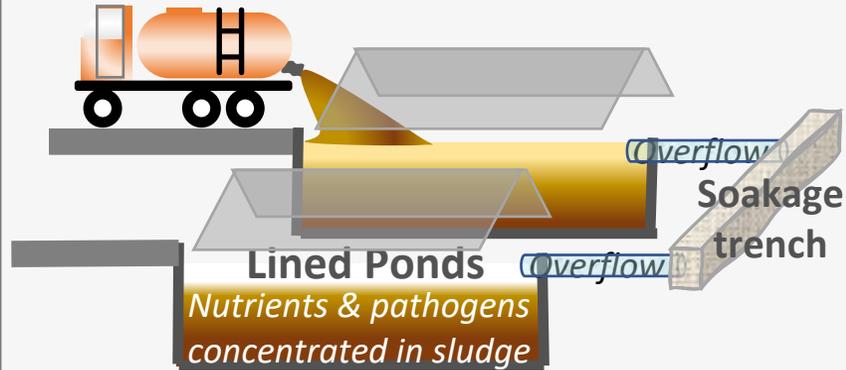
### Maintenance (= minimal)

- Mound ground over the pits when full

### Feasibility

- When septage tanker trucks are bringing sludge from toilets with well functioning soakaways (i.e. moisture content <96%)
- Where the nutrient risks are low (or carbon exists in an anoxic zone below the pit)

## 2) Nitrogen concentrated in the sludge



**Lined Ponds**  
*Nutrients & pathogens concentrated in sludge*

### Sizing (=large)

- Pond volume sized to hold wet sludge (95% moisture) & soakaway to dissipate excess liquid
- Efficiently deployed in low rainfall areas or fitted with covers in high rainfall areas

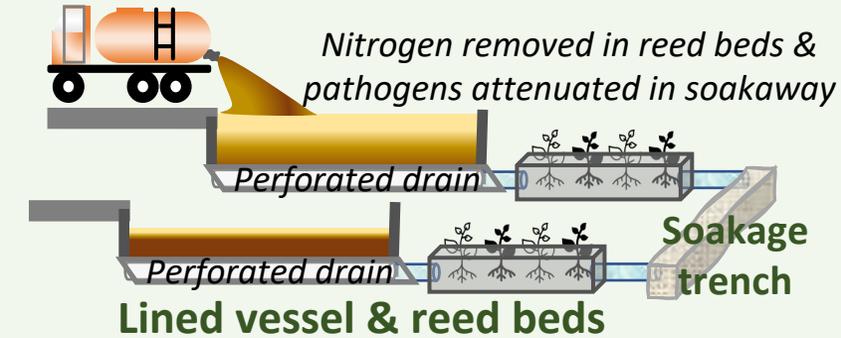
### Maintenance (=medium)

- Rest ponds when full ... dig-out sludge, turn into the soil and wait before re-using.

### Feasibility

- When there is demand for septage sludge as a 'nutrient rich' soil conditioner.
- Where the nutrient risks are moderate

## 3) Nitrogen concentrated in the effluent



**Lined vessel & reed beds**

### Sizing (=medium)

- Vessel sized to hold moist sludge (80% moisture) & soakaway to dissipate all liquid
- Vessel could also be an Imhoff tank or anaerobic baffled reactor or similar

### Maintenance (=high)

- Dig out sludge when full & turn into soil
- Gravel in reed beds needs to be replaced

### Feasibility

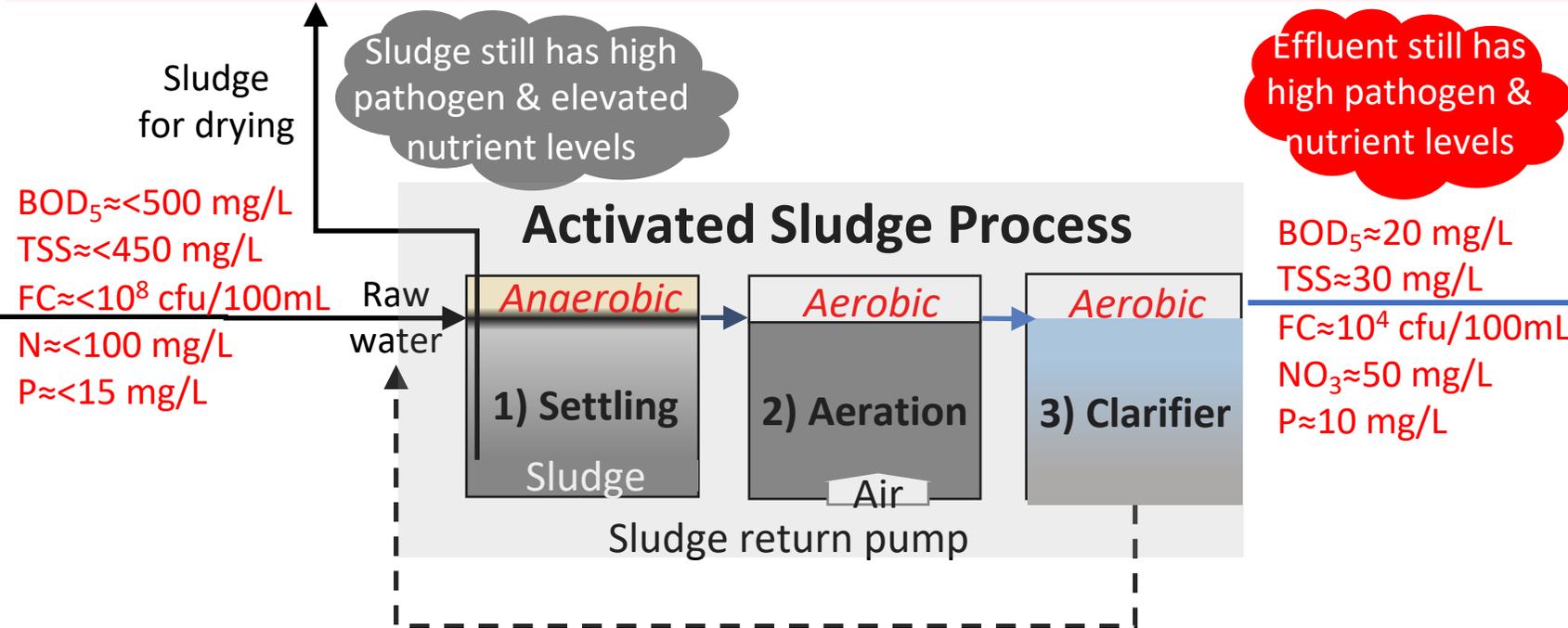
- When moisture ingress is likely to be high
- When the nutrient contamination risks to the environment are considered to be high

# Package Sewage Treatment Plants On-site STPs

There are numerous package STPs on the market deploying an activated sludge treatment process BUT the regulatory requirements depending on whether or not they are fitted:

## 1) STP discharges effluent to a soakaway = lower performance yet lower failure risks

The lower BoD and TSS of effluent results in a thinner bio-mat with greater pathogen attenuation capacity. Nitrogen removal can be facilitated by plant uptake or a carbon source in the soakaway. *NB: Although effluent testing is NOT required, routine maintenance & emptying is necessary*



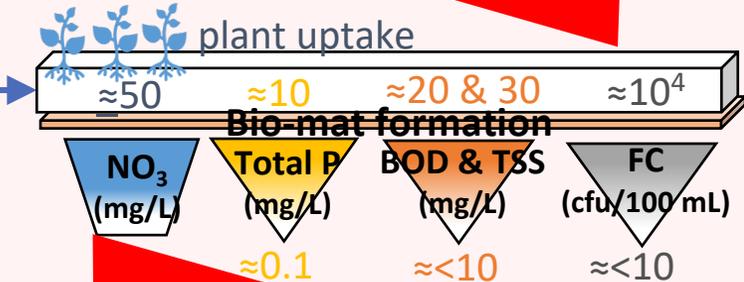
$BOD_5 \approx < 500 \text{ mg/L}$   
 $TSS \approx < 450 \text{ mg/L}$   
 $FC \approx < 10^8 \text{ cfu/100mL}$   
 $N \approx < 100 \text{ mg/L}$   
 $P \approx < 15 \text{ mg/L}$

Effluent still has high pathogen & nutrient levels

$BOD_5 \approx 20 \text{ mg/L}$   
 $TSS \approx 30 \text{ mg/L}$   
 $FC \approx 10^4 \text{ cfu/100mL}$   
 $NO_3 \approx 50 \text{ mg/L}$   
 $P \approx 10 \text{ mg/L}$

## 1) With an effluent soakaway

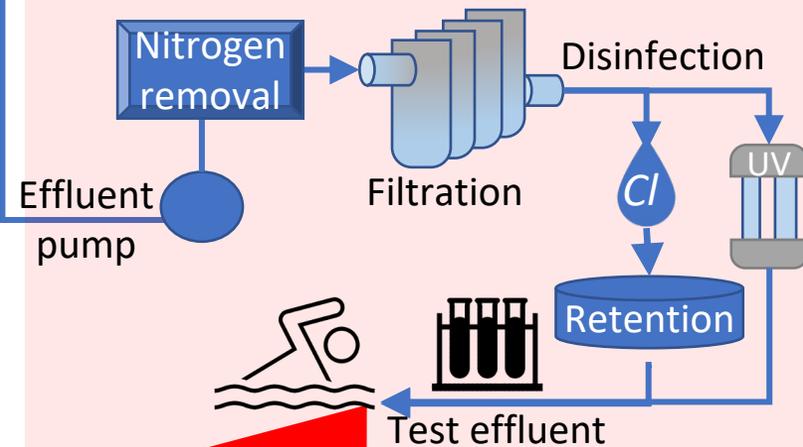
Failure risk is on overflow to surface



Performance risk absorbed by soakaway

OR

## 2) Without an effluent soakaway



Both performance & failure risks are transferred to open (water or land)!

## 2) Discharges effluent to open = higher performance yet higher failure risks

In order to achieve the required pathogen concentration levels, the activated sludge process must be followed by filtration and disinfection prior to the release to open. Nitrogen can also be removed by an effluent return to facilitate exposure to naturally occurring carbon in the sewage. *NB: Routine testing, maintenance & emptying is necessary to manage the risks of failure*

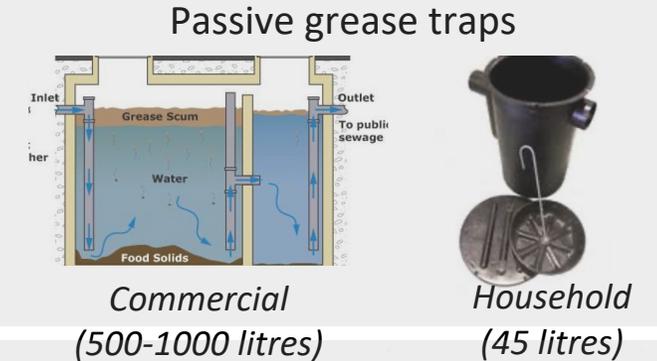
# Sewerage (on-site behaviours)

Minimizing the ingress of water and non-biodegradable materials will improve the efficiency and reduce the costs of the collection, transfer and treatment of wastewater. Improving residential and commercial user behaviour can improve the performance of the sewerage system.

## 1. Minimise Fats, Oil & Grease Discharges to Sewers

Fats, oil & grease can combine with detergents to form solid white cakes (fatbergs) that can block sewerage lines.

- Educate households to dispose of oil/grease with their solid waste
- Install grease traps in all commercial food processing industries
- Introduce the recycling of food oil as bio-diesel



## 2. Prevent Non-Biodegradable Waste Entering Sewers

Foreign materials that enter sewers during construction, operation and maintenance can cause equipment failures. Educate households NOT to flush condoms, cotton buds, tampons, menstrual pads, wet wipes, nappies, dental floss



- Train builders to seal sewerage pipes during maintenance to limit the entry of sand, thread tape, pipe caps, building waste, tree roots



- Educate street sweeper & septage truck operators NOT to sweep sand or dump foreign objects into sewers

## 3. Reduce water percentage in the sewerage system

The transfer and treatment of sewage can be improved by reducing the percentage of clean water in the sewerage.

- Educate all users to eliminate rain/storm water from sewers
- Incentivise all consumers to reduce water wastage
- Eliminate crossovers between sewerage and stormwater systems

## 4. Reduce contaminants entering the sewers

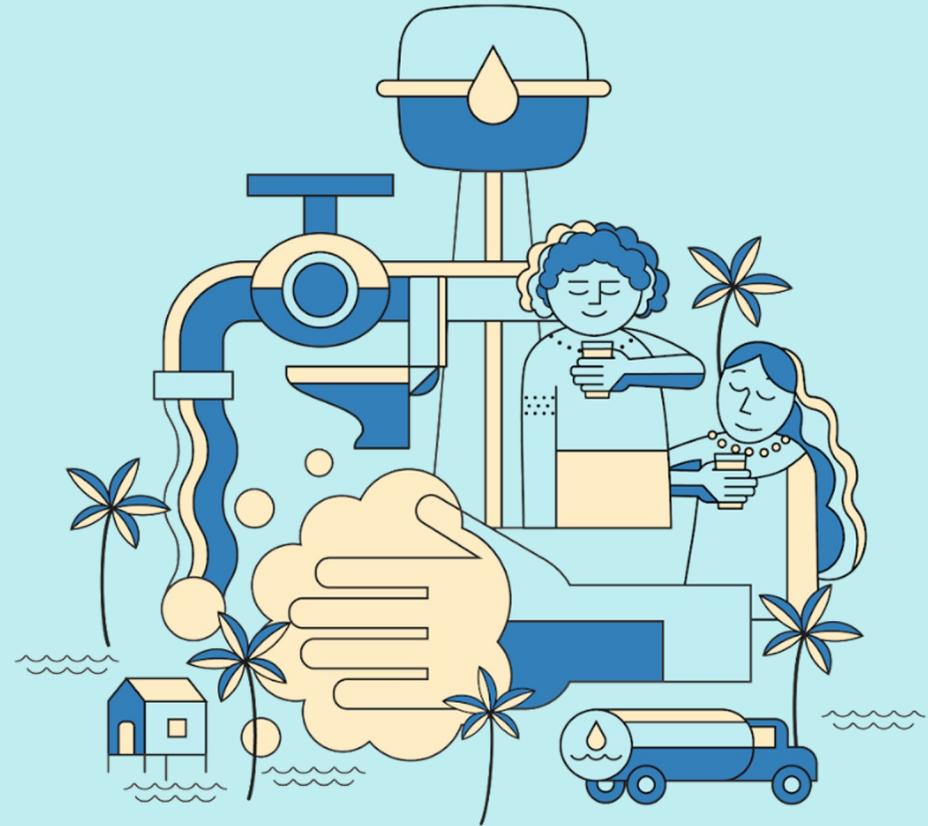
A sewerage system cannot manage all wastewater.

- Educate all users to minimise solid/chemical discharges to sewers
- Require all commercial users to obtain a 'trade waste permit'
- Require the pre-treatment or prohibit the discharge of some wastewater to sewers

## We still have many questions:

- Is nitrogen density loading the key trigger to move away from soil-based systems?
- Is it worth monitoring the quality of effluent discharged from STPs to soakaways?
- What are the relative inundation risks of onsite sanitation vs networked options

What about you?



# Lessons

#	Common misunderstandings	Lesson
1	Faecal contamination of groundwater sources is primarily through the ground	Faecal contamination of groundwater sources is primarily via the surface
2	Septic tanks significantly reduce the pathogens in faecal sludge and effluent	Most of the pathogens are neutralized in the soil underneath the soakaway (aerobic digestion)
3	Septic tanks with soakaways are always a superior on-site option to cesspits	Cesspits offer a superior service to septic tanks with soakaways for many 'blackwater only' uses
4	There is no problem operating dry pit toilets as wet pits	Running dry pit toilets in a wet state is sub-optimal in reducing smell, emissions & pathogen removal.
5	Mechanical sewage treatment plants always reduce the faecal exposure risks	Mechanical sewage treatment plants often carry higher risks of failure

# Malo! Vinaka! Thank you!



Please complete the feedback form

