

ADB-NHIS Technology Solutions to NCDs and Mental Health Workshop

6-10 July 2026, Seoul and Wonju, Republic of Korea

Date/Time	Program	Co-Host
DAY 1 – 6th July		
09:00-09:10	Opening Remarks NHIS Executive Director-General	Asian Development Bank (ADB) and National Health Insurance Services (NHIS)
	Group photo	
09:20-10:30	Republic of Korea National Health Plan 2030 (6th 2026-2030): Overarching Policy on NCDs and Mental Health Management	Korea Health Promotion Institute (KHEPI)
	Break	
11:00-12:00	Long Term Care in Korea: Policy and Practices	NHIS and ADB
	Lunch	
13:15-14:15	Digital Transition in the Social Security Sector: Country Cases: Developing Nations	Korea Advanced Institute of Science & Technology (KAIST)
	Break	
14:30-16:30 (including Break)	Group Activity: Comparative Overview of Digital Solutions to NCDs and Mental Health Issues in Asia and the Pacific: Challenges and Opportunities	ADB and PATH
16:30-16:45	Day 1 Reflections	Participants

DAY 2 – 7th July		
09:00-09:10	Daily Briefing	NHIS
09:10-09:40	Review: Ageing and Long-Term Care	ADB
09:40-10:40	Digital Interventions for NCDs management	ILSAN HOSPITAL
	Break	
11:00-12:00	Key ICT Features in NHIS Management & Operation	NHIS
	Lunch	
13:30-14:45	Assistive Technology for NCDs and Mental Health : Experience from South Asia	PATH
14:45-16:30 (including Break)	Group Activity: Country Presentations & Discussion Three groups of participants	ADB, NHIS, Ewha Womans University (EWU)
16:30-16:45	Day 2 Reflections	Participants

DAY 3 – 8th July		
08:00-10:00	TRAVEL (Snacks included)	NHIS
10:00-11:30	[Site Visit] NHIS Senior-friendly Research Center	NHIS, Wonju
	Lunch and Short Walk	
13:00-14:00	[Lecture] National Health Examination: Policy and Operation	NHIS, Wonju
14:00-15:00	[Lecture] National Health Promotion Project: Personalized Health Screening Program	NHIS, Wonju
	Break	
15:15-16:30	[Lecture] Healthcare Quality Assessment Program Health Insurance Review & Assessment Service (HIRA)	HIRA, Wonju
	RETURN TRAVEL (Snacks included)	

DAY 4 – 9th July		
09:00-10:00	TRAVEL (Snacks included)	NHIS
10:00-11:30	[Site Visit] Mental Health in Korea : Policies and National Initiatives	Seoul Metropolitan Psychological Support Center, Seoul
	Lunch and TRAVEL	
13:30-14:30	[Site Visit] NCDs Screening and Management: Leveraging AI Technologies	Dr.diary, Seoul
14:30-15:00	Break and TRAVEL (Snacks included)	
15:00-16:00	[Site Visit] ICT-based Individual NCDs Management	Gangnam Public Health Center, Seoul
	RETURN TRAVEL	

DAY 5 – 10th July		
09:00-09:30	Final Day Briefing	ADB, NHIS
09:30-11:00	Moderated Session and Participants Reflections: Group 1. Southeast Asia Group 2. South Asia Group 3. Central and West Asia Action Plan Development and Presentation	ADB, PATH, EWU
	Break and Feedback Session	
11:30-12:30	Certificate Ceremony and Closing	All
	Lunch	