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Quality education for all

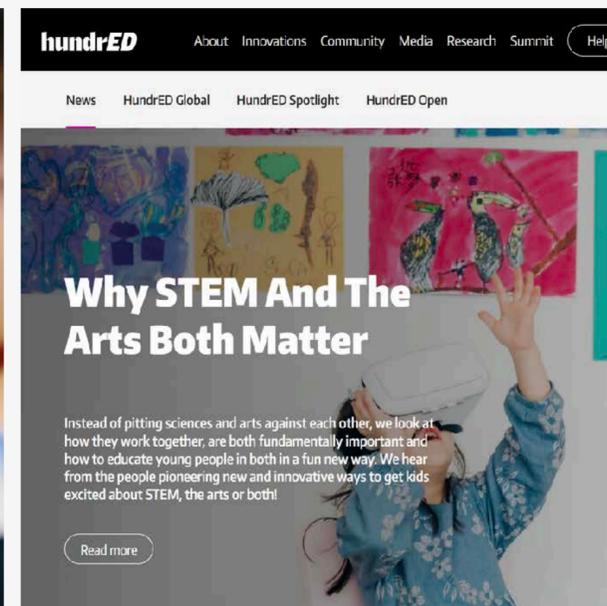
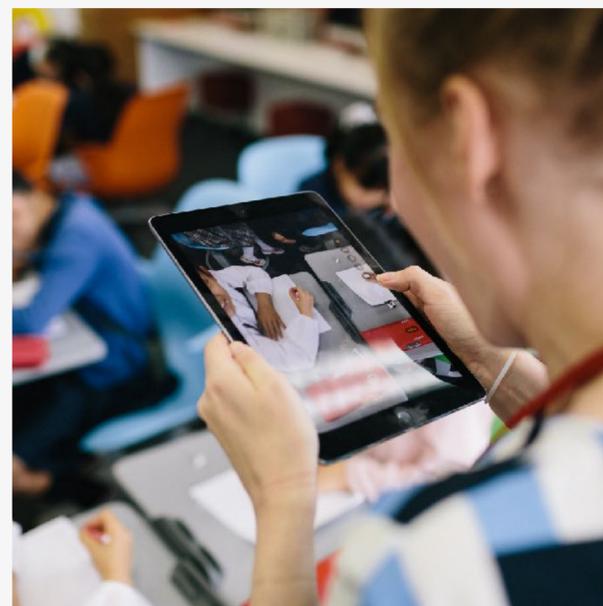
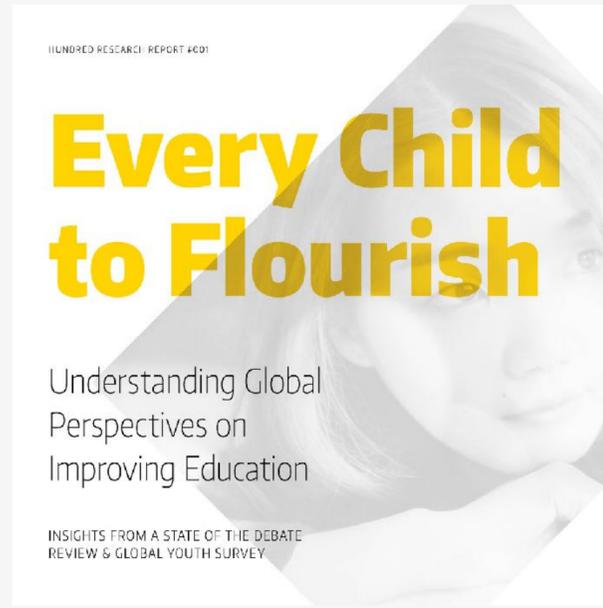
hundred

Finding power from
collaboration – through
COVID and beyond.

LASSE LEPONIEMI,
EXECUTIVE DIRECTOR & CO-FOUNDER

CHRIS PETRIE,
HEAD OF RESEARCH

hundred.org



hundrED

Is a global education non profit organization, based in Helsinki, with an active community in over 100 countries.

We identify
impactful and **scalable**
education innovations
and help them spread

**To have the world's leading
expertise on scalable
education innovations**

**To match practical
innovations with local
needs around the world**



**To change the global
education mindset to be
solution-oriented**

**To accelerate the pace
of change through
impactful connections**

In 2020

BBC Sign in Home News Sport Reel Worklife Travel Future Culture

WORKLIFE Home About us Generation Pr

YOU'RE READING



Burnout is rising in the land of work-life balance

• THE NORDIC WAY

By Maddy Savage
27th July 2019

Sweden is famous for championing a balanced lifestyle, but the number of young people being signed off work with severe stress is mushrooming.

This is the first story in our Nordic Way series, that examines life in Scandinavia and beyond.

If you're aware of global stereotypes about Sweden, working life in the Nordic nation might conjure up images of Scandi-sleek ergonomic offices, numerous breaks for coffee and cinnamon buns (called *fika* in Swedish), or clocking off early on Fridays to disappear to a lakeside cottage.

<https://www.bbc.com/worklife/article/20190719-why-is-burnout-rising-in-the-land-of-work-life-balance>

BUSINESS INSIDER

Subscribe

Lonely, burned out, and depressed: The state of millennials' mental health entering the 2020s

Hillary Hoffower and Allana Akhtar Dec 16, 2019, 7:27 PM



Millennials suffer from burnout, depression, and loneliness. Dmitry Bilous/Getty Images

- The state of **millennials'** mental health going into 2020 is looking grim.
- Depression and "**deaths of despair**" are on the rise among **millennials, many of whom suffer from loneliness, money stress, and burnout in the workplace.**

<https://www.firstbeat.com/en/blog/burnout-among-young-employees/>

Burnout Among Young Employees – The Stats, Factors and Potential Solutions to the Mental Health Issue



"Last year, I felt so bad that I thought I was going to have a breakdown. I'd been feeling burnt out for months, and with my to-do list growing as much as my stress levels, I wasn't coping well. I could barely get out of bed or motivate myself to do the simplest of tasks. I was constantly stressed, and I didn't feel like myself at all."

This quote isn't from a company director or CEO. It is from **Radhika Sanghani**, a 27-year-old journalist who opened up about her own experiences of chronic stress and burnout in a BBC article earlier this year.

<https://www.businessinsider.com/millennials-mental-health-burnout-lonely-depressed-money-stress?r=US&IR=T>

World Health Organization

Mental health

Burn-out an "occupational phenomenon": International Classification of Diseases

28 MAY 2019 - Burn-out is included in the 11th Revision of the International Classification of Diseases (ICD-11) as an occupational phenomenon. It is **not** classified as a medical condition.

It is described in the chapter: 'Factors influencing health status or contact with health services' – which includes reasons for which people contact health services but that are not classed as illnesses or health conditions.

Burn-out is defined in ICD-11 as follows:

"Burn-out is a syndrome conceptualized as resulting from chronic workplace stress that has not been successfully managed. It is characterized by three dimensions:

- feelings of energy depletion or exhaustion;
- increased mental distance from one's job, or feelings of negativism or cynicism related to one's job; and
- reduced professional efficacy.

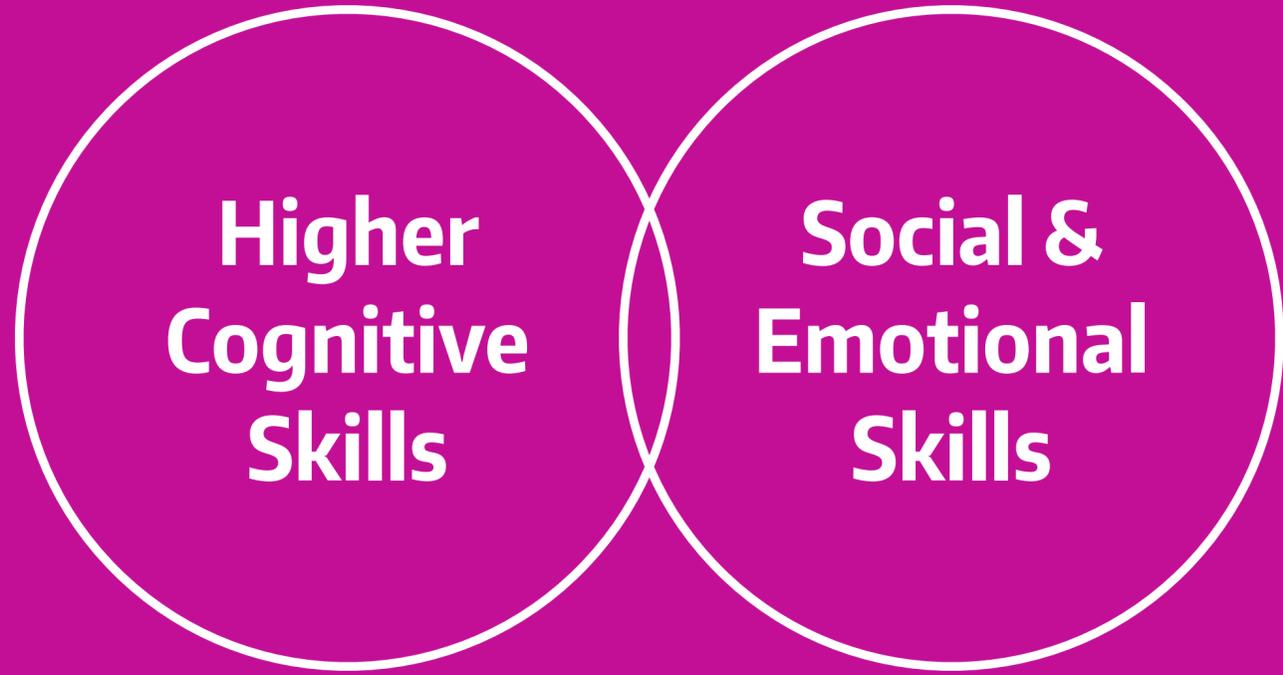
Burn-out refers specifically to phenomena in the occupational context and should not be applied to describe experiences in other areas of life."

Burn-out was also included in ICD-10, in the same category as in ICD-11, but the definition is now more detailed.

The World Health Organization is about to embark on the development of evidence-based guidelines on mental well-being in the workplace.

https://www.who.int/mental_health/evidence/burn-out/en/

Creativity
Entrepreneurship
Innovation



Service Orientation
Social Influence
Emotional Intelligence

HUNDRED TOOLKIT

Quality Education for all during Covid-19

Health officials are currently taking steps to prevent the introduction and spread of Covid-19 (Coronavirus) into communities across the world. The pandemic situation is affecting the lives of many students, families & communities. This special collection is compiling stories and solutions from schools around the world doing their best for students.

[Download the Toolkit](#)

[Innovator Case Studies](#)

[English](#) | [Deutsch](#) | [Italiano](#) | [Español](#)



COVID-19 SOLUTIONS

SOLUTION

Raggiungere bambini e studenti in luoghi isolati

In questo trasferimento dell'istruzione dalle scuole alle case, come stiamo affrontando le esigenze degli studenti che risiedono in luoghi isolati con connettività limitata o...

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COVID-19 SOLUTIONS

SOLUTION

In contatto virtuale con il mondo

Il distanziamento sociale non deve tradursi in isolamento sociale. Insegnanti, famiglie e studenti di tutto il mondo si stanno servendo delle piattaforme di...

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COVID-19 SOLUTIONS

SOLUTION

GoNoodle @Home

GoNoodle: Good Energy at Home offre video gratuiti per fare movimento, yoga e mindfulness, attività curriculari scaricabili e suggerimenti per attività da svolgere a cas...

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COVID-19 SOLUTIONS

SOLUTION

Imprese a sostegno di necessità legate all'istruzione

Lo scopo della campagna è offrire a ciascuno studente le stesse possibilità di accesso alle soluzioni per l'apprendimento online e a distanza donando computer agli...

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COVID-19 SOLUTIONS

SOLUTION

Formazione degli insegnanti per il futuro

Il passaggio dall'apprendimento in aula a quello online e remoto è stato brusco e senza precedenti nel mondo dell'istruzione. Abbiamo visto la comunità dei docenti...

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COVID-19 SOLUTIONS

SOLUTION

ReadTheory

ReadTheory è uno strumento online che aiuta gli studenti a migliorare le abilità di comprensione testuale con un metodo divertente che li mantiene attenti e...

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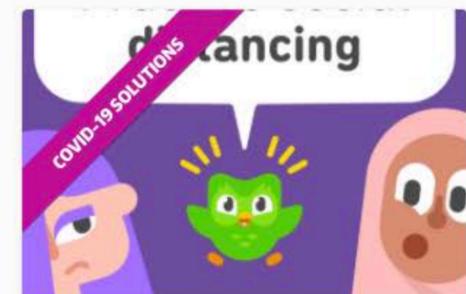
COVID-19 SOLUTIONS

SOLUTION

CENTURY Tech

CENTURY è la premiata piattaforma di insegnamento e apprendimento attraverso l'intelligenza artificiale per scuole, istituti superiori e università. Si serve...

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COVID-19 SOLUTIONS

SOLUTION

Duolingo

Se tutti ci stiamo arrabattando per gestire il rapido evolversi della situazione generata dal Covid-19, molti di noi hanno dovuto, dall'oggi al domani, occuparsi dei ragazzi a...

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COVID-19 SOLUTIONS

SOLUTION

National Geographic Education

National Geographic insegna ai ragazzi com'è fatto il mondo e come funziona, dotando loro degli strumenti per affermarsi e renderlo un luogo migliore. National...

[View](#)



COVID-19 SOLUTIONS

SOLUTION

Headspace for Kids

Vogliamo che i bambini siano sani e felici, non solo nel momento presente, ma per il resto delle loro vite, e l'insegnamento precoce della meditazione può essere molt...

[View](#)



COVID-19 SOLUTIONS

SOLUTION

Stories for solidarity

Il Global Oneness Project indaga la capacità che hanno le storie di creare connessioni significative tra le persone e con sé stessi, attraverso una serie di eventi per la...

[View](#)



COVID-19 SOLUTIONS

SOLUTION

Politici che si rivolgono ai bambini

Erna Solberg e Jacinda Arden, primi ministri della Norvegia e della Nuova Zelanda, rispettivamente, hanno tenuto entrambe una conferenza stampa per rispondere alle...

[View](#)



HUNDRED 2020

SOLUTION

Otsimo

I CDC (centri per la prevenzione e il controllo delle malattie) rilevano che, nei soli Stati Uniti, a un bambino su 68 è stato diagnosticato un disturbo dello spettro...

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COVID-19 SOLUTIONS

SOLUTION

School Day @Home

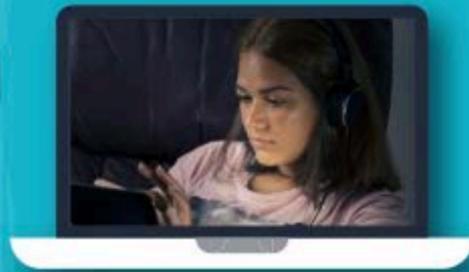
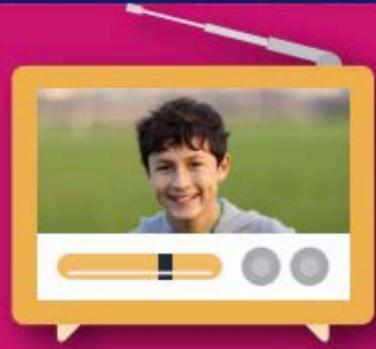
School Day @Home si occupa di quattro ambiti del benessere che sono importanti quando i ragazzi studiano da casa. Fornisce agli insegnanti uno strumento per la verifi...

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Education continuity during the Coronavirus crisis

Jordan: Leveraging Edtech without Internet connectivity using Kolibri

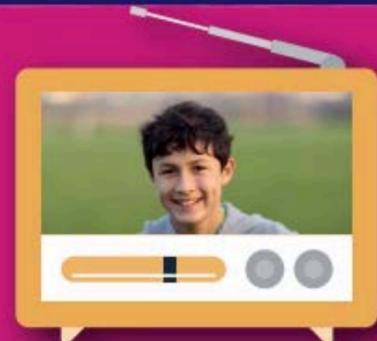
Navya Akkinepally; Lauren Lichtman; Chris Petrie



Education continuity during the Coronavirus crisis

Finland: Yle Etäkoulu (Yle Distance School)

Saku Tuominen



Education continuity during the Coronavirus crisis

Chinese Taipei: Contingency plans for hybrid models of learning

Yi-Hwa Liou and Christopher Petrie



In 2021

Loneliness and depression are on the rise among all ages, but especially young people.

Increases in Loneliness Among Young Adults During the COVID-19 Pandemic and Association With Increases in Mental Health Problems, *J Adolesc Health*. 2020 Nov; 67(5): 714–717. Department of Psychiatry and Behavioral Sciences, University of Washington

Extended periods of school closures could increase the learning poverty rate to 63 percent.

Learning Poverty is **defined** as the percentage of 10-year-olds who cannot read and understand a simple story.

João Pedro Azevedo. (2020). Learning Poverty: Measures and Simulations. World Bank.

We are selecting 100 innovations annually

HUNDRED REPORT #018

HundrED Global Collection: 2021

Report

NOVEMBER 2020

HUNDRED.ORG

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**SUP
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INNOVATION

Arkki

Arkki is a School of Creative Education for children and youth where pupils learn general innovation skills through architecture. Our mission is to equip and nurture the new...

COLLABORATIVE LEARNING CREATIVE THINKING
DESIGN THINKING REAL WORLD LEARNING

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INNOVATION

habaybna.net

Habaybna.net brings together hundreds of resources in special education & rehabilitation for parents & caregivers to help children with intellectual or developmental disabilities have...

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INNOVATION

Kolibri

To overcome the challenges faced in low resource contexts, Kolibri supports differentiated instruction and personalized learning without the Internet. The Kolibri...

BLENDED LEARNING OPEN RESOURCE PLATFORMS
PERSONALIZED LEARNING

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INNOVATION

BRAC Remote Play Labs

Play Labs are play-based learning centers for children ages 3-5 in low-resource settings. With the onset of COVID-19, BRAC is adapting the model for remote learning through radio...

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INNOVATION

BEEP LAB - Design mentoring to spark creativity & Innovation for kids 快樂追築

BEEP Lab is an education & training academy founded in Taiwan since 2015 and is now based in Singapore as a registered social enterprise. We aim to enrich and engage the...

AFTER SCHOOL PROGRAMS BLENDED LEARNING
COLLABORATIVE LEARNING CREATIVE THINKING

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INNOVATION

Rising On Air

Rising responded to school closures by creating radio and SMS content that builds foundational skills in literacy and numeracy, allowing students without internet access to...

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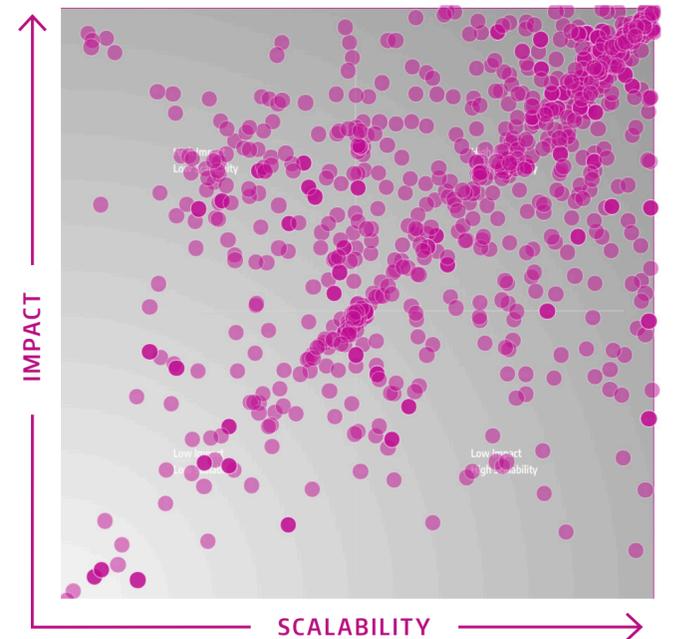
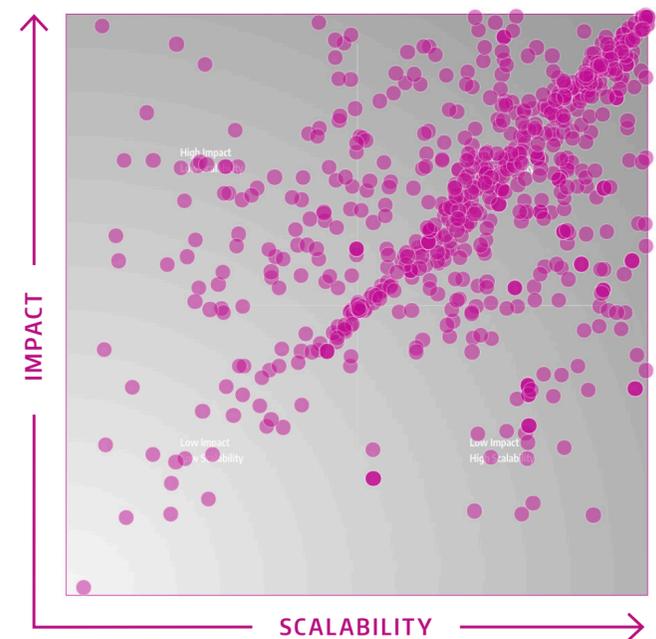
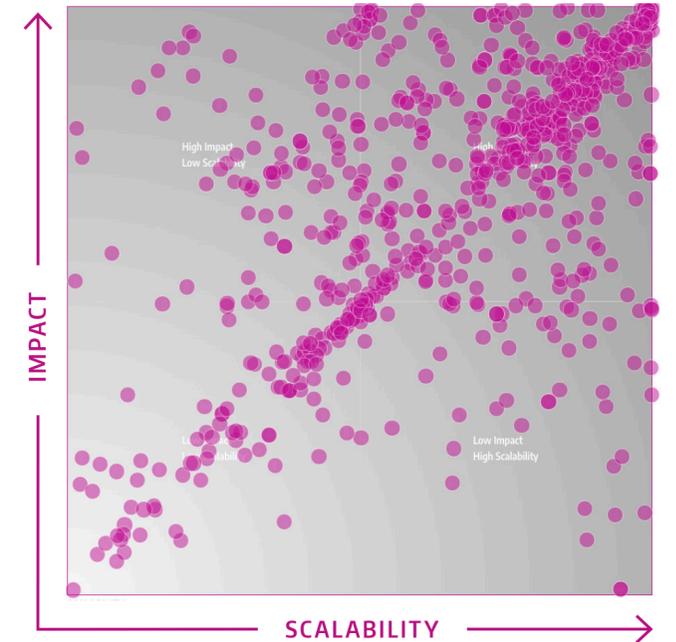
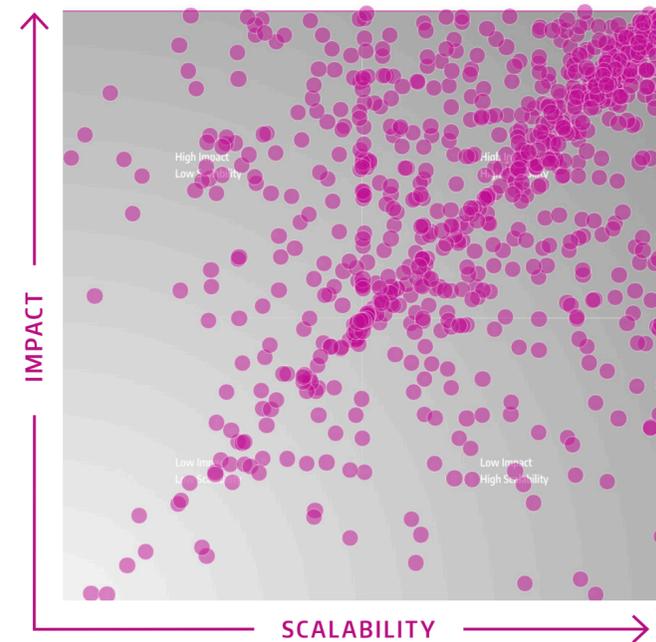
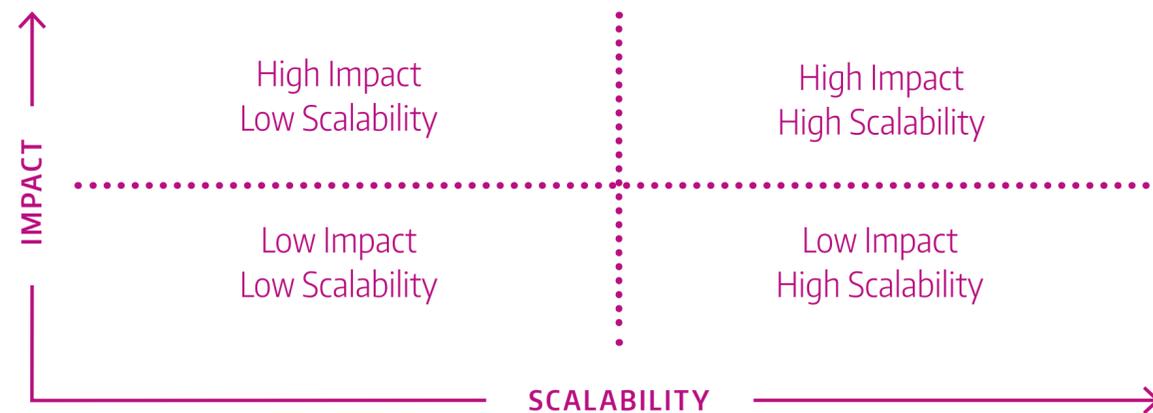
3.400 reviews were made to create the Global Collection 2021



Mirela Gabriela Tanc

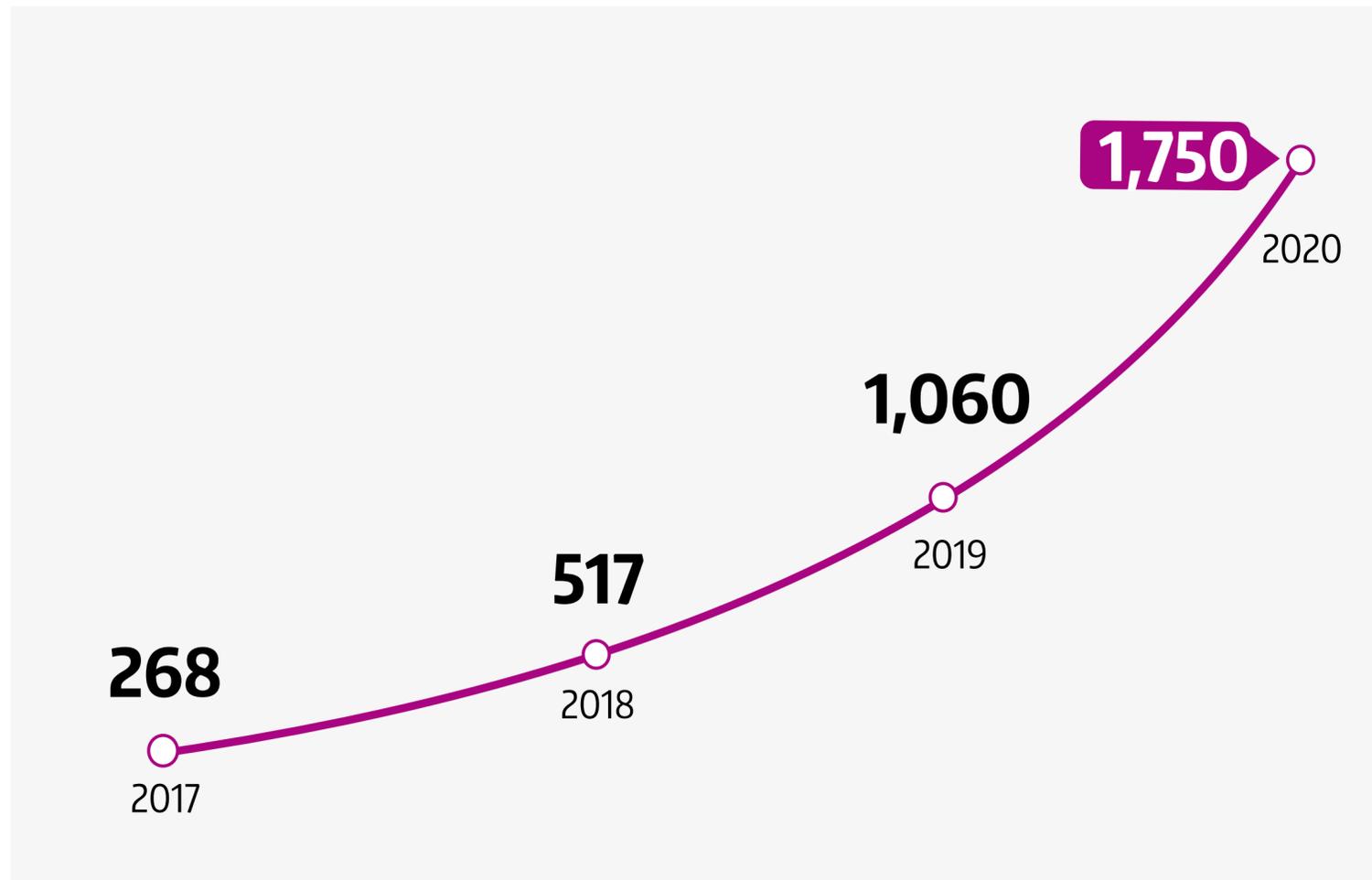
TEACHER, FIRST RUNNER UP PATTERN RECOGNITION-E2 SINGAPORE 2018, ROMANIA

"In these difficult times, innovation is needed more than ever. But the future of global education is great with the HundrED innovations. I am proud and honored to be part of their selection process."

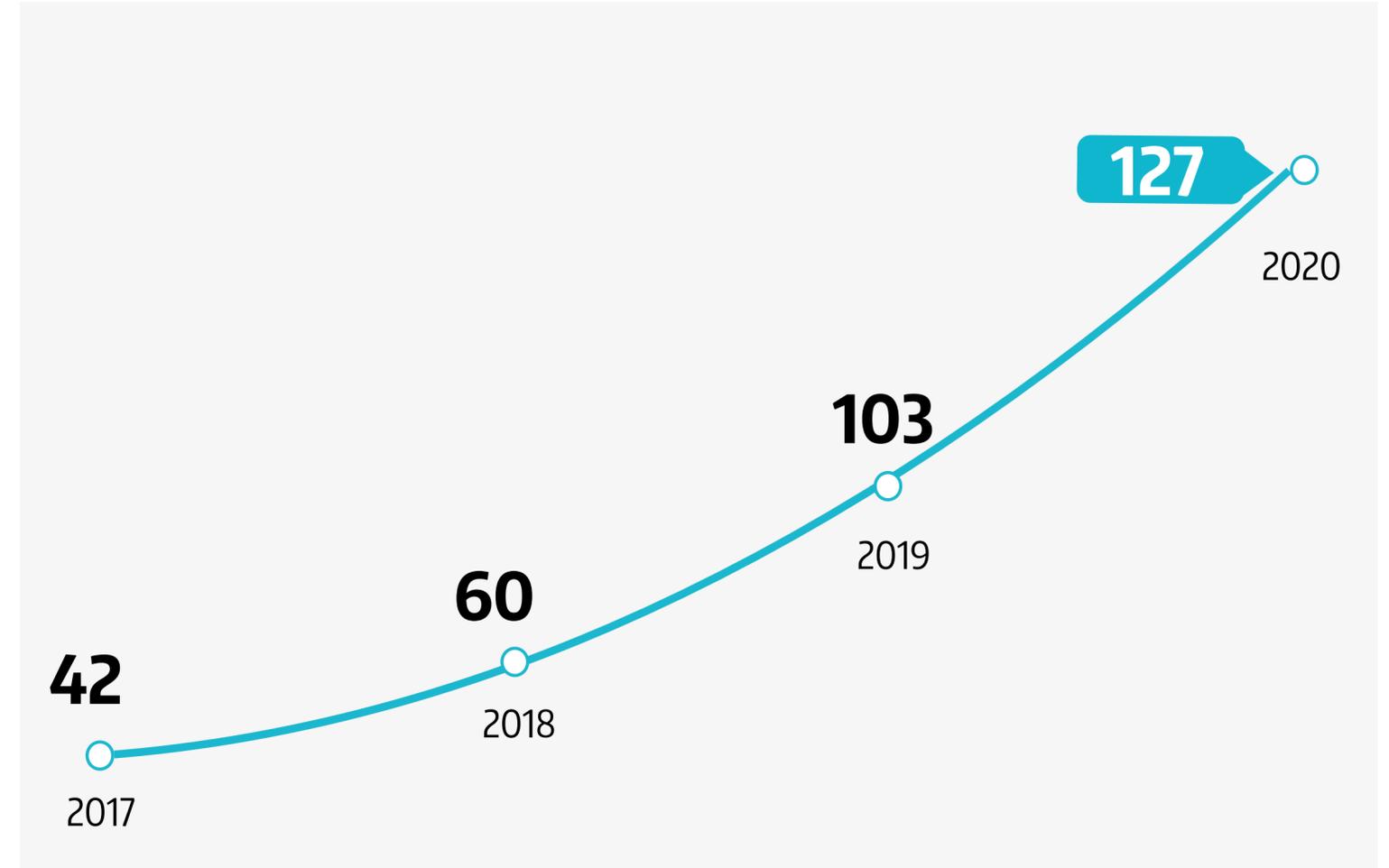


Research Trends

INNOVATIONS SUBMITTED



COUNTRIES REPRESENTED



2021 Projects

Classroom Solutions



21st Century Skills in LatAm



Teachers for a Changing World



Parental Engagement



Social Emotional Learning

The LEGO Foundation

Holistic Education in SE Asia



Royal Academy
Bhutan

Jan

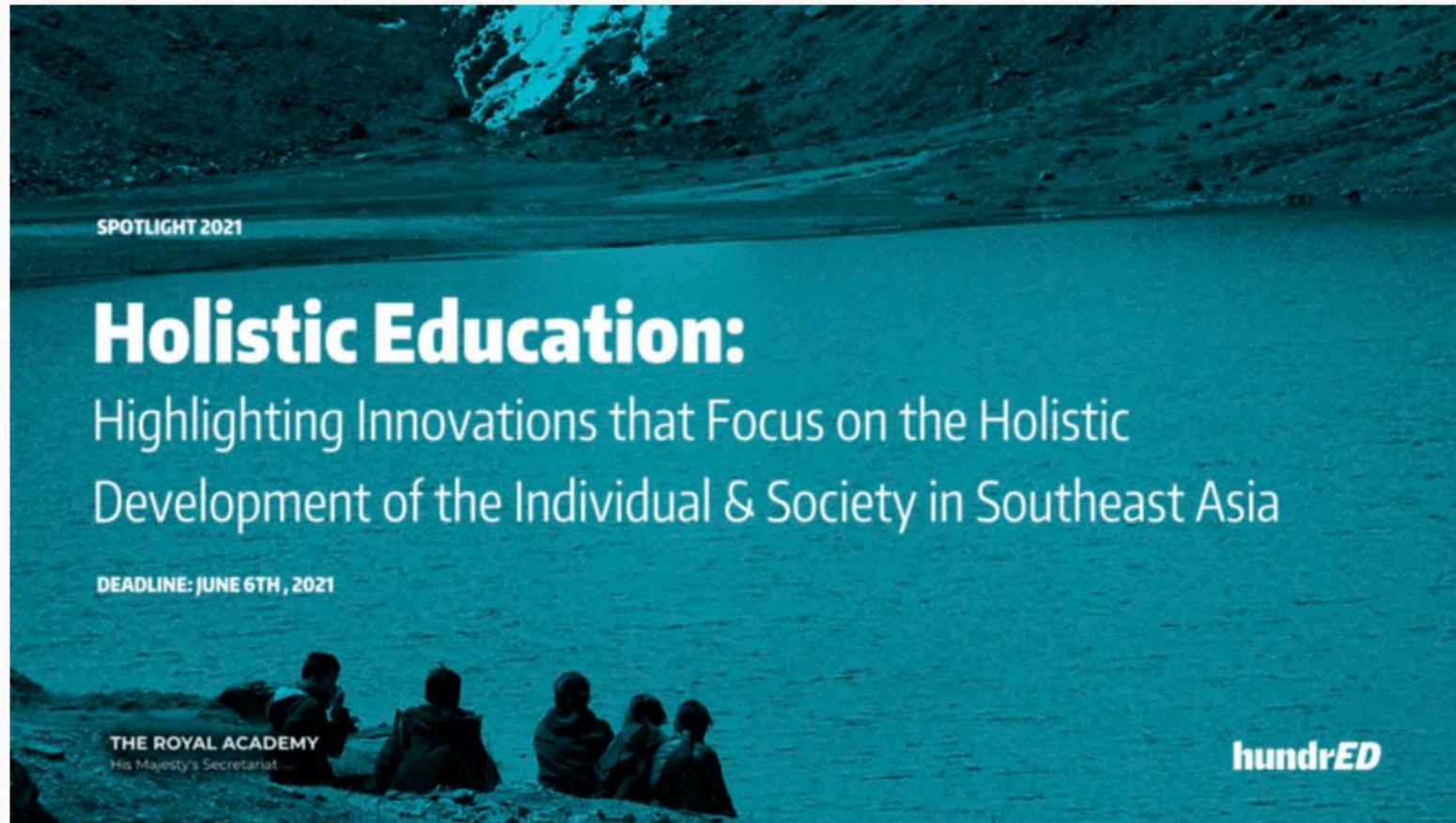
Mar

June

Sep

Dec

HundrED & The Royal Academy of Bhutan Announce the Launch of a New Spotlight on Holistic Education



This Spotlight Aims to Identify & Showcase Innovations from Bhutan and Southeast Asia that Helps the Learners Develop Holistically

The goal of this spotlight is to identify 10 highly impactful and scalable education innovations focusing on Holistic education in Bhutan & Southeast Asia. This Spotlight is accepting innovations from the following countries: **Bhutan, Brunei, Burma (Myanmar), Cambodia, Timor-Leste, Indonesia, Laos, Malaysia, Philippines, Singapore, Thailand, Vietnam, India, Nepal, and Bangladesh.**

By raising up innovations that focus on the holistic development of an individual and society, [The Royal Academy](#) and HundrED hope to enrich the conversation about the role of education in promoting a more just and harmonious society and give communities constructive resources for driving their own development.

Submit your solution before June 6th, 2021.

[Learn More](#)

HundrED & The World Bank Announce a New Project Transforming Teacher Professional Development



Spotlight on Teacher Professional Development in 2021

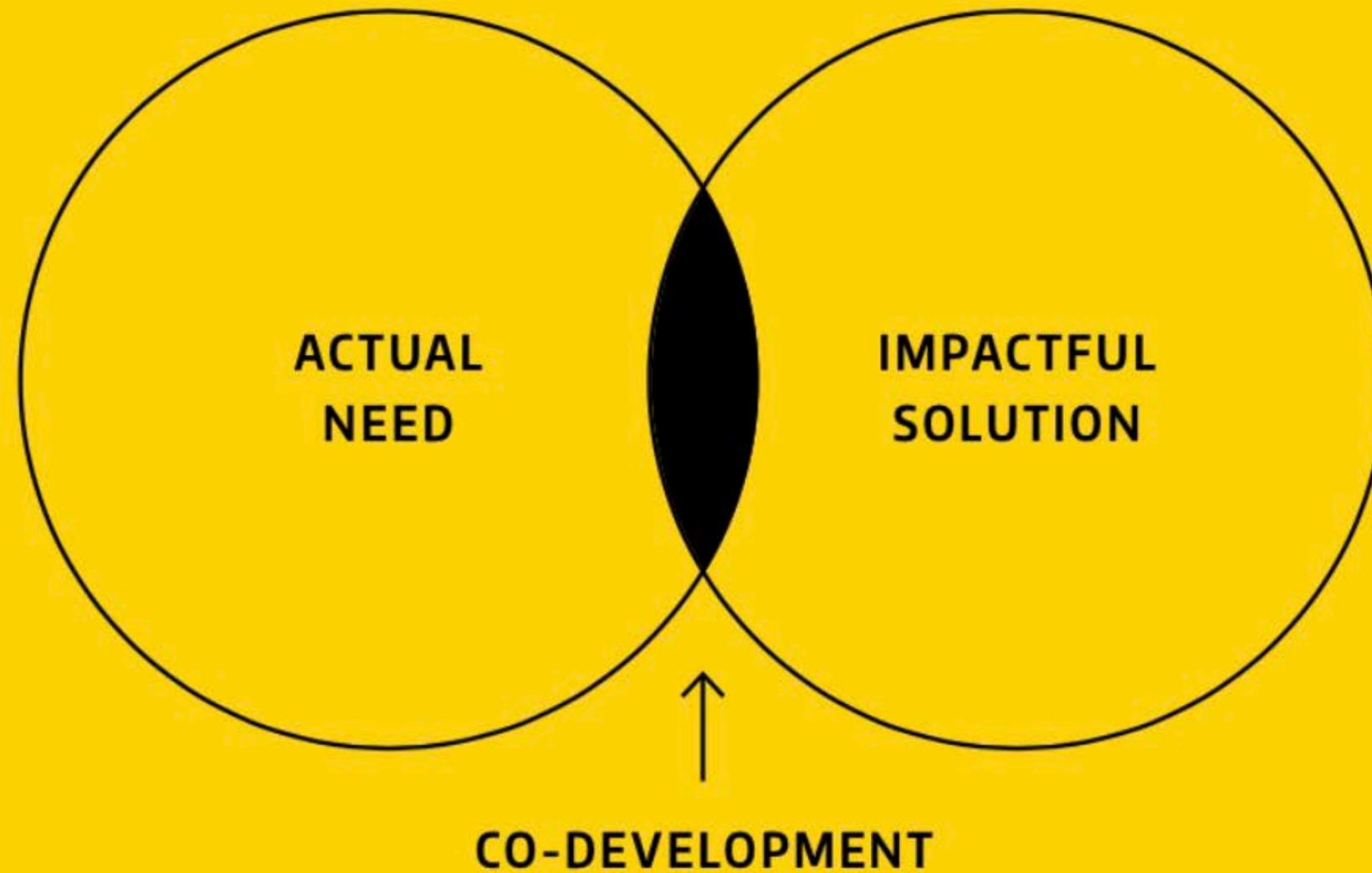
Scalable approaches to in-service teacher professional development are needed for countries to eliminate learning poverty and achieve inclusive and equitable quality education for all – the World Bank together with HundrED launches a Spotlight to identify tech-based solutions to support teachers.

The World Bank Group, Global Partnership for Education (GPE), and HundrED are teaming up to identify and share leading solutions from around the world that are helping teachers thrive in an ever-changing classroom. Through this Spotlight: Teachers for a Changing World, we aim to find solutions that train and improve teaching practices around the world. The Spotlight selections will be announced and promoted in August 2021 to education leaders, policymakers, and teachers around the world and contributes both to the World Bank Group's goal of eliminating **Learning Poverty** and HundrED's mission of **helping every child to flourish in life**.

IN PARTNERSHIP WITH



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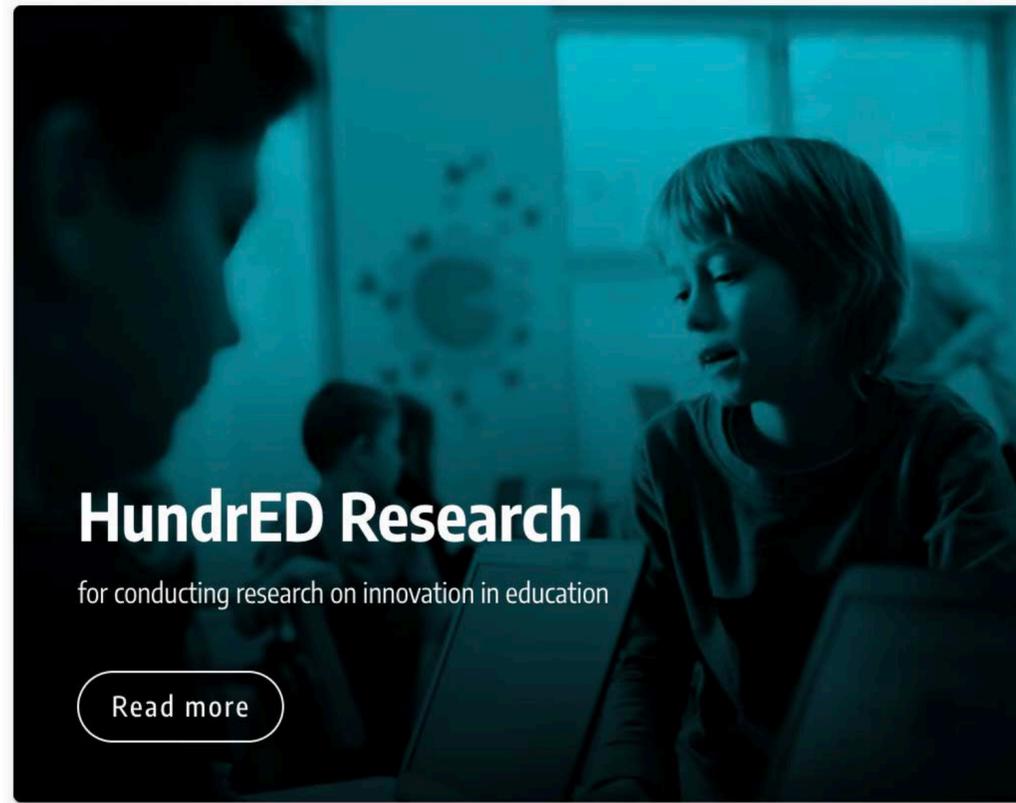


How to work with us?

A card with a teal background showing a group of children working together at a table. The text is overlaid in white.

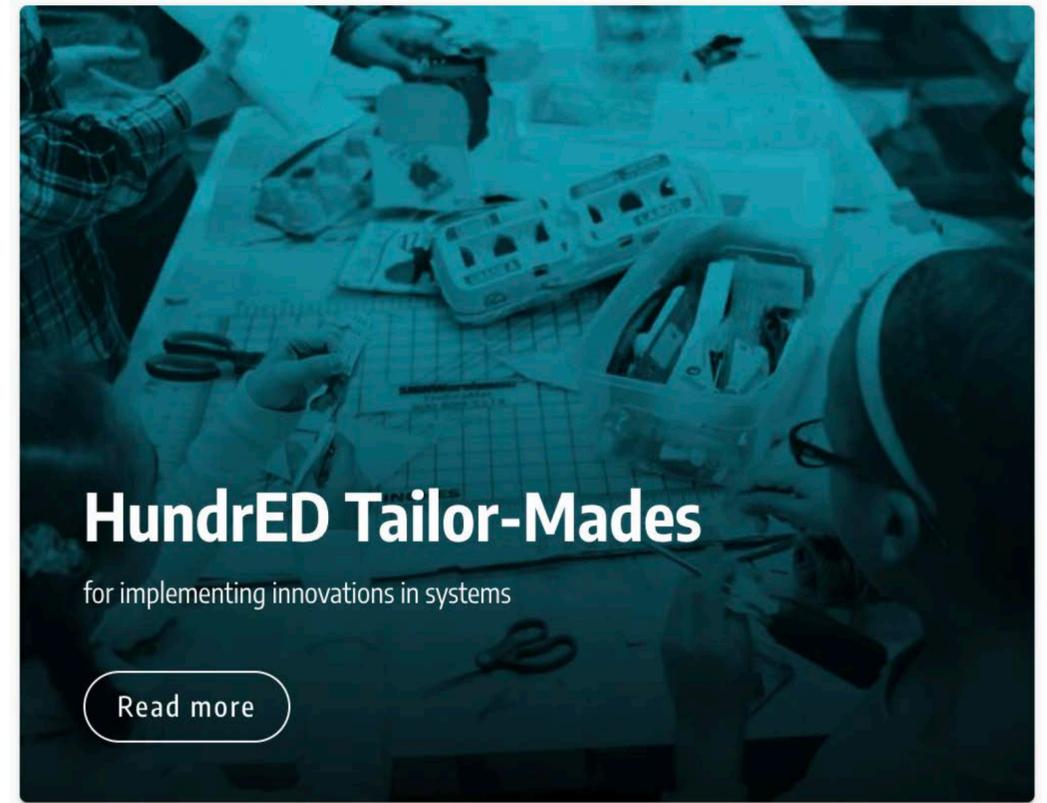
Regional Spotlight
for identifying innovations in a region

Read more

A card with a teal background showing a child looking at a laptop screen. The text is overlaid in white.

HundrED Research
for conducting research on innovation in education

Read more

A card with a teal background showing hands working on a project with various materials on a table. The text is overlaid in white.

HundrED Tailor-Mades
for implementing innovations in systems

Read more

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