# **Transport for Green Cities**

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#### **Transport and urban development**

Unlike virtually all other urban sectors, transport is unique as conditions actually worsen with economic prosperity.



"Experience is the ability to recognize a mistake when you make it again"

Expanding roadways to accommodate traffic is a bit like combatting obesity by buying larger pants

#### **Transport trends for Asia and the Pacific**



# Lag times



The trend for the next 5 to 8 years is fixed

#### **Road crashes**

645,000 fatalities and 30 million injuries per year in Asia and the Pacific

Economies of Asia and Pacific lose approximately \$96 billion per year in income due to road accidents

Over 50% of the victims of road accidents in Asia and the Pacific are vulnerable road users (e.g. pedestrians)



#### **Health and transport**

According to the World Health Organization, local air pollution contribute to the premature death of more than 500,000 people each year and reduces national GDP in Asia by 2-4%.



### Beijing – January 2013

- Particulate matter recorded at: 993 mg/m<sup>3</sup>
- WHO recommended maximum is: 25 mg/m<sup>3</sup>



#### Obesity

#### OBESE NATION

# Too fat for our own good

THE image of an obese 33year-old gentleman and a remark by a 69-year-old about his 11-year-old grandson running out of breath while scaling slopes (NST, June 9) suggest we should shift our attention from rural health to urban health.

The Ministry of Health has done well in promoting rural health. The health problems have now shifted.

Diseases related to urban lifestyles are on the rise. One in four Malaysians is obese, according to a survey made in 1999.

Malaysians are slowly and surely on the road to self-destruction.

The cause: compulsive eating habits. Most people (including I) eat on seeing food rather than when feeling hungry.

Everyone you care to talk to at huffets will admit they overeat. They think it is *ragi* (a loss) not to eat as much as they can.

The amount people eat at buffets is about 4-5 times the amount they normally eat at regular meals elsewhere. Office meetings and functions are almost always accompanied by food. Sometimes workshops or meetings organised by public and private institutions take place in hotels.

"Meeting packages" offered at most hotels usually contain six meals a day plus sweets on the conference tables! The participants are forever on sugar and fat.

Fat cells behave as storage cells of the body. They can balloon out to more than 100 times their normal size to accumulate excess fat that is ingested.

Fat cells, like brain cells, are classified as permanent cells, meaning the cells do not have the capacity to divide and multiply upon reaching maturity unlike the cells that form our skin, mucous membranes and gut.

An obese person has the same number of fat cells as when he was thinner, except the size of each of his fat cells is bigger than normal.

If we store foodstuff in the food cabinet for a long time, the food would turn bad and become poisonous to eat. The same thing happens in these expanded fat cells.

The diseases that come with obesity are numerous and well known — from diabetes to depression.

No organ is spared the wrath of toxic substances released from "obese" fat cells.

Obese children become obese adults. This is a fact. Parents are wholly responsible for shaping their children.

Popular eating-places where parents take their kids to these days are fat food joints. Oops! I mean fast food restaurants.

They are taken there to celebrate joyful events like birthdays, passing exams, etc.

Fat food joints have sprung up everywhere, even in small towns.

#### PROFESSOR DR NOR HAYATI OTHMAN Deputy Dean (Research) and Professor of Pathology, Universiti Sains Malaysia, Kubang Kerian, Kelantan



GLOBAL PROBLEM: Obesity is fast becoming a major problem worldwide.

#### Leapfrogging?

Walking, cycling, public transport, strong car and motorcycle restrictions

Quality of life stage

Full motorization stage (private cars and motorcycles

Paratransit dominant stage (vans and other informal vehicles)

Basic access stage (captive nonmotorized market)

#### **Strategy for Greening Transport**







Avoid unnecessary vehicle kilometers

 Smart Growth
Zoning regulations
Internet & Communication Technologies (ICT)
Transit-Oriented Development

## Shift to the lowest-emitting modes

- Public transport
- Non-motorized transport
- Transportation Demand Management (TDM)
  - Shift to rail freight

Improve vehicle/fuel technology towards cleaner and more efficient options

- Alternative fuels
- Fuel efficiency standards
  - Vehicle maintenance
    - Vehicle testing

#### **ADB's transport transformation**

Percentage of transport sector investment



### "Avoid": Transit-Oriented Development (TOD)

Concentrating development around public transport nodes

- Reduces trip distances
- Links multiple destinations in a single trip
- Makes public transport, walking, and cycling more convenient and viable
- Reduces service delivery costs for municipality (water, electricity, sewer, etc.)



#### **Efficient use of urban space**



The amount of space required to transport the 60 persons by different modes

#### "Avoid": Information and Communications Technologies

Telecommuting

Video teleconferencing / Telepresence

Teleshopping

**Telework** 

**Cell phones** 

Broadband provision



#### "Shift": Public transport

Conventional bus systems Bus Rapid Transit **Light Rail Transit Metro Systems** □ Monorails

People Movers

Personal Rapid Transit



#### **Tipping points: Bus Rapid Transit**





2013 Approximately 150 systems world-wide

### Lanzhou BRT project



#### **Shift: Pedestrian upgrades**

□ Footpath upgrading

**City center pedestrianization** 

□ Safer crossings

**Greenways** 

**Car-Free Days** 

□ Shared space

**Street lighting** 





#### "Shift": NMT vehicles

**Bicycle distribution** 

Bicycle sharing systems

Dedicated cycle ways and bicycle "superhighways"

□ Bicycle parking

Pedicabs



# "Shift": Transportation Demand Management

**D** Parking management

Parking levies

Congestion charging

**G** Fuel levies

Vehicle ownership restrictions

Use restrictions by plate number



#### **"Improve":** Clean Fuels

#### **Clean diesel**

Bio-diesel

#### 

- □ Bio-methane
- LPG
- **Ethanol**
- □ Hybrid-electric
- **Electric**
- **Gamma** Fuel cells



#### **Capturing sustainable transport benefits**

			Dimension / Core Criteria			Area			
						Efficiency: People			
				mic		Efficiency: Businesses			
			Econor			Quality and reliability			
	is		Economic			Fiscal burden			
						Employment			
developing the		Wider economic benefits							
Sustainable Transport Appraisal Rating (STAR) system			Social			Basic accessibility			
						Affordability			
						Safety			
						Inclusion			
						Social cohesion			
			Environmental			GHG emissions			
						Transport-related emissions and pollution			
						Resource efficiency			
						Climate resilience			
						Natural and built environment			
Rating	Highly	llneue	tainahla	Moderately	Margir	ally	Moderately	Sustainable	Highly
	Unsustainable	Unsustainable		Unsustainable	Sustain	able	Sustainable	Sustainable	Sustainable
Score	core -5 to -10 -2		to -4	-1 to 0	1 to 2		3 to 4	5 to 6	7 to 10

#### **Transport and Green Cities: Masdar**

- ✓ Solar PV
- ✓ Wind tower
- ✓ Energy-efficient design
- Recycling of waste
- ✓ Rainwater capture
- ✓ Local agriculture
- ✓ Landscaping





...and a car park that is larger than the entire development.

#### Green city projects at ADB



#### Tokyo, Japan:

Universallyaccessible pedestrian areas and urban forestry





Johannesburg, South Africa: Non-motorized transport and waste management

#### Johannesburg, South Africa

#### Bus rapid transit and solar energy



### Freiburg (Vauban), Germany:

#### Car-free city and renewable energy generation





#### **Portland**, US:

Non-motorized transport and urban agriculture

#### **During this session...**

36,000 cell phones were sold in the **Asia-Pacific** 

#### **During this session...**

4,900 persons will move from a rural area to an urban area in the Asia and Pacific region

# **During this session...**

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# 3,800 cars and motorcycles will be sold in the Asia and Pacific region



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Your wings across the city

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