## ADB Virtual Dialogues on **RESILIENT INFRASTRUCTURE** Nature-based Solutions for Resilient Infrastructure

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# Sponge Cities in the People's Republic of China - Evolution of ADB Support

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### Challenges: Urbanization + Climate Change = Disaster, Health, Environment, Water

FIGURE 5. CMIP5 ensemble projected change (32 GCMs) in annual temperature (top) and

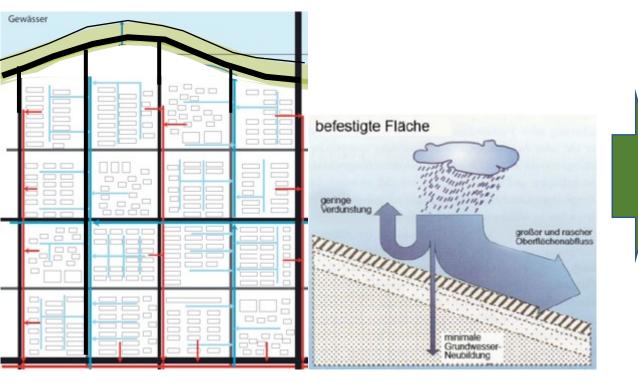


China's Pearl River Delta urban area has surpassed Tokyo. Source: Maps produced by University of Wisconsin-Madison, Sept. 2013; Administrative boundaries from University of

## **Sponge Cities: Manage Pluvial and Fluvial Flooding, Reuse Rainwater**

- 1. Sponge City technical guidelines and government program supporting 30 pilot cities in two phases since 2015.
- 2. Sponge city borrows concepts from prior science and practices around the world, e.g., low-impact design, watersensitive design, ecosystem-based adaptation, sustainable rainwater management, and others.
- 3. Responds to increasing climate-change-related flooding and long dry periods.
- 4. Follows principles of sustainable urban rainwater and flood risk management by reducing paved areas, making cities more pervious like a sponge, and increasing the capture and reuse of rainwater, among other measures.
- 5. Improves management of urban water cycle through decentralized management of rain-/ stormwater.
- 6. Contributes to improved overall urban water resource management by addressing flooding, water scarcity, and pollution.
- 7. Contributes to managing pluvial flooding (urban waterlogging) caused by increased runoff from paved areas in expanding and less green cities, and fluvial flooding (river flooding) aggravated by reduced space and channelization of rivers.
- 8. Pluvial urban flooding management is to retain stormwater in a cascading system of green infrastructure (like green roofs, rain gardens, parks, bioswales) to store and slow down the outflow into the drainage pipes and canals, and to treat water in sedimentation wetland ponds and sand filters before the water is discharged into rivers.
- 9. Fluvial flooding management uses proteced green space and wetlands and rehabilitate floodplains and riparian landscapes to retain water and increase the flow capacity of rivers.
- 10. Future concepts should consider more weather extremes, and precipitation, including that of extreme storm events, may need to be considered as water resource to manage the longer dry periods also caused by climate change.

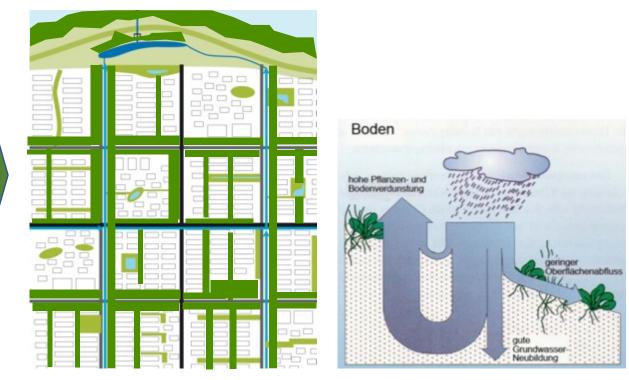
## More Urban Runoff from Buildings and Paved Surfaces



Typical urban runoff and drainage system

Adapted from Wasser Hannnover GmbH

### Sponge city: NBS green + gray system



Adapted from Wasser Hannnover GmbH

## Sponge Measures: Green Infrastructure, Nature-based Solutions: Pluvial + Fluvial

Protect open green space, parks, green roofs, rain gardens, bio-swales, parking, wetlands and river greenways

#### For reference: United States Environmental **Protection Agency** (EPA):

"Green infrastructure uses plants, soils, and nature itself to manage stormwater and create healthier urban environments. Green infrastructure practices can be used to reduce the need for expensive gray infrastructure-pipes, storage facilities, and treatment systemsbecause plants and soils soak up, store, and use the rainwater. Communities also can create or preserve existing vegetated areas to maintain a high quality of life for residents through flood protection. cleaner air and water, and more appealing transportation corridors and outdoor spaces."



#### **Downspout Disconnection** direct rainwater to rain barrels, of the sewer. This practice can combined sewer systems.



Rerouting rooftop drain pipes to cisterns, or permeable areas instead benefit any community but can be particularly beneficial in cities with

#### Rain Gardens and Bioswales Shallow, vegetated areas that collect and absorb runoff from rooftops,

sidewalks, and streets using plants and soil. Versatile, attractive features that can be installed in almost any unpaved space. Also known as bioretention or bioinfiltration cells.

#### Green Roofs

Roofs covered with plants that soak up and use rainwater. They cool and insulate buildings, reducing energy use. They are particularly cost effective where land values and traditional stormwater management costs are high.

#### **Green Alleys and Streets**

Permeable pavement, bioswales, planter boxes, and trees integrated into street and alley designs to soak up and store stormwater and improve the pedestrian experience through shading and traffic calming.

#### and Conservation

Protecting open spaces and sensitive natural areas within and adjacent to a city can reduce stormwater while providing recreational opportunities for city residents. Natural areas that should be a focus of this effort include riparian areas, wetlands, and steep hillsides.



Systems that collect and store rainfall for later use, slowing and reducing the volume of runoff. This can be especially important in arid regions to reduce demands on increasingly limited water supplies.



#### **Planter Boxes** Rain gardens that collect and absorb runoff from rooftops, sidewalks, parking lots, and streets. They have

vertical walls that are ideal for spacelimited sites in dense urban areas and can be used to provide seating and attractive plantings.

#### Permeable Pavements

Paved surfaces that let water soak into the ground, including pervious concrete, porous asphalt, and permeable interlocking pavers. They are particularly cost effective where land values are high and where flooding or icing is a problem.

#### **Green Parking**

Permeable pavement, rain gardens, and bioswales incorporated into parking lot stalls, lanes, and landscaping. Besides collecting and absorbing stormwater, green parking can provide more shade and reduce the heat emitted by pavements.

#### Urban Tree Canopy

Urban trees soak up and use rainwater, provide shade and help to slow traffic. Homeowners, businesses, and cities can all participate in the planting and maintenance of trees throughout the urban environment.

### SEPA Environmental Protection

December 2015 EPA 832-R-15-016

### **Tools, Strategies and Lessons Learned** from EPA Green Infrastructure Technical Assistance Projects



## Sponge City: Part of Integrated Disaster Risk Management

Chart of the Sendai Framework for Disaster Risk Reduction 2015-2030

#### Scope and purpose

The present framework will apply to the risk of small-scale and large-scale, frequent and infrequent, sudden and slow-onset disasters, caused by natural or manmade hazards as well as related environmental, technological and biological hazards and risks. It aims to guide the multi-hazard management of disaster risk in development at all levels as well as within and across all sectors

#### Expected outcome

The substantial reduction of disaster risk and losses in lives, livelihoods and health and in the economic, physical, social, cultural and environmental assets of persons, businesses, communities and countries Goal

Prevent new and reduce existing disaster risk through the implementation of integrated and inclusive economic, structural, legal, social, health, cultural, educational, environmental, technological, political and institutional measures that prevent and reduce hazard exposure and vulnerability to disaster, increase preparedness for response and recovery, and thus strengthen resilience

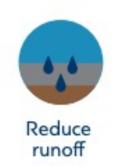
| disaster mortality by 2030,<br>aiming to lower average per<br>100,000 global mortality<br>between 2020-2030 figure per | tally reduce the<br>of affects of people<br>to y0300, ampgro<br>to global<br>recommendation<br>200 compared to<br>15 | Substantially reduce<br>deaster damage to critical<br>infrastructure and damption<br>of basis aeroices, among<br>them health and aductional<br>facilities, including through<br>developing their resilience by<br>2030 | Substantially increase the<br>number of countries with<br>national and local disaster<br>rak reduction strategies by<br>2020 | international cooperation<br>to developing countries<br>through adequate and<br>sustainable support to | Substantially increase the<br>availability of and access to<br>multi-hazard early warning<br>systems and diaster risk<br>information and essessment<br>to people by 2030 |
|--|--|--|--|--|--|

#### **Priorities for Action**

There is a need for focused action within and across sectors by States at local, national, regional and global levels in the following four priority areas.

| Priority 1   | Priority 2  | Priority 3  | Priority 4   |
|--|---|---|--|
| Understanding disaster risk  | Strengthening disaster risk governance<br>to manage disaster risk   | Investing in disaster risk reduction<br>for resilience  | Enhancing disaster preparedness for effecti<br>response, and to eBuild BackBetter» in<br>recovery, rehabilitation and reconstruction   |
| Distort risk managemen nexts to be based<br>on an understanding of datart risk to all its<br>dimension of vulnerability, caparty, exposer of<br>particular to a second bandomotis and the<br>enveronment | Disator rule governances at the national, negrenal<br>and gabai levels volta to the management of<br>disator rule reduction in all ascenors and denoung<br>the coherence of lateral and local finamewriss<br>of laws, regulations and guilut; packes that,<br>by defining roles and responsibilities, galde,<br>incourage and interminute the public and private<br>sections to take action and address disator risk. | Public and private levisions this distance risk<br>proversion and reduction strongly instructural<br>and non-structural measures are essential to<br>enhance the economic, social, haadh and cultural<br>restinced persons, communities, countries<br>and their assess, well as the environment.<br>These can be otherwise of innovation, growth and<br>with the same well as the environment<br>of and instruments in same loss, provide and<br>reduce instrument in same loss, provide and<br>reduce instruments in same loss, provide and<br>reduce instruments. | Experience indicates that distant prepareters<br>needs to be strappinghround for more effective<br>negocies and strapping compared to the strapping<br>of effective recovery (baskets have also<br>dismonizzated that the recovery, inshall falled<br>and recommutation place, which needs to be<br>prepared alward of the disabits, is an opportu-<br>isate rest instruction measure. We offen and<br>persons with disabities should publicly lead<br>and promore generic-equitable and universally<br>accessible approaches during the response an<br>inconstruction places. |
|  |   |   |  |

| Primary responsibility<br>of States to prevent<br>and reduce deaster<br>risk, including through<br>cooperation | authorities,<br>stakeholder                  |   | their asse<br>and prote | n of persons and<br>its while promoting<br>acting all human<br>lucing the right to<br>ent                          | Engagemen<br>society           | nt from all of   | institution<br>and legisla | ement of all State<br>s of an executive<br>tive nature at<br>nd local levels        | through resi<br>incentives a | and communities<br>surces,<br>nd decision-<br>onsibilities as   | Decision-making to be<br>inclusive and risk infor<br>while using a multi-has<br>approach |
|--|--|---|-------------------------|--|--------------------------------|--|----------------------------|---|------------------------------|---|--|
| Coherence of di<br>reduction and s<br>development pr<br>practices and m<br>across different                    | ustainable<br>olicies, plans,<br>rechanisms, | Accounting of los<br>specific characte<br>of disaster risks<br>determining mea<br>reduce risk | ristics<br>when         | Addressing under<br>factors cost-effect<br>through investme<br>relying primarly o<br>disaster response<br>recovery | tively<br>nt versus<br>n post- | « Build Back Bett<br>preventing the c<br>of, and reducing<br>disester risk | reation                    | The quality of glob<br>partnership and in<br>cooperation to be<br>meaningful and st | ternational<br>effective,    | Support from de<br>countries and pa<br>developing count<br>tailored accordin<br>and priorities as<br>them | rtners to<br>tries to be<br>g to needs   |





# Optimize drainage

STRUCTURAL MEASURES





#### Enhance river capacity

channels

#### NON-STRUCTURAL MEASURES Flood

proofing

systems









Develop & test emergency management plans

Insurance

Train emergency teams



Flood risk

systems

Land use

planning

mapping & zoning

Flood forecasting

& early warning

ASSOCIATED PROGRAMME ON FLOOD MANAGEMENT





## **Sponge City: Part of Integrated Flood Risk Management**



## **Sponge City: Human Health Pathways of Urban Green Spaces**



### Sponge City: Improving Environment, Ecology, Biodiversity and Water Quality













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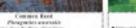
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· It's an important species in Weignlang

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Acridotheres cristatellas • Wildib Under State Protection: Common Forest Riel

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· Wildlife Under State Protection, Common Freg Specie



Egretite garactite • Wildlife Under State Projection, Common Water Herd



Passer montanes · Wildlife Under State Protection. Common Ferrest Bird



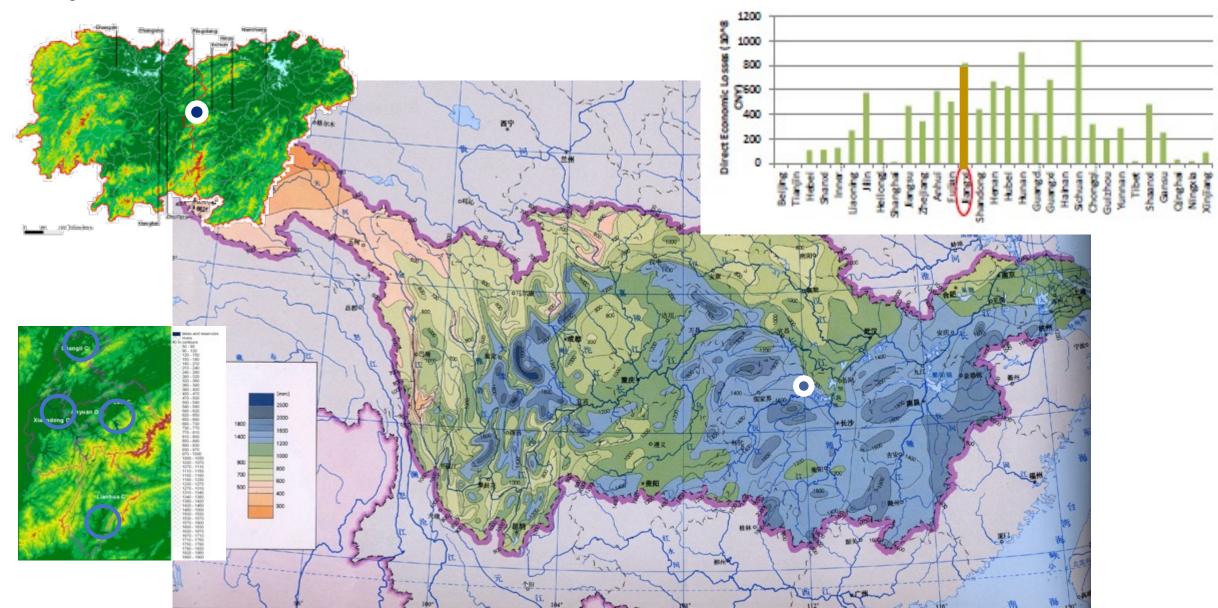
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The overall objective of sponge cities is to improve the management of the urban water cycle especially through decentralized management of rainwater and stormwater. It also contributes to improved overall water resource management of a city by addressing flooding, water scarcity and pollution. The sponge city concept takes into consideration increased climate variability which leads to extreme flooding and longer dry periods and extreme heat over the year. Stormwater, which may otherwise flood and affect people and urban areas and their assets, is slowed down, and detained to remove its potentially destructive force. Rainwater is filtered and released slowly using green systems, just like a sponge does, and/or stored and reused after storms when less water is available, for landscape irrigation, street cleaning, or other urban uses. ADB projects focus on nature-based solutions. Sponge cities ideally integrate green and gray infrastructure systems to optimize benefits.



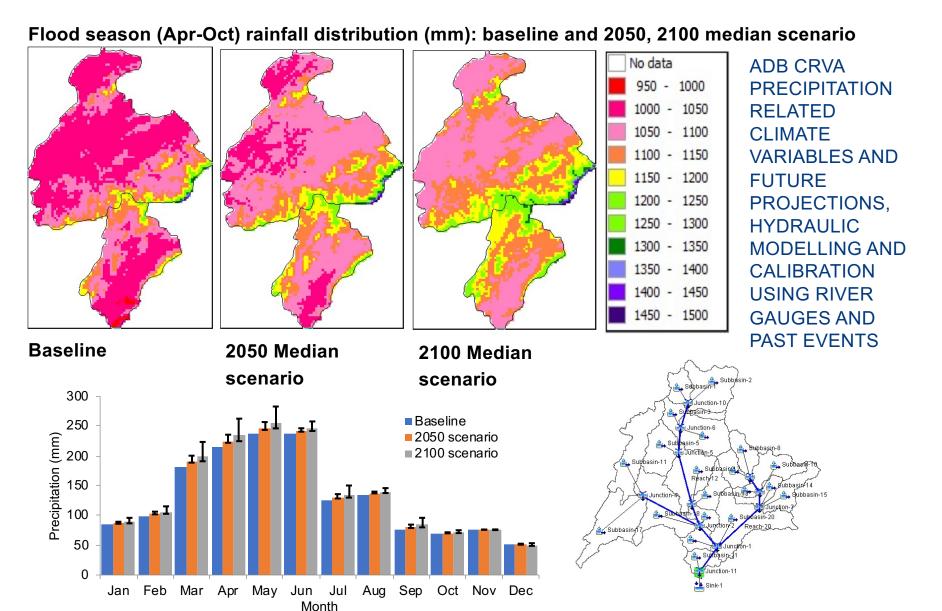
Jiangxi is Third Most Affected Province in PRC Between 2000 to 2010



Increasing Frequency and Severity of Flooding In Pingxiang

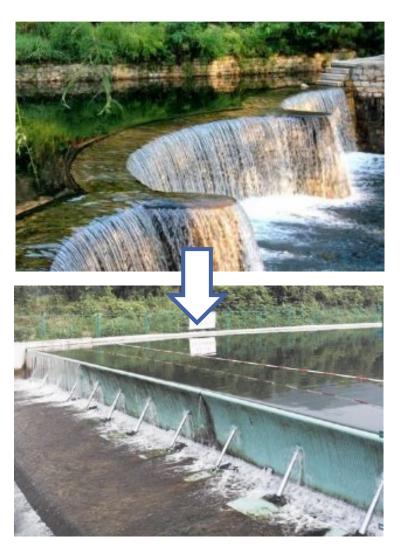


ADB'S CLIMATE RISK AND VULNERABILITY ASSESSMENT

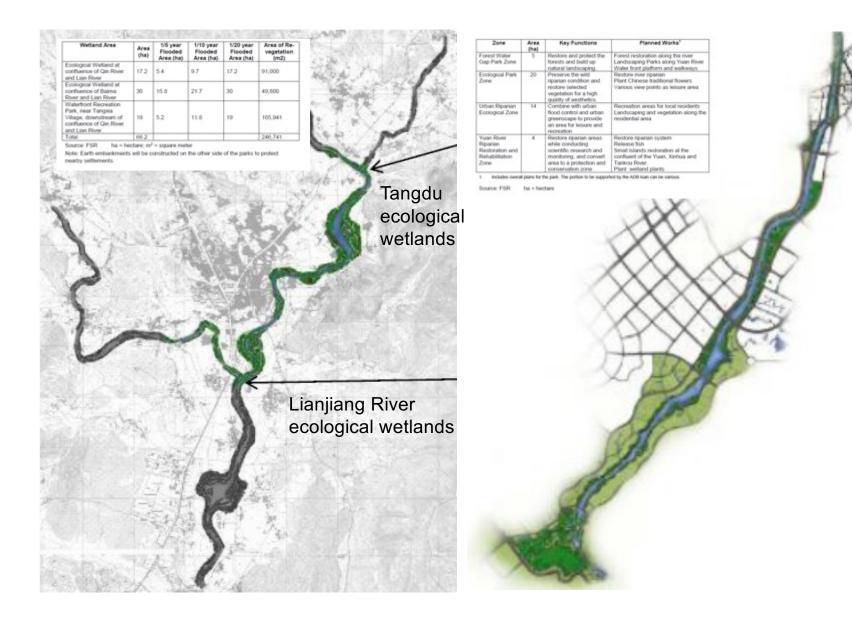


#### ADB CRVA RECOMMENDATION S FOR ADAPTATION MEASURES SUMMARY

| Adaptation measure                  | priority | Implementation schedule   |
|-------------------------------------|----------|---------------------------|
| Adjustment of 6% increase in        | Mode     | Project's detailed design |
| design storm; adjustment of 0.2 m   | rate     | phase                     |
| increase in design flood            |          |                           |
| Adjustment of 20% increase in       | Mode     | Project's detailed design |
| design storm; adjustment of 0.4 m   | rate     | phase                     |
| increase in design flood            |          |                           |
| Enlarge storm water outlet size     | High     | Project's detailed design |
| according to 10% increase of        |          | phase                     |
| design storm                        |          |                           |
| Remove or change structure of       | High     | Detailed design phase     |
| dams blocking flood water           |          |                           |
| Complete a functional solid waste   | Mode     | Project implementation    |
| collection system                   | rate     | (Capacity Building)       |
| Ecological restoration of the       | High     | Detailed design stage,    |
| project area                        |          | long term                 |
| Strengthen existing flood           | Mode     | Project implementation    |
| monitoring and warning systems      | rate     | (Capacity Building)       |
|                                     |          |                           |
| Institutional capacity building for | Mode     | Project implementation    |
| CC impact adaptation planning       | rate     | (Capacity Building)       |



PRIORITY ENVIRONMENTAL PROTECTION AND REHABILITATION PROJECTS LIANHUA AND LUXI RIPARIAN REVEGETATION AND WETLAND PROTECTION

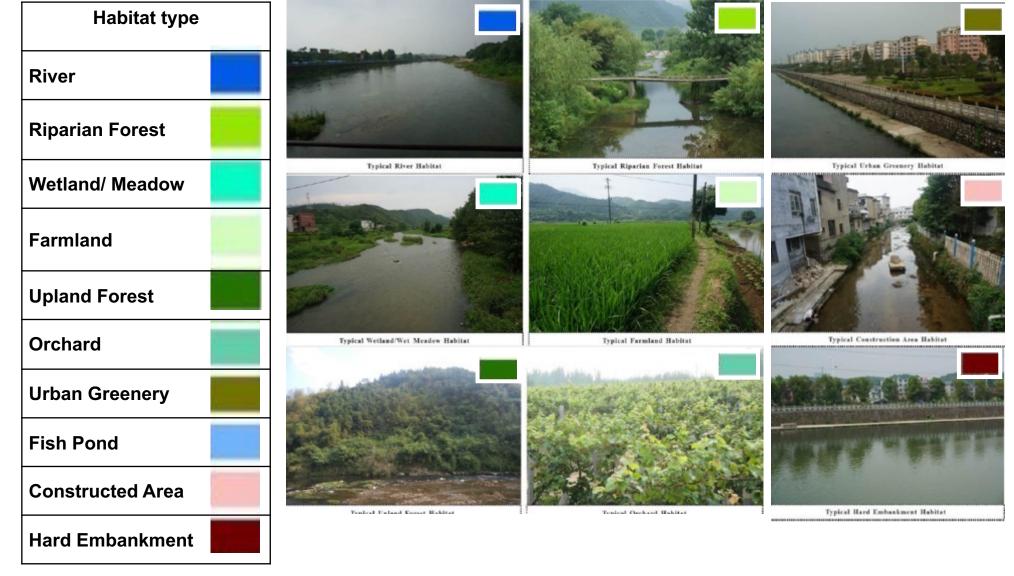


#### DESIGN OF KEY NODES LIANHUA



- Preserve new retaining wall on the southwest side, and raise the existing road to meet flood protection standards;
- Preserve large trees along the road on the southwest side, and plant more trees along the shoreline to improve connectivity of the riparian tree belt;
- Plant shoreline aquatic plants along the existing pebble beach on the southwest side to form riparian wetlands;
- Preseve existing forested areas on the northwest and north east sections, build up natural slopes to meet flood protection requirements;
- Preserve high quality wetland habitat at the confluence of the two rivers, and use wetland islands to improve landscaping and provide opportunities for leisure activities.

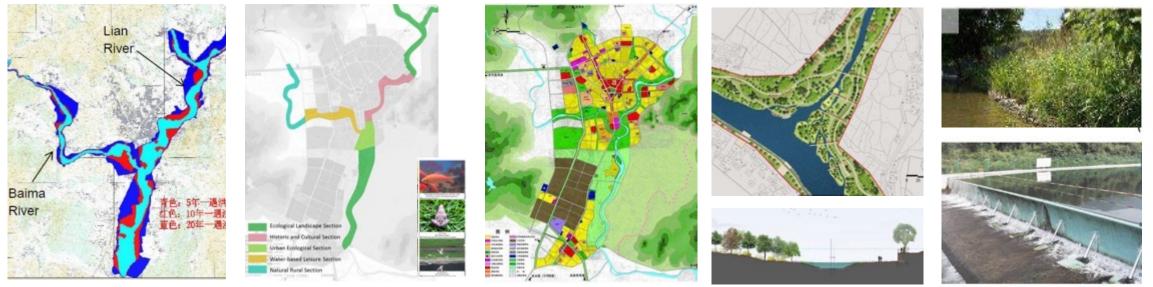
GREEN Wherever Possible and GRAY if no Space in Existing Cities



#### **GREEN AND GRAY RIVER ENVIRONMENTS IN PRC JIANGXI PINGXIANG**

#### **Project Addresses Key Development Challenges**

- 1. Promote **balanced rural-urban development and integration, reduce rural-urban income** and services **gap**, and **out-migration push factors**;
- 2. Improve **safety from flooding** for 308,000 residents and **enhance river environment**, restore riparian ecology and wetlands, preserve floodplains;
- 3. Reduce water, soil, and groundwater pollution by increasing **wastewater collection and treatment benefitting** 175,000 residents, improve water safety;
- 4. Improve **road connectivity for** 247,000 farmers and residents of **rural townships and villages** to access urban markets, jobs and services; and
- 5. Structural interventions are complemented by **non-structural initiatives to increase project sustainability** and enhance local development capacity.



### 1. Jiangxi Pingxiang: Well-planned Green Spaces Create Resilience (for free)



JIANGXI PINGXIANG PROJECT: WETLAND REHABILITATION TO BE FLOODED DURING HEAVY RAINFALL EVENTS AND USED AS PARK AT NORMAL WATER LEVELS

## 2. PRC: Hubei Huanggang Urban Environment Improvement Project

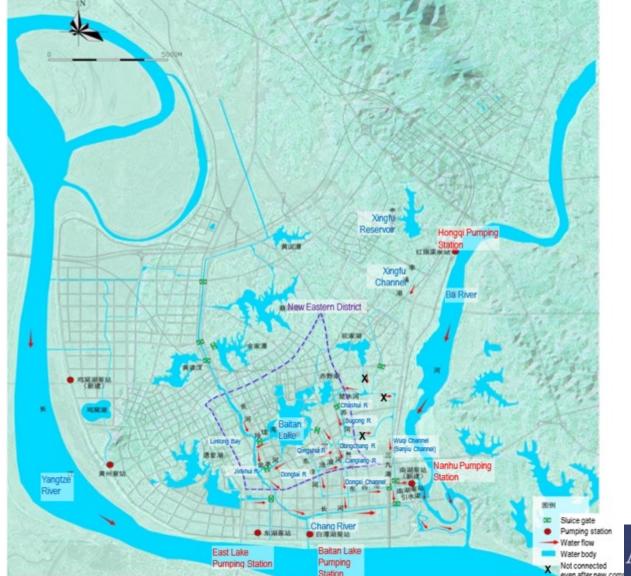
Integrated solution to make Huanggang livable - reduce flood risks and improve water quality

 Huanggang East of Wuhan, along the Yangtze River Total population in 2019: 7.37 million

- ADB Project Loan \$100 million of about \$252 million total investment, approved 2014 and currently under implementation
- Target outcome: Improved urban environment in Huanggang
  - Reduced return period of seasonal flooding
  - Improved lakes and rivers water quality

#### Project Outputs

- Lake and river enhancements with environment facilities operating
- Solid waste collection and transfer facilities operating and public awareness of solid waste and environmental protection increased
- Institutional capacity in project implementation and water quality monitor is developed and strengthened



## 2. PRC: Hubei Huanggang Urban Environment Improvement Project

#### NBS approach in flood control and water quality improvement

- Ecological flood-retention embankments with vegetated buffer strips
- Create surface-flow constructed wetland in total of 80 hectares Chiye Lake area
- Establish subsurface-flow constructed wetlands to treat nonpoint source pollution
- Ecological measures: aquatic plants, fish species, benthic mollusks
- Install sluice gates and water environment monitoring system
- Enhance water circulation and quality of the entire Xingfu water catchment area
- Install sewer system to separate stormwater and sewage collection in flood-prone river-side communities

#### **Protection of migratory birds**

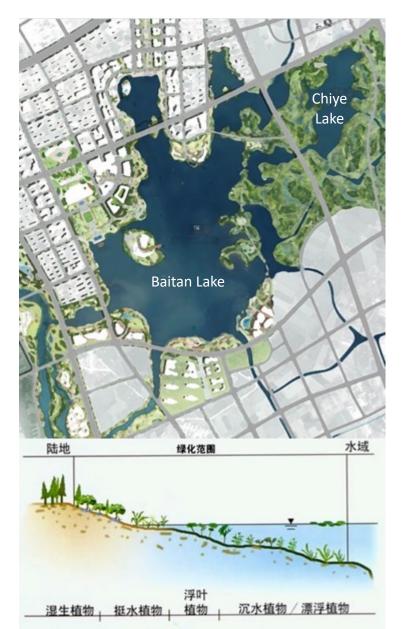
Yearly water bird survey monitoring program implemented with ornithologist



Herron cluster, Baitan Lake (26 Dec 2020)



Common Kingfisher, Baitan Lake (21 Mar 2021)



Integrated Solution to make Yanji more livable

- ADB Project Loan \$130 million equivalent of \$260 million total investment, approved 2019 and currently under implementation
- First bus rapid transit (BRT) line in the city Connects major urban functions and areas following "compact city" and "transit-oriented development" (TOD) principles
- Improved bicycle and pedestrian networks and create new small streets and green links
- Linear green parks as green infrastructure
- Improved water supply and wastewater management.
- Improved health outcomes, environment and healthy lifestyles and safe links to schools and hospitals. Health impact assessment and healthy and age-friendly city masterplan during implementation.





#### Sponge City Green Infrastructure Masterplan

- Based on watersheds and integrated with BRT line and green space and small street systems.
- Integrates new green infrastructure with improving and changing drainage pipe system
- integrates opportunities of green sponge city infrastructure to reduce urban flooding
- River rehabilitation and flood risk management with green river edges
- Combined these actions will increase resilience and improve protection against urban and river flooding

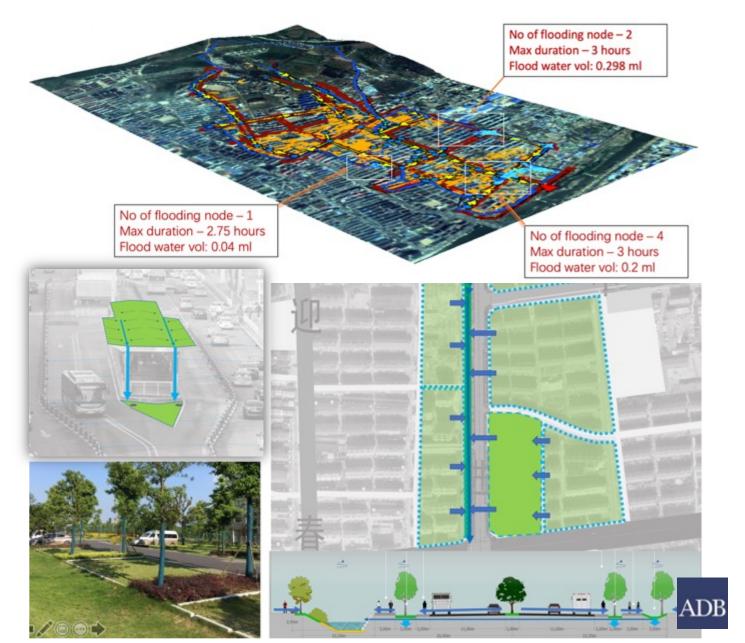


#### Advanced tools integrating planning & design

- Systemically integrates gray infrastructure and green sponge city infrastructure to enhance resilience and uses opportunities of integrating transport infrastructure with green sponge city infrastructure
- Integrates a variety of urban and natural functions to optimize planning and design of transport, water supply, drainage and flood risk management and sponge city green infrastructure increasing resilience through ICT systems and user apps

#### Smart water supply system

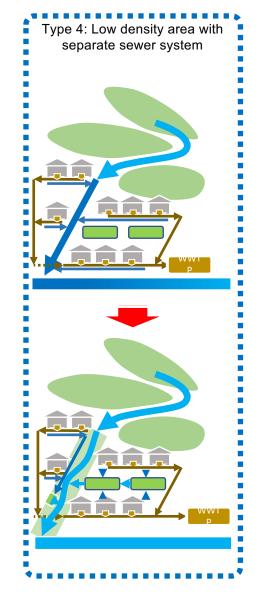
 improves resilience, water safety and security, conserving 4.8 million m3 of water resources annually, identifies non-revenue water, smart water meters



Applying hydrological and hydraulic models in climate risks assessment and adaptation



#### Solution Strategy



**Current Situation :** 

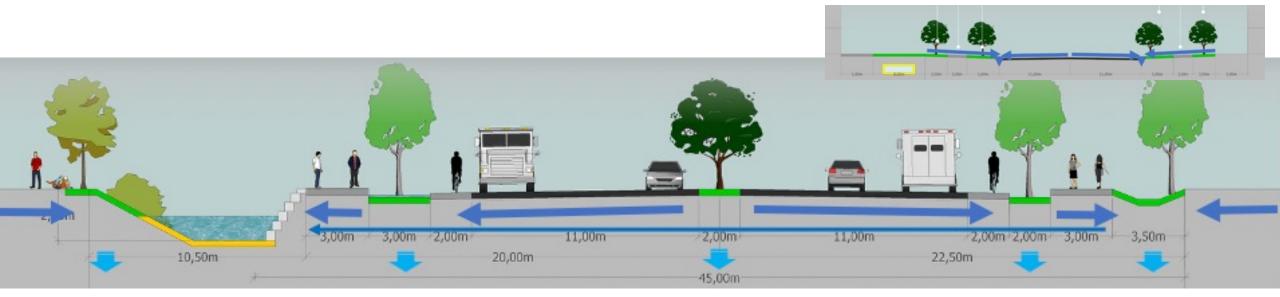
- New district with open spaces
- Pluvial flooing due to Lack of drainage capacity
- Concrete creek without selfcleansing function
- Storm water includs first flush and infiltration water drain directly to creek
- Creek pollution





Solution Strategy :

- Sponge city implementation into open space
- Storm water drains into creek after cleansing and detention of Sponge city measures
- Ecological restoration of creek











#### HIA: Health Impact Assessment

HACAMP: Healthy and Age-Friendly City Action and Management Plan

ADB

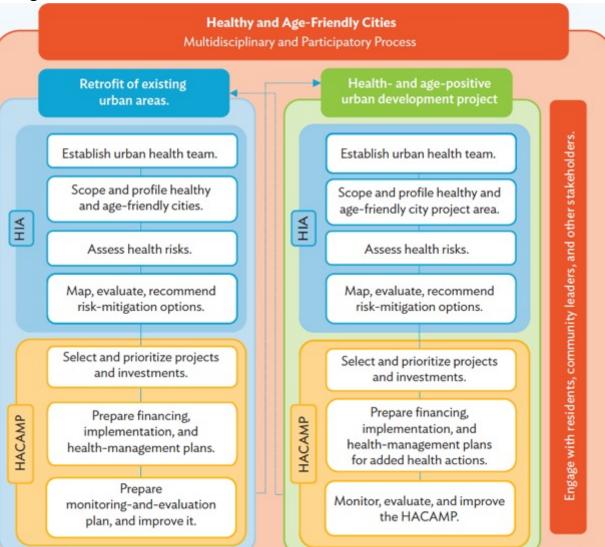


#### HEALTHY AND AGE-FRIENDLY CITIES IN THE PEOPLE'S REPUBLIC OF CHINA

PROPOSAL FOR HEALTH IMPACT ASSESSMENT AND HEALTHY AND AGE-FRIENDLY CITY ACTION AND MANAGEMENT PLANNING

Najibullah Habib, Stefan Rau, Susann Roth, Filipe Silva, and Janis Shandro

DECEMBER 2020



ASIAN DEVELOPMENT BANK