

SPEECH

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ភាពជាអ្នកដឹកនាំនៃស្ត្រី
WOMEN IN LEADERSHIP
JOURNEY OF BECOMING

ADB

RAISING YOUR LEADERSHIP

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Ignite

Greetings everyone, I am Lida. Today I will share with all of you my personal experience. But before I start, I want to ask you a question. Have you all been asked some questions just because we are women? We are asked to study hard for what? Work hard for what? To just become a wife, to just take care of our family? And do housework? That's why we no need to work hard?

And there is another question they ask us. Why do we need to try to have such big dreams because in the end we cannot achieve them? If we do not deal with this, it makes us more discouraged.

Okay, all of those questions are asked to us all the time, and all those questions sometimes make us think that they are true. And we get those questions from all walks of life, from our families, from our husbands, from those around us, from our colleagues. Especially, when we are women, the pressure is even greater. Because they do not believe in our ability. So, what can I do to get out of this mindset? And what have I done to become a leader in an organization as well as in the society in which I live? Okay, here are five tips that I can apply to improve my leadership.

Firstly, we should find ourselves. Ask ourselves what we like? What do we want to do? Where do we want to go? Which place do we want to be in? How do we see ourselves in 10 years? What will that picture look like? If we were to send a message to our descendants, what message would we give? We should paint a beautiful picture where we can see ourselves transforming positively.

Ok, secondly, I always practice speaking positively to myself. When something happens, we create a dream. When something comes to us, we have two human voices. The first voice says negative things, the second voice says positive things. The negative words come immediately, and we start blaming when we have problems. We always say that I am a woman, I cannot make it happen. I'm in this context, I do not have money, I cannot be like them, I do not have the knowledge like them. We take all those problems to blame ourselves and lower ourselves and it makes us discouraged. I speak positively and focus on possibilities, the possibilities we all have access to. For example, talk about a problem that has arisen and we have dealt with in the past. Are there some things that I can do differently? Okay, is there anyone who can help me to solve that problem? Is there anything I can do better to be successful in my life?

Thirdly, we always have to find and focus on our strengths. Even though we cannot find it in a year or two, we can find it at some point. When we see what our strength is, use it to the best of our ability. If we think we are strong with technical skills, make them stronger. If we want to be able to build a computer, we must make it happen. Then we have to study, we have to research all the time, improve our strengths until we stand out and make people around us take notice.

Fourth, we must have vision in our lives. People are like a boat in the middle of the river. If a boat in the middle of the river does not have a compass, it will just go crazy. It won't naturally go to a destination that we want to reach. We need to know how to create a vision of where we want to go, and when we have that vision, it will make our lives more productive. We use our time effectively, we know how to prioritize things correctly, and live happily with our beloved people.

The last thing that I use every minute is listening. Listening makes us practice powerful leadership. Listen to those around us. We listen to our children, our husbands, our

team, we listen full of positivity, we listen with judgment, so when we have become a good listener, it means we will help many more people to solve their problems. Okay, in conclusion, I want to send a message to all of you that to be a good leader. Just lead yourself well, when we lead ourselves well, we will create a positive attitude for those around us.

When we develop a positive attitude, we will develop positive behaviors and actions, that is you.

So, you will be a good leader and influential person in your family, in your society, and in your country. Thanks to all of you very much.