



## AIR POLLUTION AND CHILD HEALTH

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- Literature review
- Ambient air pollution
- Indoor air quality
- Prevalence of disease and forecasting
- Environmental health surveillance system
- Further action





### Air pollution health impact assessments

Date	Field	Air pollution indicators		
1990-before	<ul> <li>Respiratory system disease</li> </ul>	<ul> <li>SO<sub>2</sub></li> <li>NO<sub>2</sub></li> </ul>		
1990-2007	<ul><li>Respiratory system disease</li><li>Immune system</li></ul>	<ul> <li>SO<sub>2</sub></li> <li>NO<sub>X</sub></li> <li>TSP</li> </ul>		
Since 2008	<ul> <li>Respiratory system disease</li> <li>Cardiovascular system disease</li> <li>Impant impact</li> <li>Burden of disease</li> <li>Indoor air quality</li> <li>Personnel exposure</li> </ul>	<ul> <li>PM10</li> <li>PM 2.5</li> <li>SO<sub>2</sub></li> <li>NO<sub>X</sub></li> <li>O<sub>3</sub></li> </ul>		

Since 1980, more than 40 health impact assessments were conducted





### Indoor air quality is at the level harmful for human health

#### With the support of WHO

- In 2004-2005
  - 77.8 % of children covered by the study had some kind of disease symptom. Children living in ger or houses with traditional heating source have higher incidence of symptoms of respiratory diseases compared to those living in apartments.
- In 2007
  - Type of fuel directly impacts indoor environment. Combustion heated houses have PM10 (71.19 $\pm$ 83.5 µg/m<sup>3</sup>) and PM2.5–ын (26.69 $\pm$ 3.4 µg/m<sup>3</sup>) at the level when they have negative impact on health.

*Source*: PHI, MOH, Indoor air quality of the ger, 2007

#### • 2016– UNICEF

 Concentrations of PM inside the schools covered by the survey showed that they exceed Mongolian air quality standards by 3.1-10.05 times which would negatively impact schoolchildren's health.





## 24 hours average daily concentration of PM10 and PM2.5, 2008-2017, Ulaanbaatar



Indicators	PM10 μg/m³			PM25 μg/m³				
	Ordinary day	Weekend	Warm	Cold	Ordinary day	Weekend	Warm	Cold
7±ð	182.59±178.70	183.05±174.52	95.01±87.00	226.78±200.12	85.65±105.03	85.88±101.25	29.21±19.92	114.10±116.6
Max	2047	1548	576	2047	1010	868	303	1010
P value	0.39		<0.0001**		0.55		<0.0001**	

SOURCE: Enkhjargal A, Burmaajav B<sup>,</sup> Tsegmed S,Suvd B, Unurbat D, Batbayar J, UNEP, 2019, THE AIR POLLUTION HEALTH IMPACT ASSESSMENT IN ULAANBAATAR, MONGOLIA





### **Ulaanbaatar ambient air PM concentration, 2018**

Indicator	РМ10 , мкг/м <sup>3</sup>		РМ2.5 , мкг/м <sup>3</sup>		
	Mean	95%CI	Mean	95%CI	
Warm	79.2	72.2-86.3	18.9	17.5-20.2	
Cold	199.0	183.9-214.1	126.6	112-140.4	
Total	136	127.6-148.2	74	62.8-80.5	
National	100 μg/m <sup>3</sup> - 24 hours, 50μg/m <sup>3</sup> -annual		50 μg/m <sup>3</sup> - 24 hours,		
standard			25 μg/m <sup>3</sup> -annual		
WHO	50 μg/m3- 24 hours, 20 μg/m3 -annual		25 μg/m3- 24 hours, 10 μg/m3 -		
			annual		





### **Exceeding percentage of PM10 and PM2.5 from permissible level**







## Air pollution health impact assessments

- Burmaajav.B and Saijaa. N were initiated the first studies of air pollution health impact assessment.
- Since 2009, PM<sub>10</sub> and PM<sub>2.5</sub>, the most hazardous effects on health, have been measured constantly. Those measurements played important role to assess air pollution impact on population's health.





## Hospital admission due to RSD and CVD, by age group and disease category, Ulaanbaatar, 2008-2017

Category of diseases	0-4	5-64	65 over	Total				
Respiratory system disease								
Diseases of pulmonary circulation and other forms of heart (100-109, 126-152)	74 (0.0%)	316 (0.1%)	31 (0.1%)	421 (0.0%)				
Acute upper respiratory tract infections (J00-J06)	190991 (41.5%)	125141 (31.9%)	4013 (10.4%)	320145 (35.9%)				
Influenza (J10-J11)	28220 (6.1%)	21167 (5.4%)	1575 (4.1%)	50962 (5.7%)				
Pneumonia (J12-J18)	122179 (26.6%)	43796 (11.2%)	5582 (14.4%)	171557 (19.2%)				
Rhinitis and Sinusitis (J30-J32)	3823 (0.8%)	40080 (10.2%)	2956 (7.6%)	46859 (5.3%)				
Bronchitis (J40-J42)	711 (0.2%)	37975 (9.7%)	10186 (6.3%)	48872 (5.5%)				
Emphysema (J43)	0 (0.0%)	284 (0.1%)	165 (0.4%)	449 (0.1%)				
Other chronic obstructive pulmonary disease (J44)	12 (0.0%)	8749 (2.2%)	5743 (14.9%)	14504 (1.6%)				
Asthma (J45-J46)	150 (0.0%)	10599 (2.7%)	2366 (6.1%)	13115 (1.5%)				
Other diseases of the respiratory system (J20-J22, J33-J39, J47-J99)	113732 (24.7%)	104559 (26.6%)	6052 (15.7%)	224343 (25.2%)				
Total	459892	392666	38669	891227				
Cardiovascular disease								
Diseases of pulmonary circulation and other forms of heart (100-109, 126-152)	207 (25.2%)	44790 (11.9%)	6255 (3.8%)	51252 (9.5%)				
Hypertensive diseases (I10-I15)	0 (0.0%)	158964 (42.4%)	79308 (48.2%)	238272 (44.1%)				
Ischaemic heart diseases (I20-I25)	2 (0.2%)	82483 (22.0%)	51623 (31.3%)	134108 (24.8%)				
Cerebrovascular diseases (I60-I69)	417 (50.7%)	53002 (14.1%)	21029 (12.8%)	74448 (13.8%)				
Diseases of arteries, veins and lymphatic vessels (I70-I99)	196 (23.8%)	36000 (9.6%)	6458 (3.9%)	42654 (7.9%)				
Total	822	375239	164673	540734				

SOURCE: Enkhjargal A, Burmaajav B<sup>,</sup> Tsegmed S, Suvd B, Unurbat D, Batbayar J, UNEP, 2019, THE AIR POLLUTION HEALTH IMPACT ASSESSMENT IN ULAANBAATAR, MONGOLIA





Pneumonia admission in relative risk (RR) and 95% confidence interval for 10  $\mu$ g/m<sup>3</sup> (mg/m<sup>3</sup>) change in concentration of pollutants at mean lag 0-3, significance with temperature and wind velocity adjusted in all age



According to the time series analyses all Lags of NO2, SO2 and Lag 2 of PM10, Lag2-3 of PM2.5 were observed significant correlation. If reduce 10 unit of those pollutants hospital admission of pneumonia children under 4 will be declined by 0.06-3.66 percent.





### Astma



Эх сурвалж: НЭМҮТ, АШУҮИС, " Агаарын бохирдол, гуурсан хоолойн багтраа өвчний харилцан хамаарал", 2019





## School indoor air quality



![](_page_11_Picture_4.jpeg)

Indoor air class room PM2.5 concentration:

- Connected to the central heating system: 272.25 (95%CI: 11.86-532.64)
- Local heating system: 635.96 (95%CI: 471.26-800.65)

![](_page_12_Picture_0.jpeg)

![](_page_12_Picture_1.jpeg)

### Rapid assessment of indoor air quality, 2018

![](_page_12_Picture_3.jpeg)

The average concentration of PM2.5 in class room with air-purifying devices was less than 58.42  $\mu$ g/m<sup>3</sup> ordinary room. The effectiveness of air purifier was 29%.

НЭМҮТ, НҮБ-ын ХС.

![](_page_13_Picture_0.jpeg)

![](_page_13_Picture_1.jpeg)

### Nutrition status by age group

![](_page_13_Figure_3.jpeg)

![](_page_14_Picture_0.jpeg)

![](_page_14_Picture_1.jpeg)

### KAP survey on air pollution, 2019

![](_page_14_Picture_3.jpeg)

- 13.2% Health professionals participated training on air pollution and health
  - Lack of ability to provide counselling on prevention of air pollution exposure

![](_page_15_Picture_0.jpeg)

![](_page_15_Picture_1.jpeg)

## **Environmental health surveillance program**

- The website was developed at the official website of NCPH: orchin.ncph.gov.mn.
- All data RSD, CVD, meteorological, air pollutant since 2018 is uploaded in UB and aimag.
- Health-info program and X10 premium programs were connected

![](_page_15_Figure_6.jpeg)

![](_page_16_Picture_0.jpeg)

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### Summary

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# Thank you for kind consideration