


AWLP Alumni networked, refreshed core skills and brainstormed ideas for the program's next phase to expand the cadre of women leaders in the region.



DG SDCC Bruno Carrasco welcomed 33 AWLP Alumni from 12 DMCs to the first [AWLP Virtual Workshop](#) on 7-8 April.



ALUMNI REFLECTIONS: COVID-19 IMPACT



KEY CHALLENGES

- **Harder Work-Life Balance**
- Expenses Up; Income ↓
- **Weak IT Infrastructure**; System Interruptions
- **Limited IT Skills**
- Canceled trainings/field work
- Office workload ↑
- Professional development ↓
- Limited social interactions

POSITIVE CHANGES

- Easier Work-Life Balance
- **No Job Loss**; Regular income
- Upgraded Ministry IT Infrastructure
- Improved IT Skills
- Travel cost ↓ with virtual meetings
- **Greater team building**
- Professional development ↑
- Value of women's networks better understood



Roundtable discussion with AWLP alumni on COVID-19 impact.



[Dr. Gita Sen](#), Distinguished Professor and Director of the Ramalingaswami Centre on Equity and Social Determinants of Health, Public Health Foundation of India, delivered a keynote motivational speech.

Practice Question #3:

Q: What is the one piece of advice you would give a woman you are mentoring about women's leadership?



Sample question in the training session: Answering Questions in Q&A